THE HEIR'S HAIR-MOVING.

Mr. White—It's no use, my dear, I shall have to have my whiskers off; baby is pulling 'em out by the roots.

Mrs. White—How unfeeling of you. It's the only thing that keeps baby quiet. Now you threaten to take the dear's enjoyment away!

Opposed to Slang.

Donald had been to Sunday school, and on coming home was asked what he had learned. The lesson was the story of Joseph, and the small learner was evidently very full of his subject.

"Oh," he said, "it was about a boy, and his brothers took him and put him in a hole in the ground; and then they killed another boy, and took the first boy's coat and dipped it in the blood of this boy and—"

"Oh, no, Donald, not another boy!" his sister interrupted, horrified. But Donald stood his ground.

"It was, too," he insisted. Then he added: "The teacher said 'kid,' but I don't use words like that."—Woman's Home Companion.

Kicking Kindness Into Him.

The benevolent old gentleman got busy when he saw four boys eight or nine years of age attack one boy of about the same age.

"You mustn't, you mustn't," he said, when he had hauled them off, "attack your little companion this way. What has he done to deserve such harsh treatment?"

The four boys glowered sullenly while the one boy whimpered as he thought what would happen to him when the benevolent gentleman went on his way.

"Well," said one of the four at last, "he won't join the band of kindness our teacher wants to get up at school!"

Safe and Sure.

Among the medicines that are recommended and endorsed by physicians and nurses is Kemp's Balsam, the best cough cure. For many years it has been regarded by doctors as the medicine most likely to cure coughs, and it has a strong hold on the esteem of all well-informed people. When Kemp's Balsam cannot cure a cough we shall be at a loss to know what will. At druggists' and dealers', 25c.

A Knocker.

"You say that you told my little boy that he looked like me?"

"Yes."

"And what did he say?"

"He said I was a knocker."—Houston Post.

Shake Into Your Shoes

Allen's Foot-Ease, a powder for your feet. It cures painful, swollen, smarting, sweating feet. Makes new shoes easy. Sold by all Druggists and Shoe Stores. Don't accept any substitute. Sample FREE. Address A. S. Olmsted, LeRoy, N. Y.

Being Obliging.

Prohibition Crusader—Down with whisky and rum!

Old Bum—Well, ain't I a-tryin' to down 'em all I kin?

I think the first virtue is to restrain the tongue; he approaches nearest to the gods who knows how to be silent even when he is in the right.—Cato.

It Is.

"Some say it's a mistake to marry."

"Well," commented Mrs. Sixthhub, "to err is human."

If You Have Common Sore Eyes,

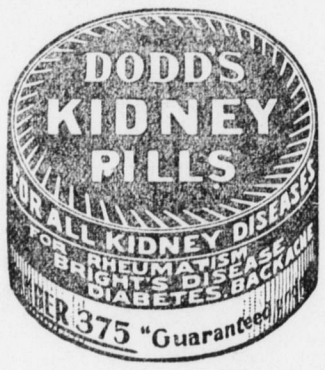
if lines blur or run together, you need PETTIT'S EYE SALVE. 25c. All druggists or Howard Bros., Buffalo, N. Y.

Pigments of more than 400 different colors are secured from coal.

Mrs. Winslow's Soothing Syrup.

For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Light, heat and oil are the worst enemies of the rubber tire.



A Friend In Need

There is absolutely nothing that gives such speedy relief in Dysentery, Diarrhea, Cholera-Morbus, Cholera-Infantum, Colic and Cramps as

DR. D. JAYNE'S CARMINATIVE BALSAM

It is a friend in need, and you should always keep it in your house. Its valuable curative properties have made it a necessity for both adults and children.

Sold by all druggists at 25c per bottle

CROPS ALMOST TOTALLY RUINED

MISSISSIPPI, ARKANSAS AND ALABAMA SUFFER FROM RAIN AND WIND STORMS.

