

### The Evolution of Household Remedies.

The modern patent medicine business is the natural outgrowth of the old-time household remedies.

In the early history of this country, EVERY FAMILY HAD ITS HOME-MADE MEDICINES. Herb teas, bitters, laxatives and tonics, were to be found in almost every house, compounded by the housewife, sometimes assisted by the apothecary or the family doctor. Such remedies as picra, which was aloe and quassia, dissolved in apple brandy. Sometimes a hop tonic, made of whiskey, hops and bitter barks. A score or more of popular, home-made remedies were thus compounded, the formulae for which were passed along from house to house, sometimes written, sometimes verbally communicated.

The patent medicine business is a natural outgrowth from this wholesome, old-time custom. In the beginning, some enterprising doctor, impressed by the usefulness of one of these home-made remedies, would take it up, improve it in many ways, manufacture it on a large scale, advertise it mainly through almanacs for the home, and thus it would become used over a large area. LATTERLY THE HOUSEHOLD REMEDY BUSINESS TOOK A MORE EXACT AND SCIENTIFIC FORM.

Peruna was originally one of these old-time remedies. It was used by the Mennonites, of Pennsylvania, before it was offered to the public for sale. Dr. Hartman, THE ORIGINAL COMPOUNDER OF PERUNA, is of Mennonite origin. First, he prescribed it for his neighbors and his patients. The sale of it increased, and at last he established a manufactory and furnished it to the general drug trade.

Peruna is useful in a great many climatic ailments, such as coughs, colds, sore throat, bronchitis, and catarrhal diseases generally. THOUSANDS OF FAMILIES HAVE LEARNED THE USE OF PERUNA and its value in the treatment of these ailments. They have learned to trust and believe in Dr. Hartman's judgment, and to rely on his remedy, Peruna.

#### HOW CLASSIC WAS WRITTEN.

Bret Harte's Great Poem Result of an Inspiration.

The war correspondent, Frederic Villiers, has recorded a talk with Bret Harte apropos of the poem, "Dickens in Camp." "We all felt his loss most keenly in the States," said Harte:

"On hearing of his death (I) sat down about three in the afternoon to write an editorial on the great author. I wrote one and then tore it up. Then another, after much pains, was written. This did not please me, so I tore it up. I wrote yet another and threw it into the waste paper basket; it would not do. It was getting late, and I was now keeping the paper waiting for press. I was drumming on my desk, absolutely without another thought in my head; I had run dry. Suddenly I mechanically began to write and the result was the thing you seem to like so much. Well, Mr. Villiers, you are not far out. I like it, too."

#### GONE FOREVER.

Ten years ago a farmer put his initials on a dollar bill. The next day he went to the nearest town and spent it with a merchant. Before the year was out he got the dollar back. Four times in six years the dollar came back to him for produce and three times he heard of it in the pocket of his neighbors.

The last time he got it back four years ago. He sent it to a mail order house. He never has seen that dollar since, and never will. That dollar bill will never pay any more school or road tax for him, will never build or brighten any of the homes of the community. He sent it entirely out of the circle of usefulness to himself and his neighbors.

Patronize your local merchant who helps you to pay your taxes, support your schools and churches, and lends a helping hand in times of sickness and trouble.

#### Great Stunt by Geronimo.

In a single day Geronimo, when in his prime, ran 40 miles on foot, rode 500 miles on one stretch, as fast as he could change horses, and so completely wore out the column which finally captured him that three sets of officers were needed to finish the chase, and not more than one-third of the troopers who started were in at the finish, says a writer in Outlook.

Wrinkled and crafty and cruel is his swarthy face to-day, but the fire of his infernal energy has died and he is no more than a relic of the Geronimo of whom Gen. Miles said after their first meeting:

"He rode into our camp and dismounted, a prisoner. He was one of the brightest, most resolute, determined men I ever met, with the sharpest, clearest dark eye. Every movement showed power and energy."

