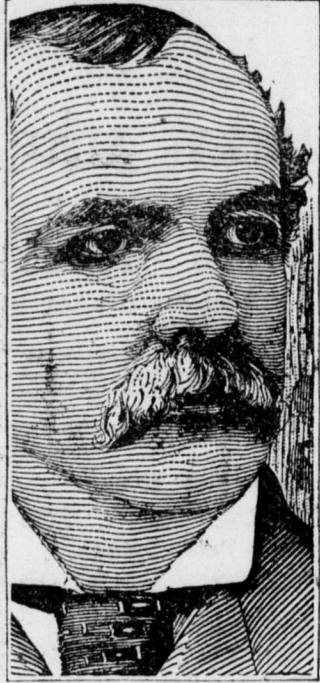


UNITED STATES SENATOR FROM SOUTH CAROLINA PRAISES PE-RU-NA.



Ex-Senator M. C. Butler.

Dyspepsia is often caused by Catarrh of the Stomach—Peruna Relieves Catarrh of the Stomach and is therefore a Remedy for Dyspepsia.

Hon. M. C. Butler, Ex-U. S. Senator from South Carolina for two terms, in a letter from Washington, D. C., writes to the Peruna Medicine Co., as follows:

"I can recommend Peruna for dyspepsia and stomach trouble. I have been using your medicine for a short period and I feel very much relieved. It is indeed a wonderful medicine, besides a good tonic."

CATARRH of the stomach is the correct name for most cases of dyspepsia. In order to cure catarrh of the stomach the catarrh must be eradicated. Only an internal catarrh remedy, such as Peruna, is available. Peruna exactly meets the indications.

Mrs. Craigie's Address.

An amusing story of the late Mrs. Craigie, the noted novelist, was told the other day at the Author's club in New York.

"When Mrs. Craigie was in America last year," said the editor, "she was invited to make an address at a certain meeting. She accepted the invitation, but her name, through some oversight, was put far down on the programme, and worse than that, the chairman, a rather stupid person, introduced before her some speakers who were not on the programme at all.

"In short, it was close on to 11 o'clock when the chairman, with a pleasant smile, bowed and said: 'Mrs. Craigie, the eminent author of 'Some Emotions and a Moral,' will now give us her address.'

"Mrs. Craigie rose and said, calmly: 'My address is No. 56 Lancaster Gate, Hyde Park, W., London, and I now wish you all good-night, for I am far from home.'

German Life Insurance.

According to the Cologne Gazette, there are in Germany more insurance policies than inhabitants—80,000,000 policies, as against a population of under 60,000,000; which shows that a large proportion are insured in two or more companies. The indemnities paid by German insurance companies amount to about \$24,000,000 a month.

Beavers Construct Long Dams.

Beavers have been known to construct a dam no less than 1,530 feet in length.

A FOOD CONVERT.

Good Food the True Road to Health.

The pernicious habit some persons still have of relying on nauseous drugs to relieve dyspepsia, keeps up the patent medicine business and helps keep up the army of dyspeptics.

Indigestion—dyspepsia—is caused by what is put into the stomach in the way of improper food, the kind that so taxes the strength of the digestive organs they are actually crippled.

When this state is reached, to resort to stimulants is like whipping a tired horse with a big load. Every additional effort he makes under the lash increases his loss of power to move the load.

Try helping the stomach by leaving off heavy, greasy, indigestible food and take on Grape-Nuts—light, easily digested, full of strength for nerves and brain, in every grain of it. There's no waste of time nor energy when Grape-Nuts is the food.

"I am an enthusiastic user of Grape-Nuts and consider it an ideal food," writes a Maine man:

"I had nervous dyspepsia and was all run down and my food seemed to do me but little good. From reading an adv. I tried Grape-Nuts food, and after a few weeks' steady use of it, felt greatly improved.

"Am much stronger, not nervous now, and can do more work without feeling so tired, and am better every way.

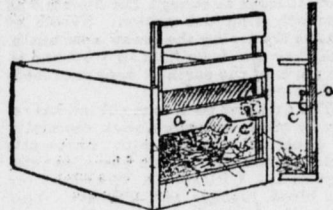
"I relish Grape-Nuts best with cream and use four heaping teaspoonsfuls at a meal. I am sure there are thousands of persons with stomach trouble who would be benefited by using Grape-Nuts." Name given by Postum Co., Battle Creek, Mich. Read the little book, "The Road to Wellville," in pkgs. "There's a reason."

