

KIDNEY TROUBLE

Offered Two Years—Relieved in Three Months.



C. B. FIZER.

M. R. C. B. FIZER, Mt. Sterling, Ky., writes:

"I have suffered with kidney and bladder trouble for ten years past."

"Last March I commenced using Peruna and continued for three months. I have not used it since, nor have I felt a pain."

"I believe that I am well and I therefore give my highest commendation to the curative qualities of Peruna."

Pe-ru-na for Kidney Trouble.

Mrs. Geo. H. Simser, Grant, Ontario, Can., writes:

"I had not been well for about four years. I had kidney trouble, and, in fact, felt badly nearly all the time."

"This summer I got so very bad I thought I would try Peruna, so I wrote to you and began at once to take Peruna and Manalin."

"I took only two bottles of Peruna and one of Manalin, and now I feel better than I have for some time."

"I feel that Peruna and Manalin cured me and made a different woman of me altogether. I bless the day I picked up the little book and read of your Peruna."

It is the business of the kidneys to remove from the blood all poisonous materials. They must be active all the time, else the system suffers. There are times when they need a little assistance. Peruna is exactly this sort of a remedy. It has saved many people from disaster by rendering the kidneys service at a time when they were not able to bear their own burdens.

SPORTS OF CHILDREN.

Skipping rope is a childish pastime of ancient origin. In place of a rope, a vine stripped of leaves was originally used.

The childish amusement of riding a cane is of great antiquity. It was practiced by the children of Greece and ancient Rome.

The game of hide and seek is another youthful pastime of ancient origin. It came from Europe about the beginning of the seventeenth cen-

favorite in the Greeks, of fun and merriment, the children of the nation.

months ago, the brain got over it and, frequently, a Col-

help, so a visit, so very he would

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GIVE THE BOY A ROOM.

Let the Boy Have a Retreat of His Own Which He May Arrange to Suit His Own Tastes.

You say it is too expensive to give each boy a room for his hobbies and belongings, but after all it will not cost as much as the Turkish rugs and costly furniture you are thinking of buying for the parlor this spring. Do you owe most to your neighbors, or to your own bright, noisy boys.

We wish that every boy might have a room of his own, and be responsible for its care. The floor should be of hardwood and uncarpeted, the furniture solid and substantial. Let the boy have it decorated according to his own fancy. It will be interesting to watch the growth of his artistic ideas.

There should be a bookcase, or desk, a big solid table in the middle of the room, with plenty of space for Sam's printing press or Robert's box of tools or checkers and chessboards and other harmless games. The boys should be allowed to invite their friends to come to this room, and now and then a treat may be provided for them.

No doubt some one will ask what is the use of spoiling boys in this way, or of furnishing them with company and games.

Simply because they will have the amusement, the games and the company somewhere; and where is a more suitable place than under the parental roof? No money can be wasted which is spent in developing a boy's character or which makes his home and family more dear to him.

Can you expect your boy to be charitable when you do not hesitate to talk before him of your neighbor?

Can you expect your boy to be free from envy when, in a fault finding way you compare your circumstances with those of your richer neighbor?

Can you expect your boy to tell the truth, when to save a little trouble you tell a falsehood?

Can you expect your boy to be respectful to you when he hears you laugh at another's peculiarities?

Can you expect your boy's religion to be one to live by when he can see that it has no part in your daily life?

Boys brought up in a loving home, where they feel that they are important members of the family, seldom have bad habits.—Prairie Farmer.

CULTIVATING THE CHILD.

Give Him All Desirable Traits by Patiently, Persistently Guiding in Early Formative Period.

There is not a single desirable attribute which, lacking in a plant, may not be bred into it. Choose what improvement you wish in a flower, a fruit, or a tree, and by crossing, selection, cultivation and persistence you can fix this desirable trait irrevocably. Pick out any trait you want in your child, granted that he is a normal child—I shall speak of the abnormal later—be it honesty, fairness, purity, lovable-ness, industry, thrift, what not. By surrounding this child with sunshine from the sky and your own heart, by giving the closest communion with nature, by feeding them well-balanced, nutritious food, by giving them all that is implied in healthful environmental influences, and by doing all in love, you can thus cultivate in this child and fix there for all their life all of these traits. Naturally not always to the full in all cases at the beginning of the work, for heredity will make itself felt first, and, as in the plant under improvement, there will be certain strong tendencies to reversion to former ancestral traits; but, in the main, with the normal child, you can give him all these traits by patiently, persistently guiding him in these early formative years.

