



THE AMERICAN BEAUTY.

A Composite Made of Photographs of Society Women Noted for Their Attractiveness.

Both in its modeling and composition the typical American face is entirely distinctive. A characteristic style in architecture or literature in the United States remains perhaps to be developed, but the American character, temperament, spirit, call it what you will, has already stamped itself indelibly on our physiognomy.



TO DEVELOP THE CHEST.

Easy Way by Which to Increase Bust Measurement Two Inches in Three Months.

The neck and chest can be developed finely in three months by the following rules:

As you walk about raise the shoulders quickly and then throw them back and then down. Count quickly as you do it—1-2-3—raising them to 1 and so on. After going through this three times or more, you are ready to walk properly. Keep the chest out and be careful each time not to let the shoulders come forward at the last count—3. They must go down and back, if anything.

When you find you must exhaust your breath, do not let the chest fall, and take the breath instantly and quietly through the nose only and by pushing out the sides. Then instantly begin slowly drawing in the sides and abdomen and raise the chest higher and higher.

Any one who will try this will increase in measure from shoulder to shoulder and around bust two inches in three months.—Chicago Inter Ocean.

PLUCKY LITTLE GIRL.

She Conducts a Small Truck Farm and Takes Care of a Family of Seven People.

With the responsibility of a family of seven on her diminutive shoulders, little Eleanor Keefe, of 110 North Fifty-seventh street, West Philadelphia, is making a plucky fight for existence, and already she is known as the youngest and one of the most successful farmers in America.

This small farmer is only twelve years old, and yet she carries the responsibility in supporting her family with the light-heartedness of the wealthiest and most care-free little girl in America.

Little Eleanor operates an extensive truck patch, and the product she gathers she sells from door to door, and by this means earns, during the summer, at least \$20 a week, besides supplying enough to last all through the year, the table at home with vegetables enough to last all through the year.

Her father is a paralytic, and though it is true that there is a little Keefe boy who brings home every Saturday a few dollars from a stocking factory where he works, and that Mrs. Keefe does an occasional job of laundering, still Eleanor is the main support of this poor family.

Every morning she digs and hoes on her small farm, and every afternoon she pushes through the streets with her little go-cart, selling her fresh and excellent vegetables.

She has a host of regular customers, and these customers wait for her every day. They do well to wait for her, too, for she always brings them truck that has been gathered but a few hours.

Eleanor's farm is loaned to her by the Philadelphia Vacant Lot Cultivation association, a charity of an unusually beneficent kind. This association has two hundred acres of vacant land that certain wealthy Philadelphians have entrusted to it until the time when they shall need the land to build upon.

These two hundred acres are loaned in patches to such people as are unable to keep up the fierce struggle for an existence in a great city.

The association lends one patch to a shoemaker whose sight has failed; another to a laborer whom a blast has ruined; a third to an aged man and woman who are childless; a fourth to the Keefe family.

And its poor pensioners cultivating their patches under the eye of the association acquire in this way enough vegetables to supply their tables all the year round.

Fragrance and Color. Plants with white blossoms have a larger proportion of fragrant flowers than any others. Next come red flowers, then yellow, and then blue. After these may be reckoned, and in the same order, violet, green, orange and brown flowers.

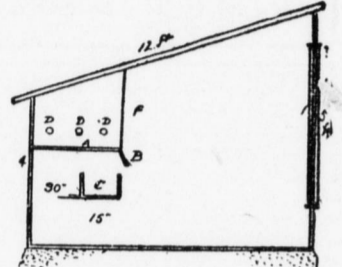
Raisins Afford Stimulus. Raisins are especially valuable in cases where sustained physical exercise is necessary, affording both nourishment and stimulus. A bunch of raisins eaten when fatigued often serve the same purpose as a glass of wine. Figs and dates are both valuable in certain conditions, but should be thoroughly washed and looked over before eating. Green figs are an excellent food.



MODEL POULTRY HOUSE.

It is Thoroughly Well Built and is Cool in Summer and Comfortable in Winter.

A poultry house over 400 feet long has been built by W. J. Kirwin, of Middlesex county, Mass., who keeps several hundred head of Barred Plymouth Rocks. The house, which faces the south, is 12 feet wide, seven feet high in front and four feet in the rear, with a shed roof that slopes one way. It is thoroughly well built and has an extra protection during cold nights of a mus-



EASTERN POULTRY HOUSE.

