

THE FARMER IN WESTERN CANADA.

The Quality of No. 1 Hard Wheat Cannot Be Beaten. The Canadian West in the past five or ten years has given a set back to the theory that large cities are the backbone of a country and a nation's best asset.

The reason for this marvelous prosperity is not hard to seek. The large majority of the 100,000 people who inhabit Manitoba, Saskatchewan and Alberta, have gone on to the farm, and have betaken themselves to the task of not only feeding and clothing themselves, but of raising food for others less happily circumstanced.

When such returns are obtainable from the soil it is not to be wondered at that many are leaving the congested districts of the east, to take upon themselves the life of the prairie farmer and the labor of the householder.

This is the theme that Mr. J. J. Hill, the veteran railroad builder in the West, has laid before the people in a series of addresses which he has given at various points during the past few months, and, having been for so long identified with the development of the West, there are few men better qualified than he to express an opinion upon it.

The fact is evidently appreciated by the large number of American farmers who have in the past two or three years settled in the Canadian West. The agents of the Canadian Government, whose address will be found elsewhere, advise us that for the fiscal year 1904-5, the records show that 43,543 Americans settled in Canada, and in 1905-6 the number reached 57,796.

Depew Writes Reminiscences. While Senator Chauncey M. Depew was enjoying his long rest at Ardsley-on-the-Hudson he did a good deal of work on his reminiscences. He is not sure that they will ever be published, his idea being that they might be of interest to his son.

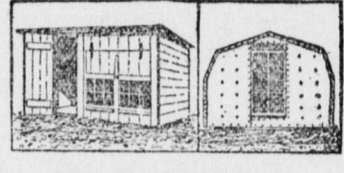
Mr. A. C. Barnett, proprietor of a general store in Avarad, Oklahoma, tells in the following grateful letter how Cuticura cured his son of a terrible eczema. "My little boy had eczema. His head was one solid sore, all over his scalp; his hair all came out, and he suffered very much.



CHEAP HOUSE OF PIANO BOXES

How They Can Easily Be Converted Into Serviceable Chicken House.

Piano boxes can easily be procured at a low cost and cheaply converted into good houses for small flocks. The cut shows two styles of houses. The one at the right of the picture is made of two boxes set back to back. The top and back of each are taken off and will give enough material to close in the ends and roof, also the floor.



Piano Box Poultry House.

down for a door and the houses should be set far distance apart of the width of the door. In the other end place a window, or the same may be put in the front. To make the house warmer cover with roofing paper. This makes an ideal colony house for 10 hens, or individual brooder house.

Another plan of construction is shown at the left of the cut. This is a smaller house, built of one box. The front is removed and extended in height. For brooder house for small chicks the plan may be reversed, says the Farm and Home, and the front of the house made the height of the back of the box. Two small sash and a door complete the arrangement.

KEEPING OUT MITES.

How the Poultry Raiser Can Keep His Hen House Clean.

The successful poultry raiser has learned how to keep out mites. It may well be doubted if any successful poultry raiser can be found whose houses are teeming with mites. Among the ways of keeping off the mites are the following:

Have a house that is light and large enough for the flock, and see to it that it is well ventilated. Have the roosts, nests, dropping boards and all fixtures removable, so they can be cleaned perfectly, easily and often.

Do not permit filth of any kind to accumulate in this house, but make sure that it is cleaned often.

The boxes for the sitting hens should be washed in kerosene or crude petroleum before being used in the hatching operations. The straw in such boxes should be burned after the hen is through sitting.

Lastly, watch the entire poultry establishment to make sure that mites do not get a start.

Hay for Poultry.

The suggestion that hay makes a good winter food for poultry would have been ridiculed a few years ago, but experiments have proved that clover hay is now almost a necessary portion of a hen's cold weather diet.

Clover hay for fowls should be cut very fine, not over half an inch in length, steamed and scalded and fed once a day. A small quantity of corn meal and bran sprinkled over the cut hay will improve it.

Poultry and Bee Notes. Carelessness in handling poultry will ruin the finest flock in a short time.

Nitrogen may be the costliest or the cheapest element of fertility, as you like it.—C. E. T.

Scratchiness is a virtue to be encouraged in the hen because upon it largely depends layity, and that is what most of us want.

Our Domestic Turkey. While there are differences of opinion regarding the origin of our domestic turkey, it is currently believed that it came directly from the wild turkey of the United States and Canada.

