



Another club woman, Mrs. Haule, of Edgerton, Wis., tells how she was cured of irregularities and uterine trouble, terrible pains and backache, by the use of Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM:—A while ago my health began to fail because of female troubles. The doctor did not help me. I remembered that my mother had used Lydia E. Pinkham's Vegetable Compound on many occasions for irregularities and uterine troubles, and I felt sure that it could not harm me at any rate to give it a trial.

"I was certainly glad to find that within a week I felt much better, the terrible pains in the back and side were beginning to cease, and at the time of menstruation I did not have nearly as serious a time as heretofore, so I continued its use for two months, and at the end of that time I was like a new woman. I really have never felt better in my life, have not had a sick headache since, and weigh 20 pounds more than I ever did, so I unhesitatingly recommend your medicine."—Mrs. MAY HAULE, Edgerton, Wis., Pres. Household Economics Club.—\$5000 forfeit if original of above letter proving genuineness cannot be produced.

WILL AID COTTON GROWING.

Government Giving Impetus to Industry by Furnishing Sea Island Seed to Porto Ricans.

The United States government, through its agricultural experiment station at Mayaguez, Porto Rico, has determined to encourage the growing of Sea Island cotton in the new possession.

Special Agent Mark D. Gardener is sending out notices that he has received a quantity of Sea Island cotton seed from Edisto island, South Carolina, and that he will supply free not to exceed four pounds each to planters and farmers who wish to experiment with the seed.

The seed was bought and forwarded to Porto Rico by the office of industrial plants in the United States department of agriculture, Washington, D. C., and it is only requested that every planter or farmer making experiments shall inform the Porto Rico station of the results and send a sample of the product for transmission to Washington.

Mr. Gardener's offer is accompanied by a circular letter from President R. M. Walker, of the Walker Cotton and Industrial company, San Juan, in which Mr. Walker tells in detail how to obtain the best possible results from Sea Island cotton planting in Porto Rico. Mr. Walker pleads strongly for a rigid quarantine against the Mexican cotton boll weevil and the destruction of all seed except the Sea Island variety.

Warning to Young Men.

"Don't cross your knees," says a medical authority. It compresses the blood vessels, thereby causing various aches and pains. The logical inference from this, remarks the Chicago Tribune, is that you should not ta. anybody else on your knee.

A Double Motive.

Russia's decision not to participate in the St. Louis fair, says the Philadelphia North American, is solely due to the belief that she can make a sufficient exhibition of herself in the far east.

BOTH JAWS SHOT AWAY

Still a Successful Business Man.

A man who had both jaws shot away had trouble eating ordinary food but found a food-drink that supplies the nutriment needed. He says:

"I have been an invalid since the siege of Vicksburg, in 1866, where I was wounded by a Minnie ball passing through my head and causing the entire loss of my jaws. I was a drummer boy and at the time was leading a skirmish line, carrying a gun. Since that time I have been awarded the medal of honor from the Congress of the United States for gallantry on the field.

"The consequences of my wound were dyspepsia in its most aggravated form and I finally proved... ary coffee was very hard on my stomach so I tried Postum and got better. Then I tried common coffee again and got worse. I did this several times and finally as Postum helped me every time I continued to use it, and how often I think that if the Government had issued Postum to us in the Army how much better it would have been for the soldier boys than coffee.

"Coffee constipates me and Postum does not; coffee makes me spit up my food, Postum does not; coffee keeps me awake nights, Postum does not. There is no doubt coffee is too much of a stimulant for most people and is the cause of nearly all the constipation.

"This is my experience and you are at liberty to use my name." Name given by Postum Co., Battle Creek, Mich.

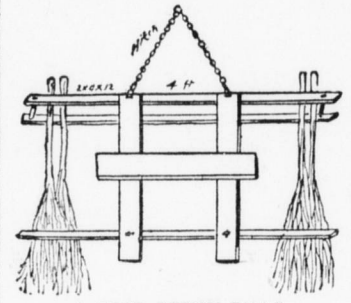
Look in each pkg. for the famous little book, "The Road to Wellville."



A POWERFUL BRUSH DRAG.

An Implement Which, According to Its Designer, Is More Useful Than the Harrow.

