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Miss Bessie Farrell 1011 Third Ave., Brooklyn, N. Y., is President of the Young People's Christian Temperanee Association. She writes: "Peruma is certainly a valuable nerve and blood remedy, calculated to build up the broken-down health of worn-out women. I have found by personal experience that it acts as a wonderful restorer of lost strength, assisting the bonden to assimilate and digest the food, and building up worn-out tissues. In my work I have had occasion to recommend it freely, especially to women. women.

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# Legends of St. Patrick

A good deal of scholarly research has recently been given to St. Patrick by both British and German authorities, and it is now admitted that the chief documents concerning him are genuine, and that he really lived and carried on in Ireland a work such as has been attributed to him by tradi-tion. Lately a new biography giving St. Patrick an unquestioned place in history has been published by Prof. Bury of King's college, Cambridge

Three men of Patrick's own time bore the same name and have survived in records. This has confused scholars who paid no attention to the myths. One was an earlier bishop of Ireland named Patraic. Another person named Sen Patraic, and also called "Old Pat rick," is now treated as a myth by investigators. Saint Patrick's own name was a Latin pseudonym, and as he was a Laun pseudon, in, and wrote it, "Patricius," means "patrician," or "gentleman," strengthening the former belief that he was traditional, or the personification of a class

in ancient Irish affairs.

That Patrick really lived is now beyond dispute. The important facts about him, indeed, are in his own writing, or at least exist as later manuscript copies of documents he penned himself. There are two of these. The more informative is his "Confession,



written when he was an old man, and the other his "Letter to Coroticus," written against a British chieftain who had carried off some Irish converts as slaves. Scholars who formerly doubted the genuineness of the confession have since admitted its thenticity, and Prof. Bury demon-strates that it could hardly be a forgery because the text, on critical examination by the most searching modern methods, is consistent in every detail, while the strong personal feeling dis played is the highest proof of all that it is a genuine document. And the letter is identical in style. There are also many other documents of Patrick's time or later, from which a compact body of genuine information has been sifted.

The legends that have grown up around him are much more beautiful than ascertained fact surviving in the old manuscripts. Under a heathen re ligion, Ireland's priests were the pow-erful Druids, priests and magicians who had supernatural lore and inno-cent secular learning, together with skill in poetry and knowledge of the laws and history of the island. They were naturally opposed to a new creed that would abolish their power. Yet it is conjectured that their opposition to Patrick was not great, because they had little organization. And Patrick very wisely engrafted Ci ity ento old pagan beliefs. T The Irish believed in demons. So did the Christian church of that day, and Patrick carried with him exorcists whose spe cial function was to deal with demons Patrick believed as firmly in the evil powers the Druids fought as they themselves. So both met on common grounds. His aim was to show, not that they were wrong, but that his be lief and his God were more potent than theirs.

This is the fact of the matter. But the legends tell a more interesting story, and myths though they are, their beauty is compelling.

Two maidens, daughters of the high king, lived at Crochan to be educated by the Druids. They went one day to a fountain to draw water and found Patrick and his companions sitting They questioned him, thinking him supernatural, and he converted and baptized them in the fountain They immediately fell asleep in death and were buried near the fountain.

In these poetic old stories, weven around the saint by an imaginative people, and polished by centuries of telling, there are grains of historical fact, such as names of persons and places, records of ancient customs and other hints, that throw light on Patrick's real work. He lived 31 years in Ireland and founded many churches, made the nation Christian as a whole and brought Ireland into connection with the Roman empire, making it a

art of Christendom and civilization. There were Christian communities efore he came, but without him these might have died out. He brought material benefits as well as spiritual, for he diffused a knowledge of Latin and thus put Ireland in touch with the



The old man will not march to-day— He meant to be in line;
You mind last year he stepped along so jaunty and so fine
His hat atilt so boyish, his shoulders straight and square,
And him near eighty but as young as any marching there?
'Twas yesterday his shamrock come.
'Twas Clancy sent it him;
And when he saw the little leaves his eyes grew soft and dim
And he sat down and patted it like 'twas a baby's hair—
The little bit of green that came from far off County Clare.

'Twas like a man that had a spell, the way he'd sit and look And sigh about the way it grows along the little brook That runs into the Shannon- "'Twas the

song it sang," said he,
"That led me to the Shannon and from
there across the sea.
But sure this is the voice of home, grown

up so sweet and clean;
And like the love I bear for it, still tender,
young and green.
It paints a thousand things for me—I wish
that I was there;
I wish that I was where they find the
green in County Clare."