In curtain, which is let down over the roosts. The front is composed very largely of glass, there being three large sash five feet high to each pan.

In the accompanying illustration, a shows the drop boards, d d the roosts, c the nests, b the nest door, and e the floor, which is raised one foot above the outside surface, and is composed of loam and straw. The hens enter the nests from the back and find a darkened place in which to lay. The floor space is entirely clear, which gives them a large amount of room for scratching and exercise. The windows are kept open much of the time in winter, but are always closed at night and during stormy weather.—Farm and Home.

PROFIT IN CAPONIZING.

A Simple Operation and Some Reasons Why It Pays the Farmer to Perform It.

The chief reason for caponizing cockerels is to get a larger profit out of them. Good capons generally sell for a higher price per pound than other poultry. They also weigh more, and are marketed at a time when the flock is bringing little return. A flock of capons are quiet, do not crow and are easily taken care of.

The best breeds to caponize are the medium-sized varieties, such as Plymouth Rocks, Wyandottes, Rhode Island Reds, etc. The Asiatics do not give as satisfactory results unless kept until they reach maturity, when they are so large as to be beyond the reach of private families. It does not pay to caponize smaller breeds, for they do not produce dressed fowls of the highest quality. Capons are usually marketed at from six to 12 months of age, and the market for them opens soon after the holidays.

The best time to caponize is when the cockerels are three to four months old. At this age the operation can be performed with less danger than when the birds are older and larger. A bright, sunny day must be chosen for the operation and the birds must have been fasted for at least 24 hours previous. A special set of instruments are necessary for this purpose, and the work requires skill and care. One may easily acquire the skill by practicing on a few dead birds.—Orange Judd Farmer.

Fertilizers on Farms.

That the fertilizer trade has grown to enormous proportions is shown by the figures given for the year 1899. In that year the total expenditure for fertilizers in the United States was \$54,783,757, or about \$10 per farm. This was about 1.2 per cent. of the value of all farm products. The outlay for fertilizers increased 42 per cent. in the decade 1890 to 1900. Sugar farms spent an average of \$280 for fertilizers. For some other classes of farms the figures were: Nurseries, \$69; florists' establishments, \$51; vegetable farms, \$38; tobacco farms, \$27; fruit farms, \$22; rice farms, \$13; coffee, cotton and dairy farms, \$11; hay farms, \$6; stock farms, \$5.

Remarkable Machine.

The potato planter of to-day would make the farmer of a generation ago sit up and rub his eyes. It requires that the potatoes be supplied, but will do all the rest on its own initiative. It picks the potato up and looks it over—or seems to—cuts it into halves, quarters or any desired number of parts, separates the eyes and removes the seed ends. It plants whole potatoes or parts thereof, as desired, as near together or as far apart as the judgment of the farmer on the driving part suggests. Having dropped the seed it covers it, fertilizes it, tucks it in like a child put to bed and paces off the next row with mathematical accuracy.—Philadelphia Press.

The South's Cotton Crop.

The world's dependence upon the product of American cotton fields is graphically shown in the exports records of the fiscal year just closed. In spite of the phenomenally high prices for our splendid southern staple, exports of raw cotton, \$316,000,000, showed an increase of close to \$28,000,000 over the preceding year. The value of cotton exported constituted more than 40 per cent. of the entire exports of domestic products, and was greater by a round million dollars than the combined value of all cereals and flour. Every effort should be made to maintain our supremacy in the world's cotton market.—Orange Judd Farmer

Job with Money in It.

"I've worked at almost all those old gags," complained the man with the night-mare eye, "and you can take my word for it there's nothing to 'em."

The J. P.'s Agree.

Staubert, Ark., Aug. 31st.—News comes from the nearby town of Cambridge, that M. T. Reeves, a Justice of the Peace at that place, has written a letter recommending Dodd's Kidney Pills in which he says: "I think Dodd's Kidney Pills can't be beat for Kidney Trouble, and I wish them every State."

In High Society.

Mrs. Pusher—I met Mr. Bigfish yesterday. Mrs. Biggipole—Which one?

The Bible and the Empire State Express.

