


## THEY GROW. Good Humor and Cheerfuln

## Cheerfulness is like sunilight. It disg- pels the clouds from the mind as sun-

 uight.The good humored man can pick
up and carry omf a load that the man lift.
Anything that interferes with good
health is apt to keep cheerfulness oand
 Four years ago I was practically
given up by my doctor and was not
expected to tive long. My nervous


 cording to directions, had a sooth
effect on ony nerves and 1 Iliked
aste. For a time I nearly lived
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A SURGICAL OPERATION


If there is any one thing that a
woman dreads more than another it woman dreads more than another it
is asprical operation,
We can stater wear of a
contradiction that there fere bun contradiction that there are hun-
dreds, yes, thousands, of operations
performed upon women in our hos-
pitals which are entirely unneces-

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

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and today 1 am well and strong,"
FACTS FOR STK WOMEN.
For thirty years Lydia E. Pink-
ham's Vegetable Compound, mado
from roots and herbs, has been the
standard remedy for female ills standard remedy for female ills
and has positively cured thoussandsof
women who have been troubled with tion, fibroid tumors, irregularities,
periodic pains, and backache. Mrs. Pinkham invites all sick
women to write her for advice.
She has wuided thousands to INSURE YOUR HEALTH


WESTERN OANADA


Revised Homestead Regulations

SICK HEADACHE

 For Cleang Purposes swewawew