And long into the night he sat adream of other days.

He whispered of the boyhood paths, as one whose fancy strays
Back over long forgotten fields—and then with eyes aflame

He looked and looked into the past and whispered mother's name!

"Acushla! Norah!"

Sure 'twas joy that held him when he sighed,
He dropped his head upon his arms, and, dreaming so, he died.

And in his hand, pressed close against his locks of silver hair

Was crushed the little bit of green from far off County Clare. And long into the night he sat adream of

far off County Clare.

—Chicago Tribune.

#### WORTHY OF HIGHEST HONOR.

All the Christian World Is Indebted to St. Patrick.

St. Patrick's day brings out in bold elief the fact that one of the most warlike nations the world has ever known cherishes as its patron saint a missionary of the Prince of Peace St. Patrick gained undying renown as the personification of Irish ideals and Irish national spirit because he won Ireland for Christianity.

If the banishing of the snakes from Erin is a fable it is a fact that Patrick expelled gross superstitions and gave Ireland a new bond of unity and national feeling in the form of a far higher religion than the Emerald Isle had ever known. If much that is mythical and of no importance has been told of his life and deeds there is no room for doubt that he transformed an

entire country and uplifted a nation.
It appears to have been a comparatively easy task for the ardent and gifted missionary of the church. Ireland responded to his appeals with one of those great waves of swift enthusiasm which have always been possible to the warm-hearted and quick-thinking Celts. The emotion and the thought of a race moved in unison, and paganism was swept away as a great wind might banish a fog.

It is a fine analogy with Irish servces to the world many times since Patrick's day. It harmonizes perfectly with the hopes which may well cherished for the Ireland of the future and for the children of Erin and their descendants in all parts of the world.

Where is there not great need of high enthusiasm? Where is there not to do for humanity that will never be done unless by the help of such fervor and such devotion to ideals as the Irish have always been quick to show when roused to their full capacity for work which counts in the progress of the world?

Ireland may well celebrate St. Pat

rick, for the Irish race, guided and in-spired by such ideals and such deeds as his, must always be a great nowe for good-the wide and eternal good of mankind.

Ballyhooley "Lemonade.

A joke was played on Arthur Balfour on the first St. Patrick's day of his enure of the Irish chief A cigar box, delivered to him at the house of commons, contained a bunch of shamrocks, "From a sincere Irish admirer." But, to the terror of his secretaries, the box was also found to contain a wicked-looking steel spring, covered with a queer white compound. A chemical expert was called and he examined the "infernal machine"-everybody momentarily ex pecting an explosion. The puzzled hemist, venturing to put a particle of the compound on his tongue, found that it was simply sugar impregnated with lemon. He then turned the box upside down and out rolled a rusty upside down and out tolled a rate, corkscrew, a spiral spring and an old nutmeg grater. The was also a scrap of paper inscribed: "Buy the whisky yourself; you can then con-coct the famous lemonade of Ballyhooley and drink to ould Ireland."

#### "Apostle of Joy."

The shamrock, the small white clover of Ireland, is associated with St.
Patrick from the day on which he used the trefoil to illustrate the doc trine of the Trinity. It is interesting to know that the Arabic name for the trefoil is "shamrakh," and that it is held sacred in Iran as emblematical of the Persian triads. Pliny comments on the fact that serpents are never found near the trefoil leaf.

The course of St. Patrick through Ireland, England, Scotland and Wales may be traced by the existence of places named after him. Legends abound without number, each adding to the love and veneration investing this saint, who was in truth an apostle of good works and joy.

RESOLVED TO SNUB EVE.

Mrs. Intheswim Intended to Draw Se.

The minister had dropped in to tea, and the conversation had drifted through various channels to the question of whether or not we should know each other in heaven. Presuming that our physical beings would be perpetuated, and that recognition would be assured, the minister had asked various ones at the table among whom the Biblical characters they would be most interested in recognizing.

Some mentioned one prophet and some another, but one lady, noted for her social exclusiveness, had not spoken. Turning to her the minister said: "And who would you like to meet in heaven, Mrs. Intheswim?"

Mrs. Intheswim pursed her lips. "I really don't know," she said, "but there is one thing I do know, and that is that I shouldn't care to meet Eve. In fact, I don't know that I would speak to her if I did!"

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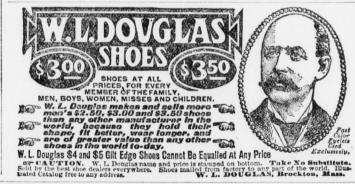
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