A Number of Cames That Will Prove Pleasing for Both Old and Young at the Yuletide Season.

By Mary Dawson.

The wealth of new games is so great of late years that the entertainer is apt to overlook the splendid old games, many of which have never been surpassed, if, indeed, we can equal them. Old favorites are specially good for Christmas reunion gatherings because in most cases they require no advance preparation and are easily grasped by the few to whom they are unfamiliar.

One such sport is that called "act. ing adjectives." To play it one member of the company leaves the room, and each person remaining agrees upon a certain adjective, which he or she will act out when called on to do so. When the retiring player is re-called he asks someone in the group a question. This player must then answer in a way which will illustrate the adjective assigned to him. Thus, a player who has taken the word "noisy" will bawl his reply, and at the same time contrive to let a book fall to the floor with a loud clap.

The man or girl representing "taciturn" must reply in as few words as possible, and so forth. As soon as the

"Magic music" makes a lively number in the program, played in this way. One person is chosen to hide the coin or ring. All the rest withdraw, with the exception of the person who will play the piano. The person holding the ring then hides it, acquainting the musician with its whereabouts, and the company is read-

The players now arrange themselves in a row, each one with his hands on the shoulders of the person in front of him. One player, the leader, heading the procession. When the music starts the line of boys and girls goes off in search of the ring, guided in this by the music. This, of course, plays loud and cheerily as the object is approached, slow and dolefully when the procession is headed in the wrong direction, and faintest when they are furthest from the prize.

"Thought transference" is not pre-cisely a game of contest, but there are few better ways to interest a party of guests, and whatever the psychologic explanation of the phenomenon, it never fails to create amusement. To arrange it the person to be "subject" is sent out of the room. Two players are appointed to transfer the thought, and these decide upon what simple stunt the player will be required to perform. Thus, he may be required to pick up a book, to arrange a cushion, or to touch the keys of the piano. The rest of the company is informed what the required stunt will be.

The "subject" is then readmitted, and those who are to guide him stand on each side and hold his hands. These thought transferers, as well as the rest of the company, then center their minds upon the thing to be done. In eight cases out of ten the "subject" then wends his way, still holding the hands of the other two, towards the appointed object, and does what is required of him.

It is most exciting. The audience will probably demand several "sub-

jects" and experiments before then curiosity is sated.

A new game which will appeal to active, lively girls, as well as to the boys, is color base. This is a splendid frolic for the hall or living room, and can be played in quite close quarters.

Each member of the company but one is given a certain color or shade, which will represent his personal safety, since, when standing with a foot or hand on something of that color he cannot be tagged. The remaining placer is reasonable. maining player is made "catch" and pursues the fugitives around the room. He must remember the colors given to each, as the pursued, when in a tight fix, will try to deceive him by touching some color not theirs.

When the catch succeeds in catching some one off base and tagging him ing some one on base and tagging him he changes places with the person caught. It adds to the fun to give the catch a long, flexible stick with a handle of raw cotton dipped in flour

tied to one end, with which to tag.

Now for a sit-down game while legs and arms are resting and players take breath. A good one is a contest seeing who can write down the longest list of words suggesting or belonging to the Yultide season. Pass around blank cards and pencils and allow 15 minutes for working up the lists. Such a list will include the words, holly, mistletoe, St. Nick, Christmas carol, waits, yule, yule log, gift, greeting, Christmas box, snapdragon, holidays and a long list of related terms. Give a prize to the player whost list proves longest.

To carry the fun a bit further on, get two pictures as large as possible, representing the Christmas saint. "Ads." or illustrations from back numguesser has divined one of the con-cealed words he takes a chair in the picture into six or eight pieces and circle, while the person whose adjective he guessed withdraws from the life the pieces in odd nooks and corners around the room. When the significant in the pieces and the pieces are pieces nal is given players hurry away in search of the fragments. As soon as a player has found a piece he ceases to search, and all those who have found mosaics commence to patch them together. All those who find fragments are entitled to draw for the prize—a Christmas book. This makes a most exciting scramble game, since it is not until both pictures are completed that the unsuccessful players give up hope.

When the company does not include children too young to read or write, composing a Christmas story makes a pleasant pastime. The players are given penny blank books and pencils and each is called on to name a word which must be woven into the story each writes. These words everybody puts down. Twenty minutes is allowed in which to think out Christmas stories or incidents and for putting them into words. At the end of the contest the stories are read aloud and voted on. The best is awarded a prize. If any story fails to include all the given words it is not entered in the competition.

The best place to play this game is around a large table which affords room for the different papers, pencils and elbows.

Have for the centerpiece of the supper table at this Christmas party a large cake iced in white, with wreath or artificial holly and a crown of red candles. In the center have a tiny Santa Claus, with or without reindeer, and a sleigh.

From the cake run scarlet ribbons, terminating in souvenirs at the different covers.

