A Society Gentus.

genius?"
"Has he?"
"Haven't you heard about it? He gave
a dinner the other night at which all the
guests ate while hanging from trapezes by
their toes."—Cleveland Leader.

their toes."—Cleveland Leader.

The Four-Track News, with a monthly edition of 50,000 copies, has a steadily increasing subscription list, while its system of distribution is one of the best enjoyed by any magazine. In the United States and Canada it is handled by thirty-four news companies, while the International News Co. distributes it throughout Europe. Foreign offices for the reception of subscriptions are maintained at London, Southampton, Bremen, Paris, Havre, Antwerp, Liverpool, Hamburg and Genoa, and files are kept at the office of every United States consul and consular agent in the world. Through the express companies and tourist agents it is also on sale at upwards of 500 sembracing 210 cities in forty-five foreigs.—From Printers' Ink.

Not Hie Affair.—"How did you account for the rotation of the earth on its axis?" asked the professor. "Well," answered the you's man who is always at a loss, "I sup-post the earth had to rotate on something." —W ishington Star.

Doi t Get Footsore! Get Foot-Ease.

A w nderful powder that cures tired, hot, ach teet and makes new or tight shoes asy Ask to-day for Allen's Foot-Ease.

Acc t no substitute. Trial package FREE.

Add ess A. S. Olmsted, Le Roy, N. Y.

"How wasteful of that gardener!" mur-mured the star boarder as he bit savagely but hopelessly at his asparagus. "How is that?" asked the landlady. "Why, if he had let these stalks grow one week longer he could have sold them for telegraph poles."

Reltimora America -Baltimore American.

Piso's Cure cannot be too highly spoken of as a cough cure.—J. W. O'Brien, 322 Third Ave., N., Minneapolis, Minn., Jan. 6, 1900.

A Possible Explanation.— 'This painting,' said the art dealer, 'is worth \$5,600." 'Well, well!' exclaimed Mr. Nurox. 'Oh, I see; that there frame's solid gold, ain'tit?' —Philadelphia Ledger.

All creameries use butter color. Why

Men do not escape their deserts by blam-ing their deluders.—Ram's Horn.

TESTED BY TIME.

Broderick who resides at 1915 Virginia St., in San Antonio Texas, tells an experience that will interest ev-ery reader. It shows as well that Doan's cures are lasting cures. She says: -"Up to

says: --- Up to the early part of the year 1902 I had been a sufferer from kidney troubles for many years. The pain in my back became worse and worse until it was a daily burden that interfered with every daily burden that interfered with every duty. I was much afflicted with headaches and dizzy spells and was unable to rest well nights. In May 1902 after using Doan's Kidney Pills I made a statement for publication declaring that they had entirely relieved me of the pain in my back. I have since then had a year's time in which to study the effects of the medicine, and while I effects of the medicine, and while I effects of the medicine, and while I have had slight touches of the trouble since, the use of the pills has always driven away all signs of the disorder and I have become convinced of the fact that the first treatment was practically permanent in its effects, and I know that a box of Doan's Kidney Pills kept on hand is a sufficient guarantee against any suffering from the kidneys or back. I should advise every sufferer to take Doan's Kidney Pills, and Iknow that they will be surprised and pleased

A FREE TRIAL of this great kidney medicine which cured Mrs. Broderick will be mailed on application to any part of the United States. Address Foster-Milburn Co., Buffalo, N. Y. For sale by all druggists, price 50 cents per



y doctor says it acts gently on the stomach kidneys and is a pleasant laxative. This dre-e from herbs, and is prepared for use as ea-It is called "Lame's Tea?" or

LANE'S FAMILY MEDICINE









WOMAN PRESS FEEDER.

inders in a St. Louis Office and

Annie Peglow, of No. 3016 Missouri avenue, claims to be the only woman pressman in the United States, says the St. Louis Republic.

For five years she has operated two cylinder presses at 314 North Third street. The firm considers her one of its best workmen.

Miss Peglow entered the employ of the company 20 years ago as a press feeder. At that time women press feeders were a novelty, but since many girls have entered that branch of the printing business, and now some of the larger printing companies hire hundreds of women press feeders. Running a cylinder press was never

thought of as woman's work until it occurred to Miss Peglow. None has tried it since. She was an enthusiastic printer and she determined to learn all about the business.
"I just 'nosed' about until I 'caught

on'; then I began to try and convince my boss that I was as good a pressman as any of the men and finally I got a trial, which proved successful, and here I am," is the way she explains her presence before her two big machines.

