#### RAILWAY RATE LEGISLATION Pennsylvania Biennial Convention of Conductors Ask Congress Nor to Tass

PEILADELPHIA AND ERIE RAIL BOAD

RAILROAD.

PEILADELPHIA AND ERIE RAIL ROAD IN a flect Nov. 27, 1904.
TRAINS LEAVE EMPORIUM EASTWARD 10 A. M. -Week days 160 Manuary Witesbare, Scranton, Harton, Poursky, at Philadelphia 23 P. M. Manusport to Baltimere 600 P. M. Witesbare from Kane Fullman Parloy.
Thildelphia and principal intermediate Baltimere 600 P. M. Witesbare from Kane Fullman Parloy.
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The Philadelphia and Principal intermediate Baltimere 600 P. M. Witesbare from Kane Fullman Parloy.
The M. Handing M. M. New York 7, 13 A. M. Baltimore, 220 A. M. Washington, 330 A. M. Fullman aleeping cars from Harrisburg to Philadelphia and New York. Philadelphia pas-engerscan remains in sleeper undisturbed un-ultition of 220 A. M. Washington, 330 A. M. Statumore, 220 A. M. Washington, 330 A. M. Witer and Intermediate stations arriving at Philadelphia 7,137 A. M. New York 9,33 A. M. Weekdays, (10,38 A. M. Sunday:) Baltimore 7,15 M. M. M. Pullman sleeping to the station of the philadelphia 7,337 A. M. Weekdays, (10,38 A. M. Sunday:) Baltimore 7,15 M. M. Mashington, S. A. M. Pullmansleeping Visition on Erie, Buffalo and Williamsport to Philadelphia 7,337 A. M. Pullman sleeping Visition and Williamsport to M. M. M. Emportum Junction to the for Stru-bury. Harrisburg and Principal Intermediate stations, arriving at Philadelphia, 7,332 A. M. Mew York, 9:33 a. m., week days (10:38 Sun Ansenger coaches, Buffalo to Philadelphia Philadelphia, 7,372 Y. San, Y. Washington, 8:46 A. M. (Emportum Junction - daily for Fire, Ridgway, and Week days for Du-Bois, Clermont and intermediate stations.
M. M. Cha

RIDGWAY	CLEARFIELD NECTIONS.	R.	R.	CON.

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	-1	10	25	5	10	<b>Emporium Junc</b>			3	23	10	35
	-1	11	13	5	53	St. Marys			2	35	9	53
8 2	0	11	05		55	Kane	12	25	3	00	8	25
\$ 3	6	11	23	6	10	Wilcox	12	02	2	40	8	04
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4 4				7	32	.Brockwayville.		37		27	6	47
4 1				7	37	Lanes Mills		34		23		43
4 5					41	.McMinns Sm't.		30			6	38
5 0		12	54	7	45	. Harveys Run		25		15		35
6 0			00	7	50	Falls Creek		20	i	10		30
6 2	20	1	25	8	03	DuBois	8	08		55		10
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5 5		1			08	.Reynoldsville	6	39	12	52	6	15
6 (		1		8	35	Brookville	6	05	12	24		39
6 4			38	9	20	New Bethlehem	5	20			4	50
	25			10	00	Red Bank			11	05	4	05
10 (	00	5	30	12	35	Pittsburg			9	00	1	30

10 00 5 30 12 35....Pittsburg... 9 00 1 30 P. M. P. M. P. M. BUFFALO & ALLEGHENY VALLEY

LOW GRADE DIVISION.