A farmer at Winburg, Orange River Colony, alleges that in his district alone 24,000 sheep are stolen annually by the natives. On this basis he calculates that 300,000 sheep are stolen throughout the colony every year.

TEN YEARS OF PAIN.

Unable to Do Even Housework Because of Kidney Troubles.

Mrs. Margaret Emmerich, of Clinton street, Napoleon, O., says: "For fifteen years I was a great sufferer from kidney troubles. My back pained me terribly. Every turn or move caused sharp shooting pains. My eyesight was poor, dark spots appeared before me, and I had dizzy spells. For ten years I could not do housework, and for two years did not get out of the house. The kidney secretions were irregular, and doctors were not helping me. Doan's Kidney Pills brought me quick relief, and finally cured me. They saved my life."



Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Hammocks in Sleeping Cars. In Nova Scotia the experiment has been tried of running a train with hammocks instead of the usual bunks in the sleeping cars. It was a great success.

A man without a wife is a balloon without an anchor.

PUTNAM FADELESS DYES color more goods, brighter colors, with less work than others.

Almost any one can be a power for evil—but it takes a man among men to be a power for good.

National Pure Food and Drugs Act. The Garfield Remedies meet with the highest requirements of the new Law. Take Garfield Tea for constipation.

About the only difference between a family jar and a family row is that the jar is a trifle smaller.

Keep in Good Health.

There are many thousands of people all over the world who can attribute their good health to taking one of two Brandreth's Pills every night. These pills cleanse the stomach and bowels, stimulate the kidneys and liver and purify the blood.

Lord Rothschild's Tart Reply. Lord Rothschild, who is taking a prominent part in the commission which is considering as to the best territory for Jewish colonization, is the wealthiest member of the wealthiest and most famous banking house in the world.

To Represent Italy and Spain. The two great Catholic countries of Europe, Italy and Spain, are sending new ambassadors to the court of St. James. The marquis di San Giuliano, who will represent Italy, is comparatively a young man. He comes of an old Sicilian family of Norman descent, and is highly cultured, having traveled extensively with good results.

NEW YEAR'S CALLS. A New Drink to Replace the Old-Time "Apple-Jack." Twenty-five years ago the custom of making New Year's calls was a delightful one for all concerned, until some of the boys got more "egg-nog" or "apple-jack" than they could successfully carry.

If anyone thinks there has not been considerable improvement made in the last quarter of a century in the use of alcoholic beverages, let him stop to consider, among other things, the fact that the old custom of New Year's calls and the genteel tipping is nearly obsolete.

A Staten Island doctor has a sensible daughter who has set Postum before her guests as a good thing to drink at Yule Tide, and a good way to begin the New Year. Her father writes:

"My daughter and I have used Postum for some time past, and we feel sure it contains wholesome food material. I shall not only recommend it to my patients, but my daughter will be most pleased to give a demonstration of Postum to our Christmas and New Year's callers." Read "The Road to Well-Being" in press. "There's a reason."

WHO SHE WAS

SKETCH OF THE LIFE OF LYDIA E. PINKHAM

And a True Story of How the Vegetable Compound Had Its Birth and How the "Panic of '73" Caused it to be Offered for Public Sale in Drug Stores.

This remarkable woman, whose maiden name was Estes, was born in Lynn, Mass., February 9th, 1819, coming from a good old Quaker family. For some years she taught school, and became known as a woman of an alert



and investigating mind, an earnest seeker after knowledge, and above all, possessed of a wonderfully sympathetic nature.

In 1843 she married Isaac Pinkham, a builder and real estate operator, and their early married life was marked by prosperity and happiness. They had four children, three sons and a daughter.

In those good old fashioned days it was common for mothers to make their own home medicines from roots and herbs, nature's own remedies—calling in a physician only in specially urgent cases. By tradition and experience many of them gained a wonderful knowledge of the curative properties of the various roots and herbs.

Mrs. Pinkham took a great interest in the study of roots and herbs, their characteristics and power over disease. She maintained that just as nature so bountifully provides in the harvest-fields and orchards vegetable foods of all kinds, so, if we but take the pains to find them, in the roots and herbs of the field there are remedies expressly designed to cure the various ills and weaknesses of the body, and it was her pleasure to search these out, and prepare simple and effective medicines for her own family and friends.

Chief of these was a rare combination of the choicest medicinal roots and herbs found best adapted for the cure of the ills and weaknesses peculiar to the female sex, and Lydia E. Pinkham's friends and neighbors learned that her compound relieved and cured and it became quite popular among them.