She belongs to Pressmen's Union No.
6. In order to allow her to enter the union the international body of press-men allowed their constitution to be amended so as to admit her. It caused quite a little discussion at the time.

Miss Peglow does not attend the meetings of her local, however. She leaves the transaction of all union business to the men and abides by



MISS PEGLOW AT WORK

their decisions. She does not attend the meetings because she is the only woman member and her presence there alone, she thinks, would appear too bold.

Every morning at 8 o'clock she appears before her machines, dons her blue calico dress, which is made of cloth similar to the goods used in jumpers and overalls, and superin-tends the turning out of the large printed sheets.

She excels in color work which embraces two, three or more colors, and is considered especially good in dainty work, which she is always consulted about by the heads of the firm.

Although elbowing men all day long in pursuit of her duties, Miss Peglow says she cannot agree with Mrs. Claxon and her ideas on the "Ideal Wife" or the deterioriation of chivalry.

"I do not think," said she, "because a woman works for a living that it de-

tracts a particle from her womanly graces: neither do I think that a woman that works is not as good a housewife as the girl who spends all her time world and work serves to broaden one's ideas, and I am sure some of the workers appreciate their homes a great deal more from the fact that they are at home so little. To work shows one how fortunate the woman who does not have to work really is.

"As to men losing their chivalry—I don't believe it; at least, I have not experienced it, and I meet a great many men in ...y business every day."

TO KEEP PRETTY HANDS.

If You Pay Attention to This Bunch of "Don'ts" You Can Have Them the Year Around.

Don't polish nails too highly; they should have only a natural gloss. Too much polishing makes them tender.

Don't polish nails without first rubbing on a little rose-tinted paste. Use the palm of the hand to polish.

Don't cut nails without first holding them in warm water or sweet oil.

Don't cut them too often, or they

will become thick and ugly.

Don't cut the cuticle or any part of the flesh around the nails. Don't cut the nails in points, but let

them be carefully arched. Don't use a file or emery paper on the flat surface of the nail, but only

on the elge, to level it.

Don't dry the hands with a towel,
but with a silk handkerchief, which
absorbs moisture more readily.

Don't wear gloves every night, or the hands will become yellow. Occasional use of gloves, however, is advisable.

CHARMING OLD LADY.

he Original of Charles Dickens "Little Dorrit" Recalls Novelist's Happy Youth.

Who that has read Dickens has not loved and admired the "child of the Marshalsea," the sweet and charming Little Dorrit? All of us have loved her as a child of a bygone age, yet still "Little Dorrit" is amongst us, hearty and well. Mrs. Mary Ann Cooper, of Southgate, now in her ninetieth year, is the original of Dickens' famous character, although the life depicted in the book cannot be said to correspond with her own, for Mrs. Cooper herself was never in that dreary debtors' prison. She was born on November 27, 1813, in Hatton Garden, her father being a well-to-do farmer named Mitton, who also had a place at Sunbury, at which Dickens' in his early youth was a frequent visitor. The bed



MRS. MARY COOPER. (Charming Old Lady Who Is the Original of Dickens' "Little Dorritt.")

"Little Dorrit" now sleeps on at Southgate is one Charles Dickens slept on

A few years later the Mittons were living in Johnson street, Clarendon square, and a house directly opposite was occupied by the Dickens family. There began the acquaintance with "My Charles," as the old lady calls the novelist. Mrs. Cooper's brother was a school fellow of Dickens, and would assist him in his literary work by correcting manuscripts, as in later years he assisted him in law matters. Be-tween Mary Ann and Charles the closest friendship-almost ripening into something more-sprang up, and the old lady is never tired of telling their adventures and misadventures in the heyday of youth-how they would call at a little place in the Hampstead road, where Cecil Rhodes' grandfather, "a grumpy old man," would serve them with milk; how after church he would take her for a walk to "New St. Pan-cras church" for the special purpose of staring at and taking off the pompous beadle who used to strut about its precincts—Dickens imitating his walk and bearing, to the delight of others, but to the great indignation of this prototype of Bumble; how Dickens was out walking when he met a procession of school girls from a sedate boarding school, headed by a particularly prim and severe principal, and how, seeing an old apple woman, Dickens bought up her stock and slyly slipped two apples into the hands of each girl and stood by when the horrified principal discovered her "very select" establishment munching apples in the street.

and borrowing some old clothes, dis-guised himself as a farm laborer in earch of work, and so clever was his the shrewd farmer, who, not having work for him, was prevailed upon to allow him a place and some straw in one of his barns, where he might pass the night.

