



Mrs. Emmons, saved from an operation for Ovaritis, tells how she was cured by Lydia E. Pinkham's Vegetable Compound.

"I am so pleased with the results I obtained from Lydia E. Pinkham's Vegetable Compound that I feel it a duty and a privilege to write you about it.

"I suffered for over five years with ovarian troubles, causing an unpleasant discharge, a great weakness, and at times a faintness would come over me which no amount of medicine, diet, or exercise seemed to correct. Your Vegetable Compound found the weak spot, however, within a few weeks—and saved me from an operation—all my troubles had disappeared, and I found myself once more healthy and well. Words fail to describe the real, true grateful feeling that is in my heart, and I want to tell every sick and suffering sister. Don't dally with medicines you know nothing about, but take Lydia E. Pinkham's Vegetable Compound, and take my word for it, you will be a different woman in a short time."

Don't hesitate to write to Mrs. Pinkham if there is anything about your case which you do not understand. She will treat you with kindness and her advice is free. No woman ever regretted writing her and she has helped thousands. Address is Lynn, Mass.

An Irish Refrigerator. An Irish woman was looking at refrigerators in a housefurnishing store some weeks ago. After examining into the merits and qualities of a number of them, she purchased the one that the salesman assured her would keep food the best. Some days afterward the woman called and requested them to take that refrigerator back, as it would not keep anything better than the kitchen safe of her cellar. The salesman mildly suggested that possibly she had not put enough ice in it to keep the things cold. "Enough ice in it? Why, you are crazy, mon, I don't put any ice in it. Anything will keep cold if you put ice in it. I bought the refrigerator so that I wouldn't need the ice."—Philadelphia Public Ledger.

Beautiful Indian Territory. The last large tract of fine uncultivated land to be thrown open for settlement. A copy of an attractive book about present day conditions in this wonderful country will be sent on request. James Barker, Gen'l Pass. Agent, M. K. & T. Ry, 501 Walnutwright Bldg., St. Louis.

Hassett—"The way people rave over slender girls makes me tired. I think the plumper a girl is the prettier she is." Gessett—"Ah! I congratulate you, old man; so Miss Dumping has accepted you, eh?"—Philadelphia Press.

Modesty seldom resides in a breast that is not enriched with nobler virtues.—Goldsmith.

LESSON IN AMERICAN HISTORY IN PUZZLE



SIGNING THE DECLARATION OF INDEPENDENCE. Find Thomas Jefferson.

On June 8, 1776, a resolution was offered in the Continental congress at Philadelphia declaring the states free and independent, and a committee of five was named to draw up the declaration. Thomas Jefferson wrote the greater part of the historic document, though Adams did most of the speaking in its favor. The declaration was completed on June 28, the day of the British defeat at Fort Moultrie, and was signed on July 4, 1776.

AN UNTIDY PRINCESS.

Caroline, afterward the Queen of George IV. of England, Was Slovenly in the Extreme.

To be delicately clean in clothes and person is as much a matter of course to-day as it is the habit of wearing garments or shaking hands. That it was not always so, says London Modern Society, we were reminded a day or two since when perusing a letter of the first earl of Malmesbury, written when that astute diplomatist was sent to escort the Princess Caroline of Brunswick to England to be the bride of the prince of Wales, afterward George IV. The way was long in those days, and hostile armies lay between Brunswick and England. The princess, with her mother, the duchess (sister to King George III.), and escorted by Lord Malmesbury and a large retinue, set out on December 30. It was April before she was safely landed on British soil! Poor Lord Malmesbury did his best with his eccentric charge, and used the time in trying to fit the ill-educated, unregulated girl, who even then took rank as the princess of Wales, for the perilous position into which she was to be thrust.

He was distressed to find that Princess Caroline boasted that she could jump out of bed and appear en grande toilette in the course of 15 minutes. Remembering what toilette meant in the days of hoops and powder, this seemed to him only about time enough to get a dairymaid ready for filling the milking pail. He writes to his confidential friend, the then duke of Portland, in pathetic dismay:

"I have had two conversations with Princess Caroline on cleanliness and on delicacy of speaking. On these points I endeavored, as far as was possible for a man, to inculcate the necessity of great and nice attention to every part of dress—as well as to what was hid as to what was to be seen. I know she wears coarse petticoats and coarse linen and thick stockings—and these never well washed nor changed often enough! I gave her credit for her boast of a short toilet. What I could not say further on this point I got said through women, through Mrs. Busec and afterwards through Mrs. Harcourt. It is remarkable how amazingly her education has been neglected on this point, and how much her mother, although an English woman, was inattentive to it."

