

CONVENIENT MILKING STOOL.

Another Type Which Combines Comfort and Utility.

Take a board, a, 20 inches long and ten inches wide and to this nail two boards, b b, 10x6 inches to serve as legs, so the ends are about four inches below the board,

a Nail on the seat and the board, c, which forms Nail on a board, e, 3x10 the front. inches under d, to serve as a handle.

Round off the corners of a, explains Farm and Home, and nail on around the edge a strip of barrel hoop so that it projects about one-half inch above to hold the pail from sliding off. Under a nail a triangular board to serve as a third leg.

WATERING COWS.

Care in the Quality of Water Provided Is Important.

The best arrangements for the watering of dairy cows I consider to be individual basins between the cows in the winter time and running water in the summer time. In the winter, says the writer in Farmers' Review, I water my cows out of doors, but that is because I do as I have to do and not as I want to do. Most of the farmers about here water their cows out of doors.

Where water is supplied at all in the barns, the force that drives the water comes from tanks of windmills or from hydraulic rams. The troughs of cement seen in some barns, and which run in front of all the cows, I believe to be all right, but I prefer the individual basins.

Most of the cows about here get their water at the temperature it happens to be when it comes from the well, but in the winter time it would pay to warm it. I am satisfied that a cow that is given water with the chill taken off will drink more of and will consequently give more milk than she otherwise would.

DAIRY NOTES.

The growing stock is carrying your

It's intelligence, not luck, that counts in the dairy. The cow with the small udder and

the big appetite seldom pays. It's the happy and contented cow that makes the farmer happy and contented.

The more we know about the cow, the more probable will be our success in handling her.

Linseed meal and bran are two important elements in the ration. They are expensive but they pay.

The manure pile on the dairy farm may not represent half the profits, but it is too valuable to be ignored.

Beans for Green Manure

We know of one farmer that planted beans too early, and the late frost caught them, killing the whole crop. He planted again, but this time so thick that the pods did not form till an early fall frost caught them, and so the whole crop was lost. But the growth of the beans had been a very rank one, and the weeds had been kept from growing. The mass of rank herbage was plowed under and the land left to be planted the next year. The plowed-under beans proved to be great enrichers of the soil, for they added to it a very large quantity of nitrogen, in addition to the humus. This in its decay created acids which set loose more plant food in the soil. So the bean crop was not a total loss, after all.

Cooling the Milk.

A speaker at a Wisconsin institute ald: The main thing is to cool the milk quickly to a temperature of 50 degrees or less, and it would pay the dairyman to provide ice for this purpose. In the absence of ice an abundance of well water will enable the patron to quickly cool the milk to a temper-ature of 50 degrees or below. If the cans are placed in cold water and the milk is stirred until cooled to the temperature of the water, which is usually about 50 degrees, well and good; but the average milker, after performing a long day's work in the field and then another half day's work, called for variety's sake chores, will not stand over the milk long enough to accom-

The Dairy House.

A good large well or dairy house is very necessary to the equipment of a first-class dairy, but its use should be confined to the uses of the dairy. Its conversion into a sort of a store room or receptacle for vegetables, tools, worn out harnesses, etc., does not tend to produce a fine flavored milk or stimulate the dairy appetite of the occasional visitor.

Kerosene Emulsion.

One-half pound soap, one gallon water, two gallons kerosene. Dissolve the soap in water ever fire. Remove from fire and add kerosene. Stir violently. Use one part of emulsion to 15 parts water.

Burn the Rubbish.

Old rubbish is more valuable in the form of ashes to the gardener than any other way. Wood ashes make excellent garden fertilizer if applied properly.

SPRING KIDNEY TROUBLE.

/Ividly Described by One Who Has Suffered from It.

Mrs. H. Mutzabaugh, of Duncannon, "I was sick and miserable all a., says: last Spring and as

did not know what was the matter I kept going down and down until I was a physical wreck. I had smothering spells, flashes heat over the kid-neys and pain in passing the kidney secre-

ions, which contained sediment. husband urged me to try Doan's Kidney Pills, and at last I did so. They did me much good, and I used in all eight boxes which restored me to perfect health.'

Sold by all dealers, 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

STUDY NOT A NECESSITY.

End and Aim of Woman's Life, as Un derstood by Rosie's Mother.