Dickens had a habit of giving nicknames to his friends and relatives, as he had a way of giving literary names to his sons; his name for Miss Mitton was Little Dorrit. "Why did he give you this name?" I asked, and the old lady said: "I really cannot say. It seemed to come; at any rate, I only recollect that somehow I was always 'Dorrit' with Charles."

"And how did you come to get into the Marshalsea, and be famous ever afterwards?"

"Well, I can't exactly say, but as I have told you, Charles and I were. I think I may say, very fond of one another, and one day at home he told us: The next book I write I shall put you ia it, and I shall call it "Little Dorrit." Thus his next work was named."

Now, in her ninetieth year, Mrs. Cooper is lively and quick, although she has had some serious accidents in the course of her long life. Once she was thrown from her horse and dragged for three-quarters of a mile. She has suffered, too, from rheumatism, and is rather deaf. Mrs. Cooper has been a widow for over 20 years, and now lives alone-in a little room crammed with flowers and fancies, and a chimney cornow which is a perfect gallery of por-traits, with a notable one, of course, of "My Charles." Over the mantelpiece is one of those curious old "samplers" which our grandmothers used so labor riously to produce, made by "Mary Ann Mitton, aged nine, February, 1822."-London Black and White.

Recipe for Indian Muffins.

Indian muffins are most delicious when eaten hot and fresh with but ter. This recipe for them is simple: Pour boiling water on a quart of corn meal, stir it thoroughly till it forms Don't use ammonia in the bath without applying a cold cream afterward.
Don't let the hands hang down, or
the blood will fill and stretch the veins.
Don't forget that warm feet have
much to do with white hands. When
the feet are habitually cold, the hands
are always red or blue.—Washington

Star.

meat,
a thick batter. When it has cooled
a little, add a tablespoonful of yeast,
two well-beaten eggs and a tablespoonful of salt. Set the dough to
rise in a warm place for two hours,
then butter some square tin pans and
fill them two-thirds full with
dough and bake in a quick oven.

WESTERN CANADA'S IMMI-GRATION.

Settlement of the Wheat Fields Lying North of the 49th Parallel.

[From the Chicago Record-Herald.]
"Canada has anticipated a very heavy immigration this year, and she now has figures to show that she is actually getting it in a way to meet all her expectations. In the first four months of this year the doors of the Dominion opened to 40,672 persons, according to a report prepared by the committee on agriculture and colonization of the Canadian parliament. This is almost twice as large as the immigration in the corresponding months last year, and fully three times as large as in 1901, the respective figures being 22,482 and 13,393.
"Most of these newcomers have

the British immigration of the corresponding months of the preceding year, and it is within 2,500 of the number of immigrants that the United States attracted from Great Britain and Ireland in the same period this spring. As to the re-mainder of the immigration into Canada, 13,770 settlers came from the United States, a 50 per cent. increase over the preceding year, and 10,445 from Continental Europe, a 40 per

cent. increase.

"These 40,672 immigrants into Canada may appear trifling in com-parison with the 297,070 persons who entered the United States in the entered the United States in the same period, but they are proportionately more important to the country. Canada's population is one-fifteenth of ours, but her immigration is now two-fifteenths as large as ours. It is worth remembering also that Canada's immigration large that canada's immigration large. that Canada's immigrants are almost entirely of Anglo-Saxon and Teutonic races, while our immigration is now two-thirds made up of Romance and Slav elements.

"Speculation is natural as to the future of Canada in her relations to the United States when her Northwest territories are filled up, but the one absolutely certain fact of the near future is that the United States is to have a great competitor in the grain markets of the world."

The above editorial article taken from the columns of the Chicago Record-Herald of May2 26th shows the condition of the Canadian Immigration, which as pointed out, has had a constant growth—a marvelous-ly increasing growth—for the past six or seven years, until this year, it is confidently assumed the increase to Canada's population, by way of Immigration, will exceed 100,000. This is accounted for by the great agricultural resources which abound there. It is no fairy tale, but the matter-of-fact experience of the tens of thousands bear ample testimony to the wealth and riches in store for all who choose to accept of the op-

portunities offered. Those who wish to learn more of Once when staying at Mrs. Cooper's the country can secure illustrated atlases, pamphlets, etc., giving full and borrowing some old clothes, disernment authority, by applying to any of the authorized agents of the makeup that he completely deceived the shrewd farmer, who, not having whose names appear below will quote you the exceptionally low rates that take you to the free grant lands of Western Canada and render you any other assistance in their power; H. M. Williams, Room 20, Law

Building, Toledo, O.



How?

By soothing and subduing the pain, that's the way

Neuralgia

Price, 25c. and 50c.

