



Women and Club Culture

By Mrs. Adlai Stevenson

Former Vice President's Wife Tells How Clubs Have Benefited the American Woman—Missionary Societies Gave Impetus to the Idea—Women Have Learned Self-Control, Unselfishness and Obtained Broader Views of Life—Mothers' Club the Best of All.

(Copyright by J. B. Bowles.)

(Mrs. Adlai Stevenson is known the country over as the wife of the former vice president of the United States. During her four years in Washington she was a distinct social success. She has served as president general of the Daughters of the American Revolution and as a prominent officer in other important organizations.)

Through the medium of the clubs, and by their own volition, women have turned upon themselves the searchlight of close scrutiny. The result is that many of the defects of character which were overlooked and pardoned because of the feminine source now stand before the court of their own choosing.

The crucial test is, What have the clubs done to demand perpetuation and the gratitude of a credulous public?

It was not a sporadic but a most infectious disease, this almost spontaneous uprising among women into a higher and nobler valuation of their capabilities and dormant powers.

Perhaps the credit of introducing club methods to the American women should be given to the missionary societies. The first movement for organized, independent work by the American women in behalf of heathen women was inaugurated in New York, April 1860, by Mrs. T. C. Doremus.

In 1834 the Rev. David Abel returned from his mission in China and pleaded in New York the cause of the zenana women. This germ of a "woman's mission to woman" took root in the heart of Mrs. Doremus. Twenty-six years later, when she heard the stirring words of a missionary from Burma, Mrs. Doremus resolved that this appeal should find response in the hearts of American women if it could be accomplished. In 1860 her fondest hopes were realized, and an independent, undenominational society was organized to send out single women to the east. The organization took the title of the "Woman's Union Missionary Society of America for Heathen Lands." This was the first organized effort of woman to conduct labors of magnitude and importance.

Kindred societies, or clubs, sprang up all over the country. What these societies have done for the church at large its records will tell.

And let it be borne in mind that all this was the result of organized club work.

Has it been a benefit to woman? Who will say "no?"

Quickly followed clubs galore—the Margaret Fuller, the Shakespeare, the Longfellow, the Browning, and other clubs. Later came the patriotic organizations. First and foremost of these stands the national society of the Daughters of the American Revolution. The work of the national society during the war with Spain alone would give it deserved renown.

Other patriotic organizations are the Colonial Dames, the Daughters of the Confederacy, the Daughters of the Cincinnati, the Woman's Relief Corps and many more.

All these clubs (for such they are) have had undoubted influence upon the patriotism of our country.

To your honest judgment we leave it to decide whether or not these clubs have been of benefit to the American woman.

Undoubtedly the greatest factor in the development of women are the distinctive woman's clubs. They have passed beyond the experimental period and are an assured fact.

The corner stone upon which these clubs were founded was and is education, in its broadest, highest sense. Through them every avenue of thought and endeavor has been opened. These clubs were organized not for the benefit of women alone, but for the uplifting and betterment of mankind.

The history of the General Federation of Women's Clubs is too well known to need a word of introduction or defense. After a trial of 15 years the General Federation of Women's Clubs has proved itself potent in effecting many municipal reforms, and

In securing better legislation, especially in behalf of unfortunate children.

State federations, and many local clubs, have started traveling libraries for the benefit of rural districts. The decoration of the home, schoolrooms and garden improvements, all have received attention, and the "home beautiful" has become familiar. In every department the watchwords have been progress and education.

What are a few of the thoughts gleaned and acts learned by women in the arena of club life?

They have learned a more respectful regard for the rights of others. Further, they have learned that a merely self-centered woman is neither ornamental, useful nor happy. Selfishness kills to the root every high and noble aspiration of the human heart, and in this class, the insincere woman finds her place.

Women have learned confidence in their ability to conduct business upon strictly business principles. They have challenged the respect of this business world in the successful management of their financial affairs.

They have learned that correctness in statement and absolute impartiality are essential in a presiding officer; that personal ambition must be eliminated in the discussion and decision of all matters concerning the welfare and progress of the body; that the voice must be properly modulated and that distinctness in articulation and correctness in pronunciation are essential in addressing large audiences, as well as helpful in speaking to smaller assemblies.

