

THE PINKHAM CURES

ATTRACTING GREAT ATTENTION AMONG THINKING WOMEN.



Mrs. Frances Stafford, of 243 E. 114th St., N.Y. City, adds her testimony to the hundreds of thousands on Mrs. Pinkham's files.

When Lydia E. Pinkham's Remedies were first introduced skeptics all over the country frowned upon their curative claims, but as year after year has rolled by and the little group of women who had been cured by the new discovery has since grown into a vast army of hundreds of thousands, doubts and skepticisms have been swept away as by a mighty flood, until to-day the great good that Lydia E. Pinkham's Vegetable Compound and her other medicines are doing among the women of America is attracting the attention of many of our leading scientists, physicians and thinking people.

Merit alone could win such fame; wise, therefore, is the woman who for a cure relies upon Lydia E. Pinkham's Vegetable Compound.

MANCHURIA A VAST LAND.

Contains Twenty Millions of People and is Said to be a Garden Spot. The most populous province of Manchuria is that of Laotung, which is penetrated by the branch railway from Harbin to Port Arthur. For a distance of 400 miles, extending from the Sungari river to New-Chwang, the railroad passes through a level, well watered region, densely crowded with population and under the highest state of cultivation.

The total population of Manchuria is variously estimated from 10,000,000 to 25,000,000, but there seems little doubt that Laotung also has a population of as much as 12,000,000, and that the total cannot be much less than 20,000,000. These, however, are largely Chinese.

The Manchus are a fading race, their success in arms having, as is often the case, led to their ultimate decay, for ever since the establishment of the Manchu dynasty at Peking, in 1644, they have been drawn in large numbers to Peking and to the garrisons stationed in all the principal Chinese towns. Here, living a comparatively idle life and depending largely upon pensions from the general government for their support, they have become enervated, while the quality of those left behind in Manchuria has depreciated in character. The Chinese, on the other hand, have gradually invaded Manchuria till they carry on nearly all of its business and swarm in all the centers of population. Gradually they are bringing under cultivation the vast areas of fertile land which under the Manchus had been devoted to pasture or left to run to waste.

Exhibition of Motor Vessels.

Consul R. S. S. Bergh reports from Gothenburg: According to the Gothenburg Aftonblad, there will be an exhibition of motor vessels at Malmo next summer. The place of the exhibition will be the new harbor, which will then be so nearly finished that water can be let in. The motor boats are to have full liberty to make trips with visitors to Helsingborg, Landskrona, Hven, Limhamn, Bjerrred, Copenhagen, Skanor, etc.

Life is a man's opportunity for the realization of his ideals.—Ran's Horn.

Common sense is instinct, and enough of it is genius.—H. W. Shaw.

The trouble with the airship is that it is so apt to be out of its element.—Puck.

The misfortunes that are hardest to bear are those that never happen.—Lowell.

If beauty is skin deep the rhinoceros is entitled to first prize.—Chicago Daily News.

He who believes in nobody knows that he himself is not to be trusted.—Auerbach.

Education begins the gentleman, but reading, good company and reflection must finish him.—Locke.

Good luck might visit us much oftener if we were not so much inclined to brag about our foresight.—Puck.

Superiority to circumstances is one of the most prominent characteristics of great men.—Horace Mann.

Cheerfulness is like money well expended in charity; the more we dispense it, the greater our possession.—Victor Hugo.

"A bad memory," said the large-waisted philosopher, "is oftentimes an advantage, since it enables one to lie with a clear conscience.—Indianapolis News.

One of Philadelphia's rich young bachelors returned from a trip to the Pacific coast with a Chinaman as a valet, having been induced to engage him by San Francisco friends, who said that orientals make admirable servants, remarks the Philadelphia Times. One morning the Chinaman found a half dollar on the floor, and was told by his employer to keep it for his honesty. Some days later the bachelor missed a scarf, and inquired of the valet as to its whereabouts. "He found it on the floor, an' me kept it for my honesty," was the explanation.



THE WELL-BRED WOMAN.

Perfection of Her Training Is Indicated by the Way She Sits Down and Arises.

"My dear," said the old lady, "it is worse than a crime; it is ill bred." Nothing points out the well-bred woman more quickly than the position she takes when she sits down. The stamp of vulgarity is marked upon the woman who sits with her knees spread far apart; lack of refinement is shown by knees crossed offensively; lack of ease by stiff and constrained positions of the shoulders; a general carelessness and indifference by the very common fault of "sitting in the shoulders," that is, of doubling the spine so that the upper rather than the lower part of it rests against the back of the chair.

The body should be placed well back upon the seat, chair, sofa or whatever it may be. The feet should rest on the floor, one somewhat in front of the other, because it is easier to rise from that position. The head must be kept well up and the chest poised slightly forward.