TOWNS ARE UNDER WATER

Great Damage Done to Railroads in Several Places—Tornado Wrecks Many Houses—One Town Is an Island.

Memphis, Tenn.—Reports from the surrounding country bring advices of devastation by recent rain and wind storms. Mississippi and Arkansas seem to have suffered most. The Arkansas river is out of bank. In both states the crops are said to have been almost totally destroyed, while numbers of towns are under water and families have been driven to the roofs of their homes and the only means of transit is by boat. Great damage has been done to the railroads and in several places. A tornado passed over the northern portion of Mississippi, wrecking many houses.

Low Land Crops Destroyed.

Mobile, Ala.—Practically every river and creek in lower Alabama and Mississippi are at flood stage, resulting in practically drowning out all low land crops, the destruction of much cattle and the loss of timber. Reports indicate that the rains were heavy in Clarke, Wayne, Green and Jackson counties, Miss., and Monroe, Choctaw and Washington counties, Ala. In many of these counties the heavy rains were followed by hail storms, razing the growing crops and even damaging buildings.

Reports received here from Shubuta, Miss., are to the effect that the town is virtually an island, being cut off from the outside world, except for telephone and telegraph communication, which is yet intact.

GOV. HASKELL AGAIN INDICTED

He and Five Others Are Charged With Fraud in the Muskogee Town Lot Cases.

Tulsa, Okla.—Indictments charging fraud in the Muskogee town lot cases have been returned by the United States grand jury against Gov. Charles N. Haskell, F. B. Severs, W. T. Hutchins, C. W. Turner, A. Z. English and W. R. Eaton.

The accused men are charged with obtaining titles from the government to town lots in Muskogee by illegal methods. Bond in each case was fixed at $5,000, and was promptly furnished. It is thought the cases will be heard at an early date. This is the second indictment of Gov. Haskell in the Tulsa case.

Interest in the land fraud proceedings was heightened by an order from Judge Marshall citing William Stryker, editor of the Tulsa Democrat, to appear before the United States court at McAlester, June 14, to answer a charge of contempt of court. The order was issued on application of District Attorney W. H. Gregg, who alleges that Stryker has been publishing improper matter about the investigation.

FOILS HER ALLEGED CAPTOR

Chicago Girl Jumps Out of a Man's Automobile and Is Seriously Injured.

Chicago, Ill.—A leap from a swiftly moving automobile to escape from a man she alleges was taking her away from home, brought serious injuries to Miss Mary Kirschner, 22, of South Chicago.

The girl, upon reviving, said that she had a slight acquaintance with the captor. She had met him at a dance two years ago, she said. As she was walking home he drove up in his machine and offered to carry her. She accepted, she said, but the man drove his car swiftly for the open country despite her pleas to be allowed to get out. Just outside of the town, after the car had passed several groups of men who say they heard the girl scream, Miss Kirschner jumped out. The man tried to hold her, but only succeeded in tripping her so that she fell on her face in the road. The car later became stranded in a sand road and the driver was captured.

Whiskey Barrel Cheaper Than Man.

Chicago, Ill.—"Husbands in the form of human whiskey barrels should be cast adrift by their suffering wives," said Municipal Judge Girten to a woman whose husband was charged with failure to support his family. "When a wife has a husband who drinks heavily she should cast him aside and buy a whiskey barrel," said the court. "These cost but 90 cents each, and they would not be nearly so much bother about the house as a human whiskey barrel."

Newsboy Prevents Kidnapping.

New York City.—A small newsboy, who saw a man rush up to a taxicab with a five-year-old girl checked what the police say was an attempted kidnaping. He called a policeman and the man, who gave the name of George Deunzio, was arrested.

Forest Fires estroy Property.

Negaunee, Mich.—Forest fires started by a spark from a railroad engine destroyed a large part of the village of Dalton, 3,000,000 feet of lumber and a big mill.

LORIMER IS SENATOR

JOINT ASSEMBLY OF ILLINOIS SELECTS HIM.

