

CHURCH CONCERNS.

Dr. Walter W. Webb, president of Neshtah college, has been unanimously elected bishop coadjutor to Bishop Lea Nicholson, of the Milwaukee Episcopal diocese.

Rev. A. Loyd, of St. Ambrose's church, Birmingham, is going to distribute the members of his choir among the congregation, "where their examples will arouse those sitting near them."

The oldest clergyman in England is Rev. John Edward Kempe, M. A., who has been in holy orders for 72 years, being now 95 years of age. He has been chaplain in ordinary to King Edward since 1901.

In accordance with the expressed desire of the Roman Catholics of Nevada, that state will be made a separate diocese. Most of it has hitherto formed part of the diocese of Sacramento. A splendid cathedral will be built in Reno on the site of a church that was burned recently.

Dr. William M. Zaring, of Indiana conference, has completed 52 years of active service. In that period he has been out of his pulpit because of sickness only six times. He will not be superannuated, either, for the entire membership of Grace church, Indianapolis, has petitioned for his return.

It is 60 years since Rev. Henry Francis Lyle, who wrote the beautiful hymn, "Abide With Me," died at Nice, and this year a final effort is being made in the far-distant little seaport in Devonshire, where he lived and ministered for 25 years, to complete the rebuilding of the little memorial church which has taken the fishermen 30 years to build.

Pope Pius at present is occupied in collecting the bad debt of the vatican. It was the custom of Pope Leo to help Roman families who had met with financial distress. In this way several notable families were able to tide over difficulties, but large sums thus loaned have not been returned. One marquis who owes \$25,000 is to be sued. In all departments of the vatican economy is the order of the day.

DOINGS OF SOME PEOPLE.

Mrs. Clara Curtis, aged 74, was mayor of Cimarron, Kan., for three terms, and is credited with having saved the city from bankruptcy through her excellent management. Mrs. Curtis, who died last September, might have had a fourth term, but declined on account of deafness.

Five men have been arrested at Reno, Nev., for a mail order fraud. Under the title of "Cromwell Simon State University of Reno, Nev.," they put advertisements in the papers offering for ten cents to furnish all information necessary to obtain any degree in the gift of the university.

A. J. Seaman, an eccentric bond buyer of Omaha, who lives on nine cents a day, is receiving hundreds of letters from women who wish to marry him. Seaman's story was printed in the Sunday papers. To those inclosing a stamp Seaman is answering on a postal card, making one cent on each applicant.

A few years ago an Indian on the Coeur d'Alene reservation brought to the reservation two "Belgian hares." Their descendants are now numbered by tens of thousands and they are devastating the crops of white settlers far and near. To make matters worse, the Indians believe that to kill a rabbit or hare brings bad luck.

A stone carving of a grizzly bear in the attitude of defending her cubs has been made by A. C. Thompson, Seattle, and will be shipped to Alaska, to be placed over the grave of R. Shadesty, one of the most prominent Indians of the north when alive. He died on December 17, 1903, leaving \$600 to pay for the monument.

MALARIA???

Generally That Is Not the Trouble.

Persons with a susceptibility to malarial influences should beware of coffee, which has a tendency to load up the liver with bile.

A lady writes from Denver that she suffered for years from chills and fever which at last she learned were mainly produced by the coffee she drank.

"I was also grievously afflicted with headaches and indigestion," she says, "which I became satisfied were likewise largely due to the coffee I drank. Six months ago I quit its use altogether and began to drink Postum Food Coffee, with the gratifying result that my headaches have disappeared, my digestion has been restored and I have not had a recurrence of chills and fever for more than three months. I have no doubt that it was Postum that brought me this relief, for I have used no medicine while this improvement has been going on." (It was really relief from congestion of the liver caused by coffee.)

