WHAT IS PE-RU-NA?

is it a Catarrh Remedy, or a Tonic, or is it Both?

Some people call Peruna a great tonic. Others refer to Peruna as a great catarrh remedy.

Which of these people are right? Is it more proper to call Peruna a catarrh remedy than to call it a tonic? Our reply is, that Peruna is both a tonic and a catarrh remedy. Indeed, there can be no effectual catarrh remedy that is not also a tonic.

In order to thoroughly relieve any case of catarrh, a remedy must not only have a specific action on the macous membranes affected by the catarrh, but it must have a general tonic action on the nervous system.

Catarrh, even in persons who are otherwise strong, is a weakened condition of some mucous membrane. There must be something to strengthen the circulation, to give tone to the arteries, and to raise the vital forces. Perhaps no vegetable remedy in the

world has attracted so much attention from medical writers as HYDRASTIS CANADENSIS. The wonderful efficacy of this herb has been recognized many years, and is growing in its hold upon the medical profession. When joined with CUBEBS and COPAIBA a trio of medical agents is formed in Peruna which constitutes a specific remedy for catarrh that in the present edy for catarra that in the present state of medical progress cannot be improved upon. This action, rein-forced by such renowned tonics as COLLINSONIA CANADENSIS, COR-YDALIS FORMOSA and CEDEON SEED, ought to make this compound an ideal remedy for catarrh in all it; stages and locations in the body. From a theoretical standpoint, there-

fore, Peruna is beyond criticism. The use of Peruna, confirms this opinion. Numberless testimonials from every quarter of the earth furnish ample evidence that this judgment is not over enthusiastic. When practical experience confirms a well-grounded theory the result is a truth that cannot be shaken.

Stretching Rings.

A jeweler in Third avenue, New York city, advertises "Wedding rings purchased here will be stretched to any size without extra cost." His en-terprise is based on a knowledge of human frailty. "The girl often hap-pens to balk," he says, "and the fel-low gets it in the neck. The ring for that intended may not fit the finger of the next intended; so I stretch it for nothing. I have stretched rings as many as five times for one man." Why not use rubber rings?



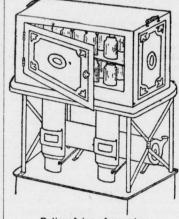


LIQUEFYING HONEY.

low One Bee Keeper Manages to Keep Ahead of His Orders.

After my honey is put up in glass ans, it begins to thicken, and look nilky, as soon as cold weather sets n. This takes place, generally, during September, and, long before winter begins, every can, if let alone, would be as solid as a rock, figuratively speaking. But I don't give it the shance, if I can help it, writes a correspondent of Bee Culture, for as soon as it begins to look milky, I begin to remelt it. It takes less heat, and it can be more quickly done at that time than later, after it has had time to become solid. This, too, seems to answer all the purpose, for it will generally remain liquid all through the winter after this one treatment. We have over our kitchen stove a

shelf that holds one dozen quart cans. With the common firing for family use honey placed on this will liquefy, ready for closing the can, in about 24 hours. It is very essential that every



Reliquefying Apparatus.

granule should be melted to prevent granulation a second time later on. I always unscrew the top of each can a very little when I expose the cans to the heat. This may not be neces-Years ago I liquefied pound sary. bottles in the same way without removing the corks, and it seemed to work just as well. However, I think it better to give the packages a chance to "breathe.'

As long as I have liquid honey on hand to supply the market, I keep this shelf only occupied with cans, chang-ing whenever necessary, but later on, when the markets begin to call more regularly for honey, the shelf is too slow. To keep ahead of my orders, I use a two-wick oil-stove with a sheetiron oven. The latter accommodates two dozen cans at a time, and with blaze turned so low that the cans can be handled comfortably bare-handed at any time, two batches can be lique-fied in a day. This gives me a liquefying capacity, including the dozen on the shelf, of five dozen a day, more than enough to keep me supplied.

BUYING BREEDERS.

Use Great Care in Their Selection If You Would Do Well.

During the fall season thousands of birds will change hands for breeding and show purposes. Great care should be exercised in their selection. It is much better to buy what you actually need than what you think you want. While there is a great deal of pleasure in rearing a bird that has won a prize there is far more pleasure and profit, says the Northwestern Agriculturist. in owning one that will produce win-

If about to start in the poultry business, whatever else you do, get good stock. It is better to start with a trio class hirds than a dozen inferior, or even mediocre quality. Buy a reliable breeder, whose strain is established, and keep this strair pure. Do not think you are economizing in buying cheap and inferior stock to start with. It is advisable, when investing in the poultry business, to select the best specimens obtainable of the breed which is particularly adapted to the trade to which you are cater-ing, and this selection should be very carefully made, since the future suc cess of your business will depend materially upon the quality of your breeding stock.