Lorimer's Election Was Brought About by a Coalition of 53 Democratic and 55 Republican Votes.

Springfield, Ill.—Congressman William Lorimer of Chicago is the junior United States senator from Illinois. He was elected on the ninety-fifth ballot in the joint assembly by a coalition of 53 Democratic and 55 Republican votes, to fill the vacancy from Illinois which has existed in the senate since the term of Albert J. Hopkins, Republican primary candidate for re-election, expired on March 4. With votes to spare, the representative of the Sixth district of Illinois broke the senatorial deadlock which has existed in the forty-sixth general assembly of Illinois since last January.

Speaker Edward Shurtleff, elected to the chair of the house last January by a coalition of Republicans and Democrats, cast the vote in the joint assembly which insured Lorimer's election.

Brief Sketch of Lorimer.

Although William Lorimer's progress in politics has been steady and consistent from the time when he began securing city contracts for his firm of contractors to the day when he was elected to the United States senate, he never can be president, for he was born in England.

Mr. Lorimer's biography in the Congressional Directory is one of the briefest, about fifty words, and omits to mention that he first saw the light in 1861. At the age of five he was brought to this country by his parents. At the age of 12 he worked as a sign painter's apprentice. Later he labored at the stock yards, of which in after years he was to be known as the "boss." Next he gathered in the nickels on a street car. Meanwhile he had become a political factor. He became a contractor, was called the "blond boss" in the newspapers, and was counted on to deliver the packing house district to the Republican ticket. In 1892 he as defeated for a county office, but three years later he was elected to the fifty-fourth congress, where he has remained, with the exception of one term, ever since. The fifty-seventh congress saw him not, for he was beaten in his own stock yards district by one who was comparatively a mere stripling, John J. Feely, then in his 26th year. This was in the Second district. Mr. Lorimer then moved into the Sixth district, which promptly sent him back to Washington.

HOOP MILL BOILER EXPLODES

Five Men Were Killed, One Died of His Injuries and One Was Seriously Hurt.

Dowagiac, Mich.—Of the eight men who were in the Geesey Hoop mill here when the mill boiler exploded, five were killed, one died of his injuries, one was severely hurt and one miraculously escaped without injury, though the entire building tumbled about him like a house of cards. A heavy rain at the time of the explosion prevented the destruction of the ruins by fire and the cremation of the bodies.

The explosion threw pieces of wreckage in every direction as far as forty rods. The cause of the disaster has not been determined, but a boiler inspector, who examined the ruins, found that the boiler was an old one, the plate being 15-16 of an inch thick. The average pressure that has been maintained was 115 pounds. The Geeseys came here from Ohio 10 years ago.

ARRESTED ON WEDDING DAY

Young Man at Bay City, Mich., Accused of Murdering His Aged Grandmother.

Bay City, Mich.—Married in the morning to Miss Anna Kaiser, Roland Rich, 23, was in the afternoon arraigned on the charge of murdering his aged grandmother, Mrs. Christine Coryeon. The young man has always borne an excellent reputation.

Mrs. Coryeon, 70, was found dying in her bedroom with her skull fractured, three wounds on her head, indicating that she had been beaten with a club. The young bridegroom prisoner, who was first to report the discovery of his grandmother's plight, said that he found her lying in a pool of blood on the floor with the mattress of her bed and the clothing hanging on the walls in flames.

NITRO-GLYCERINE LETS GO

Two Men Killed and Much Property Damaged at Dupont Powder Co. at Howards, Pa.

Bradford, Pa.—Two men were killed and heavy property damage was inflicted when 250 quarters of nitro-glycerine exploded at the Dupont Powder Co.'s plant at Howards, three miles south of here. The dead: Daniel Bratt, Bullis Mills; William Hineman, Bullis Mills.

The cause of the accident is not known, as only the men who were killed were in the vicinity when the explosion occurred. The canning house was demolished, together with the factory building one-eighth of a mile away.

Four People Drowned.

