

CRISIS OF GIRLHOOD

A TIME OF PAIN AND PERIL

Miss Emma Cole Says that Lydia E. Pinkham's Vegetable Compound has Saved Her Life and Made Her Well.

How many lives of beautiful young girls have been sacrificed just as they were ripening into womanhood! How many irregularities or displacements have been developed at this important period, resulting in years of suffering!



A mother should come to her child's aid at this critical time and remember that Lydia E. Pinkham's Vegetable Compound will prepare the system for the coming change and start this trying period in a young girl's life without pain or irregularities.

Miss Emma Cole of Tullahoma, Tenn., writes: Dear Mrs. Pinkham: "I want to tell you that I am enjoying better health than I have for years and I owe it all to Lydia E. Pinkham's Vegetable Compound."

"When fourteen years of age I suffered almost constant pain, and for two or three years I had soreness and pain in my side, headaches and was dizzy and nervous, and doctors all failed to help me."

"Lydia E. Pinkham's Vegetable Compound was recommended, and after taking it my health began to improve rapidly, and I think it saved my life. I sincerely hope my experience will be a help to other girls who are passing from girlhood to womanhood, for I know your Compound will do as much for them."

If you know of any young girl who is sick and needs motherly advice ask her to write Mrs. Pinkham, Lynn, Mass., and she will receive free advice which will put her on the right road to a strong, healthy and happy womanhood. Mrs. Pinkham is daughter-in-law of Lydia E. Pinkham and for twenty-five years has been advising sick women free of charge.

The deepest love is that which professes least.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. See a bottle.

Flowers Kept Long in Storage.

A French experimenter, named Verrier, has succeeded in keeping certain kinds of peonies more than three months in cold storage, with the flowers in fair preservation to the end of that period. Red and white China peonies, for some unknown reason, best stood the long tests.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.

WALDING, KINSSON & MARVIN, Wholesale Druggists, Toledo, O. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all Druggists. Take Hall's Family Pills for constipation.

Legal Giant to Defend Thaw.

Delphin Michael Delmas, regarded as leader of the Pacific coast bar, has been retained to defend Harry Kendall Thaw, indicted for the murder of Stanford White in New York. Mr. Delmas will have charge of the case in every particular. He was admitted to practice in the state of New York recently, and in any event will take up his residence in the empire city at the conclusion of the Thaw trial. He has a striking personality and is regarded as one of the most resourceful, aggressive and magnetic lawyers in the country. In facial characteristics he bears a wonderful resemblance to the first Napoleon.

RHEUMATISM STAYS CURED

Mrs. Cota, Confined to Bed and in Constant Pain, Cured by Dr. Williams' Pink Pills.

Rheumatism can be inherited and that fact proves it to be a disease of the blood. It is necessary, therefore, to treat it through the blood if a permanent cure is expected. External applications may give temporary relief from pain but as long as the poisonous acid is in the blood the pain will return, perhaps in a new place, but it will surely return. Dr. Williams' Pink Pills cure rheumatism because they go directly to the seat of the disorder, purifying and enriching the blood.

Mrs. Henry Cota, of West Cheshire, Conn., is the wife of the village machinist. "Several years ago," she says, "I was laid up with rheumatism in my feet, ankles and knees. I was in constant pain and sometimes the affected parts would swell so badly that I could not get about at all to attend to my household duties. There was one period of three weeks during which I was confined to the bed. My sufferings were awful and the doctor's medicine did not help me. "One day a neighbor told me about Dr. Williams' Pink Pills and I decided to try them. After I had taken them a short time I was decidedly better and a few more boxes cured me. What is better, the cure was permanent."

Remember Dr. Williams' Pink Pills do not act on the bowels. They make new blood and restore shattered nerves. They tone up the stomach and restore impaired digestion, bring healthful, refreshing sleep, give strength to the weak and make miserable, complaining people strong, hungry and energetic. They are sold by all druggists, or will be sent postpaid, on receipt of price, 50 cents per box, six boxes \$2.50, by the Dr. Williams Medicine Co., Schenectady, N.Y.

HORTICULTURE



MELONS IN GINSENG SHED.

Use to Which One Grower Put an Unused Bed.

The accompanying picture suggests a good use to which such growers may put their ginseng plantations. The owner of this particular patch caught the ginseng fever when the boom was at its height. He spent all his leisure hours that summer in collecting wild roots. They were given a favorable



Cantaloupes in a Ginseng Shed.

location, and provided, at considerable expense, with good drainage, leaf mold and shade. In a short time the boom collapsed and "the wilt" struck the patch. Then he dug up the roots in disgust and went out of the business. For two years the enclosure, denuded of its lath covering, has been planted to muskmelons, which flourish mightily in that rich, loose soil. Last year the blight spoiled the last third of the crop, so, in order to get ahead of it this season, we sprayed early and often.

ROOT PRUNING TREES.

Should Not Be Done Unless Growth of Trees is to Be Checked.