A Bible student has recently been figuring on how long it would have taken the people to make the journey from Dan to Beersheba if they could have had the benefit in the olden times of the Empire State Express. He figured that the train would have made this journey in less than three hours, although from a reading of the account in the Bible one would think it was a long journey, and it was for those days with their limited means of transportation. Ezekiel, the Chaldean prophet, had in his mind's eye something like the Empire State Express when he uttered the words recorded in the first chapter of his prophecy. Look this up and see if you do not agree with the idea.—From the Troy Daily Times.

Up-to-Date Ancestors.

Mrs. Upperten—I suppose you take great pride in your ancestry? Mrs. Newrich—Oh, yes; the genealogist assured us that they were the very latest thing in ancestors.—London Tit-Bits.

\$100 Big 500-Pound Steel Range Offer.

If you can use the best big 500-pound steel range made in the world, and are willing to have it placed in your own home on three months' free trial, just cut this notice out and send to Sears, Roebuck & Co., Chicago, and you will receive free by return mail a big picture of the steel range and many other cooking and heating stoves. You will also receive the most wonderful \$100 steel range offer, an offer that places the best steel range or heating stove in the home of any family, an offer that no family in the land, no matter what their circumstances may be, or how small their income, need be without the best cooking or heating stove made.

To Cure a Cold in One Day.

Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure. 25c.

Quietly, you know, is the silent partner.

"At the office or at home!"—Cincinnati Commercial Tribune.

The Chicago & North-Western is the only double track railway between Chicago and the Missouri River.

One consolation about a mean man is, that assuredly he has no friends.—Washington (D. C.) Democrat.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'Brien, 322 Third Ave., N. Y., Minneapolis, Minn., Jan. 6, 1900.

Wolf—What made you fall down in the stock market? Lamb—Somebody gave me a straight tip.—Boston Transcript.

The Overland Limited, solid train Chicago to the Coast daily. Chicago, Union Pacific & North-Western Line.

Games of love often result in a tie.—Chicago Daily News.

If you want creamery prices do as the creameries do, use June Tint Butter Color.

Self-possession is nine points with the lawyer.—Chicago Daily News.

Miss Willing—"There are some beautiful rides around here, they say." Colly—"How about the walks?"—Somerville Journal.

Be sure you're wrong; then back up.—Chicago Daily News.

If you think life is a dream you had better wake up.—N. Y. Herald.

Never judge a man's heart by the size of his feet.—Chicago Daily News.

The place should not honor the man, but the man the place.—Agesilas.

What a miserable old world this would be if retribution were dealt out to each of us according to our fool desires.—Chicago Daily News.

Hicks—"Did you ever wish that you had a hundred thousand dollars?" Wicks—"No. If I was going to wish, I'd wish that I had a million."—Louisville Journal.

Mr. Reed—"Which do you prefer, Dickens or Thackeray?" Miss Green—"I really couldn't say; I never met either of the gentlemen."—Philadelphia Bulletin.

Though sorrow must come, where is the advantage in rushing to meet it? It will be the same age when we married. I'm 45 now and she has only turned 30."—Philadelphia Record.

Personal Reasons—"Hello, sir; kept in after school again. What for?" Joannie—"Because Joannie Williams had a fight." "Don't talk nonsense. With whom did he have a fight?" Joannie—"With me."—Town and Country.

Gesler (weather forecaster)—"I'd like to know whether to take an umbrella or not." Mrs. G.—"That's a good one! You say it is going to be fair weather." Gesler—"Oh, that's different. That's my official opinion."—Boston Transcript.

She (reading a scientific work)—"Isn't it wonderful, Charley, dear, that the sun is supposed to be millions of miles away?" Charley (dear, suffering from the heat)—"Millions of miles, darling? Good thing for all of us that it isn't any nearer."—Punch.

CATARRH DESTROYS THE KIDNEYS

Was Miserable—Could Not Stand Up or Walk—Pe-ru-na Cured.

Many Persons Have Catarrh and Don't Know It.

Mr. James M. Powell, 633 Froost street, Kansas City, Mo., Vice Grand of I. O. O. F., of Cherryville, Kan., writes: "About four years ago I suffered with a severe catarrh of the bladder, which caused continued irritation and pain. I was miserable and could not stand up or walk for any length of time without extreme weariness and pain. I began taking Peruna and it greatly relieved me, and in eleven weeks I was completely cured and felt like a new man."—James M. Powell.