All this so far was done freely, without money and without price, as a labor of love.

But in 1873 the financial crisis struck Lynn. Its length and severity were too much for the large real estate interests of the Pinkham family, as this class of business suffered most from fearful depression, so when the Centennial year dawned it found their property swept away. Some other source of income had to be found.

At this point Lydia E. Pinkham's Vegetable Compound was made known to the world. The three sons and the daughter, with their mother, combined forces to

restore the family fortune. They argued that the medicine which was so good for their woman friends and neighbors was equally good for the women of the whole world.

The Pinkhams had no money, and little credit. Their first laboratory was the kitchen, where roots and herbs were steeped on the stove, gradually filling a gross of bottles. Then came the question of selling it, for always before they had given it away freely. They hired a job printer to run off some pamphlets setting forth the merits of the medicine, now called Lydia E. Pinkham's Vegetable Compound, and these were distributed by the Pinkham sons in Boston, New York, and Brooklyn.

The wonderful curative properties of the medicine were, to a great extent, self-advertising, for whoever used it recommended it to others, and the demand gradually increased.

In 1877, by combined efforts the family had saved enough money to commence newspaper advertising and from that time the growth and success of the enterprise were assured, until today Lydia E. Pinkham and her Vegetable Compound have become household words everywhere, and many tons of roots and herbs are used annually in its manufacture.

Lydia E. Pinkham herself did not live to see the great success of this work. She passed to her reward years ago, but not till she had provided means for continuing her work as effectively as she could have done it herself.

During her long and eventful experience she was ever methodical in her work and she was always careful to preserve a record of every case that came to her attention. The case of every sick woman who applied to her for advice—and there were thousands—received careful study, and the details, including symptoms, treatment and results were recorded for future reference, and to-day these records, together with hundreds of thousands made since, are available to sick women the world over, and represent a vast collaboration of information regarding the treatment of woman's ills, which for authenticity and accuracy can hardly be equaled in any library in the world.

With Lydia E. Pinkham worked her daughter-in-law, the present Mrs. Pinkham. She was carefully instructed in all her hard-won knowledge, and for years she assisted her in her vast correspondence.

To her hands naturally fell the direction of the work when its original passed away. For nearly twenty-five years she has continued it, and nothing in the work shows when the first Lydia E. Pinkham dropped her pen, and the present Mrs. Pinkham now the mother of a large family, took it up. With women assistants, some as capable as herself, the present Mrs. Pinkham continues this great work, and probably from the office of no other person have so many women been advised how to regain health. Sick women, this advice is "Yours for Health" freely given if you only write to ask for it.

Such is the history of Lydia E. Pinkham's Vegetable Compound; made from simple roots and herbs; the one great medicine for women's ailments, and the fitting monument to the noble woman whose name it bears.

Buffalo Aged Linseed Oil Ready-Mixed Paints

Stand Every Test for exterior and interior work. A. L. O. Paint contains only the best materials, selected with the greatest care and thoroughly combined in proper proportions with

Aged Linseed Oil

Aged in our own tanks until clear and pure as amber. This is but one of the important processes in the manufacture of our paints, but it illustrates the care exercised throughout in the making of the highest quality products of our works, and which cost no more than inferior paints.

A. L. O. Paint is ground thru powerful mills of special construction which ensures proper assimilation and knitting together of all particles, and produces a paint unequalled in covering power, durability, fineness of texture and beauty of finish.

A. L. O. Paint is the best paint for all purposes it is possible to produce. Every drop and atom is pure. It is the most economical paint made. Will last longer, look better and go farther than any other paint.

Ask your dealer for Buffalo A. L. O. Ready-Mixed Paints. Folders containing valuable information and chart of 30 beautiful shades on request. For sale by Hardware and Paint Dealers everywhere.

Buffalo Oil Paint & Varnish Co. Box 103, Buffalo, N. Y.

W. L. DOUGLAS \$3.50 & \$3.00 Shoes

BEST IN THE WORLD. W.L. Douglas's \$4 Gilt Edge line cannot be equalled at any price.



SHOES FOR EVERYBODY AT ALL PRICES. Men's Shoes, \$5 to \$15.00. Boy's Shoes, \$3 to \$12.50. Women's Shoes, \$4.00 to \$15.00. Misses' Shoes, \$3.00 to \$10.00. Children's Shoes, \$1.00 to \$5.00.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer, and are of greater value than any other make.

