



POPULAR CLUB WOMEN.

Mrs. Fairbanks, Wife of the Senior Senator from Indiana, Stated for High Honors.

Not many women in the midst of official society life find time to attend to philanthropic matters, but Mrs. Fairbanks, wife of the senator from Indiana, excels in interest and work along the lines of sociology and philanthropy.

"I believe," said Mrs. Fairbanks, "in such work, especially among youths and children, and think that to diffuse truth and intelligence in early life will prevent crime in later years."

Mrs. Fairbanks was appointed by Gov. Hovey, and was the first woman in Indiana to hold a position on the board of state charities. The duties of this office required visiting all penal, correction and educational institutions, also looking into all reformatory matters, as well as blind asylums and other charities in the state. This great work was cheerfully and efficiently attended to in Indiana, and as soon as Mrs. Fairbanks arrived in Washington last fall she was called upon by the board of trustees of the National Junior Republic to take the presidency of the Woman's league, connected with that institution, and situated between Washington and Baltimore. This philanthropic work is entered into by both cities and is a special effort for children, whose lives are blighted at birth by poverty and crime.

At first Mrs. Fairbanks refused to enter into this work, owing to pressure of social and other philanthropic matters, but the management, knowing her peculiar fitness, pressed her to visit the buildings on the farm at Annapolis Junction, which she did, witnessing these little waifs governing themselves after the plan of the George Junior Republic, which allows the "citizens," as the inmates are called, to elect their own president, judges and other officials, holding weekly "courts."



MRS. CHARLES W. FAIRBANKS.

Mrs. Fairbanks was so impressed with the value of the work that she withdrew her refusal, and now her elegant residence is thrown open for the meetings of the board of Women's League of National Junior Republic, over which she presides. Thus the house so often open in entertaining dignitaries of this and other lands is also open to philanthropic interests.

Mrs. Fairbanks is also a member of the governing board of the General Federation of Women's clubs. She was born in Ohio, and both she and her husband are graduates of the Ohio Wesleyan university, being students at the same time. They were married in Ohio, going, however, directly to Indiana to reside. Being also much interested in literature, Mrs. Fairbanks, soon after her marriage, founded a literary society, still a successful organization in Indianapolis. A round of dinners, teas and receptions are now being given, and must, owing to Senator Fairbanks' official position, be entered into by his busy wife.

Mrs. Fairbanks has been urged by a large number of the chapters of the Daughters of the American Revolution to allow her name to be placed in nomination for president general of that organization, and has consented to do so.

How to Clean Oil Paintings.

Oil paintings may be cleaned by dividing a sound, raw potato, having previously removed the skin, and applying the flat, cut side to the surface of the picture. As the soaplike froth accumulates use a very soft piece of sponge and a little tepid water to remove it. The superfluous moisture will be readily absorbed by the careful application of a piece of chamois leather. As the potato gets dirtier cut off a thin slice and use again.

Kitchen Work Made Easy.

When commencing to cook dinner, you will save much time and labor by placing all the things likely to be wanted on the kitchen table. At the same time it is not well to accumulate too many articles. Clear as you proceed. You will thus always have a clear kitchen. The plates and dishes should be placed in a screen before the fire as soon as the cooking begins. Hot plates are indispensable to the enjoyment of a good dinner.

Dainty Lemon Sandwiches.

Cream thoroughly one cup of butter and work gradually into it the hard boiled yolks of two eggs rubbed to a paste, with one raw yolk, one-fourth of a teaspoon of salt, one teaspoon of French mustard, or one-quarter of a teaspoon of dry, two tablespoons of strained lemon juice, and one-half teaspoon of freshly grated rind. Beat and work all together well and spread on thin slices of white bread.

STORY OF A DOOR BELL.

The Men All Like It Just Because It Is a Libel on a Good Wife's Thoughtfulness.

"Does our door bell ring?" from the head of the house.

"I'm afraid not," meekly answered the other half.

"There it is 'Afraid not.' Do you pretend to understand the use and purpose of a door bell?"



"DOES OUR DOOR BELL RING?"

poses of a door bell? Do you think that I had it put in for decorative purposes? Do you regard yourself as capable to differentiate between utility and ornamentation, giving each its relative value?"

"I don't understand, dear."

"Nobody suspected you of understanding, Jones called here the other evening to talk over a real estate deal that could have cleared me a neat little sum. Couldn't get in, of course. Bell didn't ring. Went away mad. Brown was here to give me a tip on stocks. It turned out right, and might have made us rich. Bell didn't ring. I would like to make respectful inquiry as to why I was not informed that we are practically fortified against the rest of the world? Am I not of sufficient importance to be consulted when there are liable to be millions at stake?"