Root pruning of trees is to be advised against unless the checking of the growth of the trees is desired. Many of our farmers have unwittingly root pruned their trees every year by deep plowing or deep spading. To cut off the ends of the roots is to greatly interfere with the growth of the trees. To put a plow into an old orchard and plow between the trees is to do an amount of root pruning that will check the growth of the trees for two years. A young orchard would begin to recover more quickly, but even a young orchard should not receive that kind of treatment. Deep plowing in the orchard is allowable only when the trees are so small that their roots have not yet reached into the area plowed.

It must be remembered, says the Farmers' Review, that the root hairs that collect the plant food from the soil are mostly on the outer ends of the roots. They were abundant on the roots near the trees once, but have ceased to grow there as the roots elongated. If these are cut off, it is evident that the power of the root system to gather food will be greatly curtailed. While the after effects of root pruning are sometimes to increase fruitfulness for a time, it is doubtful if the aggregate fruitfulness is increased.

In the case of old orchards the upper six inches of soil has become filled with roots, if plowing has not been done while the fruit trees were growing. To plow such an orchard is to render it of little value for some years, and it is doubtful if old trees will ever recover from the shock.

Aerate the Milk. New milk should be aerated as soon as possible after it is drawn, but this should never be done in the barn. A simple way is to pour the milk slowly from one pail to another several times. Bad odors are thus driven off and a fine butter flavor is preserved.

A Safe Debt. Do not be afraid to go in debt for a good piece of land. Do it rather than rent and you will soon have your own home. That is what counts.

Home Prepared Fruit.—The housewife can much easier make her own fruit preparations than she can depend on the concoctions that are purchasable in the markets. These goods have been adulterated with chemicals so long that no one is now certain of getting pure goods, in the line of preserves, jams and marmalades. The same also applies to pickles. The horticulturist should therefore provide his own family with these things, and there is no doubt that in many localities a good local trade could be built up, which would help in disposing of the by-products of the orchard, such as the small apples and inferior qualities of other fruit.

Head Trees Low.—As a rule all kinds of trees, and especially peaches, should be headed low. All branches that grow out long and slim should be cut back to a proper length.

Cover with Straw.—A sprinkling of straw manure over kale and spinach will keep the plants in better condition than if left uncovered.

Landscape Gardening.—Landscape gardening is now coming to be a very important part of the work of making the farm home beautiful.

Old Sofas, Backs of Chairs, etc., can be dyed with PUTNAM FADELESS DYES, fast, bright, durable colors.

It takes a man with strong will power to listen to reason when he is angry.

FITS, St. Vitus Dance and all Nervous Diseases permanently cured by Dr. Kline's Great Nerve Restorer. Send for Free \$2.00 trial bottle and treatise. Dr. R. H. Kline, Ltd., 931 Arch St., Philadelphia, Pa.

He who comes up to his own idea of greatness must always have had a very low standard of it in his mind.—Hazlitt.

National Pure Food and Drugs Act. All the Garfield Remedies comply with the Pure Food and Drugs Law. Take Garfield Tea for constipation and sick-headache.

Schools Teach Card Playing. Card playing has become so general among German women of the upper classes that regular lessons in playing are now given in fashionable boarding schools for girls.

The Original Perous Plaster. It's Alcock's, first introduced to the people sixty years ago, and to-day undoubtedly has the largest sale of any external remedy—millions being sold annually all over the world. There have been imitations, to be sure, but never has there been one to even compare with Alcock's—the world's standard external remedy. For a weak back, cold on the chest or any local pain, the result of taking cold or over-strain, nothing we know of compares with this famous plaster.

Favor the Rod in School. The St. Paul board of education has approved the suggestion of Superintendent Heeter, in favor of corporal punishment, to be administered only by the principal of the school, after permission in writing from parent or guardian.

CASTORIA For Infants and Children. The Kind You Have Always Bought Bears the Signature of Dr. J. C. Fitcher. In Use For Over Thirty Years CASTORIA THE CENTAUR COMPANY, NEW YORK CITY.

Buffalo Aged Linseed Oil Ready-Mixed Paints Stand Every Test for exterior and interior work. A. L. O. Paint contains only the best materials, selected with the greatest care and thoroughly combined in proper proportions with Aged Linseed Oil. Aged in our own tanks until clear and pure as amber. This is but one of the important processes in the manufacture of our paints, but it illustrates the care exercised throughout in the making of the highest quality products of our works, and which cost no more than inferior paints.

THE WINNING STROKE If more than ordinary skill in playing brings the honors of the game to the winning player, so exceptional merit in a remedy ensures the commendation of the well informed, and as a reasonable amount of outdoor life and recreation is conducive to the health and strength, so does a perfect laxative tend to one's improvement in cases of constipation, biliousness, headaches, etc. It is all important, however, in selecting a laxative, to choose one of known quality and excellence, like the ever pleasant Syrup of Figs, manufactured by the California Fig Syrup Co., a laxative which sweetens and cleanses the system effectually, when a laxative is needed, without any unpleasant after effects, as it acts naturally and gently on the internal organs, simply assisting nature when nature needs assistance, without griping, irritating or debilitating the internal organs in any way, as it contains nothing of an objectionable or injurious nature. As the plants which are combined with the figs in the manufacture of Syrup of Figs are known to physicians to act most beneficially upon the system, the remedy has met with their general approval as a family laxative, a fact well worth considering in making purchases. It is because of the fact that SYRUP OF FIGS is a remedy of known quality and excellence, and approved by physicians that has led to its use by so many millions of well informed people, who would not use any remedy of uncertain quality or inferior reputation. Every family should have a bottle of the genuine on hand at all times, to use when a laxative remedy is required. Please to remember that the genuine Syrup of Figs is for sale in bottles of one size only, by all reputable druggists, and that full name of the company—California Fig Syrup Co., is plainly printed on the front of every package. Regular price, 50c per bottle. CALIFORNIA FIG SYRUP CO. Louisville, Ky. San Francisco, Cal. New York, N.Y.

