



COOKING VEGETABLES.

A Few Rules Whose Observance Will Add Materially to the Pleasures of the Table.

It is a well-known fact that beans, lentils and split peas do not boil soft in hard water. The sulphate of gypsum, the salts of lime, coagulate the casein which these seeds contain.

If green vegetables are wilted, soak them for more than an hour in pure cold water. String beans usually need to boil for 45 minutes.

Turnips, carrots, cabbage and onions should be boiled in a great deal of water and taken up immediately and drained when sufficiently done.

New potatoes are the best baked. A very little sugar added to tomatoes, squash, peas, corn, beets and turnips will improve them.

Turnips will cook more quickly when cut into thin slices—otherwise they will need to cook a long time.

Cauliflower should be tied in a net to prevent boiling to pieces.

Summer squash should be steamed and not boiled.

Put a piece of bread the size of an egg into a cheesecloth bag and drop into a pot of boiling greens to absorb the odor.

A little pinch of cayenne dropped into boiling cabbage, green beans, onions, etc., will lessen the disagreeable odor.

All dried leguminous vegetables, such as dried beans, peas, etc., should be put on in cold water, and when they reach the boiling point should be allowed to simmer until done.

TWO NEW COIFFURES.

English Women are Simplifying Their Headdress, the French are Complicating Theirs.

Here are two new styles in evening coiffures as they are worn by French and English women. In the first the hair is brushed back from the face a la



THE ENGLISH COIFFURE.

pompador and finished in a soft, loose knot at the crown of the head. Tortoise and jeweled ornaments are used to make the coiffure effective.

The French headdress depends upon



VERY FASHIONABLE IN PARIS.

its complicated arrangement for its beauty.

The lower portion resembles in effect the popular figure eight twist, while the upper part is a clever combination of the Pigeon and puff arrangement.

A Delicious Tomato Sauce. Twelve large ripe tomatoes, chopped and strained through a colander; one large sweet pepper, chopped; three onions, chopped; one tablespoonful black pepper, one tablespoonful all-spice, one tablespoonful cinnamon, one tablespoonful cloves, two cups vinegar, salt to taste; str all together and put in jars. Will keep a year. Do not cork

BATHING COSTUME.

The Amateur Mermaid Takes Her Daily Plunge in a Jauntily Sued English Serge.

The amateur mermaid of midsummer is not a fabled being, but a charming reality. She gowns herself in becoming costumes of English serge, silk poplin or brillantines; in fact any material at all that does not cling to the figure.

No fashionable bathing costume is minus its bloomers. These are of scant proportions and button above the knees in Turkish trouser fashion.

The skirt and bodice are combined in one piece upon a narrow band of corded silk ribbon or bengaline silk. A



THE AMATEUR MERMAID.

very pretty costume, and one that contrasts effectively with the white sand of the seashore, is developed in white English serge trimmed with bands of sea green brillantine. The skirt drops evenly with the knee line and is faced with sea green wash silk.

The waist is cut on plain lines with a square neck finished with bands of green silk. The sleeves are very short puffs and are unconfined, many being of the opinion that bands around the arms, even though loose, prevent an absolutely free movement.

ODD WEDDING RULES.

Characteristic Customs That Prevail at Marriages in Norway, Sweden and Siberia.

Every country has its own particular regulations and ceremonies regarding matrimony. Wedding presents in Norway are not of the expensive but useless kind that they are with us. They consist of such things as pots and pans, plates and dishes, a feather bed, half a dozen sheep, a sack of potatoes, and so forth.

Sir G. W. Dasent says that the Norwegians, in reference to marriage, as to other matters, put their best foot foremost and try to make the most of things generally. A lad went out to woo a wife. Among other places he came to a farmhouse, where the people were very poor, but they wanted to make him think that they were well-to-do.

Many superstitions prevail in Sweden with regard to marriage. It is said that if a girl be fond of cats she will not have an old maid, as we should say, but have a bright day for her wedding.

The Swedish bride sometimes wears a coronet of myrtle, or, when that is not procurable, of colored paper. Here, as in Norway and other countries of northern Europe, there is too much eating and far too much drinking at weddings. In Sweden the repasts on these occasions continue for hours. When asked to take your place at the table it is considered polite to make as stout a resistance as possible. During the repast a collection is made for the bride and sometimes also for the poor of the parish.

In Siberia there is a good custom that a bride on coming to her husband's house has to give a dinner prepared with her own hands as a test of the education she has received.