Every farmer knows a harrow is an indispensable farm implement. I have constructed a drag that covers a wider area of usefulness than the harrow. Except when I have sod land, I never use the harrow, then I follow a spring-tooth harrow with the drag, which pulverizes and levels the ground and puts it in fine tilth. The drag can be made any desired width. The one I made is to be used with three horses. It consists of 3 pieces 2 inches by 4 inches by 12 feet; 5 pieces 1 inch by 12 inches by 4 feet; 2 6-inch bolts, 2 7-inch bolts,



A GOOD BRUSH DRAG.

2 3-inch bolts, 1 whole trace chain. Any kind of straight brush will do, but brush that grows in thickets is best. Select brush two to three inches at butt end and seven to eight feet long. The drag is made as shown in the cut. Take two pieces 2 by 4 by 12, and bore 4 holes to match in each; first, bore a hole about 6 inches from the ends, here use the 6-inch bolts. Bore a hole 2 feet each side of center, here use the 7-inch bolts. Cut notches in the brush about 6 inches from butt ends, wide enough to fit over the 2 by 4 piece. It is best to notch some off both sides, the object being to keep brush from pulling out of drag. Place the brush as close as can be crowded conveniently between the 2 by 4 by 12 until full, then put each end of trace chain on 2 inside bolts, chain to be used for hitch. Put on top 2 by 4 by 12 and screw end bolts up tight. Next bore holes in two of the 1 by 12 by 4 pieces, and let extend to rear and onto 7-inch bolts, and to piece 2 by 4 by 12, three feet to rear, resting on top of brush with the two 3-inch bolts. Next make eight inchpins 20 inches long and bore four holes front and rear, size 1/4 inches, bore holes in top 1 by 12 by 4 pieces and put in pins. Then put on seat board, which can be moved forward or back to equalize weight as the driver desires. Points of excellence: The driver rides, can do twice the amount that can be done with the harrow with the same team, pulverizes and levels the land better than a harrow, leaving a fine bottom for cutting grass, and for meadow, fine for covering grass seeds, etc.—H. M. Means, in Epitomist.

TIMELY WORDS OF CAUTION

Patent Bug-Killers Rarely Approach in Efficacy the Old-Fashioned Paris Green.

When the farmer begins to spray he looks around for insecticides and finds a good many claiming his attention. There is the pure Paris green, and there are the numerous brands of insect killers that are called "patent," and for which great claims are made. If he does not know what he is doing, the farmer will pay a big price for some of these patent big-killers that are praised a great deal, but are of little value. Paris green is the standard poison, and probably there is nothing cheaper obtainable if it is pure. Arsenate of lead is a good insecticide and carries about one-fourth the amount of arsenic as does Paris green. It has the advantage of adhering better to the foliage than does Paris green. Of the numerous brands of patent insecticides on the market all depend on arsenic for their efficiency except one or two that are compounded with oxide of zinc as the active poisonous principle. One of these compounds that has been investigated by the station costs about one-third as much as Paris green, but it takes from 35 to 50 pounds to do the work of one pound of Paris green. At that rate a man is paying more than ten times for his insecticide what it is really worth, based on Paris green. A good many of the others have a little arsenic as poisonous principle, and are composed in the main of plaster and coal dust. They are cheapest when let alone.—Farmers' Review.

Apple Pomace for the Cows.

Three of the state experiment stations, notably that of Vermont, have conducted experiments with saving apple pomace in the silos and feeding it to cows during the winter. The Vermont station has experimented with this kind of silage now for several years and always with good success. The pulp is simply hauled from the cider mills and shoveled into the silo either with corn silage or alone. About three inches of the silage on top spoils, but this serves as a covering to protect the rest. This silage has been fed to cows in quantities varying from 10 to 50 pounds per day without any injurious effects on either the cows or the quantity or quality of the milk. This kind of silage is always much relished by cows and eaten very greedily.

GOOD CARE IS IMPORTANT.

Poor Cows Frequently Are Improved by Comfortable Quarters and Suitable Rations.

