

FROM MISERY TO HEALTH.

A Prominent Club Woman, of Kansas City, Writes to Thank Doan's Kidney Pills for a Quick Cure.

Miss Nellie Davis, of 1216 Michigan Ave., Kansas City, Mo., society leader and club woman, writes:



"I cannot say too much in praise of Doan's Kidney Pills, for they effected a complete cure in a very short time when I was suffering from kidney troubles brought on by a cold. I had severe pains in the back and sick headaches, and felt miserable all over. A few boxes of Doan's Kidney Pills made me a well woman, without an ache or pain, and I feel compelled to recommend this reliable remedy."

(Signed) Nellie Davis.

A TRIAL FREE—Address Foster-Milburn Co., Buffalo, N. Y. For sale by all dealers. Price 50 cents.

TESTING COAL FOR GAS.

Successful Methods Employed in Germany Which Have Considerably Increased Product.

Prof. Drehschmidt, of the German Association of Gas and Water Engineers, said recently to that body that to arrive at a proper judgment respecting the chemical composition of coal a thorough distillation is necessary, and for that purpose an experimental gas works solely for that object. The best method is to erect a bed of one or two retorts of normal size, quite independent of the works, but with all the other apparatus—purifiers, scrubbers, and the rest of the plant complete, so as to conform with an ordinary works, but in the same proportion as the experimental bed. In this way it is easier to superintend the work; and the alterations required by the coal under examination can be readily made—such as in the temperature of the bed, the size of the charge, and the duration of the distillation. These various conditions must be altered until the best results possible can be obtained from the coal under examination. That is, each type of coal should be subjected to that treatment which will return the highest yield of gas. At the municipal gas works in Berlin a number of tests have been made on these lines, and by such means of experimenting they have succeeded in increasing the product of a certain coal from 205 cubic meters per ton to 320 cubic meters. Prof. Drehschmidt contends that it is not possible to make quite sure of any determination from the chemical composition of coal as to what is the maximum yield possible of gas and by-products of any class. This, he says, is proved by a great many tests and the collection of much statistical information, so that he recommends every works to have an experimental station in order to ascertain for itself the best working procedure to get the most profitable yield from the coal.

They Work While You Sleep.

A flock of chickens belonging to A. Charles, a Maumee valley, O., farmer, has developed the trait of sleeping daytimes and roving about at night. The chickens are kept near a gas well from which there is a constant blaze. They have learned that the light at night attracts bugs, which they can easily catch, and have completely changed their habits.

Ample Warning.

Begin to lay in your anthracite for future winters, says the Chicago Tribune. The supply will be exhausted in 50 years.

BUILDING FOOD

To Bring the Babies Around.

When a little human machine (or a large one) goes wrong, nothing is so important as the selection of food which will always bring it around again.

"My little baby boy fifteen months old had pneumonia, then came brain fever, and no sooner had he got over these than he began to cut teeth and, being so weak, he was frequently thrown into convulsions," says a Colorado mother.

"I decided a change might help, so took him to Kansas City for a visit. When we got there he was so very weak when he would cry he would sink away and seemed like he would die."

"When I reached my sister's home she said immediately that we must feed him Grape-Nuts and, although I had never used the food, we got some and for a few days gave him just the juice of Grape-Nuts and milk. He got stronger so quickly we were soon feeding him the Grape-Nuts itself and in a wonderfully short time he fattened right up and became strong and well."

"That showed me something worth knowing and, when later on my girl came, I raised her on Grape-Nuts and she is a strong, healthy baby and has been. You will see from the little photograph I send you what a strong, chubby youngster the boy is now, but he didn't look anything like that before we found this nourishing food. Grape-Nuts nourished him back to strength when he was so weak he couldn't keep any other food on his stomach." Name given by Postum Co., Battle Creek, Mich.