"My daughter has been as great a coffee drinker as I, and for years was afflicted with terrible sick headaches, which often lasted for a week at a time. She is a brain worker and excessive application together with the headaches began to affect her memory most seriously. She found no help in medicines and the doctor frankly advised her to quit coffee and use Postum.

"For more than four months she has not had a headache—her mental faculties have grown more active and vigorous and her memory has been restored.

"No more tea, coffee or drugs for us, so long as we can get Postum." Name given by Postum Co., Battle Creek, Mich.

There's a reason. Read the little book "The Road to Wellville" in p...

TO INDUCE RESTFUL SLEEP.

Both Exercise and Food May Be Looked Upon in the Light of Beneficial Distractions.

When Belinda comes home feeling "too tired to sleep" there is no use in her trying to go to bed at once. Let her take a warm bath, letting the cold water run in until the water becomes cool, then let her slowly go through the many different points of the toilet, manicuring and hair brushing for instance, so often done in a rush. These help relax and quiet the nerves and can take up an hour's time. Last of all a cup of warm milk with a pinch of salt. Many people, this applies particularly to men, suffer from sleeplessness because they are not properly nourished. Exhausted or irritated and excited nerves need nourishing. A bite of light and easily digested food will not keep one awake—on the contrary, it is often just what is needed to induce sleep.

Sleep will not come to the brain that is worrying or even to the brain that



A SOOTHING CUP OF MILK.

is busy with the thoughts of "How shall I make myself fall asleep?" Take the mind of the desired outcome and center it on directing bodily movements, inducing the bodily fatigue by tiring the muscles. It sounds as if it would take forever, but it doesn't. Just try it. The first time you feel as if you would never be able to fall asleep stretch yourself out while in bed, arms above the head, muscles tense and stretched to their utmost. Stiffen leg and arm muscles and feel as much as possible as you do when stretching in the morning. Relax completely and try again. Stretch the limbs in different directions. For instance, put the arms out in front. You will speedily find yourself yawning comfortably and you probably won't need to go through any more exercises, being by now quite too sleepy to do so, but the other movements are equally good. Lie on your back and pull the knees up. Inhale deeply while doing this. While the breath is retained stiffen and stretch the muscles, making the body as tense as possible. Now relax slowly and thoroughly beginning with the muscles of the neck, arms and back; exhale at the same time. It is usually the neck that is so tense and rigid that very nervous people feel as if they were holding their heads up by main force. These stretching exercises will speedily teach one how to relax one's hold on one's own tense muscles, which is the very first thing to learn for those who suffer from insomnia.

A Good Guessing Contest. After all have assembled, pass programmes ornamented with cats, and tell the guests that the questions are to be answered by one word, the first syllable of which is cat. A waterfall and a disease? (Cataract.) An instrument of torture and an animal? (Cat.) A deluge? (Cataclysm.) A burial place? (Catacombs.) Sometimes used at funerals? (Catafalque.) An unconscious state? (Catalepsy.) A list of names or things? (Catalogue.) An animal found in the mountains? (Catamount.) A great calamity? (Catastrophe.) A disease that afflicts many? (Catarth.) A boat rarely seen? (Catamaran.) A class or order of ideas? (Category.) One who provides for the inner man? (Caterer.) What becomes a butterfly? (Caterpillar.) A cry oft heard in the night? (Caterwaul.) A religious edifice? (Cathedral.) A beam at a ship's bow? (Cathead.) An instrument of torture? (Cat o' Nine Tails.) Domestic quadrupeds? (Cattle.) An article used in illness? (Cataplasm.) A book of questions and answers? (Catechism.)

For prizes a copy of the Black Cat magazine and a penwiper ornamented by a stuffed kitten may be given. For refreshments, spread the table with a red cloth, use black cat candy boxes for favors, red candles in black wrought iron holders, and the effect will be unique. Shades may be made from red paper with black cats pasted on. Serve deviled crabs, sandwiches, coffee, olives and a mulled cider if no one objects.

First Calls.

