

The KITCHEN CABINET



Happy he whom neither wealth nor fashion, nor the march of the encroaching city drives an exile. From the hearth of his ancestral home, stand.

We may build more splendid habitations, fill our rooms with paintings and with sculptures. But we cannot buy with gold the old associations."

Old-Fashioned Favorites.

No matter how much we may delight in new things in cookery, new ways of serving and preparing dishes of all kinds, we never quite lose our affection for the old-fashioned cookery that was the pride of our grandmothers. We have outgrown the necessity for pie for breakfast; but who would give up pie as an occasional dessert?

Cream Pie.

Use any recipe for layer cake that is light and delicate; bake in round layer cake tins and put together with sweetened flavored whipped cream. If it is wanted especially nice and with a modern touch in garnishing, sprinkle the top of the cake after putting on the cream roughly with chopped candied cherries. This will then be a veritable Washington pie, modernized.

A cake may be removed from the tins nicely, if allowed to stand for a few moments to sweat and loosen from the bottom.

A delicious filling for a layer cake is sour cream, sugar one cup each and chopped hickory nut meats. Cook the sugar and cream and add the nuts just before taking off the heat.

Suet Pudding.

Mix and sift together two and three-fourths cups of flour, one-half a teaspoonful of soda, one and one-half teaspoonfuls of salt, one teaspoonful of cinnamon and one-half a teaspoonful each of ginger, clove and nutmeg. Add one cupful each of molasses, suet and milk, together, then combine mixtures. Three-fourths of a cupful of raisins, one and one-fourth cupfuls of citron. Turn into a buttered mold, cover and steam three hours. Serve with egg sauce.

Egg Sauce.

Beat two eggs until light and foamy; add a tablespoonful of sugar, a half cup of rich milk, a teaspoonful of vanilla. And serve at once.



WHAT would the world be to the children were no more. We would dread the desert behind us. Worse than the dark before.

Ye are better than all the ballads. That ever were sung or said. For ye are living poems. And all the rest are dead.

—Longfellow.

Children's Parties.

Children's parties are functions that occur at any and all seasons, and the chief thought with the mother is to give the younglings a good time and food that will be wholesome. The entertainment is a simple matter, for children are easily amused, a puzzle party or a soap bubble party giving a small prize to the one who puts the puzzle together first and the one who blows the largest bubble.

The old games are always popular; drop the handkerchief, blind man's buff, putting a tail on the donkey and any number of games which are simple enough for small children may be played.

The refreshments are the important feature of a children's party and the part for them of the most interest. The honest small boy who was being entertained at a children's party expressed the feelings of most children when he asked: "When is the party to begin?"

Sandwiches of different varieties, cut in fancy shapes, are always favorites, and ice cream with small cakes are most gratifying.

The little cakes may be frosted with white or chocolate and decorated with candies to delight the heart of the child.

In preparing the sandwiches if the meat used is chicken or ham, it should always be chopped. Sweet sandwiches of grated maple sugar and salted almonds chopped make a sandwich which is most delectable.

The little paper cases may be used with creamed chicken if one cares to have a more elaborate menu, and cocoa and milk for the drink.

A tiny box of candy given each child to take home will be something to remember with joy for many days. If the party is a birthday one, the cake may be decorated with candles and lighted when brought in. This is a pleasure that never loses its charm, even when the candles number up in the thirties.

Nellie Maxwell.

Couldn't Fool Him.

"Say, what kind of a vehicle is that on the back porch?" queried the innocent summer boarder.

"That," replied the old farmer's wife, "is a baby carriage."

"Now you're trying to guy me," rejoined the i. s. b. "That's no baby carriage; I'll bet it's 20 years old if it's a day!"

BACKACHE IS KIDNEYACHE.

Usually There Are Other Troubles to Prove It.



Pain in the back is pain in the kidneys, in most cases, and it points to the need of a special remedy to remove and cure the congestion or inflammation of the kidneys that is interfering with their work and causing that pain that makes you say: "Oh, my back."

Thompson Watkins, professional nurse, 420 N. 23rd St., Parsons, Kan., says: "For some time I was annoyed with sharp twinges across the small of my back and irregular passages of the kidney secretions. Since using Doan's Kidney Pills, I am free from these troubles."

Remember the name—Doan's. Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

A HINT.



The Boss—That's an ancient-looking coat you're wearing, Mr. Shrimp.

Mr. Shrimp—Yes, sir; it's the one I got when you last raised my salary!

May Paste Million Posters.

Artists, billposters, printers, paper manufacturers and tuberculosis fighters are all united in a gigantic crusade against tuberculosis which is about to be started under the direction of the National Association for the Study and Prevention of Tuberculosis. In addition to the gifts of free space on billboards and free printing of posters made by the Associated Billposters and Distributors of America and the Poster Printers' Association, several hundred paper manufacturers have given paper for the posters to the value of several thousand dollars, and artists from all over the United States are contributing sketches for posters, free of charge. The local, state and national anti-tuberculosis associations will see that the posters are placed in cities and towns where they are most needed.