#### Bishop Potter's Answer.

A young clergyman in a remote country district wrote last Easter time to Bishop Potter, saying that he was about to take a wife, and asking if, to save some other clergyman a long and weary journey, he could not marry himself.

The bishop's reply was marvelously concise. It said:

"Could you bury yourself?"



#### A SWINE STORY.

One Farmer's Hogs That Made a Great Profit.

The Irish cottager who says that the pig "pays the rent" tells a no more patent truth than is contained in the statements made by Theo. Louis, John Cowrie, and other great hog growers, that hog growing is one of the most surely profitable of all branches of farming. Many people seem to think, however, that hogs pay well only in the "corn belt." This I know to be a mistake, writes a correspondent of Farming. My farm is not in the corn belt: on the contrary it is in one of the old states, and we never make any great surplus of corn. Nevertheless, I can make hogs pay



The Shelter That Housed 36 Hogs.

well even when prices are down to four or five cents. When up to six cents, profits are a 100 per cent. or more.

Corn is great feed for hogs; for fattening there is nothing better, but it is not wise to depend on corn, except where it makes big yields every year. I cannot do this and here is my method of making cheap pork, and getting good profits: I have three fields well fenced, adjoining each other. They have from eight to ten acres in each, and in each there is a good supply of running water. My hogs, in the latitude of Washington city, spend ten months of the year in these fields. At this writing there is in No. 1 a crop of late cowpeas on half and clover and orchard grass on the rest; in No. 2 there were oats and Canada field peas which have been eaten off; in No. 3 there are only early cowpeas. The hogs ran in No. 1 in spring and early summer, then in No. 2 till they ate the oats and peas, and now they are in No. 3 and will remain till the peas are gone. Then they will spend a large part of the winter in No. 1 on the late cowpeas. There is no kind of forage better adapted to making pork than these.

Last fall I bought among a lot of hogs some half-bred Jersey and "razor-back" sows that had together 36 pigs. I fed the pigs two tons of tankage at a cost of \$76, and \$20 worth of corn, and let them run in good weather in a potato field that had been dug. They rooted up and ate all the potatoes that had been left. As soon as the clover and grass got up enough in the spring in pasture No. 1, I turned in the pigs. They stayed there till they were six months old and weighed 200 pounds each and the market price was \$6.10. This made them average a little more than \$12 a head. The money cost of these pigs when sold had been only \$4.75 each, showing a gain of \$7.90 a head.

#### FINE HOLSTEIN RECORD.

What a Nebraska Cow Has Done in Twelve-Month Test.

A three-year-old cow owned by the Nebraska Agricultural college was given a 12 months' official test with the result below. Every pound of milk was weighed and tested for butter fat. The cow was milked three times a day for the first six months of lactation and all the feed given her was weighed. The results obtained were especially interesting.

In 365 days this cow produced 18,573 pounds of milk of an average test of 3.34 per cent. butter fat. This amounted to 620 pounds of butter fat for the year, which estimated as butter amounts to 734 pounds. At 25 cents per pound this butter would be worth \$181, making a total value of products \$228. The value of the milk solids, not fats, at 3 cents per pound would be \$47.

The whole cost of the feed for this cow was \$71. If the 9,000 quarts of milk had been sold for 4 cents per quart, the income would have been \$360, or a net profit over the cost of feed of nearly \$290, but as the milk was actually sold for 6 cents per quart, the net profit over the cost of feed was nearly \$470. For net profit, this cow stands close to the record, in fact, above any cows that we have ever heard of. Can there be any better argument for quality in a dairy cow?

#### What Might Be.

H. A. Hepper of the Illinois College of Agriculture has been testing the cows of that state for the last two years. He makes the statement that if all the cows in the state were as good as the best herd he has tested, they would add to the revenue of the farmers of Illinois over \$60,000,000 annually. All this loss traces back to the mistaken judgment of the Illinois farmer concerning cows. If he would commence to make a study of cows, their breeds and types, he could correct that judgment.