If she succeeds in gratifying her guests it is taken as a proof, not only of the young woman's own excellence, but also as a recommendation of her whole family, by whom she was instructed so usefully.

How to Test Wheat Flour. The genuineness of entire wheat flour may be tested by chewing a small quantity for a few moments.

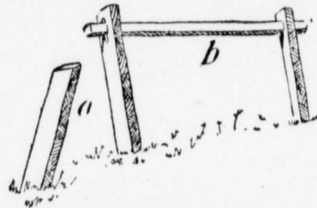
With a soft brush remove any dust and then apply a little oil on a piece of cotton wool, afterwards polishing with a leather.



COMFORT FOR STOCK.

Rubbing Post Placed Here and There in Shadeless Pastures Will Save the Fences.

In pastures where there are no trees or underbrush, stock will often rub against fences, causing considerable injury, particularly if the fences are made of rails or boards. If rubbing posts are provided this will be obviated to a certain extent, and the stock given considerable comfort.



FORM OF THE RUBBING POST.

venient forms are shown in the illustration. The one at a is simply a post set in the ground at an angle, and the one at b consists of two posts with a top piece. One of these posts must be considerably higher than the other, so that the upper piece will slope. The posts must be set firmly in the ground and the top piece mortised in; otherwise it will be broken off.—S. C. Millie, in Orange Judd Farmer.

THE SPARROW HAWK.

Investigation Proves That the Farmer Has No Better Friend Than This Pesticidal Bird.

In many sections the sparrow hawk is recognized as a true friend of the farmer, though in others it is included in the general warfare waged by farmers and sportsmen against hawks of all descriptions. The value of the sparrow hawk lies in his habit of feeding on small rodents. He is a rapacious bird, and destroys great numbers of these farm pests; also grasshoppers. Farmers are slow to appreciate the value of birds of prey. If one young chicken is devoured by a hawk a year, the whole race is condemned and no account taken of the 500 mice and young rats he may eat during that period.

STORY WITH A LESSON.

How a Tramp's Politeness Was Awakened by the Sight of a Model Creamery.

I will relate an amusing incident I saw happen in a creamery I visited a short time ago, writes G. B. Lawson in Creamery Journal. The creamery was as clean and neat as any could be. There was not a speck of dirt on the floor or about any of the machinery. The door opened and a tramp came in with muddy boots on. It was rainy at the time. He made one step on the inside and stopped, as soon as he saw the condition of the room, looked at his muddy feet, took off his hat and apologized for coming in in such a hurry with so much mud on his feet.

Wherever a fruit is stung by the curculio a crescent-shaped mark is left that gradually deadens the portion of fruit inclosed, so that the sap will not flow so freely. This deadening of the fruit will extend to the stem and loosen its hold. Inside this crescent mark the curculio egg will be found. It used to be supposed that the curculio could not lay its eggs without making this mark. It does not at least, but the two operations are entirely separate. Instinct teaches the "little trick" to deaden the skin in order to stop the flow of juices, which might flood and destroy the egg she is about to lay.

Do not aerate the milk in the stable or in the lee of the stable. The air in which the milk is aerated must be pure, else the milk in being aerated will suffer more harm than the aeration will do good.

Milk for the creamery must be milk in its proper condition. The farmer that has permitted his milk to get into bad shape had better feed it to his hogs or poultry than attempt to haul it to the creamery where it will be likely to spoil a hundred other batches of milk.—Farmers' Review.

The Botted Butter Business. One of the worst and most insidious enemies of good cream butter is process or "botted" butter.

One of the worst and most insidious enemies of good cream butter is process or "botted" butter. When butter becomes so bad and rancid as to be absolutely worthless for any purpose, it is melted to its original oil, treated with alkaloids, freed from volatile oil, re-crystallized, and then churned with sour milk to freshen it. This produces a thoroughly renovated and it is claimed wholesome butter with a good body which will easily show a butter fat content of 80 per cent.

Any land that will grow a good crop of corn will grow berries.

ROADS NEED REPAIRS.

A Connecticut Law Wisely Provides That They Should Be Made Whenever Necessary.

As the state is preparing to spend nearly \$200,000 a year for road improvements, including the salary and expenses of the commissioner and deputies, it is not only fit but absolutely necessary that provision should be made for keeping the roads so improved in good condition. Experience shows that many towns will not do this. From carelessness or parsimony they allow what has been made a good road to deteriorate from the moment the original work was completed.