They have learned that courtesy and promptness are the keys that open the door to success. Unswerving justice is a mightier weapon in woman's hands than all the sergeants-at-arms the American congress can muster. Women are generous and most forbearing if they believe that justice and right is the law of the chair.

Clubs are a source of recreation, refreshment and invigoration. For every young mother, especially, we would recommend one or two clubs—not more. These should be in the direction of her personal taste.

The value of an hour's healthful study each day, wholly removed from the care of children and the many perplexities of the housewife, will serve as the best tonic our young women can procure.

Music, art and literature, philanthropy and reform, civics and science—all offer their attractions. Through the clubs mainly women have learned the power of "silent thought" and its retroactive effect upon those around them. Also, that needful repose in the contemplation and in the acceptance of events as they come give the endurance and resistance necessary in times of great stress. The contact with bright minds, helpful suggestions and interchanges of views have been most beneficial.

If club life is not overdone stores of delightful knowledge may be laid away for future use. You will find it most resourceful when the children need careful guidance in their courses of study and reading.

The value of club life upon woman is apparent in its effect in broadening her views of life, in enlarging her sympathies and in extending her knowledge along every line of thought.

The beautiful study of parliamentary usage has also engaged her attention.

The effort to preserve the "forests primeval" of Minnesota is one of the great undertakings of the Minnesota club, 5,000 strong.

Kentucky women have gone into the mountain fastnesses and brought order out of chaos and comfort out of confusion through social settlement work.

The Chicago Woman's club, which is about 30 years old, was the first to provide funds for a kindergarten in the public schools of Chicago. It was influential in starting the vacation schools in Chicago and has recently raised many thousands of dollars for benevolent purposes.

The clubs of almost every state have their individual work.

Can anyone estimate the value of such varied and successful endeavor? I think not.

Like the old wine at the feast, we have reserved the best for the last.

The National Congress of Mothers found its birth in the tender heart and sympathetic nature of Mrs. Theodore W. Birney, who was the organization's first president.

It would be impossible in this article to touch upon all the vital matters pertaining to the advancement and elevation of home and family which have been brought out at the various conferences of this organization. Suffice it to say that the home has been invaded in every nook. Motherhood in all its phases has been presented—the care in rearing our daughters; the physical side of motherhood, heredity, environment, the care of the deaf, the blind, the truant and the responsibility of the state toward the delinquent child.

The father, too, is being loudly reminded that with the mother he must share the responsibility of rearing the little ones.

Wisdom of the Raven.

Two collie dogs were hunting rabbits, and the ravens were soaring overhead. As the dogs drove the rabbit out into the open near the top of a hill it ran straight into a trap and was caught. As the dogs came near the ravens came down, and by loud croaking managed to drive away both. Then they started in to devour the rabbit, which they quickly dispatched.

TEN YEARS OF PAIN. Unable to Do Even Housework Because of Kidney Troubles.

Mrs. Margaret Emmerich, of Clinton St., Napoleon, O., says: "For fifteen years I was a great sufferer from kidney troubles. My back pained me terribly. Every turn or move caused sharp, shooting pains. My eyesight was poor, dark spots appeared before me, and I had dizzy spells. For ten years I could not do housework, and for two years did not get out of the house. The kidney secretions were irregular, and doctors were not helping me. Doan's Kidney Pills brought me quick relief, and finally cured me. They saved my life."



Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Her Chief Worry. "Well, poor girl," said Mrs. Marryat, "you have been married just long enough now to begin to experience your husband's shortcomings."

"Yes," replied young Mrs. Gailey, "but his shortcomings don't bother me as much as his long-goings and stayings."

Instead of experimenting with drugs and strong cathartics—which are clearly harmful—take Nature's mild laxative, Garfield Tea! It is made wholly of Herbs. For constipation, liver and kidney derangements, sick-headache, biliousness and indigestion.

ADVANTAGE A WIDOW HAS.

