SMALL WAIST CRAZE.

Twenty Inches Quite Enough and More Than Twenty-Two Not to Be Endured.

Since it has been decreed that the shall-waisted, short-hipped figure is the only one acknowledged by fashion, the necessity for tight-lacing, writes a lady correspondent, has become imper-Corsets are worn-often at night ative. as well as all day-which press the waist line in and down to the hips, so that, instead of showing a long, slight curve, they may be forced into short, round curves. Women who wear these corsets live in a kind of torture, and the pressure in time sets up serious internal complications, including heart disease and lung trouble.

To such an extent has the evil grown. it may be mentioned, that at a certain famous modiste's orders for gowns from ladies whose waist measurements are over 22 inches are delicately, but firmly declined.

'We dare not risk our reputation by gowning any but the most fashionable women," explained the principal recently, "and no woman with a large waist can look well in a frock designed for one who has cultivated the short-hip figure. So if a customer comes to us wearing the old-fashioned style of corset, and does not seem inclined to conform to newer ideas, she must go elsewhere for her gowns.

"We have heaps of customers whose measurements are three and four inches smaller than they were last year, and in almost every case this is due to the tight-lacing demanded to acquire the new figure. Quite young girls are the worst offenders, and I am quite sure we have not made a gown this season for a debutante whose waist measurement exceeded 20 inches."

Until women are brave enough to defy fashion the evil will doubtless grow instead of lessen, and the practice will continue to add appreciably to the death roll and fill the incurable hospitals with women who have ruined themselves for the sake of a small waist.—Cincinnati Commercial Tribune.

Putting the Baby to Sleep.

"I had tried everything to make my little one sleepy at the right time," said one of the progressive mothers, "and all to no avail. He simply would not sleep when I put him to bed. I had to forbid the 'romp with papa' after dinner, because it seemed to wake the boy up so thoroughly. I tried rubbing his feet and putting a hot water bag in the bed on cold nights. I tried feeding him just before taking off his clothes. Nothing had any effect on his excited nerves. Then the doctor suggested a remedy that worked like a charm. Taking off Jack's clothes, I sponged off his spine in hot water, beginning at the neck and passing down slowly and gently, and so over and over again. I kept the water as hot as could be borne, and continued the treatment until the skin was red. Then the back was dried gently and the child put into bed. Either the gentle downward stroke or the hot water had a soothing effect on the nerves Anyway, sleep was sure to follow. A week or two of this treatment will usu-ally effect a permanent care."—Chicago News.

How to Renovate Bronze.

Bronze may be renovated and recolored thus: Mix one part of muriatic acid and two parts of water. Free the arand two parts of water. Free the ar-ticle from all grease and dust and apply the mixture with a cloth. When dry, polish with sweet oil.

How to Open Ovsters

To open oyster shells easily, just place the oysters on the warm kitchen stove for a second, then insert the knife between the thin portion of the shell, and

MORE BEAUTY DON'TS. Secrets of Having Shapely and Pretty

Nails and Soft and Delicate Fingers.

Don't over-manicure the hands, or hey will become so tender as to be easily reddened and roughened. Don't wash the hands oftener than necessary, and dry them thoroughly aft

er every washing. Don't neglect the palms of the hands. They need attention as much as the backs of the hands. Rub an emollient -perfumed honey is good-into the palms with thumb and forefinger.

Don't neglect massaging and knead-ing of the hands, in order to secure good circulation, which helps to keep the hands white and make the skin pliant. Don't forget to pinch the ends of the fingers now and then. This will do a good deal toward making the fingers taper.

Don't polish the nails too highly, or they become so brittle that the slightest contact with anything hard breaks them down to the quick, thereby causing intense pain.

Don't file or scrape the nails; either process only helps to thicken them. They should be rubbed down with the very fine emery and cinnabar powder, which is used for polishing shell and ivory.

Don't allow the nails to remain long soiled with anything that will stain them.

Don't always use a nail polisher or buffer. Once in awhile try polis the nails on the palm of the hand.

Don't trim the nails to sharp points. If there is anything that will set the

teeth on edge it is to shake hands and feed a slight graze from such claws. It is feline. Don't always use scissors to trim the

nails; a file is better to round off the edges. Nothing tends to injure the nails so much as persistent trimming with a pair of scissors.

Don't think that one rule applies to all finger nails. No two sets of nails can be treated quite alike, not alone because of their texture, but of their formation. To trim some nails overmuch renders them thick and ugly. To leave others too long uncut increases their tendency to brittleness.

Don't wear rings that are too small. The inevitable result is disfigurement from red and swollen hands and knuckles.

Don't wear gloves stitched with col-They make the hands look larger. ors.

Don't wear gloves that are a size toc small or that fasten too tightly. This prevents free circulation and makes the hands red.

