



IT IS WORTH CULTIVATING.

Women and Girls Without Graceful Physique Can Never Hope to Be Attractive.

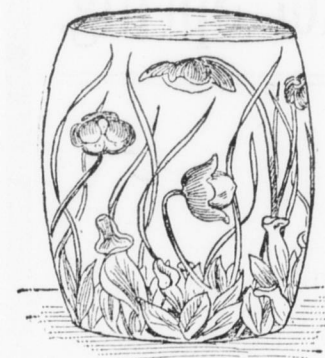
Nothing can make a lounging standing position excusable. Walls, railing, posts and door frames were never intended for human beings to prop themselves up against—the doing so does not rest the weary or lessen fatigue in the least.

The woman who flattens her entire body, head, shoulders, hips and heels, against the wall in a crowded room is another offender. To stand with hips and heels against the wall is perfectly allowable in a crowded room, but to rest the shoulders and head against it is to be unnecessarily ungraceful.

ORNAMENT YOUR OWN LAMP

A Dainty Bit of China Decorating Which Can Be Kept in Evidence the Year Around.

One of the most satisfactory objects for the china decorator to expend her labor upon is a porcelain vase to serve as the foundation of a parlor lamp.



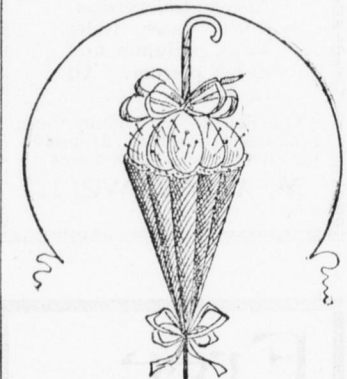
HAND-PAINTED LAMP BOWL.

In Europe it is known as huntsman's horn and Indian cup. The flower has five outer leaves (dark red on the outside, and green edged with red, on the inside) five petals of a brighter red, and a yellow green umbrella-shaped center formed by the spread of the pistil.

PRETTY HOME-MADE GIFTS.

Pincushions Made of Doll Umbrellas and Hand and Work Bags of Handkerchiefs.

Pincushions and pretty bags always find a welcome, no matter how many already may be possessed. The convenience of a pincushion which can be hung at the side of a mirror, or in some similar position, is self-evident.



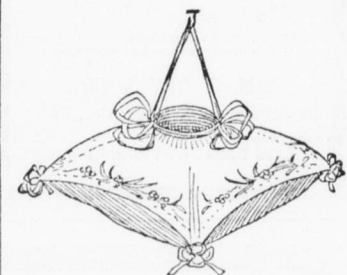
DOLL UMBRELLA PIN CUSHION.

parasol further ornamented with bows of ribbon tied on whatever fancy indicates. To make the best foundation the parasol should have a hooked handle by which it can be hung, but should such not be obtainable, a ribbon loop can be attached to a handle of any sort.

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COLLAPSIBLE WORK BAG.

wooden embroidery ring as narrow as obtainable. The embroidered handkerchief is then laid over the plain one, and the two are stitched together.

Another equally charming gift that can be made from handkerchiefs is the bureau cover. For this three or four are required, according to size, and they can be as simple or elaborate as desired.

Whatever the number and whatever the style, each handkerchief should have lace insertion at the ends, and then all be joined together to form a strip by means of beading. Around the entire edge of the cover is a frill of lace, which forms a finish.

Brown or White Sandwiches. Any kind of finely-chopped nuts, beaten to a paste with a small quantity of mayonnaise, will make a delicious filling for either brown or white bread sandwiches.

Combination That Never Fails. Equal parts of ammonia and spirits of turpentine will take paint out of clothing, no matter how dry or how hard it may be.

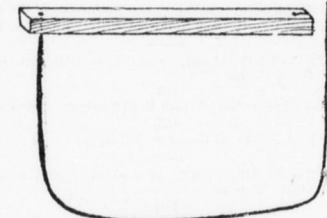
How to Serve Cranberries. Cranberries are more tempting if strained before sweetened, made into a jelly and cut into cubes when cold, than in the ordinary form of sauce.



A SUCCESSFUL FODDER TIE.

Handier Than Twine Strings and Will Last for Years, If Properly Taken Care Of.

The following illustration shows a handy fodder tie. It is easily and quickly made thus. Take a piece of light timber 1x1 1/2 (Blackgum preferred), saw about 20 or 22 inches long.



HANDY FODDER TIE.

a knot in it to hold it there, now saw a notch in the opposite end of the stick as shown in the illustration so that when the string is drawn tight around the fodder one of these knots on the other end of the string may be adjusted into this notch to hold it there.

SQUASH CROP FOR MARKET.

Hints About Best Soil, Best Fertilizer, Best Location and Best Method of Culture.

The kind of soil best suited to the growth of a squash is deep, rich and mellow; a gravelly clay also gives good results. I would not advise a sandy loam if very dry for squashes, as they require considerable moisture.