Grand Rapids, Wis.—Four persons were drowned and four others rescued from a capsized gasoline launch which was carried through the sluice gates of the dam of the Consolidated Water Power Co. of this city, and dashed to the rocks below.

Editor Hebrew Standard Dead.

New York City.—Jacob P. Solomon, founder and editor of the Hebrew Standard, died at his home in this city. He was born in Manchester, England, 71 years ago.

Diet Hints

By DR. T. J. ALLEN,

Health Culture and Food Specialist.

(Author of "Eating for a Purpose," etc.)

E. N. Y., **Rheumatism.**—I am subject to rheumatism, what diet would you advise?

Ans.—Exclude all meats, white bread and potatoes, unless baked. Eatfruitsor toast for breakfast, make whole wheat or rye bread a. nuts your staple for dinner, and have baked potatoes or prunes in the evening. Eat a whole meal of uncooked green . etables occasionally, especially in spring. The more uncooked food you eat the better. Take half a lemon with a pint to a quart of hot water on rising, and a few apples and a tablespoonful of olive, or peanut oil morning and evening. Avoid sudden changes of temperature and exposure to drafts and cold dampness. Take temperate Turkish towel bath every morning. Exercise regularly in open air. Drink distilled water freely. Use the electric vibrator.

W. B. F., **Hurried Eating.**—We have a boy 12 years old of nervous temperament, four pounds under normal weight; he is very excitable and has trouble in school on this account. He eats fast and prefers mush and other foods that he can eat hurriedly. What is the best way to prevent the firm establishment of this condition.

Ans.—To improve his general health, first investigate judiciously, to assure yourself that you have a knowledge of all the causes of the boy's failure to develop properly. Children should have as large percentage of food as possible in dry form. Furnish no liquid at meal time and especially no tea or coffee. In this case, let the staple of the breakfast be, instead of mush, toast, with a little syrup or honey or one of the cereal preparations, which compels normal chewing, with a poached or whipped egg. For dinner whole wheat bread, not fresh, with baked potatoes or Saratoga chips and for supper prunes boiled only a little or baked potatoes or corn bread; a full meal of uncooked vegetables only or fresh fruit only, occasionally. For the following meal give corn bread with peanut butter, making up the shortage in proteid and fat. Give a spoonful of peanut or olive oil morning and evening, and preferably not more than two articles of food at once.

Children should not be allowed to acquire the improper habit of eating rapidly. We are a nervous people and therefore, dyspeptic, largely as a result of eating too much, because we eat too fast; and we eat too much and too fast because we are nervous. Food and thought are reciprocal.

Mrs. M. S., **Apples.**—You advise apples in the morning, but a single apple causes me great distress, bloating and headache, some times for two or three hours after eating. Should I eat apples when they cause me so much distress?

Ans.—You can no doubt remember when, as a child, say about ten years old, you could eat several apples without any unpleasant effects. If you were to eat nothing for four or five days (or until your liver returned to normal condition) you could eat apples as well as ever.

The apple contains malic acid, besides fruit sugar, and small percentages of nearly all the elements of nutrition. The distress is due to an abnormal condition of the stomach and liver, upon which the apple acts directly. No drug is more specific. Now in the child and normal person the liver and stomach are acting naturally, and apples cause no distress. If you were to eat an apple the first day after having eaten nothing, or on the second day of a fast the distress would be extreme. The liver during the fast is making an effort to regain its normal state, by using for house cleaning the vitality ordinarily spent in digestion, the cells in that organ not being over busy with their usual work of destroying the poisons which would otherwise destroy the entire organism. Now malic acid is, like other acids, such as carbolic, a disinfectant or poison killer, a germicide, and as more work is going on in the house cleaning operation in the liver, the apple causes an extraordinary throwing off of gas, causing this pressure in the stomach and as the abnormal activities of the liver when burdened with poisonous waste from the allmentary canal are reflected through the sympathetic nervous system, over the eyebrows, you have this familiar headache, but after four or five days eating nothing, or only other fruit, say grapes, which would be very good in this case, the effects of the apples would be much less oppressive and in time you would not notice it at all, as in the case of a child whose liver is not yet somewhat debilitated as yours must be.

