

MR. WM. F. VAHLBERG

Mr. William F. Vahlberg, Oklahoma City, Okla., writes: "One bottle of Peruna which I have taken did more toward relieving me of an aggravated case of *catarrh of the* an approximate case of charm of the stomach, than years of treatment with the best physicians. "I had given up hopes of relief, and only tried Peruna as a last resort. "I shall continue using it, as I feel satisfied it will effect an entire and permanent cure.

satisfied it will effect an entire and permanent cure. "I most cheer fully recommend Peruna to all who may read this." Peruna is usually taken as a last re-sort. Doctors have been tried and failed. Other remedies have been used. Sanitariums have been visited. Travel has been resorted to. At last Peruna is tried. Relief is found.

At last Peruna is trical found. This history is repeated over and over again, every day in the year. It is such results as this that gives Peruna its unassailable hold upon the people. We could say nothing that would add force to such testimonials as the above. That people who have had catarrh and have tried every other remedy availhave tried every other remedy avail-able, find relief in Peruna, constitutes the best argument that could be made.



COLDS FROM EXPOSURE

to all kinds of inclement weather are of such common occurrence that they are not generally consid-ered dangerous. This is a great mistake. Serious illness often follows in the wake of a neglected cold.

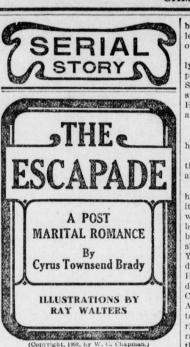
DR.D.JAYNE'S Expectorant

has been successful for seventyeight years in curing Colds, Coughs, Bronchitis, and Pleu-risy. It is also a standard remedy for Croup, Whooping-Cough, Inflammation of the Lungs or Chest and Asthma.

Cure your cold now-go to your druggist's and get a bottle of Dr. D. Jayne's Expectorant. Three sizes, \$1.00, 50c. and 25c.

Dr. D. Jayne's Tonic Vermifuge will build you up splendidly if "run own" from a severe cold.

Western Canada MORE BIG CROPS IN 1908



SYNOPSIS.

<text>

CHAPTER XIX .-- Continued.

"Pray now, Debbie," whispered Ellen, "as you never prayed before!" This time neither woman hid her face. The prayers were all in the heart. Save for that ejaculation not a lip moved between them. They stared as the bird charmed by the snake stares at his tormentor.

Carrington was a stronger man than Strathgate. He had lived in the gay world at times, as the other had, but there had been long periods on the sea. He had gained a power of wrist that the other trembled to feel as the blade pressed heavily against his own. But battles with swords are not necessarily gained by strength of arm. The victory is not always to the strong,

sometimes it goes to the swift. With incredible quickness Strathgate engaged his point and lunged desperately forward. Carrington pardesperately forward. Carrington par-ried with all the swiftness of which he was capable, and just managed to ward the blow. The blade of his adversary's sword ripped through the side of his shirt, but no blood followed the thrust.' He had escaped unharmed.

Strathgate smiled. "The next time!" he said softly to himself under his breath.

The next instant he warded easily furious return attack by Carrington, and thereafter for perhaps a minute there followed a succession of thrusts and parries with marvelous rapidity.

been thrust through a dozen times, unother's or equaled it.

The two men approached so closely that further fencing became im-possible. With a swift movement Strathgate forced aside Carrington's sword and sprang back out of reach. He dropped his sword for a moment and stood panting slightly. Carrington spoke now.

"Has my lord exhausted his attack?" he said softly. Strathgate's answer was a resump-

tion of his guard and another hard and direct lunge for his enemy's heart. Carrington smiled as he parried. He

had been in some doubt as to his ability to sustain Strathgate's attack. He was no stranger to the field of honor. but he had never faced a sword so imbued with venomous life as that that slivered along his blade this morning. Yet he imagined that Strathgate had done his best. He had shot his bolt. He could do no better than he had done, and there began to come into Carrington's mind a sense of mastery. Again he met Strathgate's furious at This time it seemed to Cartack. rington that the onslaught was rapid and less dangerous. Probably this was a misapprehension and the fact that Carrington parried the vicious thrusts more easily may have been due to a growing sense of familiarity with Strathgate's method.

Btu Strathgate was not vet spent. There were certain dangerous thrusts he knew of, dangerous in that they exposed the one who used them to a counter-attack, and dangerous from their unexpectedness to one against whom they were made; consequently, Strathgate was usually doubtful about employing them, but Carrington had confined his attention simply to parrying, save the first thrust, and Strath-gate, thinking rapidly, determined that it would be safe to employ this unburst of speed in which he seemed to have regained all his power, he suddenly dropped almost upon one knee, leaving his body uncovered, and thrust terrifically upward.