Much is being said in all the dairy papers on the dual purpose cow and much does depend upon the breed, but does not a very great deal depend upon the care the cow receives and upon the milkman? This is a very pointed query and may be answered very emphatically in the affirmative. Some farmers think that the care expended upon the milk cow is just so much time lost, and that she can be fed on just anything, and if she then gives small quantities of milk, that there is no use wasting good feed upon her. This is a very grave mistake, as a poor milk cow is often improved by comfortable quarters and good feed and the best of dairy cows neglected will give very little milk. Good feed and care not only cause an increased flow of milk, but a richer product. I have seen milk from neglected cows that instead of having a thick, rich cream on top, had only a thin whitish covering of cream, and for the dairy was not worth attending to.

A milk cow should never be confined until given a trial by at least two milkers, as often the trouble is more with the milker than with the cow. One cow that has been milked regularly for weeks by one milker gave one quart of milk when calf was large enough to wean, when by accident a change of milkers proved her an excellent dairy cow, and that the calf had been given an unnecessary amount of milk night and morning, simply because the milkman did not care to attend to his work. Warm comfortable quarters are very important and if a cow is compelled to wander around in mud knee deep in winter it is more than likely that she will not give enough milk to pay for the milking. It will not pay to keep your own cows and buy your butter half the time. There is more waste here than on most anything else on the farm. A ten-dollar calf runs off with \$20 worth of cream and milk, while the family do without cream, milk and butter.

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WASTE IN DAIRY FARMING.

No Other Branch of Agricultural Industry Shows So Much Loss in Labor and Money.

The keynote to profitable dairy farming is to be found in a close study and mastery of economic effort of labor. We do not believe there is a business on earth where there is as much waste of labor, time and money as is found on the average dairy farm of the country. There is the waste of poor cows, the waste of unscientific feeding, pouring costly food unsuited to the purpose of economic milk production into the cows, and waste of unhealthy food and disease breeding stables, the waste of poor methods of soil culture and its consequent waste of fertility, the waste of poor care of young animals in the first year of their lives, whereby they are not worth half as much in the market, and finally the great waste of brain and thought, or rather the waste that comes from a lack of brain and thought. Such a host of men there are who prefer to be ignorant of what it means to be a good economical farmer, who are contented as can be in having no hunger or thirst for the knowledge that shall build them up and make first-class men and farmers of them.

From one end to the other of it, successful dairy farming calls for a man who has so much pride in the mastery of his business, in his possession of important ideas and methods, as have the best professional men in the country. Such a dairy farmer will be ashamed to be found ignorant, or have his sons ignorant, of what science is doing for him. Such men are the ones who show the largest profits and who win, besides, honor and fame among men.—Hoard's Dairyman.

CRATE FOR MOVING STOCK.

Saves Lots of Time on Farms Where a Number of Hogs and Calves Are Kept.

I find that in moving such stock as hogs, sheep and calves, much time is saved by having a crate on wheels such as is shown in cut. The crate is mounted on wheels to permit its being used like a wheelbarrow. The animals are driven in at door shown, the door closed and the crate wheeled away. Any old wheels may be used; such as cultivator wheels, or even old buggy wheels. These are not to be had, wheels may be readily sawed out of one-half or one-inch boards placed together the cross way of grain to prevent splitting.—Ralston M. Westinghouse, in Farm and Home.

Fresh Meat in Africa.

A recent traveler in South Africa says that many kinds of meat are eaten there which no one in this country would think of eating, some of which are very palatable, even to a fastidious Anglo-Saxon taste. Among those which he considers especially delicious he mentions the giraffe, the eland, the zebra and the guinea fowl. He also found baked elephant's trunk, baked young elephant's foot and hippopotamus calf bacon excellent eating. Among the African dishes which do not appeal to an American's taste may be mentioned lions, ostriches, alligators and snakes.

ONE OF THE UTMOST.

Even Commercial Travelers Were Not Beyond the Reach of Saving Grace.

Dan Daly, the actor, who died recently, whenever he was idle in New York had a great habit of attending Salvation Army meetings. He belonged in the Salvation Army, and he contributed liberally to its support. Sometimes, too, he had interesting things to tell about it, says the New York Tribune.