The posters are 9 feet long and 7 feet wide and will be printed in several colors. If sufficient paper is procured a million will be pasted up. The value of these various contributions would reach fully \$2,000,000 if paid for at commercial rates.

Wanted More.

Francis, aged 2 1/2, was given a bunch of grapes on his solemn promise not to "swallow the seeds." Very carefully he removed them all, and enjoyed the fruit as a child always does enjoy a new goody. When he had removed the last grape from its clinging place, he handed the empty stalk to his father.

"Daddy," he said, "will you send this back to the store and have the man put some more grapes on it?"

Not Even Sandy.

Wilford was sitting upon his father's knee watching his mother arranging her hair.

"Papa hasn't any Marcel waves like that," said the father, laughingly.

Wilford, looking up at his father's bald pate, replied: "Nope, no waves; it's all beach."—Columbia Jester.

No Hobnobbing.

Mrs. Askit—When she's abroad does she hobnob with royalty?

Mrs. Nonaught—Mercy, no! Her behaviour is always extremely proper.—Smart Set.

RESULTS OF FOOD Health and Natural Conditions Come From Right Feeding.

Man, physically, should be like a perfectly regulated machine, each part working easily in its appropriate place. A slight derangement causes undue friction and wear, and frequently ruins the entire system.

A well-known educator of Boston found a way to keep the brain and the body in that harmonious co-operation which makes a joy of living.

"Two years ago," she writes, "being in a condition of nervous exhaustion, I resigned my position as teacher, which I had held over 40 years. Since then the entire rest has, of course, been a benefit, but the use of Grape-Nuts has removed one great cause of illness in the past, namely, constipation, and its attendant evils.

"I generally make my entire breakfast on a raw egg beaten into four spoonfuls of Grape-Nuts, with a little hot milk or hot water added. I like it extremely, my food assimilates, and my bowels take care of themselves. I find my brain power and physical condition much greater and I know that the use of the Grape-Nuts has contributed largely to this result.

"It is with feelings of gratitude that I write this testimonial, and trust it may be the means of aiding others in their search for health."

Look in pkgs. for the little book, "The Road to Wellville." "There's a Reason." Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

900 DROPS
CASTORIA
ALCOHOL-3 PER CENT
A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of
INFANTS & CHILDREN
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral
NOT NARCOTIC
Recipe of Old Dr. SAMUEL PITKINER
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Fragrant -
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A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.
Fac Simile Signature of
Chas. H. Fletcher
THE CENTAUR COMPANY,
NEW YORK.
At 6 months old
35 DROPS - 35 CENTS
Guaranteed under the Food and Drug Act.
Exact Copy of Wrapper.

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For Infants and Children.

The Kind You Have Always Bought

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In Use For Over Thirty Years

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Best cure and positive preventive, no matter how horses at any age are infected or "sprayed." Liquid, given on the tongue, acts on the blood and glands; expels the poisonous germs from the body. Cures Distemper in Dogs and Choler in Poultry. Largest selling live stock remedy. Cures La Grippe among human beings and is a fine kidney remedy. See and fit a bottle. Want it a dozen. Cut this out. Keep it. Show to your druggist, who will get it for you. Free Booklet, "Distemper, Causes and Cures." Special Agents wanted.

Chemists and Bacteriologists
SPORN MEDICAL CO., GOSHEN, IND., U. S. A.

Outwit the Horse Sharper

Did you ever find a lemon in a horse's nose? How and why did it get there? Did the last horse you bought go incurably lame the next day? Do you know why? Why were his ears tied together with a fine silken thread? Perhaps you are about to buy a horse because you like his "ginger"? Are you sure it is health and high spirits, or IS it ginger—commercial ginger? Are you sure you could tell the age of a horse by its teeth? Or would your experience be like that other man's, who paid \$3500 for a 17-year-old horse, thinking he was buying a 7-year-old? The horse had been "Bishoped."

Horse buying and trading offer hundreds of opportunities and temptations to use trickery and sharp practice. There is only one way to meet it:—read

"HORSE SECRETS" EXPOSED

It will protect you—will make you horse-wise and crook-proof, and save you from being cheated by dopes or tricks when buying, selling, or trading. It exposes and makes you acquainted with the tricks and handling methods of gyps and a certain class of unscrupulous dealers. Many of the secrets of this book are now made public for the first time. No such collection of Horse Trading, Horse Buying, Horse Training, and Horse Feeding information has ever before been published. It is impossible even in this large space to give a complete list of the secrets in this sensational book. "Horse Secrets" has been prepared by Dr. A. S. Alexander, the famous veterinarian, who has had upwards of 25 years' experience in Horse-Buying and Breeding.