"But I got some stuff at the drug store that they said would make the thing work."

"I'll warrant. That's the woman of it. You'd consult a druggist if the chimney smoked. What do we have electricians for? Why are we making such giant strides in science? Simply that some woman may ask some baker why her clock is slow, or call on a druggist to fix an electric door bell. Hereafter restrain yourself sufficiently to tell me when the bell is off. I will know what to do."—Detroit Free Press.

FREEZING ICE CREAM.

Although It Is a Simple Process, Very Few Housekeepers Know How to Do It Right.

There is a Boston legend that ice-cream was first made by a famous colored cook of Boston, which is so often repeated that it is a pity to recall the fact that the French made sweet dishes congealed with ice as long ago as the age of Cardinal Richelieu, who was himself a famous bon vivant and the inventor of the salad, mayonnaise. The success of an ice cream depends upon its being properly frozen. A cream that is congealed until it is as hard as an icicle is as much a failure as one half frozen. The process must be such as to make a creamy but perfectly compact mass. It is easy to freeze cream in a few minutes by using an extra amount of salt. This will produce a coarse grained, icy cream that is anything but palatable. Use about three pints of coarse rock salt to 12 quarts of ice, crushed fine, for a gallon freezer. Put in a layer of ice, then sprinkle in the salt and pack in another layer of fine ice. Continue packing the ice and salt and pressing it with a blunt, wedgelike piece of wood. A wooden spoon does very well. Put the liquid cream into the can, cover it up and turn the freezer for about three or four minutes. At the end of this time remove the cover of the can and with a sharp edged knife scrape the side of the can and the bottom. Mix the hard frozen layer of cream thus scraped off with the thin cream in the center. Upon the thorough mixing of the frozen cream with the liquid cream in the center the rapid successful freezing of the cream depends. Close up the can and turn the freezer again for two or three minutes and repeat the scraping of the sides of the can and mixture of the cream. After turning the cream again and mixing it, it should be thick enough to close up and pack away. Let it remain packed away for at least two hours before it is served.—N. Y. Tribune.

She Made It Quite Clear.

In a suburb of Philadelphia lives an old German couple named Skimmekopf. The husband, Fritz, has two dogs, of which he is very fond. One is a pup, while the other is quite old; but, as sometimes occurs with dogs of different breeds, the old dog is much smaller than the six-months-old puppy. "Dere vas somedings funny apoud dem dog already," said Fritz, who was showing them to a friend the other day. "Dat leadlest dog vas de piggest." Mrs. Skimmekopf, realizing that her husband had not made the point quite clear, thought she had better come to his assistance. "You must excuse mine husband," she said. "De English languidch he knows not. Vot he means is dat de youngest dog vas de oldest."

How to Clean Bright Tin.

The best thing to clean bright tin with is oil and rotten stone. This removes all kinds of stain. They should be polished off with clean wash leather.



TO PREVENT KICKING.

How to Cure Horses of a Vicious Habit That Usually Is the Direct Result of Idleness.

Kicking in the barn is generally done by horses kept idle too long or because of viciousness. Severe injury may result, especially in winter, when horses are kept sharply shod. The illustration shows how to prevent kicking. Put shackles on each of the hind legs and chain them together. Give



TO CURE KICKING HORSES.

horses sufficient liberty to step about and to lie down and get up. The shackles should be put on horse a week before putting on sharp shoes, so as to get the horse accustomed to them that he may not hurt himself. Self-calking is about the only injury to be feared from using shackles. It is best to use them on horses only in the daytime at first. Shackles should be of a strong strip tied around each leg above the ankle joint. Use a light but strong chain about 12 inches long with a small ring attached to each end to pass strap through. A double leather strap for coupling instead of a chain may be used if preferred.—Louis Olsen, in Farm and Home.

LONG-TONGUED BEES.

Very Few of the Insects Now on the Market Can Master the Red Clover Blossoms.

We are now putting forth an unusual effort to improve the honey bee in length of tongue. Beekeepers are after the red clover honey crop, of which the tubes of the blossoms are so deep the bees cannot reach the nectar in them. It is well known that the common red clover is the heaviest nectar-producing plant known, and the honey from it is of fine quality.

It has been discovered that an occasional colony of bees work on red clover blossoms, and in some instances have stored a large surplus from this well-known plant. Beekeepers have taken the hint from this, and have made investigations to find that some bees have longer tongues than others, and on this account are able to reach the honey in the red clover tubes.