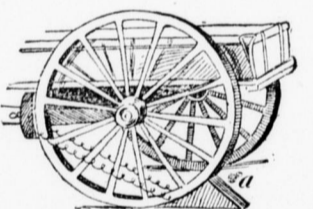
That the danger of neglect is no idle fancy is known to all who have looked into the results of road-building in Connecticut thus far, but it is opportune to quote a few lines from the Ansonia Sentinel on the subject because that excellent paper illustrates the position from the experience of its own bailiwick. It says: "This will compel the repairing of the roads which, owing to neglect and inefficiency, are fast becoming worthless, such as the road in Ansonia and Derby, laid two or more years ago."

Towns will have to remember that it is one thing to build roads because they can have half or two-thirds or three-quarters of the cost paid by the state, and quite another thing to undertake the responsibility of creating and maintaining good roads. The former phrase has described the situation thus far. Towns have been urged to vote roads so as to get "their share of the state appropriation." They could buy a road for half price or less, and so they were ready to do it. But every road builder knows that money so spent is wasted unless a continual annual outlay follows it. You might as well buy a steam engine and try to run it without constant care as to build a good road and leave it alone.

RELIABLE BRAKE BLOCK.

Used with Success by the Teamster in the Mountainous Regions of the Northwest.

A three-cornered block (a) of wood is fastened by chains or wires to the brake beam of a wagon so that it will drag on the ground about two inches behind one of the rear wheels of the



EFFECTIVE BRAKE BLOCK.

wagon. The driver stops to rest his team, and instead of applying the brake, the team is allowed to slacken its traces so the weight of the load will rest on the self-acting chock block. When the team starts again the team merely has to start the load instead of having to pull against the brake until it can be loosened.—Orange Judd Farmer.

FRESH DAIRY NOTES.

When milk is to be taken to the creamery do not mix the milk of the night and the morning even if it will save the use of one can.

The milk cow must be kept clean; the milkers must be clean at milking time; and the vessels in which the milk is put must be clean at all times.

Do not aerate the milk in the stable or in the lee of the stable. The air in which the milk is aerated must be pure, else the milk in being aerated will suffer more harm than the aeration will do good.

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Modern Fable. A general who was conducting a war in a distant island wrote to the agricultural department of his government to ship him a ton of acorns.

He would have said more, but his attention was arrested by a burst of song from a neighboring jay.

Her Suggestion. A five-year-old girl lost her pet spaniel, but regained it by means of an advertisement.

Do Your Feet Ache and Burn? Shake into your shoes Allen's Foot-Ease, a powder for the feet.

A Matter of Taste. "I think I shall buy my husband a seat in the United States senate for a birthday present."

Lane's Family Medicine. Moves the bowels each day. In order to be healthy this is necessary.

Safe. She—I think Deway can be trusted to select a new admiral's uniform that suits him, don't you?

The Nickel Plate Road, with its Peerless Trio of Fast Express Trains Daily and Unexcelled Dining Car Service, offers rates lower than via other lines.

Crushing the Old Man. Pursu-Proud Father—Can you support my daughter in the style to which she has been accustomed?

To Cure a Cold in One Day. Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure.

The Druggist's Work. There is a druggist in one of the suburban districts who advertises: "The doctor prescribes; we execute."

Hall's Catarrh Cure. Is taken Internally. Price 75c.

The Noble Animal. Trader—Now you want to sell that horse?

Sea Terms—Stout Party (to bathing master)—"Got a bathing suit to fit me?" Bath Robe Man (looking him over)—"I guess so. What's your displacement?"—Philadelphia North American.

An Incidental—Higgs—"See that striking-looking girl there? She married millions."

They were barnstorming in Arizona. "Alas! we must starve," wailed the penniless heroine. "The wolf is already at the door."

Lariat Luke—"Well, how did Pilferin' Pete swing off?" Mexican Mike—"Say, there's a cuckoo. He kicked about the quality of the rope an' about the way the loose was tied—said he wanted flowers at a quartette at the funeral, an' when Cayuse Charley went near to see if he wuz dead, Pete tried to kick him."—Ohio State Journal.

Mrs. Nabor—"Wasn't that your husband I saw running at breakneck speed toward the station awhile ago?" Mrs. Tartar—"It was; I sent him posthaste to the city for something my dressmaker needs to finish my gown to-day."