Don't think the appearance of the hands a trifling consideration. A beautiful hand may be even more fascinating than a beautiful face, and nothing more strongly marks the person of birth and breeding .- Washington Star.

Setting Colors in Fabrics.

It is impossible to tell whether a color is fast before washing, but by far the safest plan is to "set" the color before it goes to the tub for the first time. One of the best methods of settling delicate colors consists in simply making a strong brine of cold water and salt and soaking the garment from 12 to 24 hours. Of course this should be done just before going to the laundry, and the salt should not be allowed to dry in it. This is especially good for all shades of pink and green, and colors once set this way will be bright as long as it would be possible brown, but its effect is not so lasting as that of salt and it is sometimes necessary to renew the bath after the first three or four washings. Some people recommend solutions of lead and copperas, but as both of these are poisonous drugs, it is better to avoid them .- Chicago Daily News.

Getting Around a Difficulty.

Ward Worker-No, sir; I'd never sell I'dmy vote.

to me for a day? Ward Worker-Well, that's different. -N. Y. Mail and Express.



HANDY FRUIT PICKER.

For Occasional Use It Can Be Recom mended, But It Doesn't Do Hand Work.

The cut is engraved partly from wide model of the hook part, sent us by a correspondent. It consists of a pronged wire hook, with small, open mouthed bag beneath, both attached

to a long handle or pole. Its method

of use is shown in the cut. It has long

been in occasional use, and is kept

EMERGENCY FRUIT PICKER.

on sale (except the handle) at most large hardware stores. Its principal use is for picking a few very fine specimens not otherwise accessible, except by shaking, and too valuable to shake and bruise. We have long had one, but we seldom use it. The human hand can reach nearly all specimens from a well made and skillfully set ladder. All of our picking ladders come gradually to a point at the top, and can be run anywhere through a tree, or be set in quite a small crotch. If the ladder is set very nearly plumb, the pressure upon the crotch or limb is very slight; and the human hand (both hands, with basket hooked on ladder round, or hung, by strap, snap and ring, around the picker's neck and shoulder) can pick ten times as fast and well as any picking hook or device we have ever seen.—Ohio Farmer.

GREEN FOOD FOR PIGS.

English Farmer Gives His Ideas of How to Make Cheap and Ex-

cellent Pork.

A writer in the London Live Stock Journal, who seems to be talking out of his own experience, says:

"Now, it is questionable whether there is a better and cheaper way of making pork than to grow a field or two of rape, clover or grass and clover root mixed, and run therein a number of strong young shotes during the summer months, shutting them up for a period of from six to eight weeks in the autumn and feeding them on some good fattening food, when they will be ready for the butcher. A pig should make good pork, running from 11 to 12 stone, in seven months from birth, ft is asserted. In no way can he do it better than on the lines indicated. Frame, bone and form can be developed to perfection, and good pasturage, combined with a daily feed of grain food or milk and meal.

"While good grass, clover or vetches and clover make excellent pasture, rape gives still better results. thrive and feed on it amazingly. Pigs farmer, a neighbor of mine, who keeps a herd of approximately 200 pigs, speaks in the highest terms of rape as a green food for them. It is a useful crop in other ways, as lambs do exceedingly well on it.

"It would really appear that the system of grazing pigs could be extended from its present narrow and restricted Candidate-Ah! but won't you rent it limits with decided advantage. A field or two of rape, clover, etc., for summer

CHAIN OF SUGGESTION. One Barber After the Other Kad an Idea to Offer the Pertinacious

Customer.

"A man up in my country had a melan-sholly experience." declared Senator Frye, of Maine. "This man determined to get a shave every other day and to let every barber cut his hair who suggested it. At the end of a week three different barbers had intimated that the hair need-ed trimming and were told to 'go ahead and trim.' As the hair was now beyond the trimming stage, the fourth barber's advice, 'that clipping would be beneficial,' was accepted. 'Now,' thought the man, 'the next barbar will be satisfied that when I say 'shave,' I mean 'shave' and nothing more. Yet when the fifth barber mentioned 'singeing' he permitted his close-ly-cropped hair to be singed. The sixth another barber, now satisfied that when he said 'shave' no barber would have the temerity to hint at an attempt to reduce the length of his haie. "The lengths and a quicker way of get-ting at was on the solution the barber as he took up a boitle.

"The Indians had a quicker way of get-"The Indians had a quicker way of get-ting at a man's scalp than these barbers," commented Senator Chandler. "Yes," said the Maine stateman, "but we are living under modern, not ancient barbarism."

barbarism.