In one of the Philadelphia public schools is a little girl pupil whose ancestors and coreligionists have ever held that the principal end and aim the life of a woman is marriage. This little girl is well up in most of her studies, but she has an inveterate disike of geography and it seems impossible to teach the study to her. other day her teacher, made impatient by her seeming unwillingness to learn her geography lesson, sent to Rosie's mother a note requesting her to see that the girl studied her lesson. The next day showed no improvement. however, and the teacher asked Rosie whether she had delivered the note.

"Yes, ma'am," was the reply. "And did your mother read note, Rosie," said the teacher. "Yes, ma'm." the

"What did she say?"

"My mother said that she didn't know geography, an' she got married, an' my aunt didn't know geography, an' she got married, an' you know geography, an' you didn't get mar-

An Undesirable Article.

When Mr. B. went to call upon some friends the other afternoon, he was on his way out of town and so had his traveling hag with him. This he placed in a corner, and when he rose to leave he overlooked it. His hostess happened to notice it before he had reached the door, and called to her little daughter:

"Marie, run after Mr. B. and tell him he has left his grip here!"

The little one gave her mother one vift glance of surprise, but flew duti-

fully to obey orders.
"Oh, Mr. B.," they heard her say, 'mother says you have forgotten to ake your grip with you." Then she added, quickly, in a tone of polite apology: "You see, most all of us have had it this winter, and we'd rather not have any more!"



He-Farewell! Farewell, I said, thou jade!!!

A Counter Stroke.

stylishly-dressed woman entered a Chinese laundry and paid for a laundered shirt.

"Why do you wear those 'rats,' I more interst. think you call them, in your hair?" inquired the Chinaman, who had an inquisitive turn of mind.

"Tush, Mr. John," replied his cus-mer. "I always thought it was Chitomer. nese etiquette not to talk about the things they like best."

The Oriental blinked his eyes as the In a Pinch, Use ALLEN'S FOOT-EASE. lady passed out.

LOST \$300.

Buying Medicine When Right Food Was Needed.

Money spent for "tonics" and "brac ers" to relieve indigestion, while the poor old stomach is loaded with pastry and pork, is worse than losing a pocketbook containing the money.

If the money only is lost it's bad enough, but with lost health from wrong eating, it is hard to make the money back.

A Mich. young lady lost money on drugs but is thankful she found a way to get back her health by proper food. She writes:

"I had been a victim of nervous dyspepsia for six years and spent three hundred dollars for treatment in the attempt to get well. None of it did

me any good.

"Finally I tried Grape-Nuts food, and the results were such that, if it cost a dollar a package, I would not be without it. My trouble had been caused by eating rich food such as

"The most wonderful thing that ever happened to me, I am sure, was the change in my condition after I began to eat Grape-Nuts. I began to improve at once and the first week gained four pounds.

"I feel that I cannot express my-self in terms that are worthy of the benefit Grape-Nuts has brought to me, and you are perfectly free to publish this letter if it will send some poor sufferer relief, such as has come to me."

Name given by Postum Co., Battle Creek, Mich. Read, "The Road to Wellville," in pkgs. "There's a Reason."

NEW ARRIVALS IN CANADA NEARLY 300,000 IN 1907.

ABOUT SIXTY THOUSAND FROM

THE UNITED STATES. Now that it is known that in the year just closed nearly sixty thou-sand from the United States declared their intention of making their homes Canada, it might not be out place to search for some reasons that would bring this about. These people are but following the example of the fifty-five or sixty thousand who did the same thing the year previous, and an almost equal number who the year before that but followed the example of the thousands of the year preceding. An excellent climate, certain and positive crops of grain of all kinds, good markets for their produce, land —and good land, too— at low prices, easy terms of payment, (not forgetting the 160 acres of land given free by the Government, particulars of which the Canadian Government Agent whose name appears elsewhere will tell you about) and then the splendid social conditions. The situation is pretty well sized up by a writer in one of the magazines. Quoting from this article, we find this: "Those of us who made good in the States," interjected another settler as if to continue the story of his neighbor, "have had it easy from the start; a little money is a mighty good thing on coming into a new country. But those who make an entry, or even buy lands at low rates, are able to square things in two or three seasons' crops. There are hardships in building shanties. then with increasing prosperity getting things into shape for better homes. But affairs go much as in the States. We have the largest liberty in the world; there is more home rule in the Provinces than in the several states of the Republic. Taxes are light and with only a few million peo-ple west of Winnipeg we don't get in each other's way. One's friends over the line probably thought we would not live through the winter; and while it is cold, real cold, it is free from the moisture experienced in the east. Schools are good as encouraged by the Government; the enterprising American promoter and Yankee drummer see to it that we take notice of the latest improvements and best agricultural machinery. Altogether we are as near to affairs as we would be on our own farms in the States. Winnipeg bears the same relation to us as Chicago did at home; and Edmonton with the surrounding region advances as Omaha did in the days when we were as young as the boys yonder. We get together much as they did in the granges over the border; the government has established experimental schools of agriculture, and progress in every line is stimulated. This is a great region for grazing," we hear the Calgary citizen continuing, "and then with building elevators of wheat at one dollar a bushel, many of us find time to go over to the live stock exhibition in Chicago or visit old friends during the course of the winter. Every man is taken for what he is