Good Cream Is Necessary.

It was once supposed by a few progressive creamery men that a first-class buttermaker ought to be able to make good butter from half-rotten cream. Later on experience taught us that there is no method by which we can renovate old, over-ripe cream or milk, and make a desirable product from same.

Two Statues in Butter.

One of the Indiana commissioners to the St. Louis exposition has planned two pieces of statuary that will be of special interest to farmers and dairymen, and, indeed, to the average visitor.

FLOWERS FOR WOMEN.

Michigan Railway Company Gives Thousands of Boutonnieres Away at Niles Every Year.

Over 500,000 women annually get free bouquets in Niles, Mich., where a railroad company has just rebuilt its hothouse on a scale that doubles its former capacity.

The new building is one of the most extensive and substantial that has ever been erected for the purpose. It not only holds a never-failing supply of flowers for the tiny bouquet for the women folks, but in it are stored thousands of plants that in the spring are shipped to every part of the system to be used in beautifying station grounds.

In different parts of the roomy structure are found snowy clematis, yellow asters, purple phlox, heliotrope, tiger lilies, dahlias, azaleas, colesias and everything to delight the gaze of everyone fortunate enough to behold the sight.

More than a decade ago the officers of the road conceived the idea of raising enough flowers to enable them to throw in the lap of each woman passenger, be she of high or low degree, a boutonniere of cut flowers. An employe in uniform bearing a basket filled with the favors passed through the train distributing the fragrant bunches.

MARRIAGES EQUAL DEATHS.

Richmond, Ind., Reverend Officiates at 170 Weddings and at the Same Number of Funerals.

Rev. J. P. Chamness, pastor of the Fifth Street Methodist Episcopal church, Richmond, Ind., since April 19, 1900, when he took up the pastorate of the local church, has officiated at 170 marriages and an equal number of funerals.

Doctor Who Cures Sick Gems.

There is a jeweler in New York city who makes a specialty of curing sick and sulky gems. All jewels except diamonds, he says, are liable to malady.

A VENERABLE PASTOR CURED BY PE-RU-NA.

Pe-ru-na is a Catarrhal Tonic Especially Adapted to the Declining Powers of Old Age.

In old age the mucous membranes become thickened and partly lose their function. This leads to partial loss of hearing, smell and taste, as well as digestive disturbances.

Strong and Vigorous at the Age of Eighty-eight.

Rev. J. N. Parker, Utica, N. Y., writes: "In June, 1901, I lost my sense of hearing entirely. My hearing had been somewhat impaired for several years, but not so much affected that I could hold converse with my friends; but in June, 1901, my sense of hearing left me so that I could hear no sound whatever."



Rev. J. N. Parker.

A Bishop's Letter.

T. H. Lomax, D. D., Bishop 2nd Dist. A. M. E., of Charlotte, N. C., writes: "I recommend your Peruna to all who want a strengthening tonic and a very effective remedy for all catarrhal complaints."

If you do not receive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

The spring is the best time to treat catarrh. Nature renews herself every spring. The system is rejuvenated by spring weather. This renders medicines more effective.

A full statement of your case and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.



speaking too highly of Peruna, and now when 88 years old can say it has invigorated my whole system. I cannot but think, dear Doctor, that you must feel very thankful to the all-loving Father that you have been permitted to live, and by your skill be such a blessing as you have been to suffering humanity." —Rev. J. N. Parker.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

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CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since his infancy.

What is CASTORIA

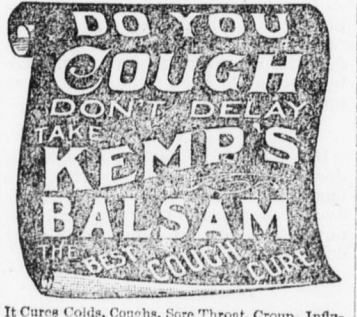
Castoria is a harmless substitute for Castor Oil. Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee.

GENUINE CASTORIA ALWAYS

Bears the Signature of

The Kind You Have Always Bought

In Use For Over 30 Years.



W. L. DOUGLAS

\$4.00, \$3.50, \$3.00, \$2.50. W.L. Douglas shoes are worn by more men than any other make. The reason is, they hold their shape, fit better, wear longer, and have greater intrinsic value than any other shoes.

POPE MANUFACTURING CO



FREE to WOMEN

A Large Trial Box and book of instructions absolutely Free and Post-paid, enough to prove the value of Paxtine Toilet Antiseptic



The formula of a noted Boston physician, and used with great success as a Vaginal Wash, for Leucorrhoea, Pelvic Catarrh, Nasal Catarrh, Sore Throat, Sore Eyes, Cuts, and all soreness of mucus membrane.

In local treatment of female ill's Paxtine is invaluable. Used as a Vaginal Wash we challenge the world to produce its equal for thoroughness. It is a revelation in cleansing and healing power; it kills all germs which cause inflammation and discharges.