It was said that the Italian bees could master the red clover blossoms, and the job was placed in their hands, but after some big stories of imagination and the lapse of time it was discovered that but a very small per cent. of bees worked the red clover. After careful measurements of the tongues of bees, it has been discovered that there is a variation all the way from fifteen one-hundredths to twenty-three one-hundredths of an inch, the last-named being very rare. It seems that if we can attain the length of twenty-five one-hundredths of an inch, and have all the bees come up to this standard, the red clover crop is ours. Beekeepers have already begun the work to attain this improvement by select breeding, and judging from other improvements obtained in different ways by line breeding of the Italian bees, this improvement is not an impossibility.

The honey that would be obtained from red clover if the bees could get it, would add largely to the total crop of this country.—A. M. Duff, in National Rural.

Harness Goes with Horse.

Whenever a horse is sold the harness in which it has been used to working ought always to go with the bargain. No two harnesses fit alike, especially where the pressure comes on the shoulder or neck in drawing. The skin under the old harness has been gradually toughened by the pressure on one spot. But with the new harness the pressure is shifted, it may be only an inch or two, but it comes where the skin is tender and will quickly break when exposed to the collar. If the whole harness cannot go, be at least sure to secure the collar with any new horse purchased, so the animal can work without being tortured. The collar once used for one horse ought never to be used for another.—Midland Farmer.

How to Prevent Black Leg.

The cause of "black leg" in cattle is the bacillus anthracis, a vegetable organism. This bacillus establishes the diseases known as anthrax, which occurs in various forms, such as spenic apoplexy, gloss anthrax, carbuncular erysipelas, etc. The term "black leg" is used for the disease occurring in young, thrifty cattle, because on skinning the affected quarter the flesh is black. Remedies, as a rule, fail. Your only plan is to use preventive measures. Usually when one animal is affected others follow, unless means to prevent further infection are used, and as the disease is fatal as a rule, quick action is called for. Remove all two-year-olds and under from the pasture where disease started.—Rural World.

Rather! "By the way," asked the stranger, "are women permitted to practice at the bar in this country?" "Permitted!" snorted the other man, who happened to be a retired saloon keeper from Kansas, "you can't keep 'em from doing it when they take a notion, begosh!"—Chicago Tribune.

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

E. J. Cheney & Co., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by their firm. West & Trux, Wholesale Druggists, Toledo, O. Waiding, Kinnan & Marvin, Wholesale Druggists, Toledo, O.

A Familiar Sound.

Mrs. Johnson—Has Mr. Johnson come home for dinner yet? Jane—No, mum.

"I thought I heard him downstairs." "That was Leo growling over a bone, mum."—Tit-Bits.

His Skin Peeled Off.

Not very long ago, when Mr. Fred Falk was living at the corner of Hunt and Penicott Streets in Cincinnati, Ohio, he wrote: "About one year ago, my face and neck were so terribly burned by the hot vapors of burning spirit and oil that the skin peeled off the moment it was touched. Palmer's Lotion was immediately and liberally applied, which relieved my intense agony in a few minutes and a new skin was formed in two weeks without leaving a scar. Your druggist ought to have this wonderful healer. If he hasn't it, send to Solon Palmer, 374 Pearl Street, New York, for samples of Palmer's Lotion and Lotion Soap."

Harmless Sparks.

Speaking of the wit of the late Senator Davis, Senator Hoar uttered an epigram which deserves to be remembered. "No spark from him," said Senator Hoar, "was ever a cinder in the eye of his friend."—Washington Post.

A Remedy for the Grippe.

Physicians recommend KEMP'S BAL-SAM for patients afflicted with the grippe, as it is especially adapted for the throat and lungs. Don't wait for the first symptoms, but get a bottle to-day and keep it on hand for use the moment it is needed. If neglected the grippe brings on pneumonia. KEMP'S BAL-SAM prevents this by keeping the cough loose and the lungs free from inflammation. All druggists, 25c and 50c.

Money in Politics.—"What we need to do," cried I hotly, "is to take money out of politics!" "I took out all I saw, sir!" protested the legislator, with convincing candor.—Detroit Journal.

Try Grain-O! Try Grain-O!

Ask your grocer to-day to show you a package of GRAIN-O, the new food drink that takes the place of coffee. The children may drink it without injury as well as the adult. All who try it, like it. GRAIN-O has that rich seal brown of Mocha Java, but it is made from pure grains, and the most delicate stomach receives it without distress. If the price of coffee, 15c and 25c, per package. Sold by all grocers.