All children can be built to a more sturdy and healthy condition upon Grape-Nuts and cream. The food contains the elements nature demands, from which to make the soft gray filling in the nerve centers and brain. A well fed brain and strong, sturdy nerves absolutely insure a healthy body.

Look in each pkg. for the famous little book, "The Road to Wellville."



WOMAN'S VARIOUS CHARMS

A Clever Definition of Some of the Most Captivating Characteristics of the Fair Sex.

Animation, brightness, vivacity are some of woman's most captivating charms. A tear may move pity, but it is a smile that commands admiration. Even a witty woman must not be forever sparkling—that is monotonous and wearying; the perpetual flashing of diamonds tires the eyes and the brain. She must have her sober moments, if only to throw into higher relief the moments when she is gay. A woman is most charming when she is tender and sympathetic. She may dazzle when she is merry, but when she is gentle and full of sympathy she enchants a man's heart. When her voice takes a softened tone, and her eyes look words that her lips hesitate to say—then, if she only knew her power, it would be a time of peril for the world at large! She could do with it what she chose; only she never knows it. Probably she charms the most when she is most unconscious of her power. The very unconsciousness is a part of the charm. A woman is always charming when she is good-natured. Bad temper never charms. Sarcasm may amuse when it is directed against some one else, but it does not win anyone's heart. Good temper is an attraction even in a plain woman. When a woman has that in addition to her other qualities—when she is natural in her manners, unassuming, lively, tender and gentle—then, indeed, she is charming to all the world. Sometimes she possesses a quality known as fascination, which no one has ever yet been able to define—a quality outside of and beyond all the attractions above mentioned, and independent of them to the ordinary eye. But with this fascination a very good substitute may be formed from the qualities already enumerated, and many a woman can cultivate these graces and make herself charming in the eyes of all who know her.—N. Y. Weekly.

Two Remedies.

A German scientist has discovered that the bite of the rattlesnake will knock out leprosy. The Chicago Record-Herald remarks that so will a gun.

FASHIONS FOR AUTUMN DAYS

How to Make a Dainty Coat, a Pretty Dinner Gown and a Neat Cloth Suit.



THE garments here illustrated were designed by Mme. Baker for the American Dressmaker. Fig. 1 is a coat for fall. Gray broadcloth with shaped pieces of the same laid over bands of cloth braided in rows, with gray soutache. Fig. 2 is a dinner gown of white louisine with narrow bands of gold and silver passementerie and all-over lace under opening; insertion forms yoke; white silk stiff bows. Lace shawl; for waist. Fig. 3 is a fall suit

SHORT AND SENSIBLE.

A song in the heart is worth two in the choir.

Hurry & Worry are always trying to borrow from Slow & Steady.

The true soldier is always ready to help put a stop to the fighting.

You'll never run up the hill of progress by running down your neighbors.

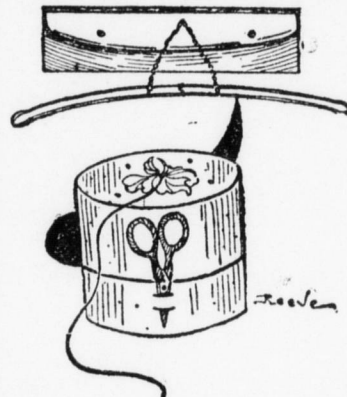
Men who are willing to let you in on the ground floor usually have a trap door ready to let you into the basement.

Think once before you act, twice

TWO HANDY CONTRIVANCES

Little Things That Add to the Comfort of Travelers Cooped Up in Hotel Rooms.