POULTRY AND BEES

SIMPLE TRAP NEST.

Gives Good Satisfaction at Ontario Agricultural College.

The design of a trap nest shown herewith is used by the Ontario agricultural college and is well recommended as being very effective. The door is adjusted just low enough so that the hen upon entering brushes



A Cheap Trap Nest.

against it slightly and thus raising it, allows the hook, c, to drop back, releasing the door. The nest is 12 inches wide, 12 inches high and 15 inches long. The door, a, is made of very light material, so that it will be pushed upward as the hen enters the nest. To set the nest the door is raised and the hook caught slightly under one of the slats, as illustrated. Trap nests are useful if you wish to keep track of the laying records of your different hens.

MARKETING LIVE POULTRY.

Some Points to Consider to Secure the Best Returns.

In all large cities there is a constant demand throughout the year for all kinds of live poultry. A large proportion of this live stock is absorbed by the Jewish trade, as orthodox Jews will not use meat of any kind unless it is killed by a certain method under the direction of a rabbi. Each large market has a slaughter house, where animals and birds are slaughtered according to these prescribed rites. The best prices for live poultry are secured at the time of the Jewish holidays, the dates of which vary from year to year. They can be ascertained through any commission house or dealer.

Occasionally the price of live poultry is as high as for dressed stock, and under these conditions it is a waste of time to dress the birds before shipment. This is particularly true if the market is near at hand, as the birds will not shrink much when being shipped but a short distance.

For shipping live poultry to market well-constructed crates are particularly desirable, says the Montreal Herald. They should be of sufficient size to avoid causing discomfort to the birds, yet small enough to permit easy handling by expressmen and others. Long crates should be equipped with solid cross partitions to prevent the birds being thrown together at one end when the crate is tipped in handling. Failure to observe this simple precaution often results in the loss of a number of birds in each shipment. All crates should be thoroughly ventilated, as in crowded express cars they are frequently piled one above another, and many birds are smothered in this way.

AVOID MEDICINES.

Poor Practice to Dope Fowls to Keep Away Disease.

Some people follow the practice of putting medicine in the drinking water of the fowls. They imagine that it is keeping away disease. As well think of putting medicine in the drinking water of human beings. We know that the way to keep any creature healthy is to give that creature good living conditions and good food, with sunlight and exercise. If that will not induce a body to remain healthy nothing else will.

I always avoid the use of drugs in the water that is given the fowls, and I have no faith in them at all, says a writer in Farmers' Review. Some say put them in to kill the germs. If the germs are about, boil the water and that will kill them without injuring the intestines of the fowls. The membranes of the fowls are very tender, anyway, and I imagine that they are very easily hurt. I am certain that much injury has been done first and last by putting powerful drugs in the food and drink of the poultry. Medicines should be used only when the fowls are sick and not when they are well. I have not much faith in them even when the fowls are sick.

Don't Be in a Hurry.

I would advise producers not to demoralize the market by rushing in their honey too early; and also shipping to unknown parties, writes a beekeeper in Farm Journal. I have always found sale for my crop near home. I should rather give my neighbors the benefit of low prices, than to ship and be compelled to make a low price.

Sunflower Seeds.

Feed sunflower seeds occasionally but never more than three times a week. Being so rich in oil, they tend to cause shedding of feathers. Linseed meal being of the same nature should be used in the same way. When hens are slow to moult at the proper time, hasten the process by these foods.

LIGHT VS. DARK HONEY.

The Flavor of the Latter is Preferred by Some.