First calls in the season should be returned very promptly—on the next reception day, or if there is none then on the most convenient day within a fortnight. After this exchange of civilities, a longer time between visits may be allowed to elapse.

THE WOMAN OF FORTY.

This Age Has Seemed an Appalling One, But the Middle of Things the Best of All.

This title is more feared by women than it deserves, says a writer in a London periodical devoted to feminine interests. The middles of things are really the best if they could only realize it; beginnings and endings are full of fear and dread. Still, when that ominous number 40 is in sight, what tremors it sends through the feminine heart—40, and the best half of life gone!

Small wonder that so many make a stana at 35 and refuse to advance, calling in science and art to aid in "restoring the edifice." The sweet wrinkled old face, carrying its life's story, is already as extinct as the Dodo.

Nature is a kindly mother and keeps many compensations for her ugly ducklings. Mind has a beauty all its own.

The brainy woman must, however, be clever enough to keep her brains out of sight if she wishes to be a social success, and to remember at the same time that post-meridian charms will not be enhanced by untidy habits of dress. She will do well to study the rise and fall of the sleeve as well as that of the Dutch republic. Never forgetting a dainty frill or furbelow or any of the little courtesies of life; these are the qualities that bring her smilingly through every social ordeal.

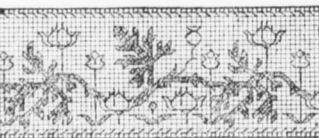
I do not wish to belittle the average woman minus charm and that saving grace, a sense of humor; she is the backbone of society, a canal as compared to a rushing, sparkling river. It is the depths and unsuspected shallows that are so enthralling. The unknown is always interesting. It is that very quality of certainty about the average woman that is so appalling.

The one quality most desirable in a woman in this restless twentieth century, and about the hardest to find, is repose. It has been so drilled into us in youth that idle hands find the inevitable mischief that few of us know how to be idle without serious qualms of conscience.

A VERY PRETTY BORDER.

This Form of Ornamentation Is Received from Days When Cross-Stitch Was in Highest Favor.

There are many articles that are improved by being ornamented with a border of this kind, such, for instance, as the ends of towels, sideboard cloths morning aprons, etc.; the work may be



CROSS AND ITALIAN STITCH.

done in Ingrain cotton, washing silk or flax thread. In cases where the material to be ornamented has a smooth surface, of which the threads cannot be counted, then a soft canvas can be tacked over it where it is to be ornamented, and the design worked through it; the canvas threads can then be drawn away when the work is finished.

A Pie Party.

Invitations for a Pie Party were sent out on triangular pieces of cardboard to six couples, all intimate friends. When the guests arrived the men were auctioned off by the host, who was exceedingly clever. The "Doctor" was introduced on the block in this manner: "A man often wanted, though much addicted to the bottle." The bidding was fast and furious until 25,000 beans brought the man to his purchaser. The coal dealer was described as "the man we think about when the snow flies." When all had secured partners the ladies were given pieces of pie made from two pieces of paper pie plates (such as bakers use), fastened together with ribbon. The filling was a piece of paper bearing the words "Cherry," "Mince," "Apple," "Custard." Whatever pie was designated the man had to give a recipe for it, while the lady made it in pantomime. This was most amusing. For refreshments all kinds of pie were served, with coffee and sandwiches.

Perspiration of the Hands.

The following recipe is for restraining perspiration, and may be just what you need:

Spring water, two ounces; diluted sulphuric acid, 40 drops; compound spirits of lavender, two drams. Take a teaspoonful twice a day. The external recipe may relieve the situation without the above internal remedy: Salicylic acid, two drams; impure carbonate of zinc, three ounces. Dust over the surface.

Good Skin Food.

White wax, one ounce; spermaceti, one ounce; lanoline, two ounces; sweet almond oil, four ounces; cocoon oil, two ounces; tincture of benzoin, 30 drops; orange flower water, two ounces. Melt the first five ingredients together. Take off the fire and beat until nearly cold, adding little by little the benzoin and lastly the orange flower water.

