

RHEUMATISM Bone or Back Pains, Swollen Joints CURED THROUGH THE BLOOD

By Botanic Blood Balm (B. B. B.)

TO PROVE IT, B.B.B. SENT FREE. We want every reader of this paper who has rheumatism to send us his or her name...

Leading Symptoms. Bone pains, sciatica, or shooting pains up and down the leg, aching back, shoulder blades, swollen joints...

Weak, Inactive Kidneys. One of the causes of Rheumatism is due to kidneys and bladder. Pains in the loins and a feeling of a dull, heavy weight in lower parts of the bowels...

OUR GUARANTEE.—Take a large bottle of Botanic Blood Balm (B. B. B.) as directed on label, and when the right quantity is taken a cure is certain...

Botanic Blood Balm (B. B. B.) is Pleasant and safe to take. Thoroughly tested for 30 years. Composed of pure Botanic Ingredients...

EVIL OF SKYSCRAPERS.

London Physician Traces Connection Between Tall Buildings and Physical Degeneracy.

Do tall buildings cause small heads, and do small heads mean short lives? Dr. Warner, who has examined 100,000 London children, traces the connection between physical degeneracy and high buildings.

"One of the signs of physical deterioration," said Dr. Warner, "is that heads are growing smaller, especially in the case of females. This form of degeneracy is nearly connected with the erection of high buildings. When we come to look at the condition of children in districts where residences are of great height and size we find a larger proportion of small heads.

"I do not offer any explanation of the facts," added Dr. Warner, "but if we find that as a fact these great dwellings which are being erected everywhere are the cause of physical deterioration, what millions of money will have to be spent in years to come in pulling them down again!

"West of air and light may perhaps be the connection between high buildings and the corresponding deterioration. Small headed children are not confined to the poorer classes. On the contrary, it is quite as marked among children of wealthy people. They are all bound to die sooner than they normally should," he added. "They are not necessarily unintelligent, but they have not the necessary strength for long life."

Carry Much Insurance.

Statistics compiled by an insurance Journal of New York show that the American people are taking out life policies at the rate of \$8,000,000 a day. In the past year all the companies combined have paid out claims amounting to \$258,350,000. The aggregate payment to beneficiaries, including annuities, etc., was \$346,463,700. There are now in force in this city alone policies aggregating two and one-quarter billions of dollars.

He'll Soon Find Out.

A Virginia girl, engaged to three men, has settled the difficulty by marrying the man for whom she says she cares the least. It is not probable, remarks the Louisville Times, that the one chosen will be long in reaching the conclusion that she was speaking the truth.

FOOD FACTS

What an M. D. Learned.

A prominent physician of Rome, Georgia, went through a food experience which he makes public:

"It was my own experience that first led me to advocate Grape-Nuts food, and I also know from having prescribed it to convalescents and other weak patients that the food is a wonderful restorer of nerve and brain tissue, as well as muscle. It improves the digestion and sick patients always gain just as I did in strength and weight very rapidly.

"I was in such a low state that I had to give up my work entirely and go to the mountains of this state; but two months there did not improve me; in fact I was not quite as well as when I left home. My food absolutely refused to sustain me and it became plain that I must change; then I began to use Grape-Nut food and in two weeks I could walk a mile without the least fatigue and in five weeks returned to my home and practice, taking up hard work again. Since that time I have felt as well and strong as I ever did in my life.

"As a physician who seeks to help all sufferers I consider it a duty to make these facts public." Name given by Postum Co., Battle Creek, Mich. Trial 10 days on Grape-Nuts when the regular food does not seem to sustain the body will work miracles.

"There's a reason." Look in each pkg. for the famous little book, "The Road to Wellville."

LONG ISLAND.

It is quite probable that Long Island presents more exceptional attractions than any other section of the entire country. It attracts the man who is looking for an investment, a farm, a residence or a summer home, and it is a perfect paradise to those who can spend their vacations by the briny deep.

