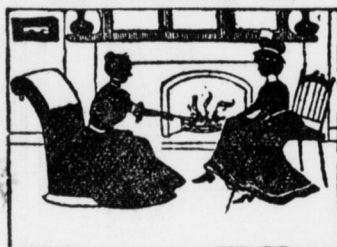


Truth and Quality

appeal to the Well-Informed in every walk of life and are essential to permanent success and creditable standing. Accordingly, it is not claimed that Syrup of Figs and Elixir of Senna is the only remedy of known value, but one of many reasons why it is the best of personal and family laxatives is the fact that it cleanses, sweetens and relieves the internal organs on which it acts without any debilitating after effects and without having to increase the quantity from time to time.

It acts pleasantly and naturally and truly as a laxative, and its component parts are known to and approved by physicians, as it is free from all objectionable substances. To get its beneficial effects always purchase the genuine—manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

SHE BAMBOOZLES HIM.



Mrs. Caller—You surely don't always give your husband a necktie on his birthday?

Mrs. Athome—Yes, I do, and the poor dear doesn't even know it's the same one each time!

Hurt a Convict's Pride.

A church missionary had a letter recently from a convict begging him to reform the writer's wife, who was also in prison.

The convict—who is serving a long term—was very anxious about the matter, because, as he said: "It was no credit to him to receive letters from such a place as prison."

Another convict, in the course of a letter to his brother, a pauper, remarked: "Well, Jack, thank goodness I have never sunk so low as the workhouse yet."—London Daily News.

Coming Events.

Let no one say that the mind has no power over the body. If it can cause such effects as in the case taken from Uik, how much more can it influence the physical conditions of the now and here?

"You look pale and thin. What's got you?"

"Work! From morning till night, and only a one-hour rest."

"How long have you been at it?"

"I begin to-morrow."—Youth's Companion.

Rain from Father's Head.

A bright little boy of two summers was unconcernedly playing near his father, who was laboriously occupied with a difficult task which caused big beads of perspiration to drop from his forehead. Presently the lad ceased his play. Looking at his parent doubtfully a moment, he ran swiftly to his mother and, assuming a pained expression, pointed to his father, saying plaintively: "Oo, mamma, see! Poo papa head yainin'!"

WIFE WON

Husband Finally Convinced.

Some men are wise enough to try new foods and beverages and then generous enough to give others the benefit of their experience.

A very "conservative" ill-s. man, however, let his good wife find out for herself what a blessing Postum is to those who are distressed in many ways, by drinking coffee. The wife writes:

"No slave in chains, it seemed to me, was more helpless than I, a coffee captive. Yet there were innumerable warnings—waking from a troubled sleep with a feeling of suffocation, at times dizzy and out of breath, attacks of palpitation of the heart that frightened me.

"Common sense, reason, and my better judgment told me that coffee drinking was the trouble. At last my nervous system was so disarranged that my physician ordered 'no more coffee.'"

"He knew he was right and he knew I knew it, too. I capitulated. Prior to this our family had tried Postum, but disliked it, because, as we learned later, it was not made right."

"Determined this time to give Postum a fair trial, I prepared it according to directions on the pkg.—that is, boiled it 15 minutes after boiling commenced, obtaining a dark brown liquid with a rich snappy flavor similar to coffee. When cream and sugar were added, it was not only good but delicious.

"Noting its beneficial effects in me the rest of the family adopted it—all except my husband, who would not admit that coffee hurt him. Several weeks elapsed during which I drank Postum two or three times a day, when, to my surprise, my husband said: 'I have decided to drink Postum. Your improvement is so apparent—you have such fine color—that I propose to give credit where credit is due.' And now we are coffee-slaves no longer."

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs. "There's a Reason."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

INDUSTRY AND MECHANICS

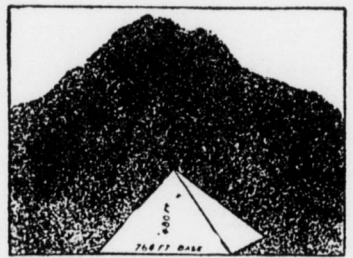
WORK AT PANAMA.

Every Working Day the Yankees and Their Machines Accomplish Marvels.