	EAS	TBOU	ND.			
STATIONS.	109	113	101	105	107	951
Pittaburg, Lv. Red Bank, Lawsonham, New Bethle'm Brookville, Reynoldsville, Falls Creek. DuBois, Gabula, Pennfield, Bennezette, Driftwood, Lv. Driftwood, Lv.	19 50	$\begin{array}{c} +6 & 22 \\ 9 & 30 \\ 9 & 47 \\ 10 & 20 \\ 11 & 10 \\ 11 & 42 \\ 11 & 57 \\ +12 & 05 \end{array}$	12 24 12 52 1 15 1 25 1 37 1 55 2 29 †3 05 †3 45	†130 4 05 4 18 4 50 5 39 6 15 6 30 6 40 6 53 7 15 7 47 8 20	*505 7 55 8 07 8 37 9 22 9 50	$ \begin{array}{c} 10 & 5 \\ 11 & 0 \\ 11 & 4 \\ 12 & 2 \\ 12 & 5 \\ 1 & 1 \end{array} $
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STATIONS.	108	106	102	114	110	952
Via P. & E. Div Emporium, Lv. Driftwood, Ar Via L. G. Div Driftwood, Lv. Bennezette, Pennfield, Eabula, DuBois Falls Creek, Brookville,		7 00 1	11110 11 45 12 20	5 00 5 10 5 27	+3 20 +4 00 +5 50 6 25 7 04 7 23	14 00 4 07 4 20

\*Daily, †Daily except Sunday. ;Sunday only. Flag Stop.

verse

biennial convention of the At of Railway Conductors recently aeld at Portland, Oregon, resolutions were unanimously adopted voicing their sentiments as to the effect of proposed railway rate legislation on the 1,300,000 railroad employes, whom they in part represented. These resclutions "indorse the attitude of President Roosevelt in condemning secret rebates and other illegalities, and commend the attitude of the heads of American Railways, who, with practical unanimity, have joined with the President on this question." They then respectfully point out to Congress the "inadvisability of legislation vesting in the hands of a commission power over railway rates, now lower by far in the United States than in any other country," because such regulation would "result in litigation and confusion and inevitably tend to an enforced reduction in rates, irrespective of the question of the ability of the railroads to stand the reduction, especially in view of the increased cost of their supplies and materials." They further protested against such power being given to the present Inter-State Commission because "the proposed leg-Islation is not in harmony with our idea of American jurisprudence, inasmuch as it contemplates that a single body shall have the right to investisate, indict, try, condemn and then enforce its decisions at the cost of the

pending appeal, which is carriers, manifestly inequitable. The conductors base their demand for only such legislation if any, as would "secure and insure justice and equity and preserve equal rights to all parties concerned" on the ground that the low cost of transportation "is the result of the efficiency of American railway management and operation which have built up the country through constant improvement and development of territory, while at the same time recognition has been given to the value of intelligence among employes in contrast to foreign methods, where high freight rates and lowest wages to employes obtain."

In pressing their claim against legislation adverse to their interests, they point out the fact that "the freight rates of this country average only two consumer, thus making the freight rate so insignificant a factor in the selling price that numerous standard articles are sold at the same price in all parts of the country."

#### TALES OF THE TOTS.

"Say, papa," queried little Harold, looking up from his book, "do they plant bird seed when they want to raise sparrow grass?"

Little Elsie's father was a very homely man. One day, after looking at him steadily for some time, Elsie said:

"Mamma, didn't they have any goodlooking men in stock when you went shopping for a husband?"

"The Bible says there will be no marrying in Heaven," said small Har-

ry. "I wonder if that is true: "Of course it is," replied his little sister. "How could the women marry when there are no men in the place?

Small Bobby had just returned from an afternoon children's party "What kind of refreshments did you have?" asked his mother.

"Liquid," answered Bobby. "Liquid!" she exclaimed, in surprise.

"Yes, ma'am," replied the son of his tther. "Us boys all ran away from father. the girls and went swimming

Two little girls became involved in a quarrel, the other day, which culminated in physical violence. One of the mothers took her little daughter to task very severely. Wishing to emphasize the enormity of her offense, the mother said: "It's the devil who tells you to do such naughty things." The little girl replied between sobs: "He may have told me to pull ner hair, but I thought of kicking her shins all by myself."

# HINTS ABOUT BOOKS

WHOLESOME FICTION AND HIS-TORY GIVE GIRLS IDEAS.