How to Secure "Horse Secrets"

Horse Secrets has all the interest of an exciting story. The reader goes along from page to page with increasing wonderment at the clever dishonesty of tricky horse traders. It is a book that will sharpen your wits, and already the demand has far exceeded our expectations. We could sell this book and make large sales, too, at almost any price we wanted to ask. But we believe that WE CAN DO MORE GOOD in another way; therefore we offer it only in connection with the following offer:

Horse Secrets and subscription to FARM JOURNAL for 5 years, both for **\$1.00**

FARM JOURNAL is the paper taken by most farmers, and by at least 150,000 people in towns and villages all over the United States. 650,000 cash-in-advance subscribers read every issue with delight and profit. It is a farm paper for farmers, but it is far more than that. Splendid departments on Vegetables, Flowers, Poultry, Household Hints and Recipes, Fashions, High Grade Patterns, the Family Doctor, Legal Questions, Boys' and Girls' pages, etc., as well as on Horses, Cows, Sheep, Swine, Orchard, and Field Crops. In short, it is for everybody, town as well as country, and at the same time practical, instructive, amusing, and cheerful. FARM JOURNAL is clean and pure. It never has to be carried out of the house with the tongs. The advertising columns receive the most careful scrutiny and the bars are up all the time against medical, deceptive, suggestive or nasty advertising of any kind whatever. FARM JOURNAL is thirty-three years old, and has grown to be by far the largest in the world. Its score of editors are men and women who write "with their sleeves rolled up." They know what they are talking about, and can quit when they are through. By itself, FARM JOURNAL is worth many dollars a year to every American who lives in or near the country. Yet the price, WITH "Horse Secrets" is only \$1.00 for FIVE YEARS.

If you send your dollar within 10 days, we will include free "Poor Richard Revived," our splendid 1910 Farm Almanac. 48 pages of useful and amusing reading, calendar for the year 1910, etc.

COUPON

FARM JOURNAL, 1087 Race Street, Philadelphia, Pa.
Gentlemen:—Enclosed find \$1.00 for a copy of Horse Secrets and subscription to Farm Journal for five years.

Name _____
P. O. _____
Street or R. F. D. _____ State _____

As I send this within 10 days, send me "Poor Richard Revived," as promised.

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is a perfect ointment—stops itching instantly. Prescribed by leading physicians throughout the world. A few applications will cure the worst case of itching and inflamed piles. For sale by all druggists or sent direct on receipt of price, 50 cents per jar.

RESINOL CHEMICAL COMPANY, BALTIMORE, MD.

I am glad to say that Resinol Ointment has completely cured me of itching piles.
J. H. Kidall, Dentist, Mt. Washington, Ohio.

\$125,000 net from 1200 acres grapes.
\$15,000 from 22 acres peaches.
\$3,200 from 20 acres raisins, in the San Joaquin Valley, California

A cow and an acre of alfalfa will earn \$120 a year in the San Joaquin Valley. Grapes will yield from \$100 to \$300 per acre; peaches and apricots, \$150 to \$500; while oranges will produce from \$250 to \$500, and in many instances more than \$1000 an acre. There are ten million arable and irrigable acres here. You still may buy unimproved land for \$50 an acre.

Ten acres are enough to comfortably support a small family. Twenty acres afford a fine living, with money in the bank. Forty acres should make you rich.

You pay from one-fourth to one-third down, balance easily can be paid for out of the crops.

Almost anything can be raised in the San Joaquin country—grapes and wheat, figs and apples, delicate grapes and hardy potatoes. Products of the temperate and semi-tropic zones flourish side by side.

Plenty of water for irrigation drawn from the near-by Sierra snows. It is easy for one to make a start. Land between the rows can be used, while orchard is young, for many profitable crops. The point is to make every square foot bear something.

What some farmers have done: Frank Thomas, of Fresno, Cal., bought twenty acres of land five years ago. He had but \$300 to start on. Today his place is paid for and he has an income of over \$2,000 a year.

William Shroyer, R. P. D. 7, Fresno, Cal., bought his first ten acres six years ago. Now owns sixty acres all paid for, and refuses \$12,000 for his place.

M. F. Tarpey, of Fresno, owns vineyard of 1,200 acres, from which he takes an annual profit of \$125,000. On the Harold estate, twenty-two acres of peaches yielded a \$15,000 crop.

Carson Reed, Reedley, Cal., from a twenty-acre crop of Sultana raisins netted \$3,200.

I know this valley from end to end. I have seen crops planted and harvested in every one of its counties. I have interviewed farmers, ranchers and merchants. I have collated the testimony of crop experts.

All this valuable information is contained in the San Joaquin Valley land folder issued by the Santa Fe Railway. Write for it, giving full name and address. I will also send you our immigration journal, The Earth, six months free.

The Santa Fe employs me to help settle up its Southwest lines. The Company has no land to sell, but I will gladly refer your inquiry to reliable land owners who have.

Low fares are offered by the Santa Fe daily. Comfortable tourist sleepers and chair cars. The journey also may be made at other times for a reasonable cost. Santa Fe tourist service to San Francisco is quickest.

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