WESTERN CANADA



Area under crop in Western Canada, 1902, 1,087,330 Acres. Yield, 1903, 117,922,754 Bushels. HOMESTEAD LANDS OF 160 ACRES FREE,

DOCTOR ADVOCATED OPERATION---PE-RU-NA MADE KNIFE UNNECESSARY.

CATARRH is a very frequent cause of that class of diseases popularly known as female weakness.

Catarrh of the pelvic organs produces such a variety of disagreeable and irritating symptoms that many people—in fact, the majority of people—have no idea that they are caused by catarrh. If all the women who are suffering with any form of female weakness would write to Dr. Hartman, Columbus, Ohio, and give him a complete description of their symptoms and the peculiarties of their troubles, he will immediately reply with complete directions for treatment, free of charge.

Mrs. Eva Bartho, 133 East 12th

Mrs. Eva Bartho, 133 East 12th street, N. Y. City, N. Y., writes: "I suffered for three years with leucorrhea and ulceration of the "Most of these newcomers have been attracted by the wheat lands of the Northwest territories. They have moved direct from Winnipeg and they have turned that city into a great camp, in which they have been fitting themselves out for the last stage of their adventure for new homes.

"Of the immigration of this spring a little over a third has come from Great Britain, the figure being 16,-457. This is three times as large as the British immigration of the correct words and ulceration of the words. The doctor advocated an operation which I dereaded very much, and strongly objected to go under it. Now I am a changed woman. Peruna cured me; it took nine bottles, but I felt so much improved I kept taking it, as I dreaded an operation so much. I am today in perfect health and have not felt so well for fifteen years."—Mrs. Eva Bartho.

Wiss Mand Steinbach, 1399 12th St.

Miss Maud Steinbach, 1399 12th St., Milwaukee, Wis., writes: "Last winter I felt sick most of the "Last winter I felt sick most of the time, was irregular and suffered from nervous exhaustion and severe bearing down pains. I had so frequently heard of Peruna and what wonderful curesit performed so I sent for a bottle and in four weeks my health and strength were entirely restored to me."—Miss Maud Steinbach.

Every where the women are using Peruna and praising it. Peruna is not a palliative simply; it cures by removing the cause of female disease.

Dr. Hartman has probably cured more women of female ailments than any other living physician. He makes these cures simply by using and recommending Peruna.

ing Peruna.



If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice

Address Dr. Hartman, President of The Hartman Sanitarium,

BLIGHT AT YOUR CORE

Just as a Fruit Tree, Outwardly Well, May Wither and Die, So May You, Though Strong, be Sick from Internal Blight.

HOW TO STERILIZE YOUR BLOOD AND KILL DISEASE GERMS OF CONSUMPTION

A Great Free Offer to All Readers of this Paper. by Accepting Which They May Obtain Free by Mail, a Large Bottle of the New Sterile Medicinal Food, Ozomulsion.

Is it your heart? Is it your kidneys? Is it your lungs? What organ is wrong? Where is your weak spot?

Wherever it is, strengthen it with Ozomulsion. It seems strange to some people, that a man may look the picture of health, may have muscles of iron, may be like a blooming fruit tree,

and yet at core his vitality may be sapped away, just as the fruit tree, with green leaves and bark, may really be dying from blight at the core. There is a remedy for you, if you are such a victim.

The trouble with you internally, whether your heart, liver, lungs, or other organs, are affected, is due to weakness. The weakness comes

from impoverished blood, poisoned, perhaps, by a pernicious microbe.

Ozomulsion sterilizes and enriches the blood. Furnishes vital salts that the sick body needs. Stimulates the working of your internal organs. Puts your entire body upon a new footing of health.

Pains and disease of every kind vanish after the use of Ozomulsion. It begins at the foundation and builds up.

It is not a drug or nerve stimulant. It is a Food. It is a New Idea.

in medicine, and is successful, because it works with nature. Ozomulsion is made from the finest and purest cod liver oil, impregnated with salts and medicines which regenerate and vitalize all the

internal organs of the body. Ozomulsion can be depended upon to make you well.

It Positively Cures Consumption.

TRY IT FREE!

To prove what Ozomulsion will do for you, or for any member of your family, we will gladly send you by mail, pre-paid, a Free Sample Bottle of Ozomulsion Food. It is the emulsion physicians prescribe and use the year round in their families and practice and is sold in large bottles Weighing Over Two Pounds.

Send us your name and complete address (by letter or postal card) and the Free Sample Bottle will at once be

Ozomulsion Food Co

The Food That Does Good