One evening, rather late, Daly and a commercial traveler entered the Fifth Avenue hotel together. Daly, with a nod toward his companion, said: "My friend and I were at a meeting of the army to-night. The captain, after his address, passed through the audience, questioning the people. Coming to my friend, he said: "What is your business, sir?" "I am a commercial traveler," was the answer.

"And are you saved?" "Oh, I'm all right." "At this reply the captain, turning to the congregation, shouted in a loud voice: "Hallelujah! A commercial traveler saved. God can save to the uttermost!"

Doubtful Compliment.

Poulney Bigelow, who has accepted the chair of foreign relations at Boston university, had completed an address before the Twentieth Century club of Chicago. A young man congratulated Mr. Bigelow rather awkwardly on this address, and the learned traveler replied: "That is a doubtful compliment. It reminds me of a remark that a friend of the groom's made at a New Hampshire wedding.

"This friend, an observant chap, watched the groom closely during the ceremony, and at the end bore down on the happy man, shook him warmly by the hand, and said: "Bill, ye done good. I had an idee ye would be skittish while ye wuz being tied up, but, heghosh, ye looked as bold as a sheep."—Washington Post.

A Happy Mother.

Maple Hill, Ia., May 30.—A very remarkable case occurred here recently. The people here have never seen anything like it and it may interest many others.

From his infancy, Verne, the little five-year-old son of Mr. and Mrs. J. Barfoot, of this place, has been sickly. His mother consulted a doctor, but he did not begin to improve till some one suggested that she try a remedy called Dodd's Kidney Pills. From unmistakable symptoms she had always believed that his kidneys were the first cause of all the trouble, so she bought a box of Dodd's Kidney Pills and began giving little Verne two pills a day. In two or three days she noticed an improvement and she kept on till he had used about two boxes when to her great joy, he was all right. Everybody remarks how much better Verne looks and Mrs. Barfoot always explains: "Dodd's Kidney Pills saved his life."

Extremes in Temperature.

Yeast—Did you say your friend was an even tempered man? Crimsonspeak—I should say not! Why, he gets hot under the collar and cold feet at the same time.—Yonkers Statesman.

When a man is well dressed he feels he is entitled to attention.

DOCTOR ADVOCATED OPERATION—PE-RU-NA MADE KNIFE UNNECESSARY.

MRS. EVA BARTHO, 133 East 12th St., New York City, N. Y., writes: "I suffered for three years with leucorrhoea and ulceration of the womb. The doctor advocated an operation which I dreaded very much, and strongly objected to go under it. Now I am a changed woman. Peruna cured me; it took nine bottles, but I felt so much improved I kept taking it, as I dreaded an operation so much. I am to-day in perfect health and have not felt so well for fifteen years."—Mrs. Eva Bartho.

Mrs. Senator Roach, of Larimore, N. Dak.; Mrs. Senator Warren, of Cheyenne, Wyo.; Belva Lockwood and Mrs. General Longstreet, of Washington, D. C., are among the prominent ladies who indorse Peruna.

Miss Helen Rolof, Kaukauna, Wis., writes: "Several times during the past two years or more my system has been greatly in need of a tonic, and at those times Peruna has been of great help in building up the system, restoring my appetite and securing restful sleep."—Helen Rolof.

Miss Muriel Armitage, 36 Greenwood Ave., Detroit, Mich., District Organizer of the Royal Templars of Temperance, writes as follows:

"I suffered for five years with uterine irregularities, which brought on hysteria and made me a physical wreck. I tried doctors from the different schools of medicine, but without any perceptible change in my condition. In my despair I called on an old nurse, who advised me to try Peruna, and promised good results if I would persist and take it regularly. I kept this up for six months, and steadily gained strength and health, and when I had used fifteen bottles I considered myself entirely cured. I am a grateful, happy woman to-day."—Miss Muriel Armitage.

Miss Lucy M. Riley, 33 Davenport St., Cleveland, Ohio, writes: "I wish to add my indorsement to thousands of other women who have been cured through the use of Peruna. I suffered for five years with severe backache, and when weary or worried

Effects of Scotch Whisky.

Gunner—So you drank Scottish whisky at the banquet until you saw triple. Did you hear bells ringing in your ears? Guyer—Worse than that—I heard bagpipes.—Philadelphia Record.