Pleasure and Knowledge from Novels -Good Plan for History Study-"Most of Us Shockingly Ignorant of Things That Lie About Us"-Business Girl Should Read Nature Books-How to Deal with Each Book to Make Reading It Profitable.

BY MARGARET E. SANGSTER. (Copyright, 1905, by Joseph B. Bowles.) The first question that arises when considering what our girls shall read, is what is their motive in reading. Do they read simply for diversion, for the recrea-

tion and pastime which are legitimate. or do they read for mental enrichment and information? If the first is the object in view the answer is easy. For amusement and pleasure, girls, like everybody else, must seek the story tellers of the world, and lose the cares of reality in the romances that make them forget the daily grind. The day for condemning novels by wholesale has forever passed. It is only a narrow and prejudiced person who frowns upon fiction as foolish and hurtful and who, insists that all one's reading must be along lines of hard and fast actuality.

te for novel reading in unimaginauve persons is sometimes dormant. They have had so little time to read that they have left fiction out of the reckoning. But they are in the minority. The love for a good story is as old as the human race. In every age and clime, in every literature, under every sky, we find people ready to listen entranced to the man who can please them by a de-lightful story. Children and grown people alike fall under the spell of the story-teller. If therefore our girls wish to read novels let them do so. They have a wide range of choice, and let it be noted that many novelists exact close attention from their readers and weave Into their narratives a great deal of his-tory, philosophy and accurate descrip tion The stories for example of Lafcadio Hearn are penetrated and infused with the atmosphere of Japan, and no one can fail to learn a great deal about that wonderful empire and the wonder ful people who inhabit it, if she reads per cent. of the cost of articles to the the picturesque books of this lamented writer.

> Equally, a girl who would like to know something of the life of India may learn a great deal about it by reading "Kim," that masterplece of Rudyard Kipling, or any book on India by Flora Annie Steel or a little unobtrusive book entitled "The Bishop's Conversion," the author of which was long a missionary in that land of mystery and romance. Orienta civilizations are in the strongest contrast to our own, and one may learn much more about them in the pages of novels than in graver histories. read with great delight and profit the long list of historical fiction which is generally known as the "Henty Books." A girl with little time to study might read these books with much profit. Girls as well as boys should read "Frois-sart's Chronicles" and thus come into touch with the chivalric days of the past The novels of Mrs. Oliphant, of Charlotte Bronte, George Eliot and Jane Aus ten are good reading for girls and do more than merely offer entertainment

If girls desire more serious reading, and wish to take up any definite histor. period, the best way is to let their read ing focus itself about a single central and conspicuous figure. Take for instance Queen Elizabeth. In studying her era, one finds her surrounded by a group of great statesmen and by other group of writers who are still influencing and coloring English literature. Very profitable reading may be done by a circle of girls who meet at stated intervals and take up the different phases of life under some great ruler or other personage of distinction.

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If Elizabeth be chosen, one girl may select the ordinary household life of that day, and let her reading turn toward the various ways in which it contrasts with

different from the daily routine; as interest that takes us into a new world broadens our horizon and gives us dif-ferent thoughts. I knew a young woman whose life was a ceaseless round of drudgery. It was her great delight now and then to read Ruskin and Emerson "What do you get from those writers?" I asked. "Oh," she said, "I get beautiful words and beautiful thoughts, a feeling of the sky and of space to breathe. Toil did not crush her. She could forget it.

Those authors who give us inspiration and courage and a broader view of hu- habits man affairs, who make us feel that this world is not all, that we are going on to a grander life hereafter, are to us as the angels of God. Girls should not be satisfied to live on a low plane. They want noble ideals, and these are found in the books of great writers. If you have to stand behind a counter and

want noble ideals, and these are found in the books of great writers. If you have to stand behind a counter and measure tape and ribbon, it is a good thing for you to read books about the birds and the plants and the rocks and the stars and the sea. \*\*\*\*\* Mrs. Browning says: "We get no good by being ungenerous even to a book." Outside of earnest and vigorous study, the books that we go to in our intimate hours should not be approached in a spirit of bargaining. Books are like friends; when we take them our best, they give us their best in return. Some of us spend so much time in hesihest, they give us their best in return. Some of us spend so much time in hesitating and deciding what books to read that we end by reading none at all.