worth or for what he can raise; and

in this good air and on this fertile soil

we intend to show our old friends that we are made of the right stuff-

that we are chips of the old block who built up the American West."

Hope.

in Chicago who, in company with her

nephew,

musical entertainment.

young

"That,"

Harper's Weekly.

Walter Damrosch tells of a matron

The selections were apparently en-

tirely unfamiliar to the youth; but when the "Wedding March" of Men-

delssohn was begun he began to evince

"I'm not strong on these classical

pieces, but that's a good one. What is

matron, "is the 'Maiden's Prayer.' "-

A powder. It cures painful, smarting, nervous feet and ingrowing nails. It's the greatest comfort discovery of

the age. Makes new shoes easy. A certain cure for sweating feet. Sold by all Druggists, 25c. Accept no substitute. Trial package, FREE. Address A. S. Olmsted, Le Roy, N. Y.

"De Gustibus-"

ner is the only thing to be desired." "Yes, and there are some other men

who think of a dinner as merely something to have a good smoke after."

"Some men think that a good din-

"That sounds familiar." he said.

gravely explained the

was attending a

Every Woman in this vicinity will be glad to know that local grocers now have in stock "OUR PIE," a preparation in three varieties for making Lemon, Chocolate and Custard ples. Each 10-cent package makes two ples. Be sure and order to-day, "Put up by D-Zerta Co., Rochester, N.Y."

A human act once set in motion flows on for ever to the great account. Our deathlessness is in what we not in what we are .- George Mere-

Garfield Tea cannot but commend itself to those desiring a laxative at once sim-ple, pure, mild, potent and health-giving. It is made of Herbs. All drug stores.

No honestly exerted force can be

PILLS ALL KIDNEY DISEASE

MACHINE-GROUND PAINT.

Occasionally one hears the "hand-mixed" paint of the painter slightingly spoken of as "unscientific" and "not thoroughly mixed." The facts are all on the side of the painter and his handprepared paint.

It is the most "scientific" paint there is, because it is made on the spot to suit the particular purpose for which it is to be used. It is as scientific as a good doctor's prescription. If the painter did not mix it thus it would be as unscientific as a patent medi-cine. Moreover, the paint which a good painter turns out is made of genuine white lead and pure linseed oil. If he does not mix it himself he is not sure what is in it, and consequently his client cannot be sure

As for not being thoroughly mixed by machinery, that is simply a mis-statement. White Lead as made by by machinery, that is simply a mis-statement. White Lead as made by National Lead Company is thorough-ly incorporated with 7 or 8 per cent. of pure Linseed oil in the factory, making a paste. This paste need only be thinned with additional linseed oil to make it ready for the brush.

The thorough incorporation of pigment and oil has already been accom-

plished before the painter gets it.

To know how to tell pure white lead is a great advantage to both painter and house-owner. National Lead Company will send a tester free to anyone interested. Address the company Woodbridge Building, New York, N. Y.

THAT OFFICE YARN.



Mrs. A -I think offices are horrid. My husband is out all day and says he is looking for an office.

Mrs. Z.—How funny! Mine is out

late nights and says he is detained at the office.

Catarrh Cannot Be Cured shocal APPLICATIONS, as they cannot reach seat of the disease. Caterrh is a blood or constitutional disease, and in order to cure it you must take real remedies. Hall's Catarrh Cure is taken in saily, and acis directly on the blood and mucous a six was prescribed by one of the best physicians like country for years and is a regular prescription, so composed of the best tonics known, combined the best blood purifiers, acting directly on the cours surfaces. The perfect combination of the ingredients is what produces such wonderful resin curing catarrh. Send for testimonials, free in curing catarrh. Send for testimonials, free, and by Drugglests, price 75c.