For a Bad Back. Sabra, Montana, Oct. 19th.—A great many men in this neighborhood used to complain of pains in the back, but now searcely one can be found who has any such trouble. Mr. Gottlieb Mill is largely responsible for the improvement, for it was he who first of all found the remedy for this Backache. He has recommended it to all his friends and neighbors, and in every case it has had wonderful success. Mr. Mill says:— "For many years I had been troubled with my Kidneys and pains in the small of my back. I tried many medicines but did not derive any benefit until last fall, when I bought a dozen boxes of Dodd's Kidney Pills. After using them a few days I began to improve, my back quit around. "I will keep them in the house right

nothing else.

Never Again. Biway-Use an alarm clock nowadays? digsup-No; never tried one but once. "How was that?" "Well, you see, the first time it went off I dida't exactly know what it was, and so I said: 'O, for heaven's sake, Maria, shut up!' Maria happened to be awake, and-well, that is how it was."-Stray Stories.

H re Is the Evidence

H re Is the Evidence That the Great Southwest is full of money-making possibilities—our booklets on "Beautiful Indian Territory," "Texas," "The Golden Square," "Business Chances," and others equally as interesting, which will be mailed you on receipt of two-cent stamp. Address GEORGE MORTON, G. P. & T. A., M., K. & T. Ry., Suite I, Wainwright Bldg., St. Louis, Mo.

Why Not?

Why Nott "Here's an account of a big landslide," said the new reporter. "Under what head shall I put it?" "Put it with the real estate transfers," said the city editor, as he wrote: "Con-tinued on the forty-first page" in the mid-dle of a four-line paragraph.—Youth's Companion.

Stops the Cough.

and works off the cold. Laxative Bromo Quinine Tablets. Price 25 cents

A Catching Advertisement.—Ida—"Ger-trude inserted an advertisement that she would like to meet a genteman who was fond of outdoor life." Belle—"Who an-swered?" Ida—"Sixteen tramps."—Phila-delphia Record.

Three trains a day Un cago to Califor-nia, Oregon and Washington. Chicago, Union Pacific & North-Western Line.

Wantanno-"I wonder if Gabsky will re-cite for me at my little party this even-ing?" Duzno-"He will unless you know some as yet unliscovered way to prevent him."-Baltimore American.

Piso's Cure for Consumption is an infalli-ble medicine for coughs and colds.-N. W. Samuel, Ocean Grove, N. J., Feb. 17, 1900.

Our Artist—"What a 'svely view you have here, my good Lady," Old Lady (whe has lived there all her life)—"Ah, so I hear from all sides!"—Punch.

Three solid through trains daily Chicago to California. Chicago. Unim Pacific & North-Western Line.

The probability is that only men who on't know how they do it ever live to e 100.-Puck.

Putnam Fadeless Dyes are fast to light and washing. The average small change of gossip



Lydia E. Pinkham's Vegetable Compound.

"DEAR MRS. PINKHAM: - There are but few wives and mothers who have not at times endured agonics and such pain as only women know. I wish such women knew the value of Lydia E. Pinkham's Vegetable Compound. It is a remarkable medicine, different in action from any I ever knew and thoroughly reliable.

"I have seen cases where women doctored for years without perma-Vegetable Compound, while others who were chronic and incurable came out cured, happy, and in perfect health after a thorough treatment with this medicine. I have never used it myself without gaining great benefit. A few doses restores my strength and appetite, and tones up the entire system. Your medicine has been tried and found true, hence I fully endorse it."-MRS. R. A. ANDERSON, 225 Washington St., Jack-conville Flore sonville, Fla.

Mrs. Reed, 2425 E. Cumberland St., Philadelphia, Pa., says:

-A "DEAR MRS. PINKHAM: - I feel it my duty to write and tell you the good I have received from Lydia E. Pinkham's Vegetable Com-

from Lydia E. Pinkham's Vegetable Com-pound. "I have been a great sufferer with female trouble, trying different doctors and medicines with no benefit. Two years ago I went under an operation, and it left me in a very weak condition. I had stomach trouble, backache, headache, palpitation of the heart, and was very nervous; in fact, I ached all over. I find yours is the only medicine that reaches such troubles, and would cheerfully rec-ommend Lydia E. Pinkham's Vegetable MANNE ommend Lydia E. Pinkham's Vegetable Compound to all suffering women."

When women are troubled with irregular or painful menstruation, weak-ness, leucorrhœa, displacement or ulceration of the womb, that bearing-down feeling, inflammation of the ovaries, backache, flatuence, general debility, indigestion, and nervous prostration, they should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such tracklass and true remedy. I removes such troub

The experience and testimony of some of the most noted women of America go to prove, beyond a question, that Lydia E. Pinkham's Vegetable Compound will correct all such trouble at once by removing the cause and restoring the organs to a healthy and normal condition. If in doubt, write Mrs. Pinkham at Lynn, Mass, as thousands do. Her advice is free and helpful.