It seems plain that the effect of the apple is in the direction of the purifying process carried on by nature. Fruit acids are the natural blood purifiers, especially desirable in spring, but beneficial at all seasons. In the morning nature is most active, and is throwing off poisons, just as she is in childhood, causing many children's diseases which are means of eliminating hereditary effects of wrong feeding and of overfeeding in the first few years of life.

Begin by eating a very little apple in the morning, and increase the amount gradually until by and by it will cause you no distress to eat two or three of them. Apples are for you particularly adapted on account of this natural stimulation of the liver, and general purifying qualities.

H. L. B., **Mixing Foods.**—Should one eat acid fruits and proteids at the same meal, pork and apples for example?

Ans.—Apples digest in an hour, pork in four or five hours. The two foods are first mixed by the movement of the stomach. Now the apples must be retained longer than if they were there alone, and thus spoil the meal, more or less; or, the pork must pass out with the apples (if the apple is much the larger portion) hours too soon for proper digestion. Of course the first change in proteid food (meat, nuts, fish, beans, cereal gluten, etc.) is coagulation by the hydrochloric acid of the gastric juice, in the stomach; but the natural process differs somewhat from the action of fruit acids on albumen. No two acids act exactly alike, and digestion is an extremely delicate process. We know that an invalid's digestion would be upset by apples and beans together, and the healthy person would waste vitality in disposing of such a mixture. Of course some mixtures are especially bad, as everyone of weak digestion knows, but some are less objectionable. The time of milk, eggs (uncooked) and toast in the stomach is about the same and their chemical relations are harmonious, though no two foods digest exactly alike and it has been shown that the character of the secretions is determined by the peculiarities of each food. The breaking up of the coarse casein curds of cow's milk by toast is beneficial. All nuts, all fruits, all cereals, most vegetables, are harmonious in their classes, but meat and milk, fruit and vegetables, meats and fruits are particularly inharmonious.

(Copyright, 1909, by Joseph B. Bowles.)

NAG HAD PLENTY OF SPEED.

Veteran Trainer's Story of "Cripple" That Made a Show of the Rest of His Field.

A group of horsemen were talking "shop" in the lobby of the Raleigh. The conversation turned to events of long ago, and Theodore F. Coles of Charlottesville, Va., trainer of thoroughbreds, whose first experience with the runner dates back to the days shortly following the war, told this one:

"There was a horse called Toana—you remember him, probably, for he started in races at Gloucester. He was a fast horse, and could beat pretty nearly anybody's animal for six furlongs. Long-continued racing had its effect on the horse, and in his latter days his legs gave way. Repeated applications of the firing iron helped to keep him going, but his legs always were under suspicion and required the most careful attention. One day they brought him down from Guttenberg and entered him in a race. The horse opened in the betting at long odds, but was backed off the slates before the bugle called 'em to the post. Joe Bergen, who afterward was killed in a race, had the mount. Joe didn't know anything about the underpinning of his mount until he got to the post, when he saw Starter Pettingill looking down at Toana's front legs. On one of them he wore a bandage, through which the iodine had soaked, and out of the top of the bandage oozed vaseline.

"'Joe,' said Pettingill, 'that horse is ready to break down. When I drop the flag pull him up; I don't want you to get killed.'

"Joe suggested that Toana was carrying a lot of money, but Pettingill was obdurate, and when he sent the horses away Bergen did as he was told and pulled up. He let Toana gallop after the field for a quarter of a mile, and then, finding that Toana was going easily and apparently sound, he gave the horse his head, and Toana didn't do a thing but overtake that field from the head of the stretch, and go on and win. Poor Joe met his death riding just such a dicky-legged horse."—Washington Post.

Moonshiners Were Children.

A party of revenue officers who returned from the notorious York settlement in the "dark corner" of South Carolina, reported they had found three children, none more than ten years old, making brandy with a still they had constructed themselves.