While those of cultivated taste, who are wonted to the very best that the culinary art can give us, much prefer and prize only the lighter grades of honey, like that from basswood, clover, alfalfa, white and black sage and the mesquite, yet there are others—and I have known not a few such—who prefer and always select the dark honey when they can get it, says Prof. A. J. Cook, in California Cultivator. Such people prefer the flavor which is always present in the darker grades of honey. I have one friend, a college professor and long a colleague, who always preferred buckwheat honey, and laid in his supply in the late fall when he could get this kind. While I was glad to supply him this, I always laughed at him and expressed surprise at his taste. The golden rod honey and other honey from the autumn wild flowers in the east, though not quite as dark as that from the buckwheat, are highly colored and somewhat pungent in flavor. Here belongs the amber honey of our wild buckwheat of California. While most will prefer the white grades of honey and others who will prefer honey of the darkest hue, like buckwheat, the wide awake beekeeper will be on the sharpest lookout for customers, especially of these latter classes, for thus he may gain a market for all kinds of honey at good prices. If a person thinks that buckwheat honey is the best, or if he prefers the amber-colored honeys, he will make no objection to paying the best market price for honeys of these grades. The friend I referred to above never objected to giving me a first-class price for buckwheat honey. Indeed, it would hardly be consistent to claim that a honey is first-class or of the best quality and yet request that a lower price be asked for it.

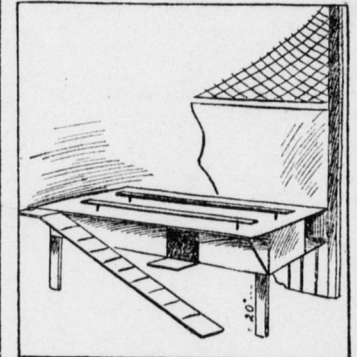
Another point of interest in this relation has to do with the grading of honey. The up-to-date beekeeper will see to it that his honey is kept by itself, for it will always bring the highest figures in the market. Later in the season, as the bees commence to gather from sources which give amber colored honey, the whiter grades will all be extracted that the amber honey may be kept by itself. In this way the grade of the lighter honey will not be lowered. In California the beekeeper cannot be too careful in extracting to keep his sage and alfalfa honey entirely separate from that from the wild buckwheat. It is even more important that the still darker buckwheat honey be kept by itself. It is hardly necessary to suggest that these darker grades of honey are just as suitable for wintering the bees as is any that is produced. Thus it behooves the beekeeper to extract the lighter honey and let the bees fill up the combs with the darker varieties in the later part of the season for their own food during the winter.

With the beekeeper, as with those in any department of agriculture, it is important to grade carefully. There are few points which the beekeeper should study with more thoroughness than that of grading. If he is producing extracted honey he has only color to guide him in making up his grades. If, on the other hand, he is working for comb honey, then he must have a lookout not only for color, but for the number of uncapped cells, completeness of the sections and the general appearance of the same.

ROOSTS AND NESTS.

Here is a Good Arrangement for the Poultry House.

The nests are about 14 inches square and 20 inches above the floor. The platform, A, is three feet wide by



Plan of Roosts and Nests.

seven feet six inches long, the roosts being of the same length and 22 inches by two. For heavy breeds to enable them to reach the roost more easily a board to serve as a step should be fastened by means of hinges either to the partition wall or to the platform.

BEES AND POULTRY.

Plum trees planted in the poultry yard benefit both tree and hens.

Honey that is sealed will stand much more dampness than that which is unsealed.

Nothing will make hens lay more eggs and develop young pullets faster than green cut bone.

All propolis, or bee glue, should be carefully removed from each section. This is easiest done with an old table knife.

The honey should be piled a few inches off the floor, and a little out from the wall; otherwise that near the bottom and side of the room will accumulate moisture.

More sour milk than you know what to do with? Set a panful of it where the hens can get at it, and see how quickly it will disappear. You couldn't turn it to a better use. The hens can't eat it almost directly into eggs.—Farm Journal.

You can do your dyeing in half an hour with PUTNAM FADELESS DYES. Ask your druggist.

If the shoe fits it's a sure sign a woman will ask for a smaller size.

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. See a bottle.

Did you ever hear of a man falling in love with a woman's intellect?

Stiffness, Stitches, Lameness, Cramp all decamp when you apply St. Jacobs Oil.

Deficit in French Budget. The French Budget of 1906 left a deficit of \$16,200,000, to be met by new taxes.

Low Rates to the Northwest. Every day until Oct. 31st the Great Northern Railway will sell one way Colonists' Tickets from Chicago at the following low rates:

To Seattle, Portland and Western Washington, \$33.00. Spokane, \$30.50. Equally low rates to Montana, Idaho, Oregon and British Columbia.