The lower part of the spine may be pressed against the frame of the chair, but if one, after sitting awhile, should need to rest a little more, the shoulders may also touch upon the same support. The hands should remain as they naturally fall from this position, hanging at the sides, or they may be placed easily over the arms or back of the chair, or allowed to lie reposefully on the lap.

To rise properly from a correct sitting position there should be several preparatory movements.

The chest is first poised far forward and at the same time the foot is drawn back under the seat. The foot drawn in should be the one opposite from the direction to be taken in starting up.

As you rise throw the weight firmly upon the foot in the rear. As the body comes to its full height change the weight to the forward foot, so that the other foot merely touches the floor very lightly. This brings you to a standing position, ready to walk easily in the direction you are going.

Ugly sitting positions and awkward movements in rising will disappear if these principles are followed.—N. Y. Herald.

Cold Roast Beef Salad.

Cold roast beef makes an excellent salad. Choose for this dish the well-done parts of the meat and cut into inch dice. Over the meat sprinkle a dash of paprika, tomato catsup and onion juice. Let it stand for two hours in a cool place. Mix lightly with mayonnaise and serve on lettuce leaves. Garnish the platter with slices of tomatoes.

Diet for Convalescents.

Typhoid fever patients are as a rule almost ravenous when they commence to convalesce, and the greatest care has to be taken that they do not overload the stomach or eat anything that may cause a relapse. A limited supply of solid food must be given even for some weeks after the temperature is perfectly normal.

THE COUNTESS DUDLEY.

Wife of Ireland's New Lieutenant Governor Once Trimmed Millinery in London.

Countess Dudley, formerly Rachel Gurney, has not always been favored of fortune. She who is the new mistress of the vice-regal lodge in Dublin and therefore first lady in Ireland, once upon a time trimmed hats as apprentice to a London milliner.

Lady Dudley and her good-looking husband, the new viceroy of Ireland, afford the English nobility one of its prettiest romances. It is the old story of love and poverty. Lady Dudley was well born, although not of such titled stock as Earl Dudley boasted. The Gurneys were an ancient Quaker family of bankers in Norfolk and the father of Lady Dudley was very wealthy until his



THE COUNTESS DUDLEY.

daughters grew to be young women. Misfortunes came when Rachel and her sister, Lady Troubridge—she who writes plays—were respectively 17 and 19 years old. Their mother brought the two to London and sought to eke out the modest living which her husband, still in Norfolk, managed to give her, by placing her daughters in a milliner's shop.

Luck came first in the person of Adeline, duchess of Bedford. The dowager duchess bought a hat one day of an exceedingly pretty girl who happened to be Rachel Gurney, and as she wore it continued meanwhile to think of the charming girl who sold it to her. She looked into the shop another day and still another, asked a few leading questions and discovered Rachel Gurney's story. Thereupon she adopted her.

The Gurneys concluded they could support one girl if the other were well provided for and permitted Rachel to become the legally-adopted daughter of Adeline, duchess of Bedford. Lady Troubridge's marriage was indirectly the result of her sister's going into the haughty Bedford family. The late duke was devoted to the child, whom he found in his old age.

It was, however, as a comparatively dowdier bride that Miss Gurney came to the young earl of Dudley. Her position in society was secure, her beauty and charm universally recognized. She was and is known as a particularly vivacious and attractive woman with a great gift for entertaining. Lord Dudley had money enough and to spare. He married the girl with whom he happened to fall in love.

GOWNS OF HIMALAYA CLOTH



THE first gown is of gray himalaya, of so cork a shade as to be almost black. It is trimmed with applique bands of black satin and bands of turkish embroidery, the latter forming the girde. The fronts of the bolero are turned back to form little revers, faced with green silk and embroidered with black. The pinstrip is of cream tulle, with crests of black satin. The skirt is finished with a deep flounce, trimmed with the black satin bands, and headed by the embroidered band. The second gown is of reddish-brown himalaya. The bolero is made with groups of radiating plaits, and is trimmed with applications of panels of a deeper shade. The sleeves are box plaited, the plaits opening out at the bottom to show the darker panel underneath. The waistcoat and the wristbands are of dove-gray cloth, trimmed with applications of white panels, which are embroidered with black, and with embroidered mandarin yellow silk pastilles. The girde is of black duchess satin. The plain skirt is composed of five breadths —Chic Parisien.

RESTAURANT REQUISITES.

Appropriate Texts Were the Only Things Lacking for Doing Business.

The day of the new cheap restaurant's opening was at hand, says the Newark News.

"Has the sugar been sanded?" asked the proprietor. "It has," replied the manager. "And the salt shakers have been stopped up."

"Have you watered the catsup?" "I have."

"And chalked the milk, and tested the oleomargarine to be sure it's not butter?" "Yes."

"Is the bread flour adulterated?" "To the limit."

"Are you sure there's nothing genuine in the place?"

"Nothing except the eggs, and even they are doubtful." "Tis well. We seem to be ready for business. Stay. Where are those illuminated mottoes?"