The earl was a little bit mistaken in that last remark. The duchess of Brunswick, although the sister of King George III., was as utterly German in training and in ideas as she could possibly be. She inherited all the regrettable qualities of the first two Hanover kings, and she early married one of the most despicable of the petty potentates that swarmed in Germany under the somber shadow of Frederick the Great.

It appears as if no woman ever born could have been fitted to be the wife of the profligate prince—it would have needed the nature of an angel and the patience of a thousand Jobs to have put up with him as a husband. But in all Europe there could not have been a creature less suited to reform Carlton house than Princess Caroline. It is on record that her father wished a certain Mme. Rosenzweig to accompany her to England as her "reader," and when the request was refused the duke took Lord Malmesbury aside and explained that the lady was quite insignificant and unimportant, but that he much wished her to accompany the princess, for "Caroline writes ill, and spells ill, so is accustomed to trust to Mme. Rosenzweig on all occasions." And this at a time when letter writing was a fine art, and the most flippant person prided himself on the turning of neat phrases and the graceful expression of pretty conceits.

The earl sums up the character of the unfortunate Caroline in these words: "She has quick parts, without a distinguishing understanding; ready conception, but no judgment; caught by the first impression, led by the first impulse. Talkative, prone to confide in misshapen friendships that last 24 hours. Some natural morality, but no strong notions of its value nor of its necessity. Without a grain of dignity or an idea of decorum."

Was it much wonder that poor Caroline wrecked herself, and that she and her precious husband betwixt them nearly wrecked the English monarchy?

SKIING IN AMERICA.

Americans Are Backward in Many of the Best Winter Sports and Miss a Lot of Fun.

It is a mistake to suppose that skiing can be enjoyed only by our Canadian friends, says Country Life in America. Everyone who lives in a hill country where there is any snow at all should try this exciting pastime. A pair of skis and a pole cost about a dollar and a half. The runners are usually six or seven feet long, about four inches wide, and the pole may be ten or twelve feet in length. On account of the small expense and informal nature of the sport, skiing is just the thing for those parts of the United States where the winter is essentially a changeable season. Some sports may demand a steady winter; skiing does not. In certain parts of the United States skiing has already "caught on." For example, a good many of the Cornell students carry their skis to the classroom and slide home on them. In the mining camps of the upper Michigan the Swedes and Norwegians come flying down their race-courses, shoot off a sort of spring-board, rise to a thrilling height and achieve an astonishing leap before they tumble into the waiting snowbank. But the ski is a good thing for everyday use and fun. One can pole along on the level fairly well in almost any kind or depth of snow, and on a crust skis are quicker than snow-shoes. Skis cost less than a good pair of skates or a good bobbed, and they furnish a novel method of sliding down hill. It is easy to learn. Two or three tumbles do the business. If you get one foot well ahead of the other you are certainly a "gooner." The man who leans back is likely to have a laughable "mix-up." It is best to stand erect, or crouch forward so as to brace oneself. The pole is trailed behind and used to steer by.

The people of the United States are provincial in the matter of winter sports. We have been missing "a lot of fun," and it is high time that we look to skiing.

Occupations and Color of Hair. Dr. Bedloe has said that there is a distinct relation between man's pursuits and the color of his hair. An unusual proportion of men with dark, straight hair enter the ministry; red-whiskered men are apt to be given to sporting and horseflesh; while the tall, vigorous, blonde man, lineal descendant of the Vikings, still contributes a large contingent to travelers and emigrants.—Detroit News-Tribune.

No Cause to Complain. "See here," remarked the guest to the new waiter, "there doesn't seem to be any soup on this menu card."

"Oh, no, sir," replied the waiter, nervously. "I didn't spill it at this table—it was the one on the other side of the room."—Cincinnati Commercial Tribune.

Too Trivial to Be Noticed. Rooney—Were yer iver struck by lightning, Pat? Casey—Oi don't remember. "Don't remember?" "No, a man that's bin married tin years don't remember sich troubles as that."—Judge.



THE TEOSINTE PLANT.

New Fodder Crop Which Is Now Being Extensively Cultivated in Southern States.

Bulletin 102 of the Kansas station says: This is a native of Mexico, and thought by many botanists to be the original of our Indian corn. It is an annual plant resembling corn or sorghum in general appearance, but, instead of producing an ear, there are in the leaf-axis several slender jointed spikes which are separate from each



TEOSINTE IN BLOOM.

other instead of being united into an ear. However, in the United States, the plant seldom flowers, and never produces seed except in south Florida or near the gulf coast. It is cultivated in the southern states, where it is considered a valuable forage plant, and under favorable conditions produces an immense amount of forage. For example, it is reported to have produced in Louisiana over 50 tons of green forage per acre. It requires a long season and considerable moisture, for which reason it is not well suited to Kansas conditions. It gives a fair amount of fodder in Kansas, but there is nothing to recommend it above corn, sorghum or Kafir corn for the same purpose.