At Least They Don't Have to Sit and Watch Husband's Flirt.

"I saw such a pretty woman at a disadvantage the other night," the little real widow was saying. "She was married. She was sitting at a table with some other pretty women and handsome men and her husband. Her husband began to flirt outrageously with one of the women. I wish you could have seen the look that came over her face. Everybody in the room saw how distressed she was."

"Now, what I want to know is this. Why didn't she go to work and flirt with one of the handsome men to get even? Anyone of them was quite ready and willing, but, no, wives never seem to be able to do that. They just sit ready to cry, with everybody noticing."

"That's the advantage we real widows have over wives. We don't have to sit and watch our husbands flirting with other women. We know where they are, and we also know that whatever they may chance to be doing, they are probably not flirting."

Costly Cyclopaedia. The revision of the great Korean cyclopaedia called Munhon Pigo, which was ordered by the government some months ago, is now completed, and it consists of an edition of 29 volumes, which will be published at an expense of 47,500 yen.—Korean Daily News.

MORE BOXES OF GOLD And Many Greenbacks.

325 boxes of Gold and Greenbacks will be sent to persons who write the most interesting and truthful letters of experience on the following topics:

1. How have you been affected by coffee drinking and by changing from coffee to Postum?

2. Give name and account of one or more coffee drinkers who have been hurt by it and have been induced to quit and use Postum.

3. Do you know any one who has been driven away from Postum because it came to the table weak and characterless at the first trial?

4. Did you set such a person right regarding the easy way to make it clear, black, and with a snappy, rich taste?

5. Have you ever found a better way to make it than to use four heaping teaspoonfuls to the pint of water, let stand on stove until real boiling begins, and beginning at that time when actual boiling starts, boil full 15 minutes more to extract the flavor and food value. (A piece of butter the size of a pea will prevent boiling over.) This contest is confined to those who have used Postum prior to the date of this advertisement.

Be honest and truthful, don't write poetry or fanciful letters, just plain, truthful statements.

Contest will close June 1st, 1907, and no letters received after that date will be admitted. Examinations of letters will be made by three judges, not members of the Postum Cereal Co., Ltd. Their decisions will be fair and final, and a neat little box containing a \$10 gold piece sent to each of the five writers of the most interesting letters, a box containing a \$5 gold piece to each of the 20 next best, a \$2 greenback to each of the 100 next best, and a \$1 greenback to each of the 200 next best, making cash prizes distributed to 325 persons.

Every friend of Postum is urged to write and each letter will be held in high esteem by the company, as an evidence of such friendship, while the little boxes of gold and envelopes of money will reach many modest writers whose plain and sensible letters contain the facts desired, although the sender may have but small faith in winning at the time of writing.

Talk this subject over with your friends and see how many among you can win prizes. It is a good, honest competition and in the best kind of a cause, and costs the competitors absolutely nothing.

Address your letter to the Postum Cereal Co., Ltd., Battle Creek, Mich., writing your own name and address clearly.

INDIANA PEOPLE IN WESTERN CANADA.

What Shall We Do?—I've Got to Build Granaries.

A letter written to a Canadian Government agent from Tipton, Indiana, is but one of many similar that are in the hands of the Canadian government agents whose privilege it is to offer one hundred and sixty acres of land free, and low railway fares. But here is a copy of the letter:

"Tipton, Ind., Nov. 28, 1906.

