

BREAKING IT GENTLY.

Thought She Might as Well Bring the Undertaker Along While on the Way.

This is a true account of one person's idea of "breaking the news gently." The cook, whose home was off in the country, appeared before the "powers above" with a letter in her hand, relates the New York Times.

"I'll have to go home for a couple of days, mum," she said. "My cousin's just written to me, and she handed over the crumpled bit of paper with an audible sniff.

"Dear Mary," it ran, "you had better come home at once, your father is very sick, and it continued with many particulars of the illness.

At the end was a postscript, which, like the old joke of a woman's P. S., had the truth of the matter.

"So long as you'll be driving up from the village, you may as well bring the undertaker along with you in the wagon."

A Mar and Wonder.

Upper Cross Roads, Md., June 15th.—Never in the history of medicine in this state has anything created such a sensation by its marvelous cures of the most extreme cases as Dodd's Kidney Pills.

This wonderful medicine seems to know no limit in its wonder working power. Long-standing cases that have defied the most expert medical treatment seem to yield easily to this new conqueror of disease.

Hundreds have testified to the virtue of Dodd's Kidney Pills. They tell of severe cases of Rheumatism, Lumbago, Backache, Female Trouble, Nervous Diseases and even Dropsy, Diabetes and Bright's Disease cured by this medicine.

Among those who have been benefited may be mentioned Mrs. John Cooney of this place.

Mrs. Cooney says: "I believe Dodd's Kidney Pills the best remedy ever known for Kidney Trouble and weak back.

"They are without exception the best medicine I have ever used. "I will always praise them highly, for I know that they are good."

Mrs. Cooney is only one of many who say of Dodd's Kidney Pills: "The most wonderful remedy we ever heard of."

For a Clean Slate.

A man can be almighty mean to his wife and yet wipe out the score if he will only remember, when they are dining in a swell restaurant, to say he can never eat roast beef except in his own house.—N. Y. Press.

Shake Into Your Shoes Allen's Foot-Ease. It cures painful, swollen, smarting, sweating feet. Makes new shoes easy. Sold by all Druggists and Shoe Stores.

Neighbors Call. Mrs. O'Rafferty—Air yez on callin' terms with Mrs. McNulty? Mrs. Mulligan—That's what Oi am. She called me no loidy an Oi called her a loir.—Chicago Daily News.

Stops the Cough and works off the cold. Laxative Bromo Quinine Tablets. Price 25 cents.

Uncle Reuben says: After de world has once given a man a chance an' got a line on him he may protest all day dat he am no liar without changin' anybody's opinion.—Detroit Free Press.

Always look for this Trade Mark: "The Klean, Kool Kitchen Kind." The Stoves without smoke, ashes or heat. Make comfortable cooking.

Bjohanson—"Will you lend me your lawn mower?" Bjackson—"Yes, if you'll cut my grass to pay for the use of it."—Somerville Journal.

Do not believe Piso's Cure for Consumption has an equal for coughs and colds.—J. F. Boyer, Trinity Springs, Ind., Feb. 15, 1900.

She—"My parrot says some awfully clever things." He—"And who taught it to talk?" She—"Oh, I did."—London Tit-Bits.

Three trains a day Chicago to California, Oregon and Washington. Chicago, Union Pacific & North-Western Line.

The fast man makes the poorest speed.—Ram's Horn.

Three solid through trains daily Chicago to California. Chicago, Union Pacific & North-Western Line.

An apt quotation is as good as an original remark.—Chicago Journal.

Optum and Liquor Habits Cured. Book free. B. M. Woolley, M. D., Atlanta, Ga.

A virtue is not a deceased vice.—Ram's Horn.

A prominent club woman, Mrs. Danforth, of St. Joseph, Mich., tells how she was cured of falling of the womb and its accompanying pains.

"Life looks dark indeed when a woman feels that her strength is sapping away and she has no hopes of ever being restored. Such was my feeling a few months ago when I was advised that my poor health was caused by prolapsus or falling of the womb. The words sounded like a knell to me, I felt that my sun had set; but Lydia E. Pinkham's Vegetable Compound came to me as an elixir of life; it restored the lost forces and built me up until my good health returned to me. For four months I took the medicine daily and each dose added health and strength. I am so thankful for the help I obtained through its use."—Mrs. FLORENCE DANFORTH, 1007 Miles Ave., St. Joseph, Mich.—\$2.00 per bottle or above letter proving genuineness cannot be produced.