After a girl has prepared refreshments for a party, her next step is hide them from her brother.—Athenian Globe.

Care of the Baby.

To keep the skin clean is to keep it healthy. Every mother should therefore see that her baby is given a daily bath in warm water with Ivory Soap. The nursery should also be well aired and cleaned and all clothing washed with Ivory Soap, well rinsed and dried in the sun. ELIZA R. PARKER.

The burglar makes hay while the sun doesn't shine.—Chicago Daily News.

Within five years Cascarets have reached the highest sale of any liver or bowel medicine in the world, simply because they cure. They have great merit as the sale of over six million boxes a year proves. No matter what ails you, start using Cascarets to-day and if you are not benefited and in every way satisfied after you have given them a fair trial you can have your money back for the asking. There is no waste. They are put up in tablet form and every tablet is stamped "C. C. C." They don't cost much—10c, 25c and 50c a box and a 50c box will furnish a whole month's treatment for the worst case. Cascarets are the best and cheapest liver and bowel regulator in the world.

"I hear Miss Flirty threw Chollie over last night." "So?" She told me she would be disengaged this evening."—Town Topics.

An Innovation.

The Louisville & Nashville R. R. together with its connecting lines has inaugurated the Florida Limited, which is a daily, solid train, wide vestibuled, steam heated, gas lighted, with dining car service for meals en route to Thomasville, Ga., from Chicago and St. Augustine, Fla. The sleeper leaving Cincinnati at 11:15 a. m. is attached at Nashville, running via Birmingham and Montgomery, Plant System to Jacksonville, and Florida East Coast to St. Augustine, arriving at the latter city at 1:30 the next evening. Mr. C. L. Stone, General Passenger Agent, Louisville & Nashville R. R., Louisville, Ky., will answer all inquiries concerning this train and furnish printed matter concerning it.

A St. Louis girl has outclassed all the Maes. She spells her name Maiae.—St. Louis Globe-Democrat.

Cheep Rates to California.

February 12th and each Tuesday thereafter, until and including April 30th, Special Low Rate Colonist Tickets will be sold via the Southern Pacific's Company's "Ogden" and "Sunset" Routes to all points in California. The rate will be: From Chicago \$30.00, from St. Louis, Memphis and New Orleans \$27.50, from Omaha, Kansas City, etc., \$25.00. Corresponding low rates from all other points east and north.

For particulars and detailed information pertaining to the Southern Pacific Company's Routes, and these special rates to California, call upon or address:

W. G. Neimeyer, G. W. A., S. P. Co., 238 Clark St., Chicago, Ill.  
W. H. Connor, C. A. S. P. Co., Chamber of Commerce Bldg., Cincinnati, Ohio.  
G. G. Herring, C. A. S. P. Co., 711 Park Bldg., Pittsburg, Pa.  
L. E. Townsley, C. A. S. P. Co., 421 Olive St., St. Louis, Mo.  
C. C. Cary, C. A. S. P. Co., 208 Shedley Bldg., Kansas City, Mo.

Greatness is not so much in ability to plan masterpieces as in persistency in pursuing them.—Rams' Horn.

Dyeing is as simple as washing when you use PUTNAM FADELESS DYES. Sold by all druggists.

Love can make us friends as well as angels.—Kingsley.

To Cure a Cold in One Day

Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure. 25c. 'Tis a kind of deed to say well, and yet words are no deeds.—Shakespeare.

A Dose in Time Saves Nine of Hale's Honey of Horehound and Tar for Coughs. Pike's Toothache Drops Cure in one minute.

There is no end to the rings a woman wears.—Chicago Daily News.

It spoils a favor if you are asked to return it.—Chicago Daily News.

Coughing Leads to Consumption.

Kemp's Balsam will stop the Cough at once. Go to your druggist to-day and get a sample bottle free. Large bottles 25 and 50 cents. Go at once; delays are dangerous.

Farsightedness is largely a matter of careful planning.—Chicago Daily News.

Men are seldom charitable on an empty stomach.—Chicago Daily News.

The only safe bet on record—the alphabet.—Chicago News.

WHAT IS OVARITIS?

A dull, throbbing pain, accompanied by a sense of tenderness and heat low down in the side, with an occasional shooting pain, indicates inflammation.

On examination it will be found that the region of pain shows some swelling. This is the first stage of ovaritis, inflammation of the ovary. If the roof of your house leaks, my sister, you have it fixed at once; why not pay the same respect to your own body?