A certain degree of courtesy should be extended to every book. Read its title page, make the acquaintance thus of its author, always notice the name of the publisher. If the volume be one you like, enter in a blank book its name and the date at which you began and finished it, and copy any sentences or passages that were especially pleasing to you. The girl who reads in this careful way will be a good talker, will write a bright letter, and will never suffer from loneliness or solitude. She who loves books need never fear an attack of the blues. and will not deteriorate mentally, nor lose what she gained in the days when she went to school.

### SIMPLE EVENING WAIST.

With a Medium Low-Neck and Built on Surplice Order It IsVery

Pleasing.

Cream satin merve is used for this simple blouse. The fronts are gauged on the shoulders and are open to form a V in front, the edge being trimmed with deep ecru guipure insertion that is carried down the left side of the



SUITABLE FOR MANY OCCASIONS waist. The sleeves are formed of a full puff of merve to the elbow, then a smaller puff of spotted net, finished with deep lace ruffles. Insertion simulates a pointed cuff below the larger puff.

Materials required: Four yards 22 inches wide,  $2\frac{1}{2}$  yards insertion, three-fourths yard net 18 inches wide, three yards lace.

#### WILD FLOWER BEAUTY.

Everyone Can Add This to Her Home CARTERS ashore no coast resort has more to or an offer. Motto for an ambulance: "Sic transit." -Puck

Nervous Women

Their Sufferings Are Usually Due to Uterine Disorders Perhaps Unsuspected

#### A MEDICINE THAT CURES

John Farson, the Chicago banker, who has drawn up a list of satirical rules for entering society, holds that there is too much dissipation among the rich, says the New York Tribune. "A remark I heard the other day," he said to a reporter, "would apply well to the average society man. "A middle-aged couple were talking about the Russo-Japanese war and the habits of Japan. "How curious," the man said, 'that Japanese custom is of taking off the shoes before entering the house. "It is only curious,' the woman re-torted, 'because it is practiced at all hours instead of at night solely."

REASONABLE REFLECTION.

A Practice That Is Reprehensible at Unseasonable Hours

Only.

#### It Pays to Read Newspapers.

sin.

The professional joliier has many admir-ers.-N. Y. Times. ers.

ers.—N. Y. Times. New York Central Lines Still Lead. At the conference of the Managers of the New York Central Lines, held in New York June 6th, all lines being represent-ed by their General Managers and Pas-senger officials, it was decided, beginning with the regular summer change, Sunday, June 18th, to quicken the speed of the "Twentieth Century Limited" so as to make the time between New York and Chicago eighteen hours instead of twenty hours, the New York Central Lines hav-ing made the twenty-hour time during the past three years, and having also made the run between New York and Chicago in twenty hours with their "Exposition Flyer." for the one hundred and eighty days of the Columbian Exposition in Chi-cago in 1893, twelve years ago. — The New York Central Lines make the point that the New York Central has had in service the "Empire State Express"— which has been the fastest train in the world for its distance, 440 miles-for four-teen years, having held the world's rec-ord for that time, and for three years and 180 days having held the world's rec-ord for that time, and for three years and 180 days having held the world's rec-ord for that time, and for three years and 180 days having held the world's rec-ord for that time, and for three years and 180 days having held the world's rec-made for fourteen years between New York and Buffalo. On this new schedule, the train will leave Chicago at 2:30 p. m., reaching Chicago 8:30 a. m. following day. At the same time, the "Lake Shore limited" will be quickened up an hour and awill make the time from Chicago to New York in 23 hours instead of 24, leav-ing chicago 5:30 p. m. by the Lake Shore and ariving New York 5:30 p. m. by the New York in 24 hours instead of 24, leav-ing chicago 5:30 p. m. by the Lake Shore ned will make the time from Chicago to New York in 25 hours instead of 24, leav-ing chicago 5:30 p. m. by the Lake Shore New York in 24 hours instead of 24, leav-ing the leave At 2:04 p. m., savi New York Central Lines Still Lead.