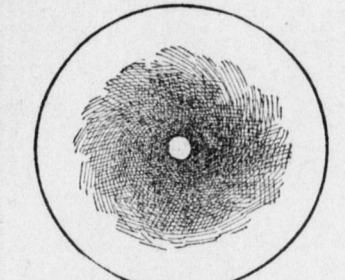
The record of Lydia E. Pinkham's Vegetable Compound cannot be equalled by any other medicine in the world. "FREE MEDICAL ADVICE TO WOMEN." Women would save time and much sickness if they would write to Mrs. Pinkham, Lynn, Mass., for advice as soon as any distressing symptoms appear.



CREAM SEPARATION.

Simple Diagram Which Explains as Concisely as Possible How Separators Work.

There is no line of demarkation between the skim-milk and the cream. In the cut is shown as nearly as can be described in a simple drawing the condition of the milk and cream. The milk enters the center of the bowl and of course there begins at once a separation. The sugar, albumen, casein and



CREAM SEPARATOR AT WORK.

ash as well as the water are hurried to the outside of the bowl and in accord with a fundamental law of physics that "no two bodies can occupy the same place at the same time," the fat is forced out and consequently finds itself near the center of the bowl. There is a gradual condensation of the cream from the outside to the center. At the innermost point the cream will contain nearly 50 per cent. butter fat, gradually decreasing until in a modern separator, the skim-milk, which is taken at the outside, will contain only a trace.

The different separators have a slightly varying contrivance for controlling the density of the cream, but in every instance the principle remains the same; when taken very near the center the volume is less and the fat content high. The amount of cream may be reduced until it cannot escape fast enough, and so if the milk supply is not diminished a portion of the fat will necessarily pass off in the skim-milk. On the other hand, if the cream screw is changed to increase the volume that is taking it out nearer to the outside of the bowl then we are securing a cream of less fat content, and this permission of increased outflow at the center of the bowl means a more exhaustive skimming. Hence to-day the test of a first-class machine is to run full capacity, skim clean, and deliver a cream containing 40 to 50 per cent. butter fat.—H. E. Cook, in Rural New Yorker.

CHOICE BUTTER FLAVOR.

It Depends Upon the Use of Proper Starters and Due Attention to the Ripening of Cream.

It is safe to say that the principal defect in the quality of Canadian butter, as in the butter from any other country, is in regard to the matter of flavor, said J. A. Reddick in an address. The causes which give rise to this defect are many and not always easily located, but the buttermaker has a great advantage over the cheesemaker, inasmuch as he has it within his power to control the flavor of the butter to a very great extent by the use of good flavored fermentation "starters," and by proper attention to the ripening of the cream. His failure to do this is one reason why the butter is often inferior in flavor. Butter-makers must study this question of ripening cream and the use of "starters." The trouble is that very often the "starter" produces a bad flavor instead of a good one. When the farmer sows his seed he expects to reap what he sows. If he sows wheat he reaps a crop of wheat, but if the grain he uses is full of mustard seed he need not point out what the result will be. It is not possible to get fine flavored butter where bad starters are used any more than it is to get a crop of wheat from the mustard seed. The difficulty is that many butter-makers apparently do not know the difference between what is a proper starter and what is not.

Peas and Oats for Cows.

If likely to be short on good cow feed during midsummer, sow a bed of peas and oats at once. Fit the ground well and drill in Canada field peas at the rate of 1 1/2 bushels per acre, drilling the bed as near 1 1/2 inches as possible. Plant with grain drill. A week after planting drill the field with two bushels of oats per acre. The peas and oats will come on together and an acre will feed a bunch of 15 or 20 cattle nicely for a while. This crop may be cut as soon as the heads of the oats appear. From this time on, the green feed gains in nourishment. Before the pea pods dry or the oats shell, the crop left on the field may be cut for hay. No soiling crop is more relished by cattle or sheep.—J. E. Gifford, in Farm and Home.

Area Under Winter Wheat.

Returns to the statistician of the department of agriculture at a recent date show the area under winter wheat in cultivation to have been about 33,107,000 acres. This is 964,000 acres, or 2.8 per cent. less than the area sown last fall, and 4,525,000 acres, or 15.8 per cent. in excess of the area of winter wheat harvested last year. The percentage of abandoned acreage in all the important winter wheat-growing states is unusually small, the abandonment, including the area to be cut for hay, reaching 100,000 acres only in Kansas, Texas and California.

ASPARAGUS IN WINTER.