The climatic peculiarities of the island fit it especially for the raising of vegetables, fruits and flowers, chickens, pigeons and game birds.

The temperature in the summer running from 10 to 15 degrees cooler than the city, or any other section within reasonable distance and in winter, never less than 10 degrees warmer than the same territory. The island trends almost east and west and therefore lies directly across the path of the prevailing summer winds, which come from the south and bring with them the invigoration and coolness of ocean winds. Its very place in columns giving health statistics of all sections is primarily due to the fact that even in its fertile central section it is everywhere perfectly underdrained by glacial drift and gravel.

Surrounded as it is on three sides by great bodies of water, the north, east and south winds reach it absolutely without chance of contamination—even its western end is isolated by the great broadening of New York Harbor. Its water supply is notably fine. Springs, brooks and even lakes have their source in the higher parts of the island, proving conclusively the theory of many geologists that its source of supply is situated high up in the north of Vermont, and that under Long Island flow great subterranean streams similar to those of Yucatan, Mexico; as further proof of this, there are wonderful flowing wells on various parts of the island many of which have records extending over 35 years and without diminution in the quantity.

Its north shore slopes down from the highest points of Long Island's backbone (as the high range of hills is called) to the beautiful bays and harbors extending the full length of the Sound shore. These slopes are covered with a most thrifty growth of oak, hickory, chestnut, locust, walnut and other deciduous trees and shrubs to the very edge of Long Island Sound.

The central section is fertile farm land with splendid crop records and capable of producing handsome returns on the investment. Its south shore, in part lying on that inland sea called the Great South Bay, and in part on the Atlantic Ocean, has attractions of tree growth including pine.

The settlements, many of them established 250 years ago, are thoroughly progressive towns and villages, and the school system compares most favorably with that of our great cities in that from the kindergarten to the high school the departments are most proficently handled.

All portions of the island are extremely well cared for by transportation facilities. The Long Island railroad system with branches to every section has a train schedule of over 800 trains daily. Many trolley systems are already in operation and others in the course of construction.

Steam boat lines connect with Block Island and the New England coast. Long Island points fifty miles away from Metropolitan interests are readily accessible, and as quickly reached as the towns and near-by suburbs of the Empire City.

The price for land, either in acreage or house lots, is exceedingly reasonable, in comparison with other territories.

Farms with dwellings and other buildings in excellent condition are available for fruit growing, a business with great possibilities and phenomenal returns. Immense tracts present exceptionally good facilities for cranberry, strawberry and other small fruit culture which are still undeveloped, and Long Island berries compare the best market prices. Like its asparagus, cauliflower, Blue Point oysters and Little Neck clams, the island's newer productions are rapidly taking front rank. Its duck, chicken and pigeon farms are money makers hard to beat.

Its game and fish preserves are known to all true sportsmen who take their recreation, and gain healthful rest with either the rod or gun.

Its waters stand high in the estimation of those who love to be afloat. The canoeist cannot but enjoy the wonderfully interesting voyage through Rockaway Bay, Great South Bay, Moriches Bay, Peconic and Gardiners Bay a paddle around Plum Island or through the Gut skimming along the high bluffs at the east end of the sound shore, weaving in and out through the harbors and bays at Port Jefferson, Smithtown, Huntington, Cold Spring, Oyster Bay, Hempstead Harbor, Manhasset, Little Neck and Flushing.

In Long Island waters are first tried the great yachts selected to defend the cup, the favorite cruising ground for all sailors from the man with the little cat boat to the owner of the palatial steam yacht—the rendezvous of the members of America's great yacht clubs.

The golf links and tennis courts of the island are noted abroad as well as in the United States, and on Long Island links are annually played many championship matches.

Its bathing attractions are unlimited; for the lover of still salt water bathing the opportunities are many indeed. To those who prefer invigorating wrestles that the surf of old ocean breezes, from Coney Island to Long Beach, the length of Fire Island and from Good Ground to Montauk Point the places are many from which to choose.

CHANGES IN THE CABINET.

William H. Moody Will Become Attorney General.