KIDNEY CURE.

Inexpensive Mixture of Harmless Vegetable Ingredients Said to Overcome Kidney and Bladder Trouble Promptly.

Here is a simple home-made mixture as given by an eminent authority on Kidney diseases, who makes the statement in a New York daily newspaper, that it will relieve almost any case of Kidney trouble if taken be-fore the stage of Bright's disease. He states that such symptoms as lame back, pain in the side, frequent desire to urinate, especially at night; painful and discolored urination, are readily overcome. Here is the recipe; try it:

Fluid Extract Dandelion, one-half ounce: Compound Kargon, one ounce: Compound Syrup Sarsaparilla, three ounces. Take a teaspoonful after each meal and at bedtime.

A well-known physician is authority that these ingredients are all harmless and easily mixed at home by shaking well in a bottle. This mixture has a peculiar healing and soothing effect upon the entire Kidney and Urinary structure, and often overcomes the worst forms of Rheumatism in just a little while. This mixture is said to remove all blood disorders and cure the Rheumatism by forcing the Kidneys to filter and strain from the blood and system all uric acid and foul, decomposed waste matter, which cause the afflictions. Try it if you aren't well. Save the prescription.

NO STAIN ON HIS RECORD.

That's Where the Driver Had the Best of the Preacher.

A New York clergyman, who often spends his vacation in fishing the streams of the Adirondacks, was on one trip adopted by a handsome set-tor deg which initial and solve for ter dog, which insisted on following him from camp to camp, as he moved along the stream.

One day he met a party of men working upstream with a native guide. The guide immediately recognized the

dog as his own property. "Trying to steal my setter, are you?" he should at the clergyman. "I'll have you to jail for this! There's there is the mode function of the you a law in the woods just as big as you have in the city." The clergyman endeavored to ex-

plain that he was an unwilling com-panion of the dog, which had refused to be driven away, but to little effect until he added a two-dollar bill to his arguments.

"It's queer what strange things happen to a man up here," he said to the stage-driver who later carried him away from the woods. "That is the first time I was ever accused of stealing a dog." "Yes, sir," replied the driver, sym-

pathetically, and added, after a mo-ment's pause, "For myself, sir, I have never been accused of stealing anything."-Youth's Companion.

The Sinful Human Heart.

A clergyman was addressing a youthful class in Sunday school. To illustrate the idea of regulating the sinful human heart he took out his watch and held it up that all might see it. "See this watch," he said. "Just

imagine that it does not keep good time-that it goes all ways but the right way. What ought I to do with it? Instantly a little boy held up his

hand. "I know!" he shouted . "Sell it to a friend."

Not to Be Wasted.

Ben Cary had near his house a swamp, which was a breeding-place for herds of man-eating mosquitoes. Some enterprising neighbors, who learned of the crude oil treatment, went to Ben and *fried* to persuade him to exterminate the pests. "Exterminate 'em?" said Ben. "Not

DID NOT WANT TO BUY. The Great Musician Had No Use for His Production. A great tenor had been singing for some hours into a phonograph. "The phonograph," he said, "is a wonderful thing. It almost realizes the wish of the Scottish poet, the wish

that we might see ourselves as others see us. We can now, at least, hear ourselves, a thing impossible before. The phonograph teaches us many valuable lessons. When I was in the army, before I realized the capabilities of my voice, I played the flute. A phonograph salesman brought a phonograph to my quarters and tried to sell it to me on the instalment plan. to sen it to me on the instantial plan. I was undecided. Finally the man took out a blank cylinder. "'See,' he said, rather reluctantly, 'here is a blank cylinder. You may

make a record on it, then we will run it off and you shall hear yourself. It's a costly favor I am doing you, but it will show you what a fine instrument this is.'

"I was delighted. "'I'll get my flute,' I said. 'I'll play a flute solo."

"Well, I played my best into the ma chine. It seemed to me that I had never combined before such feeling with such accuracy. I was more than pleased with myself. Then the man put in the cylinder, and the music be-gan to issue forth. I frowned. "Is that me? I said.

"'Yes, sir,' said the man.

"'Yes, sir,' said the man. "'Really me, just as I played?" "'Precisely, sir, precisely. And now,' said he, "do you want to buy the phonograph? "'No,' said I; 'I want to sell the flute.'"

SKIN SORE EIGHT YEARS.

Spent \$300 on Doctors and Remedies but Got No Relief-Cuticura Cures in a Week.

"Upon the limbs and between the toes my skin was rough and sore, and also sore under the arms, and I had to stay at home several times because of this affection. Up to a week or so ago I had tried many other remedies and several doctors, and spent about three hundred dollars, without any success, but this is to-day the seventh day that I have been using the Cuticura Remedies (costing a dollar and a half), which have cured me completely, so that I can again attend to my business. I went to work again to-night. I had been suffering for eight years and have now been cured by the Cuticura Reme dies within a week. Fritz Hirschlaff, 24 Columbus Ave., New York, N. Y., March 29 and April 6, 1906."