If Carrington had been returning stroke for stroke, that moment had been Strathgate's last. As it was, the parry was rather slowly executed and Strathgate's point got fairly home in Carrington's side. It was not a thrust through the body, nor was it a graze. It was betwixt the two.

Strathgate sprang violently backward as Carrington made an ineffective reply with his weapon. The two faced each other once more.

"Stop, gentlemen," cried Blythedale



Ever.

and Parkman in one moment, intervening between the two. "Nevinson!" called out Parkman.

The surgeon came bounding forward. "'Tis naught," cried Carrington

waving them aside. "See!" "Only a flesh wound," said Nevinson, examining it quickly.

"Back, gentlemen, you are giving Lord Strathgate a breathing space."

beginning to pay the penalty of his less his skill had nearly matched the life and of his desperate endeavors in the commencement of the attack. His breath came shorter, the sweat stood thick upon his brow. Carrington grew cooler after the first flush of passion consequent upon his slight wound. His consequent upon his signt wound, his strength grew greater. He pressed Strathgate harder. But the earl was not yet done. Nerving himself, sum-moning all his resolution to his aid, in a series of brilliant onslaughts he sought to bring to a sudden end an af-fair for which, if it should be much

more prolonged, he knew his strength would be unequal. But Carrington met him with a wrist of steel and a blade quicker than the light itself. How it was done, no one could see, but after a series of rapid thrusts and disengagements, the spectators saw Strathgate suddenly throw up his arms. His blade fell wavering to the ground. Those who stared saw two feet of bloody steel thrusting out from his back. Carrington had seized an opportunity and had lunged with such force and power and directness that the quillons of the hilt of his rapier had actually struck the breast of Strathgate as he ran him through the right shoulder over his The thrust just grazed the Carrington strove to withdraw guard. lung. his weapon, succeeded partially, when Strathgate collapsed utiterly and crashed to the ground, snapping off the projecting end of the blade behind

his back as he fell upon it. He strove horribly for a moment to rise and then settled back biting his

lips to stifle a groan of agony. Car rington stood over him with hand up-Which had the whiter face raised. it would be hard to say.

"Strathgate!" cried my lord, bending over him.

"Carrington," murmured Strathgate in his agony, fairly wrenching the words from his lips, "you're a damned fool. The woman loves you-notfool. me!"

He stopped.

By this time Blythedale and the doctor were by Strathgate's side. Parkman also woke to action. He ran to Carrington's side and drew him

back. "A damned fool!" cried my lord,

hoarsely, "ay, that I've been." Parkman said nothing. He fetched Carrington's coat waistcoat sword

and shoes and assisted him to put them on. "We had best go now, Bernard," he

we had best go now, Bernard, '**he** said when Carrington was clothed. "Find out how he is yonder before we leave," said Carrington, looking toward the group busied about poor Strathgate.

Presently Parkman came back with news "He's desperately hurt. Your blade

just grazed the lung.' "Will he pull through?" "Nevinson doesn't know. He hopes

God! it was a terrible thrust. I thought he had you at first. I never

saw such play, but, man, you were his master.' (TO BE CONTINUED.)

as History.

ple of oriental nationals used to the hands and feet or hems of the clothes of the persons they wished to show respect for.

The story will be remembered of the old Briton ruler who appeared to do it was customary to kiss the foot of the holy father. He hesitated for

DOWN MISSOURI WAY

CANADA'S RESPECT FOR LAW AND ORDER THE SUBJECT FOR FAVORABLE COMMENT.

Those who have visited Canada are always impressed with the strict ob-servance that is given to the laws of the country, and the order that is preserved everywhere. The editor of the Gazette, of Fulton, Nev., recently paid a visit to Western Canada. He was so impressed with the conditions that he saw everywhere, that on his return home he was inspired to write as follows: "Reverence and respect for law is a dominant characteristic of the Canadian people. Wherever one goes in Canada, whether east or west, the law is supreme. The law is obeyed because it is law, seemingly, and not because violation carries a penalty. Canada enforces the law and makes every law effective. No coun-try is more free than Canada. In name Canada is a dependency of the Brit-ish Crown. In fact, it is almost a third republic. All its taxes are voted, collected and expended by the Dominion and the provinces. The nominal head of the Government is the Governor General, appointed by the Eng-lish Crown. Practically his only authority is to veto the acts of parliament, which he scarcely ever exer cises. Canada gives nothing to the support of the English government or the English king. She gives England the advantage in trade regulations and tariff laws, and in return receives the protection of the British army navy. Canada enjoys the protection

without sharing in the exper 'The sale of liquor is strictly regulated. None but hotel-keepers may obtain license to vend the stuff, and before a license can be secured an ap plicant must prove good character and provide twenty rooms in his tavern for the accommodation of guests. The bar-rooms close at 7 o'clock Saturday evening and remain closed until Monday morning. The schools and churches in Western Canada excite admiration. Though new, Western Canada is not godless. The finest buildings in every town are the churches. Next come the school houses."