And, on the other side, give him foul air to breathe, keep him in a dusty factory or an unwholesome school room or a crowded tenement up under the hot roof; keep him away from the sunshine, take away from him music and laughter and happy faces; cram his little brains with so-called knowledge, all the more deceptive and dangerous because made so apparently adaptable to his young mind; let him have associates in his hours out of school, and at the age of ten you have fixed in him the opposite traits. He is on his way to the gallows. You have perhaps seen a prairie fire sweep through the tall grass across a plain. Nothing can stand before it, it must burn itself out. That is what happens when you let the weeds grow up in a child's life, and then set fire to them by wrong environment.—The Century

A Tasty Chop for Invalid.

Trim away every particle of fat from a neck or loin chop, melt a piece of butter on a plate, sprinkle the chop with pepper and salt; dip both sides in the butter, and sprinkle a little lemon juice over the top, leaving it in the butter for at least two hours. Put the yolk of an egg on a plate, with a teaspoonful of grated cheese. Mix it together, and mask the chop freely with the mixture. Have ready some boiling dripping in a frying-pan, lay in the chop, and let it cook thoroughly, first on one side, and then on the other; it will take quite six minutes to cook, the fat being kept boiling the whole of the time. Drain it on a piece of clean paper, and serve on a little mound of nicely mashed potato, as hot as possible.

A Ham Sidedish.

For luncheon is this entree of sliced ham: Chop enough ham to fill a cup and add to it two tablespoons of grated cheese, a little salt and two tablespoonfuls of butter and two tablespoonfuls of bread in butter. Spread over the ham mixture, and brown over the top and brown

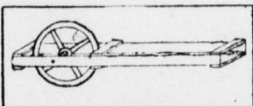
HORTICULTURE



MARKING AN ORCHARD.

How Rapid Work May Be Done with an Old Wheel and Money Saved.

The diagram below shows wheel for laying out ground for orchard that I have used for some years. The drawing shows for itself how made; two boards 10 feet long, 1 1/4, put together as shown, with wheel at one end, and wide enough apart at the other for a man to stand inside, and draw it. An old wheelbarrow wheel is what I use.



THE MARKER FOR ORCHARD.

When you have your ground, say 10 acres more or less, ready, establish base lines, writes a Michigan orchardist to the Rural New Yorker. Then draw this wheel from one tree point to one on opposite side of field back and forth, until marked one way. Then mark the field the other way, and at the point where the wheel marks cross is the place for a tree. The hole is to be dug there, and the tree is to be set on a line each way with the mark. Not a stake need be set except to go by in marking. One man can work ground for 1,000 trees in eight hours, and the trees will be in perfect line each way. Any man who can follow the line of two stakes can do the marking. A variation of a man's body from side to side does not affect the wheel 8 or 10 feet back, and the wheel mark is so unlike any other mark that there is no danger of losing the line. In setting 1,400 peach trees I saved at least \$10 by this method, beside having every tree exactly in line.

FIGHTING CANKER WORMS.

Interesting Experiment by Prof. Slingerland at Cornell University.

The class taking advanced work in economic entomology at Cornell, N. Y., made an interesting experiment, writes Prof. Slingerland in the Cornell Countryman.

For several years a group of large elm trees about a mile from the university campus have been nearly defoliated by hordes of spring canker-worm caterpillars. These little measuring-worms hatch in May from eggs laid on the bark by moths that emerge in March and April from pupae in the soil beneath the trees.

The male moths have well-developed wings and fly readily, but the females are wingless and are thus obliged to crawl up the trees and deposit their eggs on the bark of the branches. The ascent is always made at night. Various devices, such as sticky bands, and wire, tin or stiff paper barriers, have been used on the trunks of trees to prevent the ascent of the wingless female moths.

Recently a fly-paper manufacturer has made a tree-tanglefoot mixture, and with a liberal sample furnished by the firm, several of the infested elm trees were treated. One tree was more than two feet in diameter and the bark was very rough. It took several pounds of the tanglefoot to make a complete band six or eight inches wide around the trunk, several feet from the ground. The application was made on March 15, just before the moths began "running" up the trees.