Serve for the refreshment hot oyster soup and crackers, cold sliced tongue and potato or chicken salad, followed by ice cream and cake or a dainty jelly or custard. Then coffee, wafers and

Wrap tiny bonbons in squares of tinfoil and pour a little alcohol over them on a metal tray. Let the guests snatch them from the dames with

their fingers.

DENJITCHEN



Thoughts for the Home Nurse. A plain cotton dress with little starch to cause rustling is a desirable gown for the nurse. In case of in-fectious diseases her hair should be covered with a cap. Perfumes and scented soaps should be avoided by

those in care of the sick.
A trained nurse who has been most successful in caring for diphtheria pa-tients and has escaped taking the disease she thinks because of the precaution to always cover the nose and mouth of the patient with a handker-chief wet in a solution of one-five-thousandth per cent. of bichloride. This protects one from the germs that might fly out of his mouth while spraying the nose or throat.

Another important rule for a nurse to remember is never to eat anything in the sick room, and always rinse her mouth with listerine or some antisep-tic wash before eating.

A nurse's hands should be dipped in a disinfecting solution each time after caring for the patient. The nails should be trimmed quite close and served carefully with a nail brush, as they form a good hiding place for germs. A solution of one one-thou-sandth of bichloride should always be on hand, for the nurse and the doc-

Dishes for One or Two.

As most of our recipes in cookbooks are made for families of five and six, it is hard to find recipes for quanti-ties small enough for two. Many recipes will not divide nicely so it is well to have a few well worked out, and tested, so that one may have small amounts well served. Such dishes as vegetables, stews and soups do not need proportions given as judgment is fair guide. Cakes, puddings and other made dishes must be carefully measured in order to have success.

Health Hints.

For the person who leads a sedentary life, care should be taken as to the foods. Heat producing food is not necessary as it is to the person much in the open air. The craving for sweets may be satisfied by figs, prunes or candied ginger.

Simple, wholesome food, plenty of eep, regular habits, frequent baths and well ventilated rooms are a good savings bank for health.



E STAND on the place To-day has given,
To make or to mar our lot;
We may fill it up to the brim with heaven,
Or blur it with stain-or blot.
Bravely may toll for the good and true Earnestly strive and pray;
But the good or the ill we all may do
Must be done in the span of to-day."
—M. E. Sangster.

The Dietetic Value of Some of Our

Foods.
Beets and carrots are valuable foods as they contain a large amount of sugar, the mineral salts of the carrot are also of value.

Onions are valuable for their pungent oil, and are often prescribed for sleeplessness; they are also good ap-

Spinach contains a large quantity of iron and has been called the "broom of the system."

Lettuce has the same quality as onions, a beneficial form of oplum, and should be eaten plentifully by people

Tomatoes are good to make active the torpid liver.

Grape fruit has a form of quinine. and has often been prescribed by physicians as a pleasant medicine.

Fruit contains a large amount water, and we eat it because of that, together with its sweetness and flavor, as most fruit has little nutritive value. The banana-is an exception, as it may be called a food. Dried fruits, as the date, fig and raisin, have even a higher food value than the banana. Weight for weight, dried figs are more nourishing than bread.

Apples, peaches, plums, melons and grapes are Nature's aperients, and should be eaten freely by all those who envy a good complexion.

Sour fruits, like lemons, are taken by sufferers from rheumatism, as the fruit acid, turning to alkali, acts upon

Rellie Maxwell.

Illinois Versus Missouri. A Missourian informed a traveler who had inquired about corn, that "each stalk had nine ears on it

and was 15 feet high." "That's nothing compared to our corn," replied the other, quickly. "Up in Illinois, where I came from, we always had nine ears to each stalk and a peck of shelled corning hanging to each tassel; but we never could raise any field beans with it."

"Why?" asked the Missourian.
"Because," nodded the other, "the corn grew so fast that it pulled the beans up."-Circle Magazine.

FREED AT LAST

From the Awful Tortures of Kidney Mrs. Rachel Ivie, Henrietta, Texas, ays: "I would be ungrateful if I did



not tell what Doan's Kidney Pills have done for me. Fifteen years kidney trouble clung to me, my ex-istence was one of misery and for two whole years I was unable to go out of the house. My back ached all the time and

I was utterly weak, unable at times to walk without assistance. The kidney secretions were very irregular. Doan's Kidney Pills restored me to good health, and I am able to do as much work as the average woman, though nearly eighty years old."

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by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

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Hypnotism has been recognized by the medical profession since the fifteenth century and in the last years has been experimented and test ed out in thousands of cases by such savants as Charcot in Paris and Bernheim in Nancy, yet with all these years of trial its results have not justified its practical and general use in sickness.—New York Press.

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with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally. and acts directly upon the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best boliod purifiers, acting directly on the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Props., Toledo, Q. Sold by Drugstists, price 7sc.

ruggists, price 75c.