How This Splendid Vegetable Can Be Grown Successfully at All Seasons of the Year.

It may interest many of your readers to hear something further on asparagus culture. Farmers, especially gardeners and also gentlemen who keep up a private garden, can have abundance of this vegetable during the winter, and it is during the winter that this crop brings handsome return, as well as being a great acquisition for the gentleman's table.

Passing by antiquated methods without comment for the more progressive by which this splendid vegetable can be so easily grown, some idea may be gathered from the cut. The building may be of any size desired, and is best heated by steam. Two houses are shown. Suppose each house is 300 feet long and 33 feet wide, the alleyway between them provides room for a team to draw manure for banking up the sides and also for convenience in the handling of sash.

The advantage gained will readily be seen. Having run one house half the winter, the sash are taken from it and placed on house No. 2, when the heat is turned off No. 1 and on to the latter, which should bear until spring. Such a house need not exceed five feet in the center; a larger space would necessarily entail increased heating. The 600 three by six sash, half of them glass, and the other half may be tar paper, stacked in a nearby shed when not in use, will last for many years, or until the building decays, when the crop also may begin to fail.

While it is easy to place such a house over a well established bed, in making new beds to build over in the way indicated, forcing plant development



WINTER ASPARAGUS HOUSE.

should be of first primary importance. Fairly good asparagus will come along with very little preparation or care, but to have a tip top bed, it would be as well that the soil be naturally good, a yard thick at least. Rich bottom land full of nitrogen, carted and mixed with the higher porous soil, will take the place of manure to some extent, and is even better than an excess of manure.

This will be found quite expeditious; plan out the ground to plow several times until the plow beam is down to the level of the surface, when the trenches can be made, and the plants placed in them. When the plants are well up, dig a ditch between the rows, commencing by clearing six feet or so in this place half full of manure, continuing the trenching, throwing the earth forward on the manure.—W. I. Armstrong, in Country Gentleman.

GROWING HORSERADISH.

An Auxiliary Industry by Which Country Boys and Girls Can Earn Pocket Money.

A lady reader in Elyria, O., asks how she should proceed to set out a bed of horseradish. She has quite a good market for the grated horse-radish in her own vicinity. This latter is the case in many other localities, and it affords a fine opportunity for any woman or a bright youngster with an eye to a little extra pocket-money to secure it in a rather simple way. Any out-of-the-way corner, where the ground is rich and moist, even in the back yard, especially near a sink-train or sewer-pipe, may be made use of for this purpose. One of the best ways, where one will take the pains, is the "old country" style of digging deep trenches, filling them up with rich old manure or a mixture of this with soil, and then setting the plants into it. The best sets are the long, slim side roots, or perhaps pencil thickness, without even a bit of top or green. You may not notice any eyes on them, but if given half a chance, buds will form on the upper part of the root, perhaps from the cut end, and push up to the surface, even if planted three or four inches below the ground. I aim for long, straight roots. If a few inches of the surface-soil, after the plants have made some growth, are removed from around each root, some or most of the side roots may be rubbed off, thus giving the one large, smooth root desired. Where horse-radish is grown on a large scale, the trenching method cannot well be, or is not, employed. I simply select deep, rich, moist soil work it up fine to as great a depth (ten or 12 inches) as may be practicable, and then drop the sets into holes made with a small iron bar, so the tops may be a few inches below the surface.—Farm and Fireside.

HINTS FOR THE DAIRY.

The skillful dairyman adds kindness and regularity to skilful feeding. Change milkers as seldom as possible and keep the surroundings pleasant and quiet. The true dairy cow—one that is worth keeping—is easily affected by unfavorable conditions. If the dry cows are inclined to grow too fat on grass they should be kept in on dry feed part of the time. Let the food supplied right after calving be light for a few days; never quite as much as she wants. Only tepid water should be given, as cold water may bring on a chill and fever. The careful dairyman should use a clinical thermometer to determine the temperature of the cow from time to time for a few days until danger is past.—Farm Journal.

The Way She Identified Them.

One of the most eccentric characters of old Nantucket was Eliza Ann McCleave. She kept a museum, where she lectured to the spectators.

One day, pointing to two small figures, she said: "Now, friends, take notice of these figures; one is Caesar, the other Brutus. I've forgotten which is which. Mary Lizzie, tell me which of these got slewed."—Youth's Companion.

Why He Did It. "I want you to realize, sir," said the police magistrate, as he soaked the brutal husband for 200 plunks and costs, "that wife-beating is an expensive pastime."