Every 50 working days the toilers who are digging the Panama canal are removing an amount of material equal to the great pyramid of Cheops, which consumed the labor of 100,000 men for 20 years in the building, and the services of the same number for ten years in constructing the road connecting the work with the quarries.

"Spread in any city of the union the earth which was taken from the canal during a single month would have buried ten solid city blocks under 40 solid feet of earth," says the Philadelphia North American.

Truly, the work accomplished since the army engineers took charge is stupendous and awe-inspiring, but the forerunners who prepared the way under overwhelming obstacles and drove the mosquito and the yellow fever from the canal zone must not be forgotten. Because of their work the



One Year's Excavation on Panama Canal Compared to Great Pyramid.

whole force can now put its shoulders to the wheel and defy the climate, which ten years ago was death to the white man.

The high water mark was reached during February, when a daily average of 122,741 cubic yards of material was excavated. February had 24 working days of eight hours each, but all records were broken by a total excavation of 2,945,880 cubic yards. For this work 64 steam shovels were used. Thirty-five more immense steam shovels are now being used, or are en route for the canal zone. In the month of January, 1908, there were approximately 43,000 employes on the rolls of the commission and of the Panama railroad, about 6,000 of whom were Americans.

The real work of excavation began in 1906, and in the two years ended since then 21,600,565 cubic yards were removed. During 1907 the record went up in bounds from 815,270 cubic yards in March to 1,868,729 in October, but even the latter figure, which so amazed the American public when reported, has been dwarfed to insignificance by the 2,709,290 cubic yards of January and the 2,945,880 cubic yards of February, 1908.

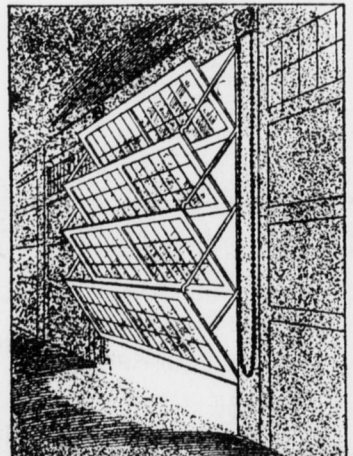
With fully 80 per cent. of the entire plant needed for construction purchased or contracted for, machine shops erected and organization perfected, this year will see every record almost doubly broken and completion near enough to determine with a fair amount of accuracy the date on which the great American fleet, if desired, could pass into the Pacific without such a cruise as has just been accomplished.

The illustration shows the amount of material excavated from the Panama canal in a year, as compared with the amount of material in the pyramid of Cheops.

VERTICALLY FOLDING DOORS

Being Installed on Many Engine Houses and Factories.

Vertically folding doors, the upper panels of which are glazed, are being installed on many engine houses and



The Door Partly Open.

manufacturing buildings. Lifted by a chain hoist at the side of each door, the panels or leaves fold upward and inward, coming close together at the top opening. In this position the door is well protected from the weather, cannot be slammed around by the wind, and offers no obstruction.

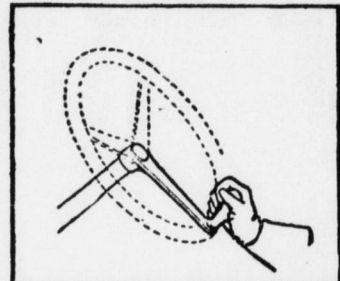
When closed, says Popular Mechanics, the glass panels admit the light freely, and for ventilation purposes the door can be raised to admit as little or as much air as may be desired.

By raising the door two inches, four horizontal openings of six inches are made, the door remaining storm proof.

SAFE STEERING ON AUTO.

Much Depends on the Character of the Device.