Great masses of the wingless female moths were found March 31 on the lower edge of the sticky band, and thousands of flying males were caught all over the band. A few females were able to get over the band where dead males had formed narrow bridges across the tanglefoot. Several plants or many thousands of the females were caught and killed by the band on this one large tree. As each female may lay 200 or more eggs, the tree was relieved from feeding hundreds of thousands of canker-worms in May. The experiment was thus a striking success and has furnished a valuable object lesson.

Yes, and it should furnish a useful object lesson to the farmer. The spring spring canker-worm often attacks other trees besides elms—apple trees, for instance. If the tanglefoot preparation is not readily obtainable, other sticky substances may be used. Tar, printers' ink, thick molasses, bird-lime, or bands of fly-paper, are all more or less useful for the purpose.

If fly-paper is used, remember that it should be at least five inches wide, and must fit close to the bark. On rough-bark trees, the bark must either be scraped smooth where the band is to go, or all depressions must be filled with clay or putty, so as to make a smooth surface on which to fasten the sticky band.

Coddling moth: This is the pest that causes wormy apples. As soon as the blossoms fall, spray the trees with the Bordeaux-arsenate mixture. Repeat in ten days. Now don't delay. The work must be done right after the falling of the blossoms.—Prairie Farmer.

Head your trees low so that you won't have to call out the fire department with the extension ladder when you go to spray your orchard.

SEVEN YEARS AGO

A Rochester Chemist Found a Singularly Effective Medicine.

William A. Franklin, of the Franklin & Palmer Chemical Co., Rochester, N. Y., writes:

"Seven years ago I was suffering very much through the failure of the kidneys to eliminate the uric acid from my system. My back was very lame and ached if I overexerted myself in the least degree. At times I was weighed down with a feeling of languor and depression and suffered continually from annoying irregularities of the kidney secretions. I procured a box of Doan's Kidney Pills and began using them. I found prompt relief from the aching and lameness in my back, and by the time I had taken three boxes I was cured of all irregularities."

Sold by all dealers; 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

DIAMOND DEALER'S MISTAKE

One of His Own Gems, But He Failed to Recognize the Sparkler.

"Will you please examine this diamond," said a man who had stepped into a jeweler's shop, "and tell me what you think of it? If it is a good stone, I think I will buy it."

The jeweler took the gem, which was unset, and looked at it critically for a moment. Then in a confidential tone he said:

"Well, to tell you the truth, that isn't a very good stone. It hasn't much fire, it is badly cut, and there is something here very much like a flaw." Then he held the diamond under a microscope and examined it carefully, finally observing: "No, it isn't exactly a flaw, but I shouldn't call it a perfect stone. Now, if you want something really fine, here—"

"Excuse me," the other man interrupted. "I don't think I'll buy a diamond to-day. This is a diamond that one of your assistants let me take Saturday on approval. I deposited \$40 on it. Please let me have my money, and we will declare the deal off."

BITS FOR BACHELORS.

Many men think themselves self-made who are really marriage-made.

The man who avoids matrimony on account of the cares of wedded life rivals the wisecracker who secured himself against corns by having his legs amputated.

Don't marry for beauty alone. Socrates called beauty "a short-lived tyrant," and Theophrastus pronounced it "a silent cheat." The man who marries for beauty alone is as silly as the man who would buy a house because it had fine flowers in the front garden.

It is in life as it is with a kite; it will not fly very high until it has a string tying it down. And so the man who is tied down by half a dozen responsibilities and their mother will make a higher and stronger fight than the bachelor who, having nothing to keep him steady, is always floundering in the mud.

The Only Good. "Father, why do these automobiles puff out so much smoke behind?" "Stupid! So the policeman can't see the number!"—Meggendorfer Blatter.

CONCERNING CLOCKS.

Never allow the clock to run down. It responds to regular attention just as surely as a human being does and keeps its course truly when made to follow its endless routine.

The hands of a clock should always be turned forward. To set the hands by reversing the right-hand motion is to loosen delicate screws that hold them within reach of various cog slips.

Never allow the clock to be moved from the position where it is well balanced. A deviation of two or three minutes a day from the correct time may be the result of an uneven placing of the clock, and once it is properly adjusted it should not be shifted for dusting or for artistic purposes. This is especially true of clocks that have a pendulum.

LIMB WASTED WITH ECZEMA.

Suffered Untold Agonies—Doctor Said It Was the Worst Case—Wonderful Cure by Cuticura.