A Letter to Mrs. Pinkham Brought Health to Mrs. Archambo. [LETTER TO MRS. PINKHAM NO. 42-395]

"DEAR MRS. PINKHAM—For two years I felt tired and so weak and dizzy that some days I could hardly go around the house. Backache and headache all the time and my food would not digest and had such pains in the womb and troubled with leucorrhœa and kidneys were affected."

"After birth of each child I grew weaker, and hearing so much of the good you had done, I wrote to you and have taken six bottles of Lydia E. Pinkham's Vegetable Compound, one box of Lozenges, one box of Liver Pills, one package of Sanative Wash, and today I am feeling as well as I ever did. When I get up in the morning I feel as fresh as I did when a girl and eat and sleep well and do all of my work. If ever I feel weak again shall know where to get my strength. I know your medicine cured me."—MRS. SALINA ARCHAMBO, CHARLEMONT, MASS.

The present Mrs. Pinkham's experience in treating female ills is unparalleled; for years she worked side by side with Mrs. Lydia E. Pinkham, and for sometime past has had sole charge of the correspondence department of her great business, treating by letter as many as a hundred thousand ailing women a year.

FITS Permanently Cured. No fits or nervousness after first day's use of Dr. Kline's Great Nerve Restorer.

FAT ADIPO-CURA. Will reduce your weight 10 to 20 pounds a Month. No starving. No Special Diet.

READERS OF THIS PAPER DESIRING TO BUY ANYTHING ADVERTISED IN ITS COLUMNS SHOULD INSIST UPON HAVING WHAT THEY ASK FOR, REFUSING ALL SUBSTITUTES OR IMITATIONS.

CARTER'S INK. None so good, but it costs no more than the poorest.

75¢ Month's supply free; we want a man or woman in every county; apply quick. Manufacturers, 394½ Market St., Philadelphia.

DR. KLINE'S GREAT NERVE RESTORER. BEET-GOLD SYRUP. Best Food Syrup. In time, sold by druggists.

PISO'S CURE FOR CONSUMPTION. GIVES WHERE ALL ELSE FAILS. Best Food Syrup. In time, sold by druggists.

To California via the Midland Route. Every Friday night, at 10:35 p. m., a through Tourist Car for San Francisco, carrying first and second-class passengers, leaves the Chicago, Milwaukee & St. Paul Railway Union Passenger Station, Chicago.

The Tourist Car berth rate from Chicago to San Francisco is only \$6.00, and the sleeping car berths should be reserved a few days in advance of departure of train.

Tommy Tompkins—"I bet my pup kin lick your kitten." Willie Wilkins—"Well, I bet if he does he'll wish he hadn't when my kitty grows up."—Ohio State Journal.

We have not been without Pilo's Cure for Consumption for 20 years.—Lizzie Ferret, Camp St., Harrisburg, Pa., May 4, '94.



An Excellent Combination. The pleasant method and beneficial effects of the well known remedy, SYRUP OF FIGS, manufactured by the CALIFORNIA FIG SYRUP CO., illustrate the value of obtaining the liquid laxative principles of plants known to be medicinally laxative and presenting them in the form most refreshing to the taste and acceptable to the system.

In the process of manufacturing figs are used, as they are pleasant to the taste, but the medicinal qualities of the remedy are obtained from senna and other aromatic plants, by a method known to the CALIFORNIA FIG SYRUP CO., only.

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Remedies for Various Diseases. Permanently cures all Itching, Burning, Scaling, Scald and Skin Diseases, such as Salt Rheum, Scald Head, Chlborrhœa, Piles, Burns, Blisters, Fumors, Dermatitis, Hair Loss, Falling Hair, Thickening and making it Soft, Silky, and Luxuriant, and All Face Eruptions, such as Freckles, Itch, Head (red) Skin and Complexion; it contains no Lead, Sulphur, Cantharides or anything injurious. An easy, great, and sure cure. Price 25c. to \$2.50 a Day. Druggists or mail 50c. Capillary Manufacturing Co., 206 East Broadway, N. J. MANFIELD, Agt., GLEN RIDGE, N. J.

DAVID H. MURPHY, Newark, O.

CANDY CATHARTIC. TRADE MARK REGISTERED. REGULATE THE LIVER.

NO-TO-BAC Sold and guaranteed by all druggists to CURE Tobacco Habit.

W. L. DOUGLAS. \$3 & \$3.50 SHOES UNION.

Indorsed by over 1,000,000 wearers. ALL LEATHERS. ALL STYLES. THE GENUINE have W. L. Douglas's name and price stamped on bottom.

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