Avoiding Popularity.
"How shall we avoid popularity?"
John Wesley once asked his preachers, and straightway gave them the answer in a set of rules. Here is rule 4: "Warn the people among whom you too much." And here is rule 5: "Converse sparingly with those who are particularly fond of you."

The next time you have a cold on the lungs try rubbing Wizard Oil on your chest and see how quickly it will draw out the inflammation and break up the cold.

Every man has his gift, and the tools go to him that can use them .-

WHEN YOUR JOINTS ARE STIFF muscles sore from cold, rheumatism or nen and muscles sore from cold, rheumatism or neural-gia; when you slip, strain or bruise yourself use Perry Davis' Painkiller. The home remedy 70 years.

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ilidren teething, softens the guns, reduces ination, allays pain, cures wind colic. 25c a bottle.

A wise man suppresses fully two-thirds of his opinions.

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As there is only one genuine Syrup of Figs and Elixir of Senna and as the genuine is manufactured by an original method known to the California Fig Syrup Co. only, it is always necessary to buy the genuine to get its beneficial effects.

A knowledge of the above facts enables one to decline imitations or to return them if, upon viewing the package, the full name of the California Fig Syrup Co. is not found printed on the front thereof

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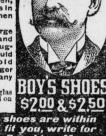
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\$125,000 net from 1200 acres grapes. \$15,000 from 22 acres peaches. \$3,200 from 20 acres raisins, in the San Joaquin Valley, California

A cow and an acre of alfalfa will earn \$120 a year in the San Joaquin Valley.

Grapes will yield from \$100 to \$300 per acre; peaches and apricots, \$150 to \$500; while oranges will produce from \$250 to \$500, and in many instances more than \$1000 an acre. There are ten million arable and irrigable acres here. You still may buy unimproved land for \$50 an acre.

Ten acres are enough to comfortably support a small family. Two acres afford a fine living, with money in the bank. Forty acres should make you rich

a fine living, with money in the bank. Forty acres should make you rich

You pay from one-fourth to one-third down, balance easily can be paid for out of the crops.

Almost anything can be raised in the San Joaquin country—oranges and wheat, figs and apples, delicate grapes and hardy potatoes. Products of the temperate and semi-tropic zones flourish side by side.

Plenty of water for irrigation drawn from the near-by Sierra snows. It is easy for one to make a start. Land between the rows can be used, while orchard is young, for many profitable crops. The point is to make every square foot bear something.

What some farmers have done.

Frank Thomas of Fresno, Cal. bought twenty acres of land five years ago. He had but \$300 to start on. Today his place is paid for and he has an income of over \$2,000 a year.

William Shrayer R. F. D. 7, Fresno, Cal., bought his first ten acres six years ago. Now owns sixty acres all paid for, and refuses \$12,000 for his place.

M. F. Tarpey, of Fresno, owns vineyard of 1,200 acres, from which he takes an annual profit of \$125,000.

C. L. SEAGRAVES, General Colonization Agest

place.
M. F. Tarpey, of Fresno, owns vineyard of 1,200 acres, from which he
takes an annual profit of \$125,000.
On the Harold estate, twenty-two
acres of peaches yielded a \$15,000 crop.

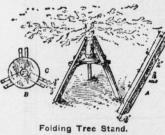
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One That Can Be Easily Made and Which May Be Kept for Future Use.

The accompanying cut shows a ple way to make a support for a Christmas tree, says the Scientific American. The material should be of hard or tough wood that will not split Make three pieces like A. of %x2-

inch strip, also three pieces like C, of



% x25%-inch strip, and one piece like B; for this the bottom of a peach basket will do very well. In the center of the disk B bore a 2-inch hole to receive the sharpened base of the tree. Fasten the C pieces to the under side of the disk B with screws. Bore holes in the arms of each C piece to just receive a three-inch wire nail. I the top of each leg, A, as shown, insert a small nail or screw to form a point that will press into the tree. Now place a leg, A, in the slot sawed cut of C, and pass a three-inch wire nail through

When the Christmas tree is taken down the legs may be unhinged and the stand folded and packed away for use next year.

A. V. SEARING, JR.

No ear may hear His coming, But in this world of sin, Where meek souls will receive Him still, The dear Christ enters in.

FOLDING STAND FOR TREE PRETTY NECKPIECE OF LACE



Girls are busy these days making laborate neckpieces of lace and satin, or net and ribbon. The one shown in the sketch is made from white figured filet net attached to a boned stock of black satin. The bow in front, and the jabot, are merely pinned on and can be replaced by oth

All-White Tree. An all-white tree is a beautiful nov-An all-white tree is a beautiful novelty. Wrap all gifts in white, fringed tissue paper, tie with white ribbon, decorate the tree with strings of popcorn, white paper chains and bells, surmount it with a large white butterfly and powder it liberally with silver powder that will glisten like snow in the candlelight. in the candlelight.