Shake Into Your Shoes

Allen's Foot-Ease. It cures painful, swollen, smarting, sweating feet. Makes new shoes easy. Sold by all Druggists and Shoe Stores. Don't accept any substitute. Sample FREE. Address A. S. Olmsted, Le Roy, N. Y.

A Philadelphia preacher says women's extravagance is the cause of bachelorhood. How about the extravagance of the bachelors?—Pittsburg Gazette.

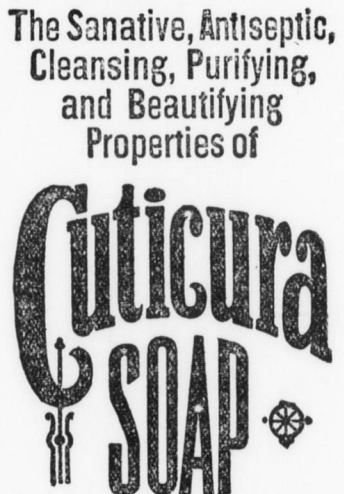


MRS. EVA BARTHO.

In the least I had prolonged headache. I am now in perfect health, enjoy life and have neither an ache or pain, thanks to Peruna."—Lucy M. Riley. It is no longer a question as to whether Peruna can be relied on to cure all such cases. During the many years in which Peruna has been put to test in all forms and stages of acute and chronic catarrh no one year has put this remedy to greater test than the past year. If all the women who are suffering with any form of female weakness would write to Dr. Hartman, Columbus, Ohio, and give him a complete description of their symptoms and the peculiarities of their troubles, he will immediately reply with complete directions for treatment, free of charge. Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

FOR WOMEN Especially Mothers

The Sanative, Antiseptic, Cleansing, Purifying, and Beautifying Properties of



Assisted by CUTICURA Ointment, the great Skin Cure, are of Priceless Value.

For preserving, purifying, and beautifying the skin, for cleansing the scalp of crusts, scales, and dandruff, and the stopping of falling hair, for softening, whitening, and soothing red, rough, and sore hands, for baby rashes and chafings, in the form of baths for annoying irritations, ulcerations, and inflammations of women, and many sanative, antiseptic purposes which readily suggest themselves, as well as for all purposes of the toilet, bath, and nursery, CUTICURA Soap and CUTICURA Ointment are priceless.

Sold throughout the world. Cuticura Soap, 25c. Ointment, 50c. (In form of Chocolate Coated Pills, 25c. per box of 50). London, 27, Chancery Lane; Paris, 5 Rue de la Paix; Boston, 137 Columbus St.; New York, 150 N. 4th St.; Philadelphia, 120 N. 2nd St.; Chicago, 120 N. Dearborn St.

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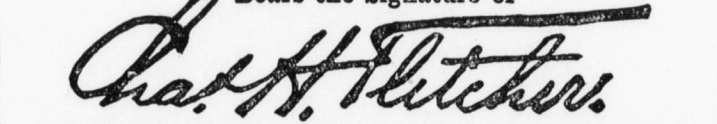
CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All counterfeits, imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS Bears the Signature of

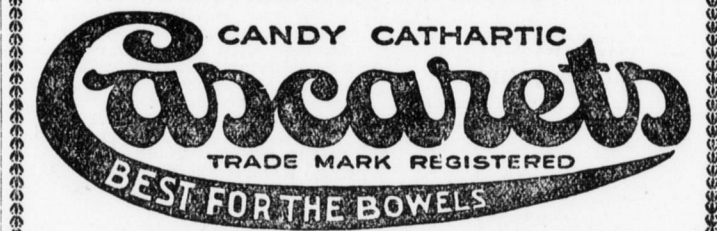


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THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

\$100.00 Reward

will be gladly paid to anyone who will furnish convicting evidence against imitators and substitutors who try to sell you worthless preparations when CASCARETS are called for. Don't ever take substitutes, but insist on having



The great merit of CASCARETS makes big sales everywhere. Therefore, now and then, dealers try to substitute "something just as good." It's a lie! Don't let them do it, and if they try, write us confidentially at once. Address STERLING REMEDY COMPANY, Chicago or New York. All Druggists, 10c, 25c, 50c.

Beware of Imitations!