When traveling around the land and particularly when taking a vacation jaunt in summer, the average individual does not expect to enjoy all the comforts of home at the hotel or boarding house by the shore or inland. The increase in numbers of the traveling public has in these later years brought about a diminution of discomfort for the tourist, and ingenious mortals rack their brains and sit up nights evolving contrivances that shall help to make the traveler's way more agreeable and pleasant. Scarcity of closet room is the cry all over the land where summer tourists seek temporary quarters, and the coat hanger device



HANDY FOR TRAVELERS.

for the use of the traveler fills a special want. The most placid minded, even-tempered woman does not view a crumpled frock or jacket with equanimity, and the traveler's coat hanger therefore meets with approval. As shown, it is fashioned just like the ordinary hanger, except for a slide arrangement in the center which permits of its being reduced to one-half normal size for packing purposes. Six of these nicked hangers constitute a set and they come in a neat little leather case and will tuck away in a corner of a trunk without the least bother.

Another little contrivance which the traveler is pretty certain to find of service is the twine ball holder, also of leather, with a small pair of scissors, held in place on the outside of the case by a narrow strap of leather.—Brooklyn Eagle.

Comedy of Eternal Truth.

"What is all this 'New Thought?'" "Old thought discovered by new people."—Brooklyn Life.

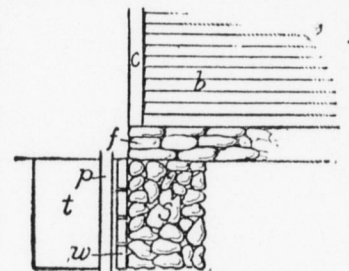


HINTS FOR FARM BUILDERS

How to Put a Durable Foundation Under Structures Put Up Some Seasons Before.

The illustration shows an excellent plan for putting a tight foundation under a barn or other structure that is already built. This is usually a difficult matter, particularly if the building is close to the ground. Foundation should extend down below frost line.

Dig a trench (t) close to the barn, as shown, and then under the barn to required distance to accommodate width



MAKING A FOUNDATION.

of foundation. Exactly under edge of building at bottom of wide trench drive stakes and put down a rough board (w), as shown in cut. Fill in behind board with loose stones (s), putting on other boards and adding more stones until they stand level with the surface of the ground. The trench outside the barn is now filled in with earth, packing down solidly. Leave old boards where they are. Flat stones (f) can now be put in above the ground and cemented. Sometimes it is found more convenient to place these stones before filling in outside trench.—A. D. Brewer, in Farm and Home.

WASTE MUST BE STOPPED.

Many Farmers Fail Because They Do Not Practice Any Rational System of Fertilizing.

On the average the American farmer wastes each year more than enough to keep his family. Enormous wastes are going on in many ways, but the greatest one is the waste of farm-fertility.

Preserve what fertility is already in the soil, and put more in it. It may be that some farmers do not know the value of manure, as some are giving it away in order to get it out of the way. Others are burning the straw-stacks instead of using the straw for bedding, which would increase the value of the manure. I know this from observation. Farmers waste much of the value of manure by putting it in piles in the barnyard, and letting it take the weather for months. If the yard happens to be near a creek or pond, a great part of the fertility finds its way into it, and probably one-half of its value is lost.

I think that if some of our farmers could visit among the rural population of Germany, and note their methods for saving manure, most of them would take a lesson home with them. Most of the German farmers are successful, and their success seems to be due to the careful saving and applying of fertility.

Why cannot we stop this waste by saving and applying all the manure, by keeping more live stock, by cultivating our soil properly and retaining the elements of fertility, and by studying the subject and applying the thoughts gained? We must stop this waste if we want our land to be kept in a high state of fertility.—E. J. Waterstripe, in Farm and Fireside.

GIVE THE BOYS POULTRY.

One Way of Inducing Children to Work Contentedly and Happily on the Old Farm.

As usual, there is loud complaint from farmers that the children brought up on the farm are getting uneasy and want to try their wings elsewhere. This is not to be wondered at when these young people hear and read of what is going on in the world. The monotony of country life seems unbearable to them, especially when from the farm they obtain only plenty of hard work, the food they eat and the clothes they wear. True, one may say that is about all anyone gets out of life, but if we can plan some way by which the young people can make a start for themselves they will be much more contented.