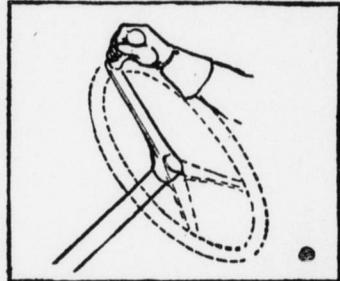
The right or wrong type of steering-gear on an automobile may make all the difference between safety and disaster at a critical moment, notes a writer in Motor Age. A slight error in steering will be increased by one type until it is fatally wrong and the car is in the ditch; another type will tend automatically to correct slight mistakes. The former the writer calls "dynamically unstable;" the latter, "dynamically stable." We read: "In one of the earliest types of steering-mechanism used on motor-



If a wheel be handled by its lowermost point then it resembles a tiller and is dynamically unstable.

vehicles the wheels were controlled by a lever pivoted at a point in front of the driver usually at or near the center of the dashboard, this type being commonly known as 'bath-chair,' or tiller, steering. It was in a vehicle so fitted that M. Levassor of the firm of Panhard & Levassor lost his life in an early race."

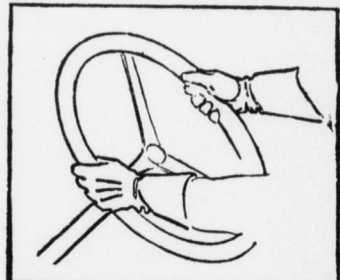
When the dangers of bath-chair steering were first realized, the public, we are told, rushed to the conclusion that the general principle of lever or tiller-steering was at fault. This, the writer assures us, is far from the truth. It is the direction of the steering-motion in the bath-chair type that is dangerous. If the direction of the steering-effort be reversed, the forces that were previously a cause of danger



If a wheel be handled by its uppermost point then it is dynamically stable for steering at all times.

become a source of security. If the lever be arranged to move in the same direction as that in which the car is to be steered, the difficulty vanishes, the forces called into play actually preventing oversteering. To quote further:

"It is of interest to examine the generally adopted wheel-steering from the



Grasping the wheel oppositely with both hands is dynamically safe for steering motor-cars on any road surface.

dynamical point of view; the matter is not altogether simple, owing to the fact that the manner in which the wheel is held and handled is an important factor in the problem; we will, therefore, briefly discuss the matter on certain alternative bases.

"Firstly, let us suppose that the wheel be handled only by its lowermost point, then its action resembles the bath-chair steering with a very short lever; it is dynamically unstable. If, conversely, we suppose the wheel handled only by its uppermost point, the motion is in the same direction as the car is steered, and it is, therefore, dynamically stable. Neither of the above suppositions, however, exactly represents the facts as to how a wheel is manipulated. The usual method of holding the wheel—at any rate, at high speeds, when dynamical considerations are of greatest importance—is to grasp it in both hands, one on each side, and, when steering, the wheel is turned in the direction that the body is leaned. Under these circumstances the steering is dynamically stable, but the motions concerned are rotative rather than translational, as in the previous case.

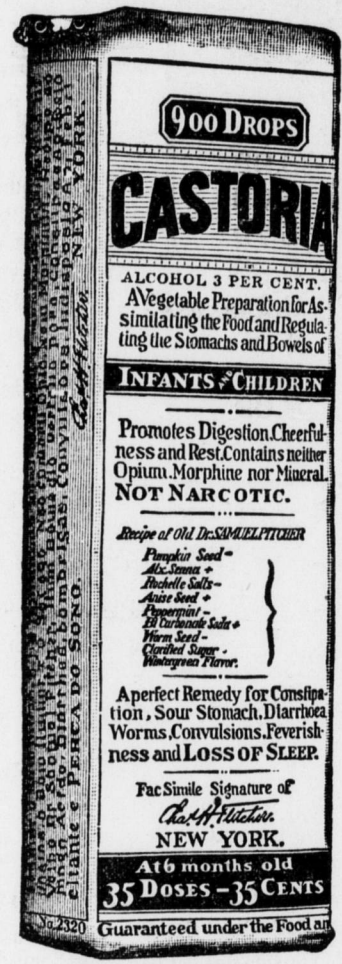
"If, as is actually the case, the steering-wheel is inclined, there is still a component motion acting in the manner stated. It is interesting to recall how much more suitable the heavily raked steering-pillar appears on a speed machine—in which the importance of the dynamic forces is the greatest—than the more vertical pillar; the latter always looks out of place except on a slow-moving vehicle. The mechanical instinct in this respect seems to comprehend at once that which cold-blooded reason reaches only with some difficulty."