#### DON'T GRUMBLE AT TRIFLES.

Twenty-five Bushels Wheat and Forty-five Bushels Oats Per Acre Are in Western Canada.

Saltoats, Sask., 8th December, 1906.

To the Editor.

Dear Sir, I willingly give you the result of my four and a half years' experience in the District of Saltoats.

Previous to coming here I farmed in Baldwin, St. Croix County, Wisconsin, and as I have heard a great deal about the Canadian North-West, I decided to take a trip there and see the country for myself. I was so impressed with the richness of the soil that I bought half a section of land about five miles from the town of Saltoats. I moved on to the land the following June and that year broke 90 acres, which I cropped in 1904, and had 39 bushels wheat per acre. In 1905, with an acreage of 160 acres, I had 24 bushels wheat and 35 bushels of oats per acre. In 1906, with 175 acres under crop, I had 25 bushels wheat and 45 bushels of oats per acre.

From the above mentioned yields you can readily understand that I am very well pleased with the Canadian West. Of course, I have had to work hard, but I don't mind that when I get such a good return for my labor.

To anyone thinking about coming to this country I can truthfully say that if they are prepared to work and not grumble at trifles, they are bound to get on. Some things I would like different, but take the country all round, I don't know where to go to get a better.

Yours truly, (Signed) O. B. OLSON.

Write to any Canadian Government Agent for literature and full particulars.

#### AGE TOLD BY THE PULSE.

From Birth to Death the Beats Have a Steady Decrease.

How old are you? Ask your pulse. The human pulse has a wide range, even in perfectly healthy persons. The female pulse always beats faster than the male, and from birth to death the pulse beats steadily decrease. It has been said by great authorities that the age and sex of a person could be ascertained by the rate of the pulse alone. Babies at birth have a pulse beat of 160 times a minute in case of a girl and 150 in the case of boys. At the age of four or five the pulse beats will have fallen respectively to 110 and 100. Maidens' and youths' pulses average 95 and 90. Mature men and women average 80 and 75. Elderly men and women have an average of 60 and 50. An old woman's pulse rarely, if ever, sinks below 50, but among men a pulse beat below 50 is quite common. There are, however, great variations consistent with health. Napoleon's pulse is said to have beaten only 44 times a minute.

#### French Sailors Use Drugs.

The extent to which the narcotic habit prevails in the French navy was illustrated a few days ago by the proceedings of a court-martial at Brest. The defendants were half a dozen seamen of ordinary rating, who were charged with a considerable number of robberies. All the men were victims of opium or the the other habit, or both combined, and were in the habit of bemuddling themselves daily with these drugs and the robberies had been committed to gratify their passion. Severe sentences were passed.

#### World's Cheapest Gas.

According to the Gas World, pride of place as the suppliers of the cheapest gas in the world is now shared with the Widnes corporation by the Sheffield Gas company of England, who have just announced a reduction of one penny per thousand cubic feet in the price, making the new scale 1s. 4d., 1s. 2d., and 1s., according to consumption, and 1s. for gas used in gas engines. The Widnes scale is 1s. 1d. and 1s. 3d., with 11d. for gas used for power purposes.

#### APPENDICITIS.

Not at All Necessary to Operate in Many Cases.

Automobiles and Appendicitis scare some people before they are hit.

Appendicitis is often caused by too much starch in the bowels. Starch is hard to digest and clogs up the digestive machinery—also tends to form cakes in the caecum. (That's the blind pouch at entrance to the appendix.)

A N. H. girl had appendicitis, but lived on milk for awhile—then Grape-Nuts and got well without an operation.

She says: "Five years ago while at school, I suffered terribly with constipation and indigestion." (Too much starch, white bread, potatoes, etc., which she did not digest.)