"At your earnest solicitation a party of us from Tipton left May 15 for Western Canada. Our interviews with you and a careful study of your literature led us to expect great things of your country when we should arrive there, and we were not disappointed. We went prepared to make a careful examination of the country and its resources, and we did so. At early dawn the second morning out of Tipton we awoke in a new world. As far as the eye could reach was an apparently limitless expanse of new sown wheat and prairie grasses. The vivid green of the wheat just beginning to stool out, and the inky blackness of the soil contrasted in a way beautiful to see. An hour or two later we steamed into Winnipeg. Here we found a number of surprises. A hundred thousand souls well housed, with every convenience that goes to make a modern up-to-date city—banks, hotels, newspapers, stores, electric light, street railways, sewerage, waterworks, asphalt pavements, everything. With eyes and ears open we traveled for two thousand miles through Manitoba, Saskatchewan and Alberta, going out over the Canadian Pacific railway, via Calgary to Edmonton, and returning to Winnipeg over the Canadian Northern railway. In the meantime we made several side trips and stopped off at a number of points where we made drives into the surrounding country. On every hand were evidences of prosperity. The growing wheat, oats, rye, flax, barley, not little patches, but great fields, many of them a square mile in extent, the three, five and sometimes seven-horse teams laying over an inky black ribbon of yellow stubble, generally in furrows straight as gun barrels and at right angles from the roads stretching into the distance, contrasted strangely with our little fields at home. The towns both large and small were doubly conspicuous, made so, first by their newness and second by the towering elevators necessary to hold the immense crops of wheat grown in the immediate neighborhood.

The newness, the thrift, the hustle, the sound of saw and hammer, the tents housing owners of buildings in various stages of completion, the piles of household effects and agricultural implements at the railway stations waiting to be hauled out to the "claims," the occasional steam plow turning its twenty or thirty acres a day, the sod house, the unpainted house of wood, the up-to-date modern residence with large red barn by, all these were seen everywhere we went, an earnest of prosperity and wealth to be.

We talked with men and visited their places that four years ago was unbroken prairie. Their houses, barns, implements and live stock were the equal of anything in Tipton County, and why not, when they were raising five, ten and twenty, yes, in one instance, forty thousand bushels of wheat a year. The fact that such large yields of wheat are raised so easily and so surely impressed us very favorably. And when we saw men who four or five years ago commenced there with two or three thousand dollars, and were now as well fixed and making money much easier and many times faster than lots of our acquaintances on Indiana farms fifty years cleared and valued at four times as much, we decided to invest. So we bought in partnership a little over two thousand acres, some of it improved and in wheat.

Before leaving Indiana we agreed that if the opportunities were as great as they were represented to be, that we would buy, and own in partnership a body of land, and leave one of our number to look after and operate it. This we accordingly did.

Just before time to thresh I received a letter from him. "What shall we do?" said he; "I've got to build granaries. There's so much wheat that the railways are just swamped. We can't get cars and the elevators are all full. I never saw anything like it." In reply we wrote, "Good for you. Go ahead and build; your story sounds better than the letters we used to get from our friends in Kansas when they bewailed the fact that the hard wheat had been destroyed by the chinch bugs and the corn by hot winds, and that they must sell the stock for means to live on. Yes, build by all means." And he did, and our wheat put in by a renter made twenty-seven bushels per acre.

Very truly yours, (Sd) A. G. BURKHART. (Sd) J. TRELOAR-TRESDIDER. (Sd) WALTER W. MOUNT.

How Inconsistent your neighbors are! They refuse to say that you are a good man, but after the undertaker gets you they delight in saying that you were a good man.

NORTH DAKOTA FARM LANDS. Also improved farms in Minnesota and Iowa. We have some desirable wholesale tracts in western N. D. and Montana. Legitimate exchanges considered. Live agents wanted. MABON LAND CO., ST. PAUL.

It goes without saying that a talking machine does not say without going.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Fraud is the recourse of weakness and cunning.—Gibbon.

All Cloth Hats, Children's Dresses, etc., made to look like new with PUTNAM FADELESS DYES.

The way of the transgressor is a well-beaten path.

Don't Sneez Your Head Off. Krause's Cold Capsules will cure you almost instantly. At all Druggists, 25c.

Anyway, the rolling stone doesn't get into the mossback class.

Kill the Flies Now before they multiply. A DAISY FLY KILLER kills thousands. Lasts the season. Ask your dealer, or send 20c to H. Somers, 149 De Kalb Ave., Brooklyn, N. Y.

When a woman pays a man: a compliment she expects it to be returned with compound interest.