For further information address MAX BASS, General Immigration Agent, 220 So. Clark St., Chicago, Ill.

Gasoline and Alcohol.

The greater safety of alcohol, as compared with gasoline for commercial uses, is due to the fact that it will not ignite from pure radiated heat, as gasoline does; that water will extinguish burning alcohol while it will only spread a fire of gasoline, and that the flames of burning alcohol radiates very little heat while that of gasoline radiates heat very rapidly.

Beware of Ointments for Catarrh that Contain Mercury.

Mercury will surely destroy the secret of smell and completely damage the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is too great to be made good by any medicine. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, Ohio, contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co., Testimonials free. Sold by Druggists. Price, 75c. per bottle. Take Hall's Family Pills for constipation.

Makes Celluloid Fireproof.

M. Gavain, a French chemist, has patented a process for rendering celluloid proof against fire. This result is obtained by adding to a celluloid mass in course of preparation, when at the highest point of liquidity, a certain quantity of salts—phosphates, bicarbonate of ammonia, or magnesia. Celluloid thus prepared, when touched by fire or flame, gives forth a gas that checks combustion.

TERRIBLE SCALP HUMOR.

Badly Affected with Sores and Crusts—Extended Down Behind the Ears—Another Cure by Cuticura.

"About ten years ago my scalp became badly affected with sore and itching humors, crusts, etc., and extended down behind the ears. My hair came out in places, also. I was greatly troubled; understood it was eczema. Tried various remedies so called, without effect. Saw your Cuticura advertisement, and got the Cuticura Remedies at once. Applied them as to directions, etc., and after two weeks I think, of use, was clear as a whistle. I have to state also that late last fall, October and November, 1904, I was suddenly afflicted with a bad eruption, painful and itching pustules over the lower part of the body. I suffered dreadfully. In two months, under the skillful treatment of my doctor, conjoined with Cuticura Soap and Cuticura Ointment, I found myself cured. H. M. F. Wells, Rosemond, Christian Co., Ill., Aug. 31, 1905."

Repertee Won Hearers.

A good story is told of Frances Lady Waldgrave, who long since paid her debt to nature. She was a woman of quick repertee and many husbands. It was soon after her fourth matrimonial venture with Chichester Fortesque, an Irishman, that she appeared in a Dublin theater with the bridegroom. From the gallery a man shouted down to her: "And which iv the four do you like best?" From her box her answer rang out: "The Irishman, of course." And the Irish people house rang with applause.

A WOMAN'S KIDNEYS.

Women have much to do, so many pains to suffer, so many critical periods to go through, that it is important to keep the kidneys well, and avoid the backache, bearing-down pain, headache, dizziness, languor and other common signs of weak kidneys. Mrs. Charles E. Smith, of 22 Boyden St., Woonsocket, R. I., says: "My kidneys were weak from childhood, and for eight or ten years past my back was very painful and I had many annoying symptoms besides. When I began taking Doan's Kidney Pills I weighed only 120. To-day I weigh 165, and am in better health than for years. Doan's Kidney Pills have been my only kidney medicine during four years past. They bring me out of every attack."

New York Fond of Amusement.

There is more money, per capita, spent in New York city every year for amusements than in any other part of the world. The people spend 12 per cent. more than those in the metropolis of any other state or county, 18 per cent. more than those in the next largest cities, 36 per cent. more than those in smaller towns, and 57 per cent. more than those in the rural districts.

OPERATIONS AVOIDED

Two Grateful Letters from Women Who Avoided Serious Operations.—Many Women Suffering from Like Conditions Will Be Interested.



When a physician tells a woman, suffering from female trouble, that an operation is necessary it, of course, frightens her.

The very thought of the operating table and the knife strikes terror to her heart. As one woman expressed it, when told by her physician that she must undergo an operation, she felt that her death knell had sounded.

Our hospitals are full of women who are there for just such operations! It is quite true that these troubles may reach a stage where an operation is the only resource, but such cases are much rarer than is generally supposed, because a great many women have been cured by Lydia E. Pinkham's Vegetable Compound after the doctors had said an operation must be performed.