Turning to the wheat fields of Western Canada, the editor of the Laurel (Neb.) Advocate of Sept. 17th says: "I have often thought that the reason that the characters of Charles Dickens are so impressed upon the minds of his readers is because he dwells upon them so long and scribes them so minutely that by the time one has waded through his long drawn out stories they are so burned into his brain that he can never forget them. It was this way with the Cana-dian wheat fields. Had we only seen a few the memory of them might have worn away in time, but a long drawn out experience such as we had is sure to leave an uneffaceable im-pression. Never while we live shall we forget the Canadian wheat fields. They call it the granary of the British Empire, and we don't blame 'em. Nobody who has seen these wheat fields can wonder at their enthusiasm." It is worth while to record that these fields have now been harvested, and in many cases yields as high as forty and fifty bushels per acre have been marketed, while the general average has been away above 20 bushels per acre. Oats and barley have also done well, and the profits, the prices of grains being high, have paid the

entire cost of the farms of many a farmer. There is now 160 acres of There is now land given away, in addition to the 160 acres that the homesteader may purchase at \$3.00 an acre. Particulars of this as well as the lowest railway rates will be given by the Canadian Government Agent.

It was at Derby, England, that the members of the Society of Friends were first called Quakers, and the church there has just observed its centennial.

MIX FOR RHEUMATISM

The following is a never failing remedy for rheumatism, and if followed up it will effect a complete cure of the very worst cases: "Mix one-half pint of good whiskey with one ounce of Toris Compound and add one ounce Syrup Sarsaparilla Compound. Take in tablespoonful doses before each meal and at bedtime." The ingredients can be procured at any drug store and easily mixed at home.

Spoils for Fashion's Followers.

At auctions in London during the last half of 1907 there were catalogued for sale 19,742 skins of birds of paradise, nearly 115,900 white heron plumes and a vast number of the skins and plumes of many other birds of beautiful plumage, including albatross quills and the tails of the lyre bird.

At Atlantic City Miss Emma Nutterwas ordained into the ministry at the Methodist Protestant conference. For six years she was a licentiate preach ing at a small church there and study-



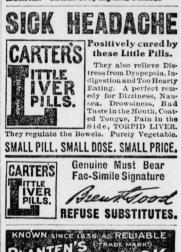
This woman says she was saved from an operation by Lydia E. Pinkham's Vegetable Compound. Lena V. Henry, of Norristown, Ga., writes to Mrs. Pinkham:

writes to Mrs. Pinkham: "I suffered untold misery from fe-male troubles. My doctor said an opera-tion was the only chance I had, and I dreaded it almost as much as death. "One day I read how other women had been cured by Lydia E. Pinkham's Vegetable Compound, and I decided to try it. Before I had taken the first bottle I was better, and now I am en-tirely cured. "Every woman suffering with any female trouble should take Lydia E. Pinkham's Vegetable Compound." EACTS EOP SICK WOMER

FACTS FOR SICK WOMEN.

For thirty years Lydia E. Pink-ham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements information placement displacements, inflammation, ulcera-tion, floroid tumors, irregularities, periodic pains, backache, that bear-ing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice, She has guided thousands to health. Address, Lynn. Mass.



CUSTOM OF ORIENTAL NATIONS. Salute by Kissing the Foot Is as Old

The custom of kissing the feet of persons whom it was desired to honor originated with the ancients. The peo-

The ancient Egyptians got this custom from the Assyrians, and later the Greeks adopted the habit from the Egyptians. The Romans followed the Greeks, and then Pontifex Maximus had his great toe kissed by celebrities.

homage to a Roman monk after the conquest of Briton. He was told that a moment and then, bending down, he suddenly seized the monk by the ankle and, jerking it up to his lips, toppled the worthy father over back-

ward. of the sultan of Turkey is ing theology.



homestead and 160 at \$3.00 per acre.