PLOWING UNDER CROPS.

The Value of Green Manuring Not Fully Appreciated by Many Otherwise Bright Farmers.

There are plenty of farmers who do not believe in or practice green manuring. They think it a better and more profitable plan to harvest a crop, whatever it is, and feed it to animals. They also hold that the process of soil amelioration by this means is too slow, and takes altogether too long. These and other objections to green manuring are plausible and rather hard to refute. Still the fact remains that favorable results are often obtained by plowing under green crops. Sometimes a farmer has land that is deteriorating under annual cropping, and he cannot well put it in a condition to return a profitable cultivated and harvested crop. He may have used all available home-made manure, and it may not be convenient to purchase concentrated fertilizers.

In such a case, rather than let the land go fallow, he may find it to his interest to cover it with some crop on purpose to plow it under. One advantage of this course is its extreme cheapness. It costs the farmer practically nothing but the seed, the labor of plowing the ground at the time of sowing, and again when the crop has made a suitable growth. Something is gained by the improvement of the mechanical condition of the soil, by preventing the growth of undesirable weeds which would otherwise have taken possession of the land, and by increasing soil fertility to some extent. The addition of humus by the decay of the crop is in some soils of great importance. The argument that no fertility is added to the soil by simply returning the crop that grew upon it does not apply to a leguminous crop, that is able to draw a large part of its support from the air. If the plan of green manuring is not followed under any other circumstances, it is certainly advisable to sow some hardy crop on the removal of a harvested crop, to remain through the winter as a cover and be plowed down in the spring.—S. B. Keach, in N. Y. Tribune-Farmer.

Feeding Extracted Honey. One author says that in feeding back extracted honey to complete the partially filled sections, it has been found that a good colony will consume one and a half pounds of honey per day. This goes to sustain the life of the bees, keeps the necessary heat, feeds the brood and makes the wax. Probably the same amount is used during honey flow. After the honey flow about a half-pound a day. Through the winter about 25 pounds are used. His idea of a good colony is one with perhaps 20,000 bees, which is above the usual number in the size of hives generally used. It would seem that a half-pound a day for 20,000 bees would be a small ration; but we cannot say that his estimate is not correct.—Midland Farmer.

Grafting Trees in the Spring. Persons having pear or apple trees of poor, undesirable kinds should graft them in the tops in early spring. This is easily done by any person of judgment by sawing off limbs one to two inches through, splitting the end and holding open by inserting a narrow iron wedge or chisel in the center, and on each side, after cutting the scion into shape, insert a scion. Then, with a wax made of rosin, beeswax and tallow, cover well, after withdrawing the wedge.—N. Y. Tribune-Farmer.

THE OLD FOLKS AT HOME Are Never Without Peruna in the House for Catarrhal Diseases.



MR. AND MRS. J. O. ATKINSON, INDEPENDENCE, MO.

Under date of January 10, 1897, Dr. Hartman received the following letter:

"My wife had been suffering from a complication of diseases for the past 25 years. Her case had baffled the skill of some of the most noted physicians. One of her worst troubles was chronic constipation of several years' standing."

"She also was passing through that most critical period in the life of a woman—change of life. In June, 1895, I wrote to you about her case. You advised a course of Peruna and Manalin, which we at once commenced, and have to say it completely cured her. She firmly believes that she would have been dead only for these wonderful remedies."

"About the same time I wrote you about my own case of catarrh, which had been of 25 years' standing. At times I was almost past going. I commenced to use Peruna according to your instructions, and continued its use for about a year, and it has completely cured me."

"Your remedies do all that you claim for them, and even more. Catarrh cannot exist where Peruna is taken according to directions. Success to you and your remedies."

In a letter dated January 1, 1900, Mr. Atkinson says, after five years' experience with Peruna:

"I will ever continue to speak a good word for Peruna. In my rounds as a traveling man I am a walking advertisement for Peruna and have induced many people during the past year to use Peruna with the most satisfactory results. I am still cured of catarrh."

John O. Atkinson, Independence, Mo.

Box 272, Independence, Mo.

When old age comes on, catarrhal diseases come also. Systemic catarrh is almost universal in old people.

This explains why Peruna has become so indispensable to old people. Peruna is their safe-guard. Peruna is the only remedy yet devised that meets these cases exactly.