Sold by Druggists, price 75c, Take Hall's Family Pills for constipation Nautical Note. "Well, my girl, that young man of yours established a record last even-

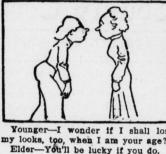
What do you mean, pa? "Your mother reported him off the hat rack at ten o'clock, and he hadn't made the vestibule when your brother steamed in at 12."-Modern Society.

dith.

The great doers of history have always been men of faith.-Chapin.

Mrs. Winslow's Soothing Syrup.
For children teething, softens the gums, reduces in fiammation, allays pain, cures wind colic. 25c a bottle

utterly lost .- Froude.



REPARTEE

Younger-I wonder if I shall lose my looks, too, when I am your age? Elder—You'll be lucky if you do.

Genuine greatness is marked by simplicity, unostentationsness, self-forgetfulness, a hearty interest in others, a feeling of brotherhood with the human family.



This woman says she was saved from an operation by Lydia E. Pinkham's Vegetable Compound. Lena V. Henry, of Norristown, Ga., writes to Mrs. Pinkham:

writes to Mrs. Pinkham:

"I suffered untold misery from female troubles. My doctor said an operation was the only chance I had, and I dreaded it almost as much as death.

"One day I read how other women had been cured by Lydia E. Pinkham's Vegetable Compound, and I decided to try it. Before I had taken the first bottle I was better, and now I am entirely cured.

"Every woman suffering with any female trouble should take Lydia E. Pinkham's Vegetable Compound."

FACTS FOR SICK WOMEN. For thirty years Lydia E. Pink-ham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulcera-tion, fibroid tumors, irregularities, periodic pains, backache, that bear-ing-down feeling, flatulency, indigestion, dizziness or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.



The Gard-U Chemical Co., South Haven, Mich.

If afflicted with Thompson's Eye Water A. N. K.-C (1908-16) 2226.

SICK HEADACHE

Positively cured by these Little Pills. They also relieve Dis-tress from Dyspepsia, In-digestion and Too Hearty Eating. A perfect rem-edy for Dizziness, Nau-sea, Drowsiness, Bad Taste in the Mouth, Coab-d Tonger, Pain in the

ed Tongue, Pain in the Side, TORPID LIVER. wels. Purely Vegetable. SMALL PILL. SMALL DOSE. SMALL PRICE.

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Some of the choicest lands for grain growing, ock raising and mixed farming in the new dis-icts of Saskatchewan and Alberta have re-intly been Opened for Settlement under the

Revised Homestead Regulations

Entry may now be made by proxy (oncertain conditions), by the father, mother, son, daughter, brother or sister of an intending homesteader. Thousands of homesteads of 160 acres each are thus now easily available in these great grain-growing, stock-raising and mixed farming sections.

There you will find healthful climate, good neighbors, churches for family worship, schools for your children, good laws, splendid crops, and railroads convenient to market.

Entry fee in each case is \$10.00. For pamph-let, "Last Best West," particulars as to rates, routes, best time to go and where to locate,

H. M. WILLIAMS,
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MONEY BACK If you do not find this as we claim, return it at once at our expense and got your Dollar back without question. The plan is worth a fortune to you. Don't delay. THE ELWOSEHN CO.

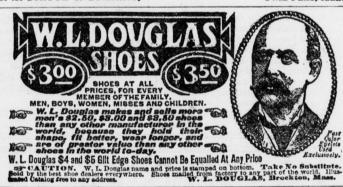
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PATENTS Watson E. Coleman, Patent Attorney, Washington, D. O. Advice Troe. Terms low. Highest red.

Altitude only 3700 feet above the sea level. Inexhaustible water supply, taken from the great Snake River, the seventh largest river in America. No alkali, no cyclones. 430,000 acres of the finest fruit and agricultural lard it that the state of the first fruit and agricultural lard is the state. The man who wants a hone of early this lard is that makes farming profitable—on easy terms—or the man who wants land for investment should write us, as we quote nothing but absolutely reliable information. Address

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Twin Falls, Idaho



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The discriminating farmer keeps a supply of LINIMENT For spavin, curb, splint, sweeny, capped hock, founder, strained tendons, wind puffs and all lameness in horses -

For thrush, foot rot and garget on cattle and sheep For hog distemper, hog cholera thumps and scours in hogsFor diarrhoea canker and roup in poultry AT ALL DEALERS - - - PRICE 25 . 50 & \$ \$ 1.00 Send for free book on Horses, Cattle, Hogs and Poultry - - Address Dr. Earl S. Sloan, Boston, Mass.