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A vast fund of personal knowledge is really essential to the achievement of the highest excellence in any field of human effort.

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but doubless it will always be called for by the shorter name of — Syrup of Figs—and to get its beneficial effects, always note, when purchasing, the full name of the Company—California Fig Syrup Co.—printed on the front of every package, whether you call for—Syrup of Figs — or by the full name—Syrup of Figs and Filivie of Sorae

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A Knowledge of Forms, Knowledge of Functions and Knowl-



### SAVING BARNYARD MANURE.

How One Farmer Saved His Fertilizer for the Felds.

When we moved on our farm we found a small barn on the place, lo-cated away out in the middle of the field, some fifteen rods from the house, with no fence to keep the cattle from straying all over the meadow when they were brought in from the pasture.

The manure made through the winter season wa sthrown out of the stable windows and left against the side of the barn till the time came to draw it out in the spring of the year. There the snows and the rains fell on it. There the sun beat down upon it and the frosts did their part toward stealing away the goodness of the ferfrom those heaps of manure ran a lit-tle stream of rich liquid manure. In the spring the grass along the course of that little river was beautifully green. There was so much to be cred-ited to the plan of storing the manure in that way, but no such streak fol-lowed the path of the invisible streams of goodness that took their way toward the clouds. All one could see of that was the cloud that rose of a sunshiny morning from the piles by the side of the bear to be a sunshing the side of the barn, telling surely of the fertility that was wasting its substance on the air.

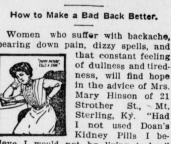
Although we went to the farm from a life in the city we knew enough to be sure that that was no way to store barnyard manure. We needed every bit we could make on the farm. All that went to fertilize the sky would do us no good.

So we made up our minds to change the program so that this loss might be stopped, continues this correspondent of Farmers' Review. And one day that barn found itself traveling across the fields to a site nearer to the house. It was set upon a basement and made land. about twice as large as it had been before. The stables were below the perfore. The stables were below the ground floor, and faced away from the shed in the rear, so that we could throw the manure out under the shed back of the stock. There it was kept nice and dry through the winter months.

The horse stables were convenient to the cow stables, so that we could use the strawy part of the horse ma-nure for taking up the liquid manure in the gutters behind the cows. This we believe to be a good plan. Horse manure if stored by itself will just about all burn up with fire-fang and be wasted. Mixed with cow manure the heating is greatly, if not entirely, lessened and so the value of the whole increased.

By using plenty of straw for bed-ding the cows we also added to the amount of home-made fertilizer produced on the farm. This aided much toward keeping the cows dry and clean while shut up in the barn through the winter season. Many farmers are not as careful about this as they might be. Their cows are left to lie on the bare, cold floor. They show it, too, in the filth-laden sides of their bodies.

Some have called me a crank on this subject of barnyard manure. That is all right. If I can save what naturally belongs to the farm and give it back to the farm, it seems to me that I am in that way making my farm so much the better. The fact is we might do much toward putting a stop to the cry of exhausted farming lands if we would take more pains to save the fer-tility that naturally belongs to the the farm. By keeping more cows and feeding out all the stuff produced we can bring our farms back to their native state of fertility. It is worth doing,



NEW STRENGTH FOR WOMEN'S BACKS.

Heney Phils I be-lieve I would not be living to-day," says Mrs. Hinson. "My eyesight was poor, I suffered with nervous, splitting headaches, spots would dance before my eyes, and at times I would be so dizzy I would have to grasp some-thing for support. My back was so weak and painful I could hardly bend over to button my shoes and could not get around without suffering severely. Doan's Kidney Pills helped me from the first, and I continued until practically well again."

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Colonists' one-way tickets Chicago to the Pacific coast, via the Chicago, Union Pacific and Northwestern Line, are on sale daily during March and April at the rate of \$33.00. Corre-spondingly low rates from all points. Double berth in tourist sleeping car only \$7.00, through without change to San Francisco, Los Angeles and Port-No extra charge on our personally conducted tours. Write for itin-erary and full particulars to S. A. Hutchison, Manager Tourist Depart-ment, 212 Clark Street, Chicago, Ill.

Early Morning Poems.

"Why, Hiram," began Mrs. Dusen-bery, glancing up from her favorite newspaper at her husband on the op-posite side of the table, "did you ever hear of such a thing? Here is a piece about a man who writes four magazine poems every morning before breakfast. Must be quite a strain on him to do

all that writing on an empty stomach. Don't you think so, Hiram?" "Well, I dunno about that," re-sponded Hiram dryly. "I reckon a man Woulde't home out that wouldn't have such a terrible strain on him writin' the sort of magazine pomes we run across now'days with his stomach an' head both empty!"