Wherever you live, you can obtain W. L. Douglas shoes. His name and price is stamped on the bottom, which protects you against high prices and inferior shoes. Take no substitutes. Ask your dealer for W. L. Douglas shoes and insist upon having them.

W. L. DOUGLAS, Dept. 12, Brockton, Mass.

YOU CANNOT CURE

all inflamed, ulcerated and catarrhal conditions of the mucous membrane such as nasal catarrh, uterine catarrh caused by feminine ills, sore throat, sore mouth or inflamed eyes by simply dosing the stomach.

But you surely can cure these stubborn affections by local treatment with Paxtine Toilet Antiseptic

which destroys the disease germs, checks discharges, stops pain, and heals the inflammation and soreness. Paxtine represents the most successful local treatment for feminine ills ever produced. Thousands of women testify to this fact. 50 cents at druggists.

Send for Free Trial Box THE R. PAXTON CO., Boston, Mass.

OPPORTUNITY TO JOIN THE NAVY

Ages 21 to 35 for mechanics, and 17 to 25 for apprentice seamen; good opportunity for advancement to the right men; applicants must be American citizens of good character and physique. Examinations, lodging, medical attendance and first outfit of clothing free; pay \$16 to \$70 a month, according to ratings. Call or write U. S. NAVY RECRUITING STATION, West 6th Street and Superior Avenue, CLEVELAND, O., and U. S. NAVY RECRUITING STATION, P. O. Building, BUFFALO, N. Y.

Canadian Government Free Farms

Over 200,000 American farmers who have settled in Canada during the past few years testify to the fact that Canada is the greatest farming land in the world.

OVER NINETY MILLION BUSHELS

of wheat from the harvest of 1906 means good money to the farmers of Western Canada and the world has to be fed. Cattle Raising, Dairying and Mixed Farming are also profitable callings. Coal, wood and water in abundance, churches and schools convenient; markets easy of access. Taxes low.

For advice and information address the Superintendent of Immigration, Ottawa, Canada, or any authorized Canadian Government Agent, H. M. WILLIAMS, Law Building, Toledo, Ohio.

CASH FOR YOUR FUR

no matter where you are. If you trap or buy fur write to-day for our new plan to make extra \$5 on fur. CORRY HIDE & FUR CO., CORRY, PA.

NO MORE MUSTARD PLASTERS TO BLISTER. THE SCIENTIFIC AND MODERN EXTERNAL COUNTER-IRRITANT. CAPISICUM VASELINE

EXTRACT OF THE CAYENNE PEPPER PLANT. A QUICK, SURE, SAFE AND ALWAYS READY CURE FOR PAIN.—PRICE 15c.—IN COLLAPSIBLE TUBES.—AT ALL DRUGGISTS AND DEALERS. OR BY MAIL ON RECEIPT OF 15c. IN POSTAGE STAMPS. DON'T WAIT TILL THE PAIN COMES—KEEP A TUBE AT HAND. A substitute for and superior to mustard or any other plaster, and will not blister the most delicate skin. The pain-alleviating and curative qualities of the article are wonderful. It will stop the toothache at once, and relieve Headache and Sciatica. We recommend it as the best and safest external counter-irritant known, also as an external remedy for pains in the chest and stomach and all Rheumatic, Neuralgic and Gouty complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the household and for children. Once used no family will be without it. Many people say "it is the best of all your preparations." Accept no preparation of Vaseline unless the same carries our label, as otherwise it is not genuine. SEND YOUR ADDRESS AND WE WILL MAIL OUR VASELINE PAMPHLET WHICH WILL INTEREST YOU.

CHESEBROUGH MFG. CO. 17 STATE STREET, NEW YORK CITY

Enameline NO DUST NO SMOKE NO DIRTY SLOP NO SPILL NO SMELL NO MUSS OR SPATTER STOVE POLISH

A Positive CURE FOR CATARRH Ely's Cream Balm is quickly absorbed. Gives Relief at Once. It cleanses, soothes, heals and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts. at Druggists or by mail. Trial size 10 cts. by mail. Ely Brothers, 56 Warren Street, New York.

READERS of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations.

PATENTS THERE'S MONEY IN SMALL INVENTIONS as well as large. Send for free booklet. MILLO B. STEVENS & CO., 309 14th Street, Washington, D. C. Branches in Chicago, Cleveland and Detroit. Established 1864. NO PATENT, NO FEE FOR OUR SERVICES. A. N. K.—C (1906-49) 2155.