How Weeds Multiply. To give some idea of how weeds multiply it may be stated that a single plant of pepper grass will produce 18,000 seeds; dandelion, 12,000; shepherd's purse, 37,000; wheat thief, 7,000; common thistles, 65,000; chamomile, 16,000; ragweed, 5,000; purslane, 375,000; plantain, 47,000, and burdock, 43,000.

"THE MARRYING SQUIRE." Justice Geo. E. Law, of Brazil, Ind., Has Married 1,400 Couples.

Justice Geo. E. Law, of Brazil, Ind., has fairly earned the title of "The Marrying Squire," by which he is known far and wide, having already married some 1,400 couples. Ten years ago he was deputy county treasurer. "At that time," said Justice Law, "I was suffering from an annoying kidney trouble. My back ached, my rest was broken at night, and the passages of the kidney secretions were too frequent and contained sediment. Three boxes of Doan's Kidney Pills cured me in 1897, and for the past nine years I have been free from kidney complaint and backache."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

Conscientious people are like ideas. They refuse to strike a man when he is down.

Sloan's Liniment For Cough, Cold, Croup, Sore Throat, Stiff Neck, Rheumatism and Neuralgia At all Dealers Price 25c 50c & \$1.00 Sent Free Sloan's Book on Horses Cattle, Hogs & Poultry Address Dr. Earl S. Sloan 615 Albany St. Boston, Mass.

A. N. KELLOGG NEWSPAPER CO. ENGRAVERS, ELECTROTYPERS AND STEREOTYPERS

ASTHMA Instant relief and positive cure. Sample mailed free to any sufferer. Write to-day to A. R. Owens, Baltimore, Md.

READERS of this paper desiring to buy anything advertised in its columns should insist upon having what they ask for, refusing all substitutes or imitations. A. N. K.—C (1906-48) 2154.

W. L. DOUGLAS \$3.50 & \$3.00 Shoes BEST IN THE WORLD W.L. Douglas \$4 Gilt Edge line cannot be equalled at any price. To Shoe Dealers: W. L. Douglas' Jobbing House is the most complete in this country. Send for Catalog.

SHOES FOR EVERYBODY AT ALL PRICES. Men's shoes, \$5 to \$15.00. Boy's shoes, \$3 to \$1.25. Women's shoes, \$2.00 to \$3.00. Misses' & Children's shoes, \$2.25 to \$1.00. Try W. L. Douglas' Women's, Misses' and Children's shoes for style, fit and wear they excel other makes. If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer, and are of greater value than any other make. Wherever you live, you can obtain W. L. Douglas shoes. His name and price is stamped on the bottom, which protects you against high prices and inferior shoes. Take no substitutes. Ask your dealer for W. L. Douglas shoes and insist upon having them. Fast Color Linings used; they will not wear through. Write for Illustrated Catalog of Fall Styles. W. L. DOUGLAS, Dept. 12, Brockton, Mass.

Here's what You Want A liquid rust-consumer and preserver of iron. Something that saves farm machinery from rust. 6-5-4 does it, cheaply. 6-5-4 is not like paint, which simply covers the rust over, but it dissolves and eats up rust just as water dissolves salt. 6-5-4 is thin; it penetrates. The cracks where brush can not reach; it enters the pores of the iron, and adds to its durability. A little bit goes a long way. Any boy can apply it. Gives a fine black finish. Dries quickly. Try a can. 25c at all dealers. If your dealer does not sell 6-5-4, drop us a postal. CROSBY & CO., DETROIT, MICH. 6-5-4 is great for stoves.

When you buy WET WEATHER CLOTHING you want complete protection and long service. These and many other good points are combined in TOWER'S WATER-PROOF OILED CLOTHING. You can't afford to buy any other. A. J. TOWER CO. BOSTON U.S.A. TOWER'S WATER-PROOF OILED CLOTHING. BOSTON, U.S.A.

Join the Navy Mechanics between the ages of 21 and 35 will find good positions open to them, and for young men between 17 and 25, who possess no trade, there is good opportunity for advancement. A full outfit of clothing free and liberal pay to commence with. Call and write U. S. NAVY RECRUITING STATION, West 6th St. and Superior Ave., CLEVELAND, O., and U. S. NAVY RECRUITING STATION, P. O. Building, BUFFALO, N. Y.

ENAMELINE STOVE POLISH ALWAYS READY TO USE. NO DIRT, DUST, SMOKE OR SMOUL. NO MORE STOVE POLISH TROUBLES.