"I used the Cuticura Remedies for eczema. The doctor said it was the worst case he ever saw. It was on both limbs, from the knees to the ankles. We tried everything the doctors knew of, but the Cuticura Remedies did the most good. I was obliged to lie with my limbs higher than my head, for the pain was so terrible I could not walk. I suffered untold agonies. One limb wasted away a great deal smaller than the other, there was so much discharge from it. I found the Cuticura Remedies very soothing, and I still keep them in the house. I am very thankful to say that I am cured. I found the Cuticura Remedies all that you say they are. I hope that you may be spared many years to make the Cuticura Remedies for the benefit of persons suffering from the torture of skin diseases, such as I had. Mrs. Golding, Box 8, Ayr, Ontario, Canada, June 6, 1905."

PROFIT POINTERS.

Nobody wants an over-anxious man. He gets on one's nerves.

Did you ever know a "tricky" man to make a permanent success?

Matter is composed of atoms. Bustnesses are built up by attention to details.

Business is not necessarily hard work. Make it good fun, and you'll do more.

CASTORIA

For Infants and Children

Bears The Signature Of Chat. H. Fletcher's Over Thirty Years The Kind You Have Always Bought

ALLEN'S FOOT-EASE A Certain Cure for Tired, Hot, Aching Feet. DO NOT ACCEPT A SUBSTITUTE.

WHOOPIING COUGH BUNHAM'S SPECIFIC Shortens and Lightens the Disease. Warranted to Cure. Used in the Cleveland Orphan Asylum. Endorsed by Physicians. Sold by druggists or mailed, 50c bottle 50c., 12 oz. bottle \$1. Lickes Drug Co., Mrs. CLEVELAND, O.

17 Sunday School opening exercises; Bible Course for the Young; Quiet Hour with Mothers; Thoughtful Hour with Fathers; Send 10 cents for all 4 to MISS ELBERTINE ROBERTSON, 1650 19th Street, N.W., WASHINGTON, D. C.

PATENTS MILO B. STEVENS & CO. 90 14th St., Washington, D. C. Branches at Chicago, Cleveland, Detroit.

If afflicted with sore eyes, use Thompson's Eye Water. A. N. K.—C (1906-24) 2130.

THE ONLY ONE There is only One Genuine-Syrup of Figs, The Genuine is Manufactured by the California Fig Syrup Co. The full name of the company, California Fig Syrup Co., is printed on the front of every package of the genuine. The Genuine-Syrup of Figs— is for Sale, in Original Packages Only, by Reliable Druggists Everywhere. Knowing the above will enable one to avoid the fraudulent imitations made by piratical concerns and sometimes offered by unreliable dealers. The imitations are known to act injuriously and should therefore be declined. Buy the genuine always if you wish to get its beneficial effects. It cleanses the system gently yet effectually, dispels colds and headaches when bilious or constipated, prevents fevers and acts best on the kidneys, liver, stomach and bowels, when a laxative remedy is needed by men, women or children. Many millions know of its beneficial effects from actual use and of their own personal knowledge. It is the laxative remedy of the well-informed. Always buy the Genuine-Syrup of Figs MANUFACTURED BY THE CALIFORNIA FIG SYRUP CO. Louisville, Ky. San Francisco, Cal. New York, N.Y. PRICE FIFTY CENTS PER BOTTLE

Libby's Food Products enable you to enjoy your meals without having to spend half your time between them over a hot cook-stove. All the cooking is done in Libby's kitchen—a kitchen as clean and neat as your own, and there's nothing for you to do but enjoy the result. Libby's Products are selected meats, cooked by cooks who know how, and only the good parts packed. For a quick and delicious lunch any time, in doors or out, try Libby's Melrose Paste—with Libby's Camp Sauce. Bottle free. "How to Make Good Things to Eat." Write Libby, McNeill & Libby, Chicago

NORTHWEST AND RETURN Portland, Tacoma, Seattle, Bellingham, Everett, Vancouver, Victoria and New Westminster. One Fare or \$62.50 For the round trip FROM CHICAGO Tickets on sale June 18, 19, 20, 21, 22, 1906. Final return limit 60 days from date of sale. VIA UNION PACIFIC The Short Line to Portland. INQUIRE OF W. G. NEIMYER, G. A., 120 JACKSON BOULEVARD, CHICAGO, ILL.