Paul Morton, of Illinois, Will Receive the Navy Portfolio, and Victor Metcalf Will Succeed Secretary Cortelyou.

Washington, June 25.—A sweeping change in the cabinet of President Roosevelt was announced officially at the White House yesterday. The announcement came in the form of a type-written statement issued by Secretary Loeb, as follows: "The following cabinet appointments are announced: "William H. Moody, of Massachusetts, attorney general.

"Paul Morton, of Illinois, secretary of the navy. "Victor H. Metcalf, of California, secretary of commerce and labor. "The resignations of Secretary Cortelyou and Attorney General Knox have been accepted, to take effect July 1."

For two weeks or more it has been known that these changes were impending. When Secretary Cortelyou was selected by President Roosevelt to be his campaign manager, it was certain that he would retire from the cabinet upon his assumption of duties as chairman of the republican national committee. Just before he left for Chicago last Wednesday he placed in the hands of the president his letter of resignation from the department of commerce and labor. It was understood that the resignation was to be accepted to take effect at the end of the present fiscal year, June 30. The taking effect of his resignation at that time would afford him an opportunity to complete some work in the department which he had initiated and which it was important he should carry to a conclusion.

One week ago yesterday Attorney General Knox announced that he would retire from the department of justice, probably at the end of the fiscal year. It was understood at the same time that Secretary Moody would succeed Mr. Knox as attorney general. The statement was made, however, that while the transfer of Secretary Moody to the department of justice was very probable, it was dependent, in a measure, on the president's success in securing such a successor for him in the navy department as he desired.

Since President Roosevelt has been in the White House he has made more than one effort to induce Mr. Morton to accept a position in his administration. Feeling that his life work in the railroad business, in which he has achieved success, might be impeded by his acceptance of an official position in the government, he uniformly declined all such proffers until now.

It is expected that further changes will take place in the cabinet next winter. Postmaster General Payne probably will retire from the cabinet after the campaign. He will be succeeded by National Chairman Cortelyou. Secretary Moody will continue as a member of the cabinet only until the end of the present administration on the 4th of March next, when he will retire to enter upon the practice of law in Boston. It is quite likely that other changes will take place, even if Mr. Roosevelt should be elected president.

A DETROIT TRAGEDY.

A Man Shoots a Woman and is Killed by a Fall of 165 Feet.

Detroit, Mich., June 25.—Charles Swayze, formerly deputy superintendent of the Detroit house of correction, yesterday shot four times at Miss Effie Alvord, formerly a matron of the house of correction, in a room on the eleventh floor of the chamber of commerce, in the heart of the business district, after beating her terribly about the face and head with the butt of the revolver, frightfully disfiguring her.

Two bullets took effect, one in the woman's neck and one in her wrist. Swayze then rushed to a window and attempted to hide himself by climbing to the ledge, but slipped and fell to the street 165 feet below, smashing his skull to a pulp and breaking every bone in his body. He was picked up dead.

J. B. Terry, with whom Miss Alvord came to the building in an automobile, conveyed her to a hospital. She is expected to recover.

A few months ago Swayze and Miss Alvord were dismissed from the house of correction for lovelorn white on duty. Swayze was infatuated with her.

Yesterday she came to his office to announce her approaching marriage to Terry. This infuriated Swayze, who attacked her and a desperate struggle followed.

Swayze was 51 years old, married, and was a prominent Mason and politician. Miss Alvord is 28 years old, a handsome brunette and came to Detroit from Saginaw, Mich.

A letter written by Swayze was found which, it is said, explains the tragedy. The letter says that Miss Alvord and Swayze had been intimate, that the intimacy was responsible for Swayze losing his position at the house of correction and that Miss Alvord had been hounding him. Counterfeiter's Plant Seized. Providence, R. I., June 25.—A counterfeiting outfit, alleged to have been the property of Marcus Crahan, of this city, who is under arrest in St. Louis, charged with passing spurious money, was seized at a storage warehouse here Friday by a secret service officer. The outfit included \$100 and \$10 notes, a printing press similar to those used by the government, several quires of fine bond paper, 200 \$100 notes in an unfinished condition and other paraphernalia for counterfeiting. The property was sent to St. Louis.