To Fatten the Hands.

Too fat a hand is unintellectual looking. Just a moderate plumpness is more to be desired. To this end, take the same care you are exercising and in addition sleep in gloves after having anointed the hands with the following: Ground barley enough to thicken, the white of an egg, a teaspoonful of glycerin and one ounce of honey.

THE ROAD OF ANTHRACITE

Popular Because of Its Superb Service.

NO RAILROAD IN THE WORLD offers to the traveler a more picturesque route than the Lackawanna Railroad. Leaving New York the train crosses the far-famed Jersey meadows into the highlands of New Jersey. Skirting the Delaware River the journey lies directly through the Delaware Water Gap, one of the most noted scenic views in the world. Thence to the summit of the Pocono Mountains, 2,000 feet above the level of the sea, the train rushes into Scranton, beyond which another mountain range is passed before Binghamton is reached. Here the road skirts the beautiful Susquehanna River, running from there into the valley of the Chemung River and then into that of the Genesee. The entire journey lies through a continuous panorama of rippling brooks, leaping cataracts, towering mountains and hill-shadowed lakes, which for diversity of interest and beauty of landscape is equaled anywhere on the American continent.

HUMAN INGENUITY can do no more for the protection of trains than is furnished by the signal system in operation upon the Lackawanna Railroad. Brightly painted semaphores by day and colored lights by night flash their warning to the swift-flying trains. These signals divide the line into blocks, and no train is permitted to enter them until preceding trains have passed out of way. Where diverging tracks are met, a system of interlocking switches makes the danger of accident impossible. Crossings, grades and curves are protected by the modern equipment for the safety of trains. If for any reason this wonderful mechanism fails to work, signals are automatically set at "danger," and not a wheel moves until the trouble is ascertained.

HARD COAL IS USED exclusively on all passenger trains of the Lackawanna Railroad. This is of peculiar interest to the traveler over its line, for the 400 miles of beauty lying between New York and Buffalo may be viewed through open windows, without danger from flying cinders or annoying smoke. The roadbed being rock-ballasted, there is no dust, and the comforts of the journey are further assured by superb Pullman cars and high-backed airy coaches.

"ORDER WHAT YOU WANT" is the apt phrase which describes the dining-car system on the Lackawanna Railroad. Meals served a la carte, which means that the traveler who does not care to order an elaborate repast may make individual selection from the menu. The cars are stocked with the choicest things a great market like New York affords, while fruit, milk, cream, eggs and similar articles are secured every day from the vast dairy and agricultural region through which the road runs. All through trains carry dining-cars, whose management is under the direct control of the company.

ANY RAILROAD AGENT will be glad to give further information in regard to the Lackawanna service which embraces three through trains leaving Chicago at 10:35 A. M. (arriving at New York 9:30 P. M.); 2:50 P. M. (arriving New York 7:20 P. M.); and 9:15 P. M. (arriving New York 6:15 P. M.), and full particulars will be cheerfully furnished upon application to George A. Cullen, General Western Passenger Agent, 101 Adams street, Chicago.

GAINING ON THE FAIR SEX

According to This Report Men Will Soon Outnumber the Women.

Frau Gnauck-Kuehne is one of the greatest German authorities on the modern feminist movement, and after mature study and the collection of statistics she has come to the conclusion that the superiority of women in so many European countries is a fact which in the first place is in no sense an evil, and in the second place is rapidly disappearing.