The Indianapolis News thinks that poultry offers a way of trying out the feeling of the young folks at small expense. Give them a chance to raise poultry and have the proceeds for their own use, and in a year or two they will have become reconciled to country life and be willing to make it their future or they will have shown their utter lack of adaptability for it, in which case the best thing for them and for the parent is to let them leave the farm and take up the work for which they are better fitted, but don't lose your grasp on the young people without first giving them a chance to do for themselves on the farm and show what is in them.

New Remedy for Insects.

The fact that the odor of moth balls is extremely repugnant to house insects has suggested to some ingenious mind the use of this remedy against outdoor pests. A New York farmer who was much annoyed by the ravages of striped beetles on cucumbers employed moth balls with such success that his neighbors are imitating him. He placed a clam shell (hollow side up) in the center of the hill, with about five balls in each shell. This might be tried with other injurious insects.



Mrs. Weisslitz, president of the German Women's Club of Buffalo, N. Y., after doctoring for two years, was finally cured of her kidney trouble by the use of Lydia E. Pinkham's Vegetable Compound.

Of all the diseases known with which the female organism is afflicted, kidney disease is the most fatal. In fact, unless prompt and correct treatment is applied, the weary patient seldom survives.

Being fully aware of this, Mrs. Pinkham, early in her career, gave careful study to the subject, and in producing her great remedy for woman's ills—Lydia E. Pinkham's Vegetable Compound—made sure that it contained the correct combination of herbs which was certain to control that dreaded disease, woman's kidney troubles. The Vegetable Compound acts in harmony with the laws that govern the entire female system, and while there are many so-called remedies for kidney troubles, Lydia E. Pinkham's Vegetable Compound is the only one especially prepared for women.

Read What Mrs. Weisslitz Says.

"DEAR MRS. PINKHAM:—For two years my life was simply a burden. I suffered so with female troubles, and pains across my back and loins. The doctor told me that I had kidney troubles and prescribed for me. For three months I took his medicines, but grew steadily worse. My husband then advised me to try Lydia E. Pinkham's Vegetable Compound, and brought home a bottle. It is the greatest blessing ever brought to our home. Within three months I was a changed woman. My pain had disappeared, my complexion became clear, my eyes bright, and my entire system in good shape."—MRS. PAULA WEISSLITZ, 176 Seneca St., Buffalo, N. Y.

Proof that Kidney Trouble can be Cured by Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—I feel very thankful to you for the good your medicine has done me. I had doctored for years and was steadily growing worse. I had trouble with my kidneys, and two doctors told me I had Bright's disease; also had falling of the womb, and could not walk a block at a time. My back and head ached all the time, and I was so nervous I could not sleep; had hysteria and fainting spells, was tired all the time, had such a pain in my left side that I could hardly stand at times without putting my foot on something.

"I doctored with several good doctors, but they did not help me any. I took, in all, twelve bottles of Lydia E. Pinkham's Vegetable Compound, five boxes of Liver Pills, and used three packages of Sanative Wash, and feel like a new woman, can eat and sleep well, do all my own work, and can walk two miles without feeling over tired. The doctors tell me that my kidneys are all right now. I am so happy to be well, and I feel that I owe it all to your medicine."—MRS. OPAL STRONG, Dalton, Mass.

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address Lynn, Mass.

\$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of above testimonials, which will prove their absolute genuineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.

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Makers of Wet Weather Clothing and Hats

Strawberry and Vegetable Dealers

The Passenger Department of the Illinois Central Railroad Company has recently issued a publication known as Circular No. 12, in which is described the best territory in this country for the growing of early strawberries and early vegetables. Every dealer in such products should address a postal card to the undersigned at the address given, requesting a copy of Circular No. 12.

WHEN WRITING TO ADVERTISERS please state that you saw the Advertisement in this paper.

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WATER'S CURE FOR CONSUMPTION