The straw hat shows which way the wind blows.-Chicago Post.

#### Where Old Ocean's Salty Breezes Blow-An Ideal Summer

Territory.

Blow—An Ideal Summer Territory. Long Island as a summer resort grows in popularity each year, for once a dweller on this exceptionally favored Atlantic Coast Island always a dweller is the rule; its natural attractions are marvelous in variety, its South or Ocean Shore is most widely known, for here the surf bathing is particularly fine and the sweltering heat, so often encountered at other At-lantic points, is a thing unknown, because this beautiful Island alone trends East and West directly across the Summer South winds, blowing fresh and cool over the Atlantic. It has besides the open ocean the Great South Bay and other inland seas further to the east, where safe sailing and still salt water bathing is at its best. On the North or Sound Shore the at-tractions of salt water are also most ex-cellent; the surf of course is lacking, but instead this shore has bluffs and hills tree-clad to the high water mark. Golf and tennis enthusiasts are splendid ly cared for, as L. I. links and courts are unsurpassed. The splendid system of highways has al-ways attracted the rider, driver and auto-mobilist. Hence, all in all, for rest or sport afoot or for.

Can we dispute the well-known fact that American women are ner-vous? How often do we

How often do we hear the expres-sion, "I am so ner-yous, it seems as if I should fly; " or, " Don't speak to me." Little things annoy you and make you irritable; you can't sleep, you are unable to quietly and ealmly perform your daily tasks or care for perform your daily tasks or care for your children.

The relation of the nerves and gen-erative organs in women is so close that nine-tenths of the nervous pros-tration, nervous debility, the blues, sleeplessness and nervous irritability arise from some derangement of the organism which makes her a woman. Fits of depression or restlessness and irritability. Spirits easily affected, so that one minute she laughs, the next minute weeps. Pain in the ovaries and between the shoulders. Loss of voice; nervous dyspepsia. A tendency to cry at the least provecation. All this points to nervous prostration. Nothing will relieve this distressing The relation of the nerves and gen-

Nothing will relieve this distressing condition and prevent months of pros-tration and suffering so surely as Lydia E. Pinkham's Vegetable Compound.

Mrs. M. E. Shotwell, of 103 Flatbush Avenue, Brooklyn, N. Y., writes:

"I cannot express the wonderful relief **F** have experienced by taking Lydia E. Pink-ham's Vegetable Compound. I suffered for a long time with nervous prostration, back-acte, headiache, loss of appetite. I could not sleep and would walk the floor almost

not sleep and would walk the 'noor atmost every night. "I had three doctors and got no better, and life was a burden. I was advised to try Lydia E. Pinkham's Vegetable Compound, and it has worked wonders for me. "I am a well woman, my nervousness is all gone and my friends say I look ten years younger."

Will not the volumes of letters from women made strong by Lydia E. Pink-ham's Vegetable Compound convince all women of its virtues? Surely you cannot wish to remain sick and weak and discouraged, exhausted each day, when you can be as easily cured as other women.

The fact that the Russian general kisses his soldiers hardly accounts for it. They ought to feel like fighting after that.— Binghamton Leader.

All Nervous, Blood, Liver, Kidney and Stomach Disorders, Rheumatism, Catarrh and General Debility are quickly cured with Pusheck's-Kuro. Illustrated booklet and all medical advice free. Write at once. Dr. C. Pusheck, Chicago. Push-eck's-Kuro is \$1.00 by mail or at druggists.

It often happens that man will put him-self to no end of trouble to find the key, to a woman's heart, when all the time the door is wide open.—Life.