Hundreds of Dollars Spent in Vain. Mr. Cyrus Hershman, Sheridan, Ind., writes: "Two years ago I was a sick man. Catarrh had settled in the pelvic organs, making life a burden and giving me little hope of recovery. I spent hundreds of dollars in medicine which did me no good. I was persuaded by a friend to try Peruna. I took it two weeks with-out much improvement, but I kept on with it and soon began to get well and strong very fast. Within two months I was cured, and have been well ever since. I am a strong advocate of Peruna."—C. Hershman.

MIGHTY MEAN TRICK.

One Way of Scoring a Wife's Extravagance Without Raising a Family Disturbance.

He drew a letter from his pocket, glanced at it and hastily put it back, as there was something in the way he did it that attracted his wife's attention. He meant that it should, says the Chicago Post.

"I wonder," she said to herself, "what's in that letter? He certainly was mighty disconnected when he took it from his pocket."

Later he changed his coat for his smoking jacket and left the coat conveniently near her.

The temptation was too great to be resisted, and when he was out of the room she slyly abstracted the letter from his pocket, as he had meant that she should do.

Her curiosity was satisfied. It was the bill for her latest gown, with comments on extravagance written across it. She wanted to answer them, but she could not without betraying what she had done. She was angry, but she dared not show it. When he returned she had to sit there and smile as pleasantly as she had before he left the room. "Such a mean man!"

Christian Flirting.

"The present-day behavior of young people is a continual source of regret to aged travelers." "We used to flirt when I was young. I don't say we didn't," said an old lady, a Sunday or two ago, who was traveling in a suburban train to hear her favorite clergyman preach. "I did it myself, but—"

SUFFERED FOR FIFTEEN YEARS

Completely Restored to Health. Mrs. P. Brunzel, wife of P. Brunzel, stock dealer, residence 2111 Grand Ave., Everett, Wash., says: "For fifteen years I suffered with terrible pain in my back. I experimented with doctors and medicines but got little if any relief. I actually believe the aching in my back and through the groin became worse. I did not know what it was to enjoy a night's rest and arose in the morning feeling tired and unrefreshed. My suffering sometimes was simply indescribable. Finally, I saw Doan's Kidney Pills advertised and got a box. After a few doses I told my husband that I was feeling much better and that the pills were doing me good. When I finished that box I felt like a different woman. I didn't stop at that, though. I continued the treatment until I had taken five boxes. There was no recurrence until a week ago, when I began to feel miserable again. I bought another box and three days' treatment restored me to health. Doan's Kidney Pills act very effectively, very promptly, relieve the aching pains and all other annoying difficulties. I have recommended them to many people and will do so when opportunities present themselves.

A Free Trial of this great kidney medicine which cured Mrs. Brunzel will be mailed to any part of the United States on application. Address Foster-Milburn Co., Buffalo, N. Y. For sale by all druggists, price 30 cents per box.

TEXAS, OKLAHOMA, INDIAN TERRITORY AND BACK \$1500 SEPTEMBER 15th Final Limit October 6th MISSOURI, KANSAS & TEXAS RY Ask Nearest Ticket Agent Or Write G. W. SMITH, N. P. A., 316 Marquette Bldg., Chicago, Ill.

PILES ANAKESIS given to let and POSITIVE IN CURE FILES For free sample address "ANAKESIS," Tribune building, New York

PATENTS 48 page book FREE, high class references, FITZGERALD & CO., Box 11, Washington, D. C.

Advertisement for 'AT BED TIME I TAKE A PLEASANT HERB DRINK' featuring an illustration of a woman holding a glass.

Advertisement for 'LANE'S FAMILY MEDICINE' with text describing its benefits for various ailments.

Advertisement for 'W. L. DOUGLAS \$3.00 & \$3 SHOES' with a portrait of the man and text about shoe quality.

Advertisement for 'FREE! TO WOMEN A Large Trial Package of PAXTINE TOILET ANTISEPTIC' with an illustration of a woman.

Advertisement for 'FREE! TO WOMEN' with a portrait of a woman and text about a trial package.

Advertisement for 'PAXTINE TOILET ANTISEPTIC' with detailed text about its use for women's hygiene.

Advertisement for 'RAITS' with text about treating various ailments.

Advertisement for 'I PAY SPOT CASH FOR MILITARY LAND WARRANTS' with text about buying warrants.

Advertisement for 'W. H. MAY, M. D.' with text about medical services and location.

Advertisement for 'PISO'S CURE FOR GOUT' with text about the cure and its effectiveness.