Such cases cannot be treated locally; nothing but an effective systemic remedy could cure them. This is exactly what Peruna is.

If you do not receive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

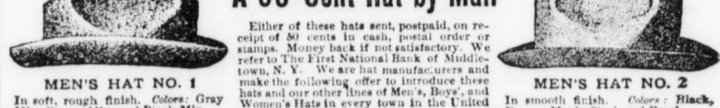
Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

Advertisement for Constipation Makes Bad Blood. MULL'S GRAPE TONIC CURES CONSTIPATION. Constipation is the rotting and decaying of undigested food in the alimentary canal. Disease germs arise from this festering mass, which find their way into the blood. The blood becomes impure and shortly the entire system gives way to the unhealthy condition. You cannot cure a case like this by taking pills or other common cathartics. A laxative will not do. A blood medicine is ineffective. Mull's Grape Tonic is a gentle and mild laxative in addition to being a blood-making and strengthening tonic which immediately builds up the wasted body and makes rich, red blood that carries its health-giving strength to every tissue at every heart beat. Mull's Grape Tonic is made of pure crushed fruit juices and is sold under a positive guarantee. All druggists sell it at 50 cents a bottle. Send 10c to Lightning Medicine Co., Rock, Island, Ill., to cover postage on large sample bottle.

GET READY FOR BAD WEATHER. Cold weather is sure to ripen a crop of Old Aches and Pains.

MEXICAN MUSTANG LINIMENT

cures aches and injuries. It ought to be in easy reach in every home.



A 50-Cent Hat by Mail

Either of these hats sent, postpaid, on receipt of 50 cents in cash, postal order or stamps. Money back if not satisfactory. We refer to The First National Bank of Middletown, N. Y. We are hat manufacturers and make the following offer to introduce these hats and our other lines of Men's, Boys', and Women's Hats in every town in the United States, and for consideration:

MIDDLETOWN HAT COMPANY, Drawer O, Middletown, N. Y.

FREE TO WOMEN PAXTINE TOILET ANTISEPTIC

To prove the healing and cleansing power of Paxtine Toilet Antiseptic we will mail a large trial package with book of instructions absolute y free. This is not a tiny sample, but a large package, enough to convince anyone of its value. Women all over the country are praising Paxtine for what it has done in local treatment of female ills, curing all inflammation and discharges, wonderful as a cleansing vaginal douche, for sore throat, nasal catarrh, as a mouth wash, and to remove tartar and whitens the teeth. Send to-day; a postal card will do.

Sold by druggists or sent postpaid by us, 50 cents, large box. Satisfaction guaranteed. THE H. F. PATON CO., 501 Columbus Ave., Boston, Mass.

WESTERN CANADA HAS FREE HOMES FOR MILLIONS.

Upwards of 10,000 Americans have settled in Western Canada during the past five years. They are contented, happy and prosperous, and there is room still for millions. Wonderful yields of wheat and other grains. The best grazing lands on the continent. Most excellent climate. Plenty of water and fuel. Good schools, excellent churches, splendid railway facilities. All in the Free Home States of Manitoba, Assiniboia, Saskatchewan and Alberta. Send to the following for an Atlas and other literature telling of the great resources of the country, as well as for certificate giving you reduced rates, etc. etc. Superintendent of Immigration, Ottawa, Canada, or JOSEPH YULIEN, St. Louis, Mo. or H. W. WILLIAMS, 2 Law Bldg., Toledo, O. Canadian Government Agents.

LIVE STOCK AND MISCELLANEOUS ELECTROTYPES

IN GREAT VARIETY for sale at the lowest prices by A. N. Kellogg Newspaper Co., 71 Ontario Street, Cleveland, Ohio

BLAIR'S DIGESTIVE TABLETS Cure indigestion, flatulence, heartburn, etc. By mail, 10c. 25c. 50c. in glass, 10c. in paper. H. BLAIR, 8th and Walnut Streets, Philadelphia.

A. N. K.-C. 1890 WHEN WRITING TO ADVERTISERS please state that you saw the Advertisement in this paper.

20 MILLION BOTTLES SOLD EVERY YEAR. CONQUERS PAIN ABSOLUTE SECURITY. Genuine Carter's Little Liver Pills. Must Bear Signature of Scott's. See Fac-Simile Wrapper Below. Very small and as easy to take as sugar. CARTER'S LITTLE LIVER PILLS. FOR HEADACHE, FOR DIZZINESS, FOR BILIOUSNESS, FOR TORPID LIVER, FOR CONSTIPATION, FOR RALLY'S SKIN, FOR THE COMPLEXION. PURE SICK HEADACHE.