Atlanta and Return Via Queen and Crescent Route. One fare round trip, plus 25c. Tickets on sale July 7, 8, 9, 10, good returning until July 15th, with privilege of extension until August 15th, on deposit of ticket and payment of 50c at Joint Agency at Atlanta.

Kate—"Nellie says she wouldn't marry the best man going." Miamie—"Probably not, after he once saw her."—Chelsea Gazette.

The Earth and the Man have close relations and "Farming in the Great Southwest" is a true exponent. Write for copy of this and other publications bearing on prospects for money-making on the line of the M., K. & T. Ry. Address, "KATY," 511 Wainwright Bldg., St. Louis, Mo.

Hangs—"Chinley has a wonderful memory. I don't believe he ever forgot anything he ever read or heard." Griggs—"But unfortunately he never remembers that he told you the same old story 20 or 30 times before."—Boston Transcript.

A Good Thing. Every issue of The Four-Track News makes it easier for ticket agents and ticket sellers to secure passengers for distant parts of the country, for the reason that every article and every illustration in The Four-Track News is an inducement for readers to travel and see what a marvelous variety of scenery and climate our own country possesses.

Conscientious Effort—"You say Biggins has gone in for writing verse?" "Yes. Heard that poets all have long hair, and seemed to die because he's getting bald."—Washington Star.

The Santa Fe passenger department has about ready for distribution two pamphlets descriptive of a part of our country which twenty years ago was supposed to be fit only for cattle grazing. One is entitled "The Panhandle of Texas," the other "Fruit Growing in Pecos Valley of New Mexico." The first shows that the Panhandle region is the ideal place for the man who wishes to combine small farming with stock-raising. The second presents facts to prove that the Pecos Valley is one of the finest fruit sections in the United States.

Charitable Sex.—He (at the ball)—"Just look at that dashing Mrs. DeStylle! She has diamonds stuck all over her." She—"Yes; there is nothing equal to paste as a sticker."—Chicago Daily News.

4th July Rates. One fare and third round trip, via Queen & Crescent Route. Tickets on sale July 2, 3, 4, good returning until July 8. Ask Ticket Agents for particulars.

Everything without tells the individual he is nothing; everything with persuades him that he is everything.—Doudan.

Asheville and Return. One fare for the round trip, plus 25c, July 22 to 27, via Queen & Crescent Route. Ask Ticket Agent for particulars.

Indolence and stupidity are first cousins.—Rivaroli.

The most damaging success is that of succeeding the first time.—Ram's Horn.

Doctors like patients who have patience.—Chicago Daily News.

It is easier to find fault than it is to lose it.—Chicago Daily News.

Conceit often gets a small man into a large hole.—Chicago Daily News.

Usual Thing.—Homer—"So your neighbors, Mrs. Biggs and Mrs. Diggs, are not on speaking terms with each other, eh?" Mrs. Homer—"No; but they more than make up for it by what they say about each other."—Chicago Daily News.

Patient—"But, doctor, only last week you said I would surely die, and to-day you see I am as well as I ever was." Doctor—"Sir, never make a mistake in a diagnosis. Your ultimate demise is only a matter of time."—London Tit-Bits.

"I've been away from woman's society so long," said the young man recently returned from the woods, "that I am away off on my love making." "Why don't you get a little nearer, then," said the girl, with eyes downcast.—Yonkers Statesman.

Necessary Pantomime.—Bridget—"Dye mind th' way thin Oytalians motions wid their hands an' arruns an' heeds an' bodies when they talk?" Patrick—"Begorra, how the could they undirstand what aither other do be chattering about?"—N. Y. Weekly.

His Particular Line.—"That new man of ours," said the proprietor of the store to the department manager, "seems to be a mighty hard worker." "Yes," replied the latter, "that is his specialty." "What—working?" "No—seeming to."—Syracuse Herald.

"Fame is guilty of many injustices," remarked Col. Stilwell. "We are constantly talking about the electric light and the telephone, while the geniuses who discovered the corkscrew and the lemon squeezer sleep unrewarded and unglorified."—Washington Star.

DERBYFIELD, IND.—"It was called rheumatism. I could get no relief from the doctors. I began to improve on taking Dr. Doan's Kidney Pills. I got two boxes at our drug-gist, and, although 68 years of age, I am almost a new man. I was troubled a good deal with my water—had to get up four or five times a night. That trouble is over, and with once more I can rest the night through. My backache is all gone, and I thank you ever so much for the wonderful medicine, Doan's Kidney Pills. J. H. HUBER, President Derbyville, Indiana, State Bank.