This is one of the most out-of-the-way sections in the country, and when the officers made the raid they found little apparent effort to hide the stills. The children evidently had seen the work going on all their lives and had been brought up to look on it as an honorable means of making a livelihood.

The still used by the children consisted of a wooden bucket for a "cap," a pair of kegs for "doublers" and a bored poplar limb for a "worm," through which brandy was trickling into a beer bottle.

Saving Br'er Possum.

"But Uncle Rufus," said the northern visitor in the land of cotton and yam, "if you colored folks knew that baked possum was far superior to broiled chicken it is a wonder you didn't tell about it?"

Uncle Rufus removed his pipe and laughed.

"No, indeed, boss," he chuckled. "Dat's de very reason we didn't tell about et. Marse Taft found et out quick enuf. Ef de white folks had known all along dat baked possum was es good es broiled chicken der wouldn't be a possum in de whole Dixie by dis time, sah."

SHE DID IT.

Mrs. Fat—So your husband has stopped smoking? It must have taken considerable will power?

Mrs. Thinne—All I had.

Our Wonderful Language.

Out of sight in that gown, isn't she?" observed a gentleman in the balcony, pointing to Mrs. de Koltay, who occupied a front seat in one of the lower tier of boxes.

"Out of sight? Well, hardly. It strikes me it is the other way about," responded his companion dryly.

Which goes to show the elasticity of the American language, which says one thing and means another. It also shows—but, upon second thought, we must respectfully but firmly decline going into any further details.—Bohemian.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by his firm.

WALDING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists.

Take Hall's Family Pills for constipation.

Not What He Meant.

The Liverpool Post tells of a Birkenhead church secretary who announced in church on Sunday that a Shakespearean recital in character would be given. When he was informed that the recital would not be "in character" he corrected himself by saying, "None of those taking part in the recital will be dressed."

A Domestic Eye Remedy

Compounded by Experienced Physicians. Conforms to Pure Food and Drugs Laws. Wins Friends Wherever Used. Ask Druggists for Murine Eye Remedy. Try Murine in Your Eyes. You Will Like Murine.

A Good Rule.

"What's your recipe for managing a husband?"

"Oh, there isn't any. Just feed him well, and trust to luck."

Particularly for Particular People.

Souders' Vanilla Extract is produced from fine Mexican Vanilla Beans—a pure, rich concentrated flavor. All grocers. Put up in 10, 15 and 25-cent bottles.

Occasionally you encounter a man who is a failure because it requires less effort to fail than it does to win success.

AFTER SUFFERING ONE YEAR

Cured by Lydia E. Pinkham's Vegetable Compound

Milwaukee, Wis.—"Lydia E. Pinkham's Vegetable Compound has made me a well woman, and I would like to tell the whole world of it. I suffered from female trouble and fearful pains in my back. I had the best doctors and they all decided that I had a tumor in addition to my female trouble, and advised an operation. Lydia E. Pinkham's Vegetable Compound made me a well woman and I have no more backache. I hope I can help others by telling them what Lydia E. Pinkham's Vegetable Compound has done for me."—MRS. EMMA IMSE, 833 First St., Milwaukee, Wis.

The above is only one of the thousands of grateful letters which are constantly being received by the Pinkham Medicine Company of Lynn, Mass., which prove beyond a doubt that Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, actually does cure these obstinate diseases of women after all other means have failed, and that every such suffering woman owes it to herself to at least give Lydia E. Pinkham's Vegetable Compound a trial before submitting to an operation, or giving up hope of recovery.

Mrs. Pinkham, of Lynn, Mass., invites all sick women to write her for advice. She has guided thousands to health and her advice is free.

SICK HEADACHE

CARTER'S LITTLE LIVER PILLS.

Positively cured by these Little Pills.

They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS.

Genuine Must Bear Fac-Simile Signature

Brent Good

REFUSE SUBSTITUTES.