Poor Pat.

The surgeon of a large hospital was paying a visit to the patients when he come to a cot whereon lay an Irishman who was not bearing his pain very bravely, for he was groaning loudly.

"Oh, come, my poor fellow," remonstrated the surgeon, "try and bear your pain like a man. It's nc use kicking against Fate"

"Shure, you're roight, sorr," groaned the Irishman, who had been severely kicked by a mule, "'specially whin they're the fate of a mule!"—Exchange

Sounded Funny. "The young man is smitten with you, Jeanette. He says you radiate happiness." "Gracious!" "And he also said you radiate

beauty. "My!" "And wisdom."

"Dear me, how funny."



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All the land there ever was-or will be-was created ages ago. But population keeps increasing-a baby is born every minute.

All the free land worth having has been taken up. All the good land, at low prices, that's left, is going fast. Soon land chances, like those in the West today, will be gone forever.

If you want a fine farm or fruit ranch anywhere in the Northwest, get one now before the price gets too high-write to us for our free book. It is costing you money to wait-write today.

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and gentle anointings with Cuticura. This pure, sweet, economical treatment brings immediate relief and refreshing sleep to skintortured and disfigured little ones and rest to tired, fretted mothers. For eczemas, rashes, itchings, irritations and chafings, Cuticura Soap and Cuticura Ointment are worth their weight in gold.

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THE TEETH Paxtine excels any dentifica-removing tartar from the teeth, besides destroying all germs of decay and disease which ordinary tooth preparations cannot do.

THE MOUTH wash disinfects the mouth and throat, purifies the breath, and kills the germs which collect in the mouth, eausing sore throat, bad teeth, bad breath, grippe, and much sickness. THE EYES when inflamed, tired, ache relieved and burn, may be instantly relieved and strengthened by Paxtine.

CATARRH Partine will destroy the gerns fammation and stop the discharge. It is a sum remedy for uterine catarrh.

Partice is a harmless yet powerful germicide,disinfectant and deodorizer, Used in bathing it destroys odors and leaves the body antiseptically clean.



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Munyon's Cold Remedy Relieves the head. throat and lungs almost immediate by Checks Fevers, stops Discharges of the nose, takes away all aches and pairs caused by colds. It cures Grip and eb-stinate Coughs and prevents Pneumosta. Price 25c. Have your stiff or swollen joints, no mat-ter how chronic? Ask your driftgist fas how quickly you will be cured. If you have any kidney or bladdes there have

If you have any kidney or bladder treaks get Munyon's Kidney Remedy. Prof. Munyon has just issued a Magazine Almanae, which will be sent free to any per-son who addresses

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It Will Prove a Great Convenience to the Gardener.

This simple and easily handled transplanting basket is a great con-



gether and taken apart as convenient.

It is claimed, says Popular Me chanics, that plants grow as well in it as when turned out of it, and that its use as a hanging basket is most convenient. The illustration shows a musk melon plant in a fou basket ready for transplanting. four-inch

### FARM NOTES.

Scrub stock in the orchard, as anywhere else, will not yield good. No building should be used for dairy

cows which is not well lighted, ventilated and drained.

The manure and skim milk are large part of the profits in dairying. The cream brings money now, but manure and skim milk bring money just as surely after a while.

Alfalfa in any form is eaten greed ily by most farm animals. Its growth is of imm nse value to the land.

What's funny, dear? "Why, he must think I am a radiator.'

### PRIZE FOOD

### Palatable, Economical, Nourishing.

A Nebr. woman has outlined the prize food ... a few words, and that from personal experience. She writes: "After our long experience with Grape-Nuts, I cannot say enough in its favor. We have used this food almost continually for seven years.

"We sometimes tried other adver-tised breakfast foods but we invariably returned to Grape-Nuts as the most palatable, economical and nourishing of all. put to-

"When I quit tea and coffee and began to use Postum and Grape-Nuts I was a nervous wreck. I was so irritable I could not sleep nights, had no interest in life.

"After using Grape-Nuts a short time I began to improve and all these ailments have disappeared and now I am a well woman. My two children have been almost raised on Grape-Nuts, which they eat three times a day.

"They are pictures of health and have never had the least symptom of stomach trouble, even through the most severe siege of whooping cough they could retain Grape-Nuts when all else failed.

"Grape-Nuts food has saved doctor bills, and has been, therefore, a most economical food for us."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Well-ville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

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bearing-down pains, indigestion and constipation. All druggists sell it, 25c.









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