"I forgot them sir."

"Great Scott! Run out to a sign painter. Get a couple of 'Feed M. Lamb,' or 'Honest Men Are the Salt of the Earth'—anything, only be quick. Goodness, what an oversight!"

VERY LOW COLONISTS' RATES

To the West, Northwest and Southwest.

The Missouri Pacific Railway and Iron Mountain Route will sell one way Colonists' and Settlers' tickets to California and North Pacific Coast points, also to points in Missouri, Arkansas, Indian and Oklahoma Territories, Louisiana and Texas on the first and third Tuesdays of each month from October 21st to April 21st, at one-half the standard first-class fare, plus \$2.00. For further information see nearest Agent, or write H. C. Townsend, G. P. & T. Agent, St. Louis, Mo.

A man occasionally takes a day off to celebrate the anniversary of his birth, but when a woman celebrates hers she usually takes a year off.—Chicago Daily News.

Dyspepsia—bane of human existence. Burdock Blood Bitters cures it, promptly, permanently. Regulates and tones the stomach.

More Appropriate.

"He calls his office a 'dental parlor.' Isn't that ridiculous?" "It is, indeed. He should call it a 'drawing-room.'"—Philadelphia Record.

Too late to cure a cold after consumption has fastened its deadly grip on the lungs. Take Dr. Wood's Norway Pine Syrup while yet there is time.

"What became of the young chap who was writing 'How to Live on Ten Cents per Day?'" asked the caller. "He left," responded the publisher. "Why?" "Because we refused to allow him 50 cents for dinner."—Philadelphia Record.

A Dose in Time Saves Nine of Hale's Honey of Horehound and Tar for Colds. Pike's Toothache Drops Cure in one minute.

Fuddy—"There is one thing about Flanders that I like. He never has anything to say about his aches and pains." Dudley—"No, but he's all the time bragging about his splendid health."—Boston Transcript.

I am sure Piso's Cure for Consumption saved my life three years ago.—Mrs. Thos. Robbins, Norwich, N. Y., Feb. 17, 1900.

The American heiress wants quality and the impetuous nobleman wants quantity. Bring the two together and the result is a matrimonial merger.—Chicago Daily News.

Putnam Fadedness Dyes color more goods, per package, than others.

Never monkey with a buzz-saw when it is busy.—Chicago Daily News.

SUFFERED SEVEN YEARS

With Catarrhal Derangements of the Pelvic Organs.



Miss Kate Brown.

Hundreds of Dollars Spent In Vain—Peruna Cured.



A neglected cold is frequently the cause of death. It is more often, however, the cause of some chronic disease.

There is not an organ in the body but what is liable to become seriously deranged by a neglected cold. Diseases of the kidneys, bladder and digestive organs are all frequently the result of a neglected cold.

Hundreds of dollars are spent on doctors and medicines trying to cure these diseases, but until the true cause of them is discovered, there will be no use in using medicine.

Dyspepsia medicine, diarrhea medicine and constipation medicine is of no good whatever when catarrh is the cause. The catarrh must be treated. The cause being removed, the derangements will disappear.

Peruna cures catarrh of the digestive organs, the urinary organs or any of the internal organs.

If you do not derive prompt and satisfactory results from the use of Peruna write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

A Chronic Grumbler.

To the large number of stories of the "meanest man" which are frequently related, one should be added of a certain Frenchman, famous for his habit of grumbling at everything and on every occasion.

He was attacked by inflammatory rheumatism, and was carefully nursed by his wife, who was very devoted to him, in spite of his fault-finding disposition. His suffering caused her to burst into tears sometimes as she sat at his bedside.

One day a friend of the invalid's came in and asked him how he was getting on. "Badly, badly!" he exclaimed; "and it's all my wife's fault."

"Is it possible?" asked the friend, in surprise. "Yes. The doctor told me that humidity was bad for me, and there that woman sits and cries just to make it moist in the room!"—Detroit Free Press.

As soon as budding genius finds that it has been noticed it begins to blow itself.—Puck.

Advertisement for Montgomery Ward & Co. featuring '31 YEARS AGO' and 'HAMLIN'S WIZARD OIL TOOTHACHE'.

SYRUP OF FIGS



Acts Gently; Acts Pleasantly; Acts Beneficially; Acts truly as a Laxative.

Syrup of Figs appeals to the cultured and the well-informed and to the healthy, because its component parts are simple and wholesome and because it acts without disturbing the natural functions, as it is wholly free from every objectionable quality or substance. In the process of manufacturing figs are used, as they are pleasant to the taste, but the medicinal virtues of Syrup of Figs are obtained from an excellent combination of plants known to be medicinally laxative and to act most beneficially.

To get its beneficial effects—buy the genuine—manufactured by the

CALIFORNIA FIG SYRUP CO. Louisville, Ky. San Francisco, Cal. New York, N.Y. For sale by all druggists. Price fifty cents per bottle.

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