In fact, up to the point where the knife must be used to secure instant relief, this medicine is certain to help. The strongest and most grateful statements possible to make come from women who, by taking Lydia E. Pinkham's Vegetable Compound, have escaped serious operations.

Margrite Ryan, Treasurer of St. Andrew's Society, Indianapolis, Ind., writes of her cure as follows:

"Dear Mrs. Pinkham:—I cannot find words to express my thanks for the good Lydia E. Pinkham's Vegetable Compound did me. The doctor said I could not get well unless I had an operation for the trouble from which I suffered. I knew I could not stand the strain of an operation and made up my mind I would be an invalid for life. Hearing how Lydia E. Pinkham's Ask Mrs. Pinkham's Advice—A Woman Best Understands a Woman's Ills.

NO MORE MUSTARD PASTERS TO BLISTER.
THE SCIENTIFIC AND MODERN EXTERNAL COUNTER-IRRITANT.
CAPISICUM VASELINE
EXTRACT OF THE CAYENNE PEPPER PLANT
A QUICK, SURE, SAFE AND ALWAYS READY CURE FOR PAIN.—PRICE 15c.—IN COLLAPSIBLE TUBES—AT ALL DRUGGISTS AND DEALERS, OR BY MAIL ON RECEIPT OF 15c. IN POSTAGE STAMPS. DON'T WAIT UNTILL THE PAIN COMES—KEEP A TUBE HANDY.
A substitute for and superior to mustard or any other plaster, and will not blister the most delicate skin. The pain-alleviating and curative qualities of the article are wonderful. It will stop the toothache at once, and relieve Headache and Sciatica. We recommend it as the best and safest external counter-irritant known, also as an external remedy for pains in the chest and stomach and all Rheumatic, Neuralgic and Gouty complaints. A trial will prove what we claim for it, and it will be found to be invaluable in the household and for children. Once used no family will be without it. Many people say "it is the best of all your preparations." Accept no preparation of Vaseline unless the same carries our label, as otherwise it is not genuine. SEND YOUR ADDRESS AND WE WILL MAIL OUR VASELINE PAMPHLET WHICH WILL INTEREST YOU.
CHESEBROUGH MFG. CO.
17 STATE STREET, NEW YORK CITY

Enameline NO DUST NO SMOKE NO DIRTY SLOP NO SWELL NO SPILL NO MUSSELS OR SPATTER
STOVE POLISH

SICK HEADACHE Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Heartily Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable.
CARTER'S LITTLE LIVER PILLS.
SMALL PILL. SMALL DOSE. SMALL PRICE.
Genuine Must Bear Fac-Simile Signature
Brewer's Food
REFUSE SUBSTITUTES.

W. L. DOUGLAS \$3.50 & \$3.00 Shoes
BEST IN THE WORLD
W.L. Douglas's \$4 Gilt Edge line cannot be equalled at any price
To Shoe Dealers: W. L. Douglas's Jobbing House is the most complete in this country. Send for Catalogue.
SHOES FOR EVERYBODY AT ALL PRICES.
Men's Shoes, \$5 to \$10.00. Boys' Shoes, \$3 to \$5.00. Women's Shoes, \$4.00 to \$5.00. Children's Shoes, \$2.00 to \$4.00.
Try W. L. Douglas Women's, Misses and Children's shoes; for style, fit and wear they excel other makes.
If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would then understand why they hold their shape, fit better, wear longer, and are of greater value than any other make.
Wherever you live, you can obtain W. L. Douglas shoes. His name and price is stamped on the bottom, which protects you against big prices and inferior shoes. *ask no substitute.* Ask your dealer for W. L. Douglas shoes and insist upon having them.
Fast Color Eyelets used; they will not wear brass. Write for Illustrated Catalog of Fall Styles.
W. L. DOUGLAS, Dept. 12, Brockton, Mass.

A Positive CURE FOR CATARRH
Ely's Cream Balm
is quickly absorbed. Gives Relief at Once. It cleanses, soothes, heals and protects the diseased membrane. It cures Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts. at Druggists or by mail; Trial size 10 cts. by mail.
Ely Brothers, 56 Warren Street, New York.

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