You need not, you ought not to let yourself go, when one of your own sex holds out the helping hand to you, and will advise you without money, and without price. Write to Mrs. Pinkham, Lynn, Mass., and tell her all your symptoms.

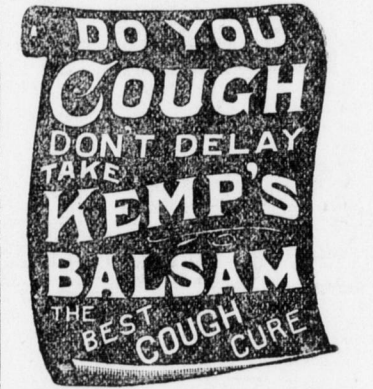


MRS. ANNIE ASTON.

Her experience in treating female ills is greater than any other living person. Following is a letter from a woman who is thankful for avoiding a terrible operation.

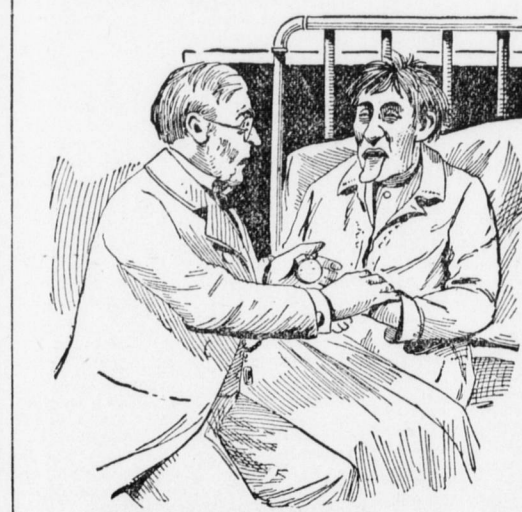
"I was suffering to such an extent from ovarian trouble that my physician thought an operation would be necessary.

"Lydia E. Pinkham's Vegetable Compound having been recommended to me, I decided to try it. After using several bottles I found that I was cured. My entire system was toned up, and I suffered no more with my ovaries."—MRS. ANNA ASTON, Troy, Mo.



It Cures Coughs, Colds, Croup, Sore Throat, Influenza, Whooping Cough, Bronchitis and Asthma. A certain cure for Consumption in first stages, and a sure relief in advanced stages. Use at once. You will see the excellent effect after taking the first dose. Sold by dealers everywhere. Price, 25 and 50 cents per bottle.

How Are Your Bowels?



About the first thing the doctor says-- Then, "Let's see your tongue." Because bad tongue and bad bowels go together. Regulate the bowels, clean up the tongue. We all know that this is the way to keep and look well. You can't keep the bowels healthy and regular with purges or bird-shot pills. They move you with awful gripes, then you're worse than ever.

Now what you want is Cascarets. Go and get them today--Cascarets-in metal box--cost 10c. Take one! Eat it like candy, and it will work gently--while you sleep. It cures, that means it strengthens the muscular walls of the bowels, gives them new life. Then they act regularly and naturally. That's what you want. It's guaranteed to be found in

THE TONIC LAXATIVE Cascarets LIVER TONIC BEST FOR THE BOWELS NEVER SOLD IN BULK. CURE all bowel troubles, appendicitis, biliousness, bad breath, bad blood, wind on the stomach, bloated bowels, foul mouth, headache, indigestion, pimples, pains after eating, liver trouble, sallow complexion and dizziness. When your bowels don't move regularly you are getting sick. Constipation kills more people than all other diseases together. It is a starter for the chronic ailments and long years of suffering that come afterwards. No matter what ails you, start taking CASCARETS to-day, for you will never get well and be well all the time until you put your bowels right. Take our advice; start with CASCARETS to-day, under an absolute guarantee to cure or money refunded. GUARANTEED TO CURE: Five years ago the first box of CASCARETS was sold. Now it is over six million boxes a year, greater than any other medicine in the world. That is absolute proof of great merit, and our best testimonial. We have faith and money refunded. Go buy today, two 50c boxes, give them a fair, honest trial, as per simple directions, and if you are not satisfied, after using one 50c box, return the unused 50c box and the empty box to us by mail, or the druggist from whom you purchased it, and get your money back for both boxes. Take our advice--no matter what ails you--start to-day. Health will quickly follow, and you will bless the day you started with CASCARETS. Book free by mail. Address: STERLING REMEDY CO., NEW YORK or CHICAGO.