It Cures While You Walk. Allen's Foot-Ease is a certain cure for hot, sweating, callous, and swollen, aching feet. Sold by all Druggists. Price 25c. Don't accept any substitute. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

The Tokio Nichi Nichi remarks that "one day's pay for an American workman in San Francisco represents a fair monthly stipend for a Japanese."

\$100 Reward, \$100. The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh of the Bladder. It is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, 25c. Take Hall's Family Pills for constipation.

Most women are proud of their ability to humble a man's pride.



MISS ADELAIDE NICHOLS

that period of its terrors. Women who are troubled with painful or irregular functions should take immediate action to ward off the serious consequences and be restored to health and strength by taking

Lydia E. Pinkham's Vegetable Compound

Miss Adelaide Nichols of 324 West 22nd Street, New York City, writes:—Dear Mrs. Pinkham:—If women who suffer would only rely upon Lydia E. Pinkham's Vegetable Compound their troubles would be quickly alleviated. I feel greatly indebted for the relief and health which has been brought to me by your inestimable remedy."

Lydia E. Pinkham's Vegetable Compound cures Female Complaints such as Falling and Displacements, and Organic Disorders, Headache, General Debility, Indigestion, and invigorates the whole feminine system. For the derangements of the Kidneys of either sex Lydia E. Pinkham's Vegetable Compound is excellent.

Mrs. Pinkham's Standing Invitation to Women

Women suffering from any form of female weakness are invited to write Mrs. Pinkham, at Lynn, Mass. From the symptoms given, the trouble may be located and the quickest and surest way of recovery advised.

Just a Little Sum For You!

Springfield, Mo., Jan. 15, 1907. I have run one of your Separators for twelve years with \$15 for repairs, and I think it can't be beat. (R.F.D. 7) L. E. CHAPPELL.

One Cent a Month, to maintain a U.S. Separator! Sure, that's a little sum for you to pay to maintain a machine that gets ALL the cream out of your milk. That's what a U.S. does!

Holds the World's Record for CLEAN SKIMMING.

Time has proved it is durably built. Not "how cheap," but "how good," is our watchword, and the record of the U.S. during the past sixteen years proves we've stuck to it. "The best is cheapest in the end." Buy the U.S.

We'll send you free our large handsome catalog. Lots of pictures showing just how the U.S. is built and how it works. See for yourself why it's longer than any other separator. Write us today—NOW.

Just say: "Send new 1907 Catalogue No. C"

VERMONT FARM MACHINE COMPANY Eighteen Distributing Warehouses. 44 Bellows Falls, Vt.

34 YEARS SELLING DIRECT

Our vehicles and harness have been sold direct from our factory to user for a third of a century. We ship for examination and approval and guarantee safe delivery. You are out nothing if not satisfied as to style, quality and price.

We are the Largest Manufacturers in the World selling to the consumer exclusively. We make 100 styles of Vehicles, 65 styles of harness. Send for large, free catalogue. No. 658. Top Heavy with Late Style Bumpers and 1200 lbs. Capacity. Elkhart Carriage & Harness Mfg. Co., Elkhart, Indiana. Price complete, \$73.00.

NEW WHEAT LANDS IN THE CANADIAN WEST

5,000 additional miles of railway this year have opened up a large increased territory to the progressive farmers of Western Canada and the Government of the Dominion continues to give ONE HUNDRED AND SIXTY ACRES FREE to every settler.

THE COUNTRY HAS NO SUPERIOR

Coal, wood and water in abundance; churches and schools convenient; tracts easy of access; taxes low; climate the best in the northern temperate zone. Law and order prevails everywhere.

For advice and information address the SUPERINTENDENT OF IMMIGRATION, Ottawa, Canada, or any authorized Canadian Government Agent.

H. M. WILLIAMS, Law Building, Toledo, Ohio.

PATENTS and TRADE MARKS obtained by ALEXANDER & DOWELL, Patent Lawyers, Established 1851, 507, 15th St., WASHINGTON, D.C. Book of information sent FREE.



The Small Buyer of Paint

who takes care that the Dutch Boy trade mark, shown below, appears on every keg of white lead he buys, is perfectly protected; as perfectly as if he were a railroad official buying hundreds of tons, and with a corps of chemists at his back to see that no adulterant is palmed off on him.