Disappointment.

The young man with the swell suit, slender cane, and jaunty air, was conscious of being observed.

Out of the corner of his eye he saw that the people on the other side of the street were looking at him as he sauntered along. A sign on a letter box, "Fresh Paint," attracted his attention. He stopped and looked at it. But he did not touch it. He turned, instead, and looked at the people on the other side of the street through his monocle.

Then he resumed his sauntering. Some men are too contrary to live.—Chicago Tribune.

Strong Language.

Fredericksburg, Ind., June 20.—Rev. Enoch P. Stevens, of this place, uses strong language in speaking of Dodd's Kidney Pills, and he gives good reasons for what he says: "I can't praise Dodd's Kidney Pills too much," says Mr. Stevens. "They have done me so much good. I was troubled with my kidneys so much that I had to get up two or three times in the night and sometimes in the day when I went to the waterhouse the water would come on me before getting there. Two boxes of Dodd's Kidney Pills cured me entirely. "I have recommended Dodd's Kidney Pills to many people, and have never yet heard of a failure. Dodd's Kidney Pills are the things for Kidney Disease and Rheumatism."

Dodd's Kidney Pills always cure the Kidneys. Good Kidneys ensure pure blood. Pure blood means good health.

Believed of All Fear.

Dionysius observed Democles casting a furtive glance at the sword. "It's sharp as a razor," remarked the tyrant. "Thanks," replied his guest, visibly relieved. "I see there is no danger." And he laughed to think that he had sworn that morning because Mrs. Democles sharpened her pencil with his razor.—N. Y. Tribune.

Don't Get Footsore! Get Foot-Ease.

A wonderful powder that cures tired, hot, aching feet and makes new or tight shoes easy. Ask to-day for Allen's Foot-Ease. Accept no substitute. Trial package FREE. Address A. S. Olmsted, Le Roy, N. Y.

The Igorrotes at St. Louis say that boiled dog tastes much like sweet potatoes. However, there are times when we are strictly vegetarian.—Kansas City Journal.

Reduced Rates July 4th

via Nickel Plate Road. One fare plus 25 cents for round trip to points within a radius of 200 miles. Tickets on sale July 2nd, 3rd and 4th. Good returning July 5th, 6th. See nearest agent or address B. F. Horner, G. P. A., Cleveland, Ohio.

Want of something to do often causes people to do things they don't want to do.—Star of Hope.

Fits stopped free and permanently cured. No fits after first day's use of Dr. Kline's Great Nerve Restorer. Free 82 trial bottle & treatise. Dr. Kline, 931 Arch st., Phila., Pa.

Marriage is a lottery, but all men are born gamblers.—N. Y. Times.

I am sure Piso's Cure for Consumption saved my life three years ago.—Mrs. Thes Robbins, Norwich, N. Y. Feb. 17, 1900.

Give the reins to appetite and you give wings to happiness.—Ran's Horn.

According to Dean Tufts of the Chicago University, "flirting tends to the development of both soul and intellect." Can we doubt any longer that woman is man's intellectual superior?—Omaha Bee.

"It 'pears' said Uncle Eben, "dat some office holders is kep' so busy lecturin' dat dey ain't got time to learn to do de work deirsel's, an' has to have people hired for dat purpose."—Washington Star.

The man who carries his bills neatly folded in a pocketbook and his odd change in a purse, is never so liberal as the man who carries his bills in a wad in his vest, and his odd change loose in his trousers pocket.—Somerville Journal.

A London physician says that tall buildings breed a race of people with small heads and limited brain capacity. Several of the doctor's critics think that he must have been born on top of the Nelson monument.—Indianapolis Journal.