A Whistler Criticism.

The late James McNeil Whistler was standing bareheaded in a hat shop, the clerk having taken his hat to another part of the shop for comparison. A man rushed in with his hat in his hand and supposing Whist-ler to be a clerk angrily confronted him.

"See here," he said, "This hat doesn't fit."

Whistler eyed the stranger from head to foot and then drawled out: "Well, neither does your coat. What's more, if you'll pardon my say-ing so, I'll be hanged if I care much for the color of your trousers."—"Un-der the Spreading Chestnut Tree" in Everybody's.

Hospital Story-Telling.

It is curious that philanthropists in search of a novel means of doing good do not engage reciters and storytellers to visit hospitals and amuse the patients. A rich man in New York engaged Marshall P. Wilder, the diminutive entertainer, who has given pleasure in nearly every city, to visit regularly certain hospitals in New York. Mr. Wilder was welcomed enthusiastically by the convalescent pa-tients, and his merry stories did them good.

The Truth of It. "Well," said Nagget, during their



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Cramming Chickens.

A few years ago there was a great furore made over the newly invented "cramming machine," a device, as one man described it, "for making a chicken eat, whether it wanted to or not." It was discovered that the digestive apparatus of the chicken, however unimparable, could not stand the cramming process for long. Two weeks was found to be long enough, and for this length of time, the game did not pay for the ammunition. There is no better way than good feeding in the old-fashioned way.

Feed for Ducks.

Ducks do not easily digest whole grain, such as corn, wheat, etc., and consequently do better on a ration composed of mashes of ground grain, soaked turnips and potatoes, mashed, etc. If the yards are small, a drinking fountain for providing water is better than an open receptacle, as the ducks will then not be so apt to form muddy pools.

much. Not much. Why, Mis' Cary an' I just paid \$32 for screening the side plazzer that she's been pestering me about for years. How we goin' to get any good of it, if we kill off the skeeters?"-Youth's Companion.

OLD SOAKERS

Get Saturated with Caffeine.

When a person has used coffee for a number of years and gradually de-clined in health, it is time the coffee should be left off in order to see whether or not it has been the cause of the trouble.

A lady in Huntsville, Ala., says she used coffee for about 40 years, and for the past 20 years has had severe stomach trouble. "I have been treated by many physicians but all in vain. Everything failed to give relief. Was prostrated for some time, and came near dying. When I recovered sufficiently to partake of food and drink 1 tried coffee again and it soured on my stomach.

"I finally concluded that coffee was the cause of my trouble and stopped using it. I tried tea in its place and then milk, but neither agreed with me; then I commenced using Postum, had it properly made and it was very pleasing to the taste.

"I have now used it four months, and my health is so greatly improved that I can eat almost anything I want and can sleep well, whereas, before,

I suffered for years with insomnia. "I have found the cause of my trou bles and a way to get rid of them You can depend upon it, I appreciate Postum." "There's a Reason." Read "The Road to Wellville," in pkgs.

good disposition at least.'

"Not at all," replied his wife, "it isn't that you've a good disposition, but you're simply too lazy to kick."-Philadelphia Press.



MISS ADELAIDE NICHOLS

lead to serious derangement of the feminine organism. Thousands of women, have found relief from all periodic suf-fering by taking Lydia E. Pink-ham's Vegetable Compound, which is made from native roots and herbs, as it is the most thorough female regulator known to medical science. It cures the condition which causes so much discomfort and robs who are troubled with painful or irthat period of its terrors. Women who are troubled with painful or ir-regular functions should take immediate action to ward off the serious consequences and be restored to health and strength by taking

Lydia E. Pinkham's Vegetable Compound

Miss Adelaide Nichols of 324 West 22nd Street, New York City, writes:—Dear Mrs, Pinkham:-"If women who suffer would only rely upon Lydia E. Pinkham's Vegetable Compound their troubles would be quickly alleviated. I feel greatly indebted for the relief and health which has been brought to me by your inestimable remedy." Lydia E. Pinkham's Vegetable Compound cures Female Complaints such as Falling and Displacements, and Organic Diseases. Headnehe, General Debility, Indigestion, and invigorates the whole feminine system. For the derangements of the Kidneys of either sex Lydia E. Pinkham's Vegetable Compound is excellent. Mrs. Dinkham's Catanting Interference and the second se

Mrs. Pinkham's Standing Invitation to Women

Women suffering from any form of female weakness are invited to write Mrs.Pinkham, at Lynn, Mass. From the symptoms given, the trouble may be located and the quickest and surest way of recovery advised.

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