"Soon after I left school I had an attack of appendicitis and for thirteen weeks lived on milk and water. When I recovered enough to eat solid food there was nothing that would agree with me, until a friend recommended Grape-Nuts.

"When I began to eat Grape-Nuts I weighed 98 lbs., but I soon grew to 115 lbs. The distress after eating left me entirely and now I am like a new person."

(A little Grape-Nuts dissolved in hot water or milk would have been much better for this case than milk alone, for the starchy part of the wheat and barley is changed into a form of digestible sugar in making Grape-Nuts.) Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to Wellville," in pkgs. "There's a Reason"

Old Sofas, Backs of Chairs, etc. can be dyed with PUTNAM FADELESS DYES, fast, bright, durable colors.

It's usually the man who has something to say who doesn't say it.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

A woman invariably tells a small boy to hurry back when she sends him on an errand—but what's the use?

Pure! Pleasant! Potent! Three interesting facts about Garfield Tea, the Natural laxative. It is made of Herbs and is guaranteed under the Pure Food and Drug Law.

Australians Will Go Back. Australia has arranged for the repatriation of 1,000 discouraged Australians now in South Africa.

It Cures While You Walk. Allen's Foot-Ease is a certain cure for hot, swollen, callous, and swollen, aching feet. Sold by all druggists. Price 25c. Don't accept any substitute. Trial package FREE. Address Allen S. Olmsted, Le Roy, N. Y.

Unique Souvenir. A souvenir issued by a western cork manufacturing concern consists of a picture of the company's plant printed on a sheet of cork one five-hundredths of an inch in thickness.

Famous Book Free. Every reader of this paper can get free of charge one of Dr. Coffee's famous books which tells of a new method by which persons afflicted with Deafness, Head Noises, Sore Eyes, Failing Sight from any cause, can cure themselves at home at small expense.

Write a letter immediately to Dr. W. O. Coffee, 360 Century Bldg., Des Moines, Ia.

An Animal-Lover's Ambition. To be a genuine lover of animals, and to be able to effect an improvement in the breed of those which appeal most to one's fancy, is to add a fresh and lasting source of enjoyment to life.—Country Life.

Deafness Cannot Be Cured by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed, it causes a rumbling sound or intense noise, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and the tube restored to its normal condition, hearing will be destroyed forever. No cases of deafness are cured by any other method. We will give One Hundred Dollars for any case of Deafness caused by catarrh that cannot be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, O. Sold by Druggists, etc. Take Hall's Family Pills for constipation.

Telephone Invades Siam. The Siamese minister of public works has received the sanction of the king to the proposal to acquire and install an entirely up-to-date telephone system in Bangkok. The system decided on is the one known as the central battery system. The installation will go to public tender. Phya Sukhum is now engaged in arranging for a new cable from Koh-Si-Chang to Srachi with connection to Bangkok.

HICKS' CAPUDINE CURES ALL ACHES And Nervousness. Trial bottle free. All druggists.

PATENTS. Watson E. Coleman, Patent Attorney, Washington, D. C. Advice free. Terms low. Highest ref. DEFIANCE STARCH easiest to work with and starches clothes nicely.

A. N. K.—C (1907—17) 2175.

### THE CHANGE OF LIFE

Sensible Advice to Women from Mrs. Henry Lee, Mrs. Fred Certia and Mrs. Pinkham.

MRS. HENRY LEE

MRS. FRED CERTIA



Owing to modern methods of living not one woman in a thousand approaches this perfectly natural change without experiencing a train of very annoying and sometimes painful symptoms.

This is the most critical period of her whole existence and every woman who neglects the care of her health at this time invites disease and pain.

When her system is in a deranged condition or she is predisposed to apoplexy or congestion of any organ, the tendency is at this period likely to become active and with a host of nervous irritations make life a burden. At this time also cancers and tumors are more liable to form and begin their destructive work.

Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches, melancholia, dread of impending evil, palpitation of the heart, irregularities, constipation and dizziness are promptly heeded by intelligent women who are approaching the period of life when this great change may be expected.