"Is this a good climate?" "Yes," answered the mild and credulous man. "Everybody seems healthy just now. But I've noticed when the ball club is in town everybody working for me has sickness of tumerals in the family."—Washington Star.

In Iceland there are no prisons, and the inhabitants are so honest in their habits that such material defenses to property as locks, bolts and bars are not required. Yet its history for the past 1,000 years records no more than two thefts.—Detroit News-Tribune.

Dr. Anita McGe, a Philadelphia lady who is at the head of a detachment of Red Cross nurses recruiting for work in Japan, tells this story of one of her experiences: "In Cuba, during our war with Spain," she said, "a new nurse of mine had occasion one afternoon to buy a gallon of oil. The price of the oil was unusually high, and the nurse complained about it. 'Why,' she said, 'do you charge so much?' 'Oil has gone up, ma'am,' the dealer answered. 'Why has it gone up?' 'On account of the war,' the nurse sneered. 'Have they taken it?' 'No,' the dealer answered. 'Then, she said, 'to fighting now by lamplight?'"

HUMOR WASTED ON INDIAN.

Mr. Clover Gave Mr. Grass the "Hey," But He Didn't Cut Any Fodder.

Sam T. Clover was sent out to Dakota some years ago by a Chicago paper when Sitting Bull was threatening to go on the war-path. John Grass was another Indian at that time enjoying temporary fame, related the New York Tribune. The trouble was soon adjusted, but before Mr. Clover left it occurred to the army officers that an opportunity for a meeting between the journalist and the last-named savage was too good to be lost. Accordingly, without any hint to the principals, Capt. Maus called in the red man and said: "Mr. Clover, this is Mr. Grass."

"Hey!" promptly returned the former, placing his hand behind his ear. "But the incident convinced me," Mr. Clover says, in relating it, "that it is hopeless to expect to civilize the Indian. Mr. Grass never cracked a smile. He looked at me with a scowl, and didn't even grunt. He couldn't have taken it any harder if I had been Mr. Scytyle or Col. Mowing Machine."

Not a Good Fit.

"For goodness sake!" exclaimed the boy's mother, "what are you complaining about? You wanted regular suspender pants, and now you've got 'em you ain't satisfied." "But, mom," protested the boy, "I'm kinder 'traid they're too tight under the arms."—Philadelphia Press.

If you succeed in making yourself a man you will succeed in everything else.—Garfield.

SMALL SAVINGS

Invested regularly in a safe bank, grow in a surprising manner. They mean comfort, self-respect and success. We pay 4 per cent. interest, compounded QUARTERLY, on Ordinary Savings Deposits.

We pay 5 per cent. annually on Term Savings Deposits. Interest allowed on funds pending investment.

We can furnish high class FIRST MORTGAGE LOANS.

Drop us a line and let us tell you how easily an account can be started by mail and payments made. The information will be sent you FREE.

COLORADO STATE BANK, Established 1837, Durango, Colorado. Capital, \$75,000.00.

LIVE STOCK AND MISCELLANEOUS ELECTROTYPES IN GREAT VARIETY for sale at the lowest prices by A. N. Kellogg Newspaper Co. 21 Ontario Street, Cleveland, Ohio.

CASTORIA For Infants and Children Bears The Signature Of Chas. H. Fletcher Over Thirty Years The Kind You Have Always Bought

THE KATY FAIR SPECIAL A NEW TRAIN TO TEXAS Leaves St. Louis Daily at 9:15 A. M. The Best of Sleeping and Chair Car Service. No Change of Cars or Route.

Feel bad today? Over-eating, working and drinking may have caused it, or you may have caught cold. Makes you feel mean—bad taste—and a headache. Go upon our advice just once and take CASCARETS CANDY CATHARTIC BEST FOR THE BOWELS Feel well tomorrow

NEW HOMES in the WEST 382,000 ACRES of Fertile and Well-Watered FARM LANDS in the Rosebud Country to be thrown open for settlement. EX-SOLDIERS PILES PATENTS I PAY SPOT CASH FOR MILITARY BOUNTY Land Warrants