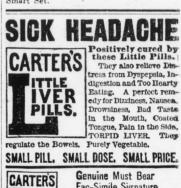
#### Ladies Can Wear Shoes

One size smaller after using Allen's Foot-Ease. A certain cure for swollen, sweating, hot, aching feet. At all Druggists, 25c, Ac-cept no substitute. Trial package FREE, cept no substitute. Trial package FR Address A. S. Olmsted, Le Roy, N. Y

Humorists must have a terrible time in Japan. There are no old maids there.— Chicago Chronicle.

Do not believe Piso's Cure for Consumption has an equal for coughs and colds.-J. F. Boyer, Trinity Springs, Ind., Feb. 15, 1900.

Impulse-what we regret next day.--



[Flag Stop.
On Sunday only train leaves Driftwood 8:2) a.
m., arrives at DuBois, 10:00 a, m. Returning leaves DuBois, 2:00 p. m.; arrives at Driftwood,
8:40 p. m., stopping at intermediate stations, ply to Ticket Agent.
J. R. WOOD, Pass'gr Traffic Mgr.
W. W. ATTERBURY, GEO. W. BOYD, General Manager. Gen'l Passenger Agt.

#### THE PITTSBURG, SHAWMUT & NORTHERN R. R.

Through Passenger Service Between Bt. Marys, Brockwayville, Shawmut, Smethport, Olean, Friendship, Angelica, Hornellsville, Wayland, Buffalo, and New York.

> Effective Sunday, May 29, 190 + Eastern Standard Tim Time of Trains at St. Marys

#### DEPART

- DEPART.
  7.85 A. M. --ForKersey (Arr. S.14 a. m.), Byrns dale (Arr. 8.56 a. m., Weedwille (Arr. 9.03 a. m.) Elbon (Arr. 8.46 a. m., Shawmut (Arr. 9.03 m.) Elbon (Arr. 8.46 a. m.) Shawmut (Arr. 9.03 m.) Borkewayville (Arr. 9.42 a. m.)
  12.38 p. M., -For Clermont (Arr. 9.42 a. m.)
  12.38 p. M., -For Clermont (Arr. 9.42 a. m.)
  12.38 p. M., -For Clermont (Arr. 9.42 a. m.)
  12.39 p. M., -For Clermont (Arr. 9.42 a. m.)
  13.50 mbindialo (Arr. 3.20 p. m.,) connecting for Bradford (Arr. 3.20 p. m.,) Bolfvar (Arr. 2.49 p. m.,) Olean (Arr. 3.40 p. m.,) Bolfvar (Arr. 3.43 p. m.,) Connecting (Arr. 9.10 p. m., Yeinedship (Arr. 4.08 p. m.,) Angelica (Arr. 7.23 p. m.), Connecting the Wayland with D. L. & W. R. R., and at Fornelisville with Erie R. R., for all the East and West.
  246 p. M. -For Kersey (Arr. 3.26 p. m.,) Elbon (Arr. 6.00 p. m., Shawmut (Arr. 4.22 p. m.,) thock p. W. F. R., for fails Creek (Arr. 5.10 p. m., bulbois (Arr. 5.25 p. m.,) Connecting with P. R. R., for Fails Creek (Arr. 5.10 p. m., DuBois (Arr. 5.25 p. m.,) Brookwille (Arr. 6.26 p. m.,) and Pittsburg (Arr. 9.33 p. m.) ARRIVE.
  246 A Derom Marris (Arr. 9.37 p. m.) Connecting with P. R. R., for Fails Creek (Arr. 9.38 p. m.) Brookwille (Arr. 6.39 p. m.,) and Pittsburg (Arr. 9.38 p. m.)