Mrs. Fred Certia, 1014 So. Lafayette Street, So. Bend, Ind., writes: Dear Mrs. Pinkham—

"I have used your Vegetable Compound as the ideal medicine for women who are passing through Change of Life. For several months I suffered from hot flashes, extreme nervousness, headache and sleeplessness. I had no appetite and could not sleep. I had made up my mind there was no help for me until I began to use Lydia E. Pinkham's Vegetable Compound, my bad symptoms ceased, and it brought me safely through the danger period, built up my system and I am in excellent health. I consider Lydia E. Pinkham's Vegetable Compound unsurpassed for women during this trying period of life."

Mrs. Henry Lee, 60 Winter Street, New Haven, Conn., writes: Dear Mrs. Pinkham—

"After suffering untold misery for three years during Change of Life I heard of Lydia E. Pinkham's Vegetable Compound. I wrote you of my condition, and began to take Lydia E. Pinkham's Vegetable Compound and followed your advice, and to-day I am well and happy. I can now walk anywhere and work as well as anyone, and for years previous I had tried but could not get around without help. I consider your medicine a sovereign balm for suffering women."

Women passing through this critical period should rely upon Lydia E. Pinkham's Vegetable Compound. If there is anything about your case you don't understand write to Mrs. Pinkham, Lynn, Mass., for advice. It is free and has guided thousands to health.

When a medicine has been successful in restoring to health, actually thousands of women, you cannot well say without trying it, "I do not believe it will help me." It is your duty to yourself and family to try Lydia E. Pinkham's Vegetable Compound.



Protective Paint. Pure White Lead Paint protects property against repairs, replacement and deterioration. It makes buildings look better, wear better—and sell better. Use only Pure Lined Oil and Pure White Lead made by the Old Dutch Process, which is sold in kegs with this Dutch Boy trade mark on the side.

This trade mark protects you against fraudulent White Lead adulterations and substitutes.

SEND FOR BOOK. "A Talk on Paint," gives valuable information on the paint subject. Sent free upon request.

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Colman's Soap combines delicate medicinal, emollient, sanative, antiseptic properties derived from Colman's, the great skin cure, with the purest soap-making ingredients, and most refreshing of flower odors. Depots: London, 27 Charterhouse St.; Paris, 8 Rue de la Paix; Australia, B. Lewis & Co., Sydney; India, B. K. Paul, Calcutta; So. Africa, London, Ltd., Cape Town, etc.; Boston, J. P. Goulet, Ave. Potter Drug & Chem. Corp., Sole Props., New York, N. Y., 150 N. Broadway, N. Y. City, 150 N. Broadway, N. Y. City.

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Cattle need but little winter feed. HEALTHY CLIMATE. GOOD WATER. LONG GROWING SEASON.

Address G. A. PARK, Gen. In. & Ind'l Agt. Louisville & Nashville R. R. Co. LOUISVILLE, KY.

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For advice and information address the Superintendent of Immigration, Ottawa, Canada, or any authorized Canadian Government Agent. H. M. WILLIAMS, Law Building, Toledo, Ohio.

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of wheat from the harvest of 1906 means good money to the farmers of Western Canada who the world has to be fed. Cattle Raising, Dairying and Mixed Farming are also profitable callings. Coal, wood and water in abundance; churches and schools convenient; markets easy of access. Taxes low.

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cleanses and heals in 10 to 15 minutes. It cures all catarrhal and inflammatory conditions, such as nasal catarrh, pelvic catarrh and inflammation caused by fever, sore throat, sore eyes, sore throat and mouth, by direct local treatment. Its curative power over these troubles is extraordinary and gives immediate relief. Thousands of women are using and recommending it every day. 50 cents a box, 50 cents a box. Remember, however, IT COSTS YOU NOTHING TO TRY IT. THE N. PAXTINE CO., Boston, Mass.

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