No other medicine for women in the world has received such wide-spread and unqualified endorsement. No other medicine has such a record of cures of female troubles. Refuse to buy any substitute.

\$5000 FORFEIT if we cannot forthwith produce the original letters and signatures of bovo testimonials, which will prove their absolute contineness. Lydia E. Pinkham Medicine Co., Lynn, Mass.



For a Bad Back.

around. "I will keep them in the house right along, for in my opinion they are the best medicine in the market to-day, and if my back should bother me again, I will use

Never Again.

it will open easily

-N. Y. Mail and Express

Handsome Corsage Ornament

F Dame Fashion is heeded this year scribed by the Brooklyn Eagle is of nothing but the length of her purse will regulate the quantity of jew-

els with vibil regulate the quantity of jew-els with which lovely woman will bedeck herself on state occasions. She will shine like icicles in the sun with dia-monds, gleam like danger signals upon her friends, with rubles, and be trimmed with pearls like a prince in a pantomime. She will wear rings, brooches, earrings, bracelets, necklaces, buckles, cloak clasps, tiaras, all bejeweled, and as if



this were not enough there are newly-

designed corsage ornaments to tempt addition to the corsage of an evening or ber fancy. The one pictured and de- dinner costume.

knots, which are studded with diamonds. The large pendant pearls are of the long shape now so much in request for hair ornaments, pendants and earrings. Al-together the ornament is one which might well adorn the gown of a princess. Made in semi-precious stones, the design would be within the reach of moderate incomes and would be a most decorative

Horn. pay cultivation where pigs are kept in any numbers."

SEVERE ROOT PRUNING.

System Has Many Advocates and Is Especially Applicable Where Climate Is Dry.

Ine advocates of severe root pruning for trees being transplanted seem to be increasing in number. According to Luther Burbank this system is espe-cially advantageous for planting to the severe severe advantageous for planting to the severe sever cially advantageous for planting in dry climates. In a recent issue of the Rural New Yorker he says: Every experienced nurseryman trims all the small side roots off his nursery stock before planting. This is a universal sustom, and in my experiments I have found that seedlings and very young trees should always be treated in this trees should always be treated in this way under all circumstances. A young seedling tree which has had its roots cut off to within a few inches of the collar, and the top almost wholly re-moved, will in all cases make a far better growth than the one planted insured."-N. Y. Sun. with all its roots, even if the top should be removed. Of course it is necessary to remove the top in proportion to the amount of roots removed, and, strange as it may seem, it is especially neces-sary to prune the roots short when they are to be planted on load that when they are to be planted on land that has little moisture near the surface. For the trees having many side roots divide their forces in starting in all directions, instead of making a good, substantial main tap root, which the closely pruned seedling will always proceed to do. Though of universal application, these facts are especially applicable to dry climates like California and Texas.

The man who takes care of your dairy cows should be a gentle man.

Some men are too busy to grow old.-Chicago Daily News.

Very great men make no friends. They know better.-N. O. Times-Democrat.

In the Auto.—"I ran across old Hopkins in Boston yesterday." "Casually?" "No; fatally."—Harvard Lampoon.

Not Alarmed.—Struggling Artist—"At the rates you pay I would soon starve to doath." Dealer—"Vell, ven you are det, I gan zell your bictures you I half at a goot profit."—N. Y. Weekly.

An Insinuation.—"I say, Jones," said Smith, "what did you give for that horse?" "My note," replied Jones. "Well," rejoined Smith, "you certainly got a bargain."—Chicago Daily News.

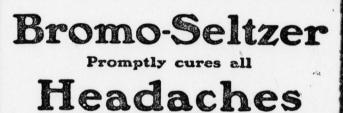
yet, either."-Philadelphia Ledger.
Neck and Neck.-"Let me write the songs of a nation and I care not who mekes its laws," said the musical young man. "Oh, I don't know," replied the practical young woman. "I guess there are about as many ragtime laws as there are ragtime songs."-Comfort.
"I am afraid the nobleman who is to become your son-in-law has not much taltent for business." "I don't know," answered Mr. Cumrox. "If he can manage to get as good prices for other merchandise as he does for a title, I'll trust him to take his chances in business."-London Tit-Bits.



When you ask for Cascarets, don't let the dealer substitute some-thing else. There is nothing else as good as Cascarets, and if you are not pleased we pay your money back. 10c, 25c, 50c, all drug-gists. Sample and booklet free. Address Sterling Remedy Co., Chicago or New York.

Best for the Bowels

96969696969696969696969696



MALL-STONE CURE. "Graemer's Galculus Cure" act keep it. order from us. WM. CRAEMER. 4100 N. Grand Ave., St. Louis, M. DRUGGISTS--WE SUPPLY YOU DIRECT.