Cleaning Old Files. Acid will clean old files and make them better, but will not make good files of worn-out ones.

Save the Babies.

INFANT MORTALITY is something frightful. We can hardly realize that of all the children born in civilized countries, twentytwo per cent., or nearly one-quarter, die before they reach one year; thirtyseven per cent., or more than one-third, before they are five, and one-half before they are fifteen!

We do not hesitate to say that a timely use of Castoria would save a majority of these precious lives. Neither do we hesitate to say that many of these infantile deaths are occasioned by the use of narcotic preparations. Drops, tinctures and soothing syrups sold for children's complaints contain more or less opium, or morphine. They are, in considerable quantities, deadly poisons. In any quantity they stupefy, retard circulation and lead to congestions, sickness, death. Castoria operates exactly the reverse, but you must see that it bears the signature of Chas. H. Fletcher. Castoria causes the blood to circulate properly, opens the pores of the skin and allays fever.



Exact Copy of Wrapper.

Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. A. F. Peeler, of St. Louis, Mo., says: "I have prescribed your Castoria in many cases and have always found it an efficient and speedy remedy."

Dr. E. Down, of Philadelphia, Pa., says: "I have prescribed your Castoria in my practice for many years with great satisfaction to myself and benefit to my patients."

Dr. Edward Parrish, of Brooklyn, N. Y., says: "I have used your Castoria in my own household with good results, and have advised several patients to use it for its mild laxative effect and freedom from harm."

Dr. J. B. Elliott, of New York City, says: "Having during the past six years prescribed your Castoria for infantile stomach disorders, I most heartily commend its use. The formula contains nothing deleterious to the most delicate of children."

Dr. C. G. Sprague, of Omaha, Neb., says: "Your Castoria is an ideal medicine for children, and I frequently prescribe it. While I do not advocate the indiscriminate use of proprietary medicines, yet Castoria is an exception for conditions which arise in the care of children."

Dr. J. A. Parker, of Kansas City, Mo., says: "Your Castoria holds the esteem of the medical profession in a manner held by no other proprietary preparation. It is a sure and reliable medicine for infants and children. In fact, it is the universal household remedy for infantile ailments."

Dr. H. F. Merrill, of Augusta, Me., says: "Castoria is one of the very finest and most remarkable remedies for infants and children. In my opinion your Castoria has saved thousands from an early grave. I can furnish hundreds of testimonials from this locality as to its efficiency and merits."

Dr. Norman M. Geer, of Cleveland, Ohio, says: "During the last twelve years I have frequently recommended your Castoria as one of the best preparations of the kind, being safe in the hands of parents and very effective in relieving children's disorders, while the ease with which such a pleasant preparation can be administered is a great advantage."

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher.
The Kind You Have Always Bought
In Use For Over 30 Years.
THE CENTAUR COMPANY, 37 MURRAY STREET, NEW YORK CITY.

'GATOR ON THE RAMPAGE.

Edifying Story That is Vouched for by the Georgia Ananias.

"Yes," said the fisherman, "the man had fished all the forenoon, an hadn't got a nibble, so he took another swaller out the jug, pulled off his boots, an' lay down on the river bank an' went to sleep. As soon as he went to snorin' good, an alligator that had been watchin' him all the mornin' crawled up an' swallerd his boots, likewise the jug, with 'bout half a gallon in it, I reckon. The cork came out, and, of course, the 'gator got the full benefit o' the whisky, which so turned its head that it lashed the water with its tail till the river was a foamin' mass, after which it crawled up on the bank agin an' made des'p'rit efforts to climb trees an' turn double-somersaults, an' do all manner of impossible things!"

"Why didn't it swallow the fisherman, instead of his boot?" some one asked.

"'Gators, gentlemen,'" said the storyteller, "can't stand ever' thing. They must draw the line some'ers."—Atlanta Constitution.

VERY GOOD REASON.

Father—I told you not to go with that boy.
Bobby—I had to, father, 'cause he had hold of my hair!

Bells. Bells are understood to have had their origin in China, but at so remote a time that no precise date can be given. Their first use was to clear the air of evil spirits and to drive off the storms. Old European records tell how the tolling of bells kept the devils from assaulting believers; hence their connection with churches. Bells may be traced in Europe back to the sixth century, but were not generally introduced into the western church much before the eighth century.