In another twenty years, she believes, the tide will begin to turn the other way and the men will be in the majority even in such countries as England and Germany, where at the present time women immensely predominate. Some of her statistics are most interesting. In Luxembourg, for example, in 1890 there were 1,062 women for every 1,000 men. There are now only 999. In Australia the proportion has been reduced in the same time from 1,044 in 1,035, in Hungary from 1,015 to 1,000, in Switzerland from 1,057 to 1,035, in Sweden from 1,065 to 1,049, in Germany from 1,040 to 1,032, in England from 1,155 to 1,104. She does not believe that any European nation except Russia will long continue to increase rapidly in proportion. England has begun to follow the example of France and Germany will certainly follow England's footsteps.

In all "advanced" European states the birth rate is either becoming stationary, or begins to show a backward tendency.

See?

"Why do you call him a worldly man?" "What is the most striking feature of the world?" "It is round; but what of that?" "It isn't square, is it?"—Kansas City Times.

JAPANESE REMEDIES ARE SURE CURES They are not an Experiment



FREE SAMPLES YOU ARE ENTITLED TO ONE WE WANT EVERYONE TO TRY THEM AT NO EXPENSE POSITIVELY CURE

Asthma, Heart Disease, Rheumatism, Impure-Sluggish Blood, Nervous Prostration, Female Diseases, Kidney Disease, Indigestion, Dyspepsia.

If you suffer from any of these maladies sit right down and write us for a sample of our Japanese Remedy for your particular disease, and it will be promptly forwarded absolutely free. It will not cost you one penny—Don't fail! Write today for free sample and booklet telling all about our Japanese Remedies. To everyone writing within the next thirty days we will send a Japanese Souvenir. All free. Address, Japanese Medical Co. ROCHESTER, N. Y.

BOY'S TERRIBLE ECZEMA.

Mouth and Eyes Covered with Crusts—Hands Pinned Down—Miraculous Cure by Cuticura.

"When my little boy was six months old, he had eczema. The sores extended so quickly over the whole body that we at once called in the doctor. We then went to another doctor, but he could not help him, and in our despair we went to a third one. Matters became so bad that he had regular holes in his cheeks, large enough to put a finger into. The food had to be given with a spoon, for his mouth was covered with crusts as thick as a finger, and whenever he opened the mouth they began to bleed and suppurate, as did also his eyes. Hands, arms, chest, and back in short the whole body, was covered over and over. We had no rest by day or night. Whenever he was laid in his bed, we had to pin his hands down; otherwise he would scratch his face, and make an open sore. I think his face must have itched most fearfully.

"We finally thought nothing could help, and I had made up my mind to send my wife with the child to Europe, hoping that the sea air might cure him, otherwise he was to be put under good medical care there. But, Lord be blessed, matters came differently, and we soon saw a miracle. A friend of ours spoke about Cuticura. We made a trial with Cuticura Soap, Ointment, and Resolvent, and within ten days or two weeks we noticed a decided improvement. Just as quickly as the sickness had appeared it also began to disappear, and within ten weeks the child was absolutely well and his skin was smooth and white as never before. F. Hohrath, President of the C. L. Hohrath Company, Manufacturers of Silk Ribbons, 4 to 20 Rink Alley, South Bethlehem, Pa. June 9, 1905."

Previous Apology. "So sorry not to have heard your lecture last night," said the gracious lady. "I know I missed a treat; everybody says it was great!" "How did they find out?" asked Mr. Froelich. "The lecture, you know, was postponed."—Detroit Free Press.

To Cure a Cold in One Day Take LAXATIVE BROMO Quinine Tablets. Druggists refund money if it fails to cure. E. W. GROVE'S signature is on each box. 25c.

Chilly Return. "I love you devotedly, madly!" lyrically declared the ardent swain. "To be your companion through life, darling, I would gladly sacrifice everything: friends, relations, ambition, honor, fortune—" "Didn't know you had all those nice things!"—Sporting Times.

How to Cure Sore Throat, Laryngitis or Tonsillitis. Apply Dr. Bayer's Penetrating Oil on a cloth around the neck. 25c a bottle.

Those Things We Say. Miss Withers (showing photograph of herself)—I'm afraid it's rather faded. Binks (unexperienced, aged 19)—Yes; but it's just like you.—Stray Stories.