(Arr. 6.60 p. m.,) and Pittsourg (Arr. 6.60 p. m.)
p. m.) ARRIVE.
11.65 A. M. From Brockwayville, Shawmut
6.50 P. M. - From Wayland, Hornelisville, Can aseraga, Angelica, Friendship, Bolivar, Buffalo, Bradford, Olean Eldred, Smethport and Chemont.
All trainedly except Sunday.
All trainedly except Sunday.
Gen Pass. Agent, C. J. RENWICK, Gen'l Supt. Contact. All trains dany All trains dany A.M. LANE, Gen'l Supt. St. Marys, Penna.

Foley's Kidney Cure makes kidneys and bladder right.

## THREE YEARS AFTER.

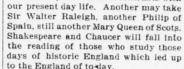
Eugene E. Lario, of 751 Twentieth Avenue, ticket seller in the Union Sta-"You are at

Avenue, ticket seller in the tion, Denver, Col., says: " liberty to repeat what I first stated through our Denver papers about Doan's Kidney Pills in the summer of 1899, for I have had no reason in the interim to change my the interim to change my opinion of the remedy. I was subject to severe attacks of backache, al-ways aggravated if I sat long at a desk. Doan's Kidney Pills absolutely stopped my backache. I have never had a pain or a twinge since."

Foster-Milburn Co., Buffalo, N. Y. For sale by all druggists. Price 50 cents per box.



women from disorders that are caused by irregularity of the bowels is ap palling. Druggists sell the best remedy for such irreg-ularity. It is Celery King, the tonic-laxative. 250. Ache



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A very wide and interesting field for inquiry is presented to those who wish to read about our own country. All the story of this continent from its discovery by Columbus to the present day is filled with graphic and dramatic inci-

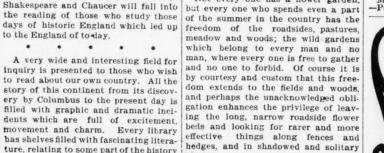
dents which are full of excitement, movement and charm. Every library has shelves filled with fascinating literature, relating to some part of the history of this new world. Let a girl take, if she wishes, the history of her own state, and whether she live in Massachusetts or Kentucky, Connecticut, New York or Tennessee, she will find an immense amount of profitable reading about the people and the progress of that peculiar locality. Most of us are shockingly ig-norant of the things that lie about us. Few of us know very much about our own great country. In a house filled with books and occupied by intelligent people, you shall easily find nobody able to give a list of the successive presidents of this nation from Washington 10

Roosevelt. Girls cannot do better than to read American history. A girl who is at business all day, and

who has only her evenings in which to read, must necessarily specialize. If she attempt to read in a desultory fash-ion, taking a book at haphazard from the shelves, she will read to little purpose. For every one of us, it is a good thing to have some outside interest, ertirely Mme. Qui Vive.

and Arrange ment Is Most Interesting.

Not every one has a flower garden



If one has acquired the habit of wild flower gathering, and the knowledge of what to gather and how to bring her gleanings safely home, and the still further knowledge of the best decora-tive effect to be gotten from them, she has reached a possibility of great sat-isfaction and every-day happiness.-Candace Wheeler, in the May Atlantic

Graying Hair.

places.

Sage tea is very good for hair that is turning prematurely gray. Make a strong brew with the pressed leaves or, better still, make a sage extract. Get four ounces of the dried leaves and put in a pint of alcohol and a pint of rainwater. Let stand for a week, agi tating occasionally. Then strai: through muslin. Retain the leaves and with them put two quarts of water

PILLS. Breuthood

# Let Common Sense Decide

Do you honestly believe, that coffee sold loose (in bulk), exposed

to dust, germs and insects, passing through many hands (some of them not over-clean), "blended," you don't know how or by whom, is fit for your use? Of course you don't. But

# LION COFFEE

is another story. The green berries, selected by keen judges at the plantation, are skillfully roasted at our factories, where precautions you would not dream of are taken to secure perfect cleanliness, flavor, strength and uniformity.

From the time the coffee leaves the factory no hand touches it till it is opened in your kitchen.

## Thie has made LION COFFEE the LEADER OF ALL PACKAGE COFFEES.

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