Pure White Lead and Pure Linseed Oil are absolutely necessary to good painting.

SEND FOR BOOK

"Talk on Paint." All lead packed in 1907 bears this mark upon request.

NATIONAL LEAD COMPANY In whichever of the following cities is nearest you: New York, Boston, Buffalo, Cleveland, Cincinnati, Chicago, St. Louis, Philadelphia, John T. Lewis & Bros. Co., Pittsburgh (National Lead & Oil Co.)

PERIODS OF PAIN

While no woman is entirely free from periodic suffering, it does not seem to be the plan of nature that women should suffer so severely. Irregularities and pain are positive evidence that something is wrong which should be set right or it will lead to serious derangement of the feminine organism.

Thousands of women, have found relief from all periodic suffering by taking Lydia E. Pinkham's Vegetable Compound, which is made from native roots and herbs, as it is the most thorough female regulator known to medical science.

It cures the condition which causes so much discomfort and pain, regular functions should take immediate action to ward off the serious consequences and be restored to health and strength by taking

Lydia E. Pinkham's Vegetable Compound

Miss Adelaide Nichols of 324 West 22nd Street, New York City, writes:—Dear Mrs. Pinkham:—If women who suffer would only rely upon Lydia E. Pinkham's Vegetable Compound their troubles would be quickly alleviated. I feel greatly indebted for the relief and health which has been brought to me by your inestimable remedy."

Lydia E. Pinkham's Vegetable Compound cures Female Complaints such as Falling and Displacements, and Organic Disorders, Headache, General Debility, Indigestion, and invigorates the whole feminine system. For the derangements of the Kidneys of either sex Lydia E. Pinkham's Vegetable Compound is excellent.

Mrs. Pinkham's Standing Invitation to Women

Women suffering from any form of female weakness are invited to write Mrs. Pinkham, at Lynn, Mass. From the symptoms given, the trouble may be located and the quickest and surest way of recovery advised.

Just a Little Sum For You!

Springfield, Mo., Jan. 15, 1907. I have run one of your Separators for twelve years with \$15 for repairs, and I think it can't be beat. (R.F.D. 7) L. E. CHAPPELL.

One Cent a Month, to maintain a U.S. Separator! Sure, that's a little sum for you to pay to maintain a machine that gets ALL the cream out of your milk. That's what a U.S. does!

Holds the World's Record for CLEAN SKIMMING.

Time has proved it is durably built. Not "how cheap," but "how good," is our watchword, and the record of the U.S. during the past sixteen years proves we've stuck to it. "The best is cheapest in the end." Buy the U.S.

We'll send you free our large handsome catalog. Lots of pictures showing just how the U.S. is built and how it works. See for yourself why it's longer than any other separator. Write us today—NOW.

Just say: "Send new 1907 Catalogue No. C"

VERMONT FARM MACHINE COMPANY Eighteen Distributing Warehouses. 44 Bellows Falls, Vt.

FREE

To convince any woman that PAXTINE Antiseptic will improve her health, we will send her absolutely free a large trial box of Paxtine with book of instructions and genuine testimonials. Send your name and address on a postal card.

PAXTINE

cleanses and heals sore throats, cures catarrh and inflammation caused by feminine ills; sore eyes, sore throat and mouth; direct local treatment. Its curative power over these troubles is extraordinary and gives immediate relief. Thousands of women are using and recommending it every day. 50 cents at druggists or by mail. Remember, however, IT COSTS YOU NOTHING TO TRY IT.

THE R. PAXTON CO., Boston, Mass.

START PAYING BUSINESS. Others Making Fortunes. 25 different legitimate enterprises. You can start on \$5 now, succeed in our "Business Opportunities." Will you grasp this opportunity? Send complete postpaid for it. NATIONAL CO-OPERATIVE CO., Washington, D.C.

Watson E. Coleman, Patent Attorney, Washington, D.C. Advice free. Terms low. Highest ref.

PATENTS

A. N. K.—C (1907—19) 2177.