I am sure Piso's Cure for Consumption saved my life three years ago.—Mrs. H. Robbins, Norwich, N. Y., Feb. 17, 1900.

Make a fuss over a woman's first baby, and for the rest of her life she will refuse to listen to anything but about you.

A Guaranteed Cure for Piles. Itching, Blind, Bleeding, Protruding Piles. Druggists are authorized to refund money if Pazo Ointment fails to cure in 6 to 14 days. 50c

People are asserting so loudly that morality has nothing to do with art that we are in danger of overlooking the fact that immorality has nothing to do with it, either.—Town Topics.

For the real good old buckwheat flavor, buy Mrs. Austin's Buckwheat, and don't forget the name.

A Turkish turban of the largest size is composed of about 20 yards of the finest and softest muslin.

DON'T DESPAIR.

Read the Experience of a Minnesota Woman and Take Heart.

If your back aches, and you feel sick, languid, weak and miserable day after day—don't worry. Doan's Kidney Pills have cured thousands of women in the same condition.

Mrs. A. Heiman of Stillwater, Minn., says: "But for Doan's Kidney Pills I would not be living now. They cured me in 1899 and I've been well since. I used to have such pain in my back that once I fainted. The kidney secretions were much disordered, and I was so far gone that I was thought to be at death's door. Since Doan's Kidney Pills cured me I feel as if I had been pulled back from the tomb."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

SICK HEADACHE

Positively cured by these Little Pills. They also relieve Distress from Dyspepsia, Indigestion and Too Hearty Eating. A perfect remedy for Dizziness, Nausea, Drowsiness, Bad Taste in the Mouth, Coated Tongue, Pain in the Side, TORPID LIVER. They regulate the Bowels. Purely Vegetable. SMALL PILL. SMALL DOSE. SMALL PRICE.

CARTER'S LITTLE LIVER PILLS. Genuine Must Bear Fac-Simile Signature. REFUSE SUBSTITUTES.

PISO'S CURE FOR CONSUMPTION. CURES WHERE ALL ELSE FAILS. Best Cough Syrup. Tastes Good. Use in Time. Sold by druggists.

A. N. K.—C 2107

THE WHOLE LOT. If we don't heed prevention, we will need a cure. The Old-Monk-Cure. St. Jacobs Oil. Is ready always for all forms of muscular aches or pains, from LUMBAGO RHEUMATISM STIFF NECK SPRAIN IT CURES ALIKE THE WHOLE LOT. UNION PACIFIC THE OVERLAND ROUTE. THE OVERLAND LIMITED to California from Union Passenger Station, Chicago, at 8 p. m. daily, arrives Omaha 9:20 a. m., and San Francisco the afternoon of the third day. Through standard sleepers Chicago to San Francisco. Dining cars and observation cars all the way. Route—the Chicago, Milwaukee & St. Paul Railway. in connection with the Union Pacific and the Southern Pacific lines. Tourist sleeping cars for California leave Union Passenger Station, Chicago, 6:05 p. m. and 10:25 p. m., daily. Personally conducted tourist car parties at 10:25 p. m. Tuesdays and Thursdays. Tickets from any agent of any connecting line. See that your ticket west of Chicago reads via the Chicago, Milwaukee & St. Paul Railway. F. A. MILLER, General Passenger Agent, Chicago. PRICE, 25 Cts. TO CURE THE GRIP IN ONE DAY ANTI-GRIPINE HAS NO EQUAL FOR HEADACHE. ANTI-GRIPINE IS GUARANTEED TO CURE GRIP, BAD COLIC, HEADACHE AND NEURALGIA. I won't sell Anti-Gripine to a dealer who won't guarantee it. Call for your MONEY BACK IF IT DON'T CURE. F. W. Dwyer, M. D., Manufacturer, Springfield, Mo.