"A vast rich country and a contented pros-perous people." - Extract from correspondences of a National Editor, schese visit to Western Canada, in August, 1908, was an institution

Many have paid the entire cost of their farms and had a balance of from \$10.00 to

\$20.00 per acre as a result of one crop. Spring wheat, winter wheat, oats, barley, flax and peas are the principal crops, while

Hax and peas are the principal crops, while the wild grasses bring to perfection the best cattle that have ever been sold on the Chicago market. Splendid climate, schools and churches in all localities. Railways touch most of the settled districts, and prices for produce are always good. Lands may also be pur-chased from railway and land comparies.

chased from railway and land companies. For pamphlets, maps and information regarding low railway rates, apply to

Superintendent of Immigration Ottawa, Canada or to the authorized Canadian Gov't Agent:

H. M. WILLIAMS, Law Building, Toledo, Ohio,

Make Your Own Living

Demonstrate your ability to sell goods in your town and our agency department will establish you in a profitable business. Write for particulars. Give age, experience and references.

THE LINDSAY COMPANY Washington, D. C.

Ellen knew something about sword She was no mean fencer herself, and she saw with an anguished heart that Lord Strathgate was forcing the attack and that her husband had all he could possibly do to keep from being spitted upon his adver

sary's nimble sword. Rumor had not exaggerated Strathgate's wonderful mastery. His blade was like a lam-bent flame and played like lightning about her husband's weapon. Des-perate as was the task, however, Carrington just managed to avoid these deadly thrusts. His shirt had been cut in half a dozen places, and a thin splotch of blood showed where one of the thrusts had grazed the skin, but was practically scatheless.

He confined himself after that first return to defense, not from choice, but because there was nothing else to do. Strathgate pressed him unmer cifully and gave him no opportunity whatsoever for a return. It was thrust, thrust, thrust! with the rapidity of thought itself. Indeed, so fierce so sustained, so desperate was Strathgate's attack that the perspiration beaded upon his forehead, his breath came quick.

Ellen, who had eyes for everything, noted it, so, too, did Carrington. As for my lord, he had stood to it like As he man and sailor that he was. He had not given ground one instant, and Ithough in the excitement of the conest Strathgate had pressed him hard-er and approached much nearer, my lord had stood as if he were rooted to the spot. It was a magnificent ex-ample of determination coupled with a high degree of skill, for no mean fencer could have s'ood at swords' high degree of skill, for no mean encer could have s'ood at swords' thrust of Strathgate's, that is, no out-boints with Strathgate without having ward advantage; but Strathgate was

I am of the opizion that enough been done," began Blythedale, "for honor-

"Not while one of us lives," answered Carrington.

"My lord speaks for me," cried Strathgate; "away, gentlemen!" And once more the two men fell on

guard.

Why Ellen had not fainted at that moment she could not tell. The world swam before her vision, but by an effort she commanded herself. The battle was not over, and she must see it until the end. She had confidence My lord's wound was not a sevet. rious one and certainly now Strathgate had shot the bolt.

But no. Strathgate attacked as furlusly as ever, but this time my lord's tactics were different. As if the sight of his own blood had maddened him, he was not content to parry, but he himself assumed the offensive. Like diamonds the points of the blades sparkled in circles of light. The ring of steel on steel and the grating as one blade fell upon another blade was continuous. It was bewildering to Ellen, bewildering to everyone except the two men. Blythedale and Parkham stood

staring as if their eyes would be strained from their heads. Their breaths came shorter and shorter. Their Even the cool, phlegmatic doctor came forward and stood gazing. Ellen and Deborah had long since passed the stage of expression. They lay scarcey breathing, their eyes following as they could every movement of the straining men, of the flashing sword. There was no advantage for either of the combatants yet, save that thrust of Strathgate's, that is, no out-

Part of

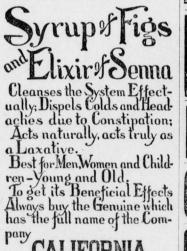
kissed by subjects of high rank. Those of more lowly position are merely allowed to touch the fringe of his gar ment to their lips, and the poorest classes must be content to make a low obeisance in his presence .--- Illustrated Sunday Magazine.

Saving on Drink.

That men will drink less while they have something to look at or to listen to is proved by the sobriety which at-tends public amusements in England. No-consumption of alcoholic refresh-ments is allowed in the auditorium, and it is rare that the patrons leave their seats for a drink at the bars-indeed, many of these resorts are conducted on strictly temperance lines. At the theaters, too, the consumption of alcoholic refreshments during the entr'actes has latterly been reduced to a minimum. Midway in the pan-tomimes, the descent of the curtain is contemporaneous with the appearance of trim waitresses and the tea tray. Even in the theater bars the lords of creation prefer "the cup that cheers" to whisky and soda.

Health and Cooking.

Good cooking is rapidly becoming a lost art. They who prepare the food for the world decide the health of the world. You have only to go on some errand amid the hotels of the United States and Great Britain to ap-preciate the fact that a vast multitude of the human race are slaughtered by incompetent cookery. Though a young woman may have taken lessons in music, and may have taken lessons in



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