GRATEFUL, HAPPY WOMEN



Miss Muriel Armitage.

Thank Pe-ru-na for Their Recovery After Years of Suffering.

Miss Muriel Armitage, 36 Greenwood Ave., Detroit, Mich., District Organizer of the Royal Templars of Temperance, in a recent letter, says: "I think that a woman naturally shrinks from making her troubles public, but restored health has meant so much to me that I feel for the sake of other suffering women it is my duty to tell what Peruna has done for me.

"I suffered for five years with uterine irregularities, which brought on hysteria and made me a physical wreck. I tried doctors from the different schools of medicine, but without any perceptible change in my condition. In my despair I called on an old nurse, who advised me to try Peruna, and promised good results if I would persist and take it regularly. I thought this was the least I could do and procured a bottle. I knew as soon as I began taking it that it was affecting me differently from anything I had used before, and so I kept on taking it. I kept this up for six months, and steadily gained strength and health, and when I had used fifteen bottles I considered myself entirely cured. I am a grateful, happy woman to-day."—Miss Muriel Armitage.

Female Weakness is Pelvic Catarrh.

Always Half Sick are the Women Who Have Pelvic Catarrh.

Catarrh of any organ, if allowed to progress, will affect the whole body. Catarrh without nervousness is very rare, but pelvic catarrh and nervousness go hand in hand. What is so distressing a sight as a poor half-sick, nervous woman, suffering from the many almost unbearable symptoms of pelvic catarrh? She does not consider herself ill enough to go to bed, but she is far from being able to do her work without the greatest exhaustion.

This is a very common sight and is almost always due to pelvic catarrh. It is worse than foolish for so many women to suffer year after year with a disease that can be permanently cured. Peruna cures catarrh permanently. It cures old chronic cases as well as a slight attack, the only difference being in the length of time that it should be taken to effect a cure. If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis. Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, Ohio.

A Farm All Your Own!

There are at present exceptional opportunities for homeseekers in the Great Southwest and California. Low-rate round-trip homeseekers' and one-way settlers' tickets, first and third Tuesdays each month, over the Santa Fe to Kansas, Colorado, New Mexico, Arizona, Oklahoma and Texas. Very low round-trip excursion rates to California in July and August. Write and tell us where you think of going. We will send you land literature and information about good farm lands at low prices. Values in certain portions of the Southwest sure to advance. We will tell you about it.

Santa Fe

General Passenger Office, Chicago.

KEEP COOL ALL SUMMER

Advertisement for Long Island Railroad, featuring a map of the coast and text: "OF ALL COAST RESORTS LONG ISLAND HEADS THE LIST 250 MILES OF COAST LINE. Lying across the path of the Ocean South Winds every section is made comfortable by these prevailing summer winds. Wooded highlands on North Shore—Rolling Country in the Central Section, and splendid beaches and bays on the Ocean Shore. In close touch with New York City by TRAIN, TELEGRAPH and TELEPHONE. Send 4 cents in stamps for 'Summer Homes,' a list of boarding houses and hotels, to LONG ISLAND RAILROAD COMPANY, 263 Fifth Avenue, N. Y. HOWARD M. SMITH, General Passenger Agent. H. B. FULLERTON, Special Agent, Passenger Dept.

FREE TO WOMEN

Advertisement for Doan's Kidney Pills: "DOAN'S GET BACK REST. Relieve heart palpitation, sleeplessness, headache, nervousness, dizziness. Doan's Kidney Pills are now recognized as a known remedy for kidney, bladder, and urinary troubles. They bring relief and cure when despair shadows hope. The free trial is an open door to self proof." Includes a small illustration of the product box.

Advertisement for Paxtine: "PAXTINE TOILET ANTISEPTIC will kill a large trial package with book of instructions absolutely free. This is not a tiny sample, but a large package, enough to convince anyone of its value. Women all over the country are praising Paxtine for what it has done in local treatment of female ailments, cutting all inflammation and discharges, wonderful as a cleansing vaginal douche, for sore throat, nasal catarrh, as a mouth wash, and to remove tartar and whiten the teeth. Send to-day, a postal card will do. Sold by druggists or sent postpaid by us, 50 cents, large box. Satisfaction guaranteed. THE PAXTINE CO., 271 Columbus St., Boston, Mass." Includes a small illustration of the product box.

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