Case of Shocking Neglect. Friend—What has become of Celestine, your maid?
Mrs. Snobbotts—I had to discharge her. She had no consideration for Fido.
Friend—Why, I always thought she took the most tender care of the pet.
Mrs. Snobbotts—So did I till I found she was using her own comb on him without first sterilizing it.

A Cold Lunch.

The pupils of a distinguished professor of zoology, a man well known for his eccentricities, noted one day two tidy parcels lying on their instructor's desk as they passed out at the noon hour. On their return to the laboratory for the afternoon lecture they saw but one. This the professor took carefully up in his hand as he opened his lecture.

"In the study of vertebrata we have taken the frog as a type. Let us now examine the gastrocnemius muscle of this dissected specimen."

So saying the professor untied the string of his neat parcel and disclosed to view a ham sandwich and a boiled egg.

"But I have eaten my lunch," said the learned man bewilderedly.—Lippincott's.

A Good Turn.

"Here, wake up," cried Subbubs, appearing on his porch in his pajamas. "You've got a nerve to be sleeping in our hammock."

"Nerve?" replied the hobo, sleepily. "Why, I'm a benefactor; if it wasn't for me holdin' dis hammock down de mosquitoes would 'a' lugged it off long ago."

Try Murine Eye Remedy

For Red, Weak, Weary, Watery Eyes. Murine Doesn't Smart—Soothes Eye Pain. All Druggists Sell Murine at 60cts. The 48 Page Book in each Pkg. is worth Dollars in every home. Ask your Druggist, Murine Eye Remedy Co., Chicago.

It's surprising how brave the average man is when there isn't any real danger in sight.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Success often depends upon utilizing the mistakes of others.

Read Gila Buttes Ad. in another column.

Being bitten by a toothless dog must be a soft snap.



SICK HEADACHE

CARTER'S LITTLE LIVER PILLS. Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Bile, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER, etc. They regulate the Bowels. Purely Vegetable.

SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS. Genuine Must Bear Fac-Simile Signature. *Brewster's* REFUSE SUBSTITUTES.

KNOWN SINCE 1836 AS RELIABLE. **PLANTEN'S C & C OR BLACK CAPSULES** SUPERIOR REMEDY FOR URINARY DISCHARGES, ETC. DRUGGISTS OR BY MAIL ON RECEIPT OF 50c. N. PLANTEN & SON 95 HENRY ST. BROOKLYN, N.Y.

Readers of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations.

Read This and Investigate

We don't know your name and can't send you our prospectus until you tell us. Send us a postal card with your name and address and we will give you full information about the Gila Buttes Gold Mine (Incorporated), one of the best mines in Arizona. Easy terms. National bank reference address, Gila Buttes Mining Co., 218 E. Van Buren Street, Phoenix, Arizona.

PARKER'S HAIR BALSAM Cleanses and beautifies the hair. Promotes a luxuriant growth. Restores Gray Hair to its Youthful Color. Cures scalp disease & hair falling. 25c. and 50c. at Druggists.

SCALDS or burns, cuts, lacerated wounds, swollen or painful joints, scald head, salt rheum; new, old or scrofulous ulcers all cured by the wonderful remedy, **Koyd's Ointment**. Your druggist or 50c by mail. **BOYD OINTMENT'S COMPANY**, Kittingan, Pa.

LIVE STOCK AND MISCELLANEOUS ELECTROTYPES In great variety at the lowest prices by **G. & S. KELLAND NEWSPAPER CO.**, 78 W. Adams, Chicago

PILES ANAKESIS is the most reliable. IS A SIMPLE CURE. It is druggists or by mail. Sample FREE. Address: "ANAKESIS," Tribune Bldg., New York.

WANTED Farmers, save time in milking. Make milking easy, something new. Write to-day for outfit and make 20c a week taking orders. Outfit prepaid, 10c. Round Mt. Co., Waterville, Mo.

WIDOWS under NEW LAW obtained **PENSIONS** by JOHN W. MORRIS, Washington, D. C. If afflicted with eye, use **Thompson's Eye Water**