



AN EXCELLENT CAKE.

It is called the Gold Loaf and has Few Equals as a Dainty Summer Delicacy.

This is a moist, delicate cake, and is made with sour milk, which renders it very tender. At this season of the year, when milk is beginning to sour easily, it is well to have a variety of ways in which to use it. If it is left long, as everyone knows, it will become unfit for use, except for swill. To make this cake mix two cups of sugar and one cup of butter. Stir in the yolks of four eggs, and beat well. Add a cupful of sour milk—milk that is turned to a solid curd, with a good proportion of whey. Milk that is just turned, or very sour but not firm, should not be used. Stir the mixture thoroughly. In another cake bowl sift four cupfuls of pastry flour (bread flour will do, however) and an even teaspoonful of soda. It is better for cake to sift the flour and soda together several times. Stir the other ingredients gradually into the flour and soda, being careful to avoid having lumps in the batter. When well beaten, add the whites of the four eggs of which the yolks have already been used. The whites should be beaten to a very stiff froth before they are put into the batter. This cake is delicious, even without raisins or citron. It makes a handsome, rich cake, however, for a birthday party if thin slices of citron—enough to suit the taste—and about a cupful of raisins are added. The raisins should be washed, stoned and dipped in flour before stirring them into the batter. Flouring them lightly prevents sinking to the bottom of the cake. Turn the dough into a very large, round loaf tin, or two smaller ones, well greased. Bake this cake in a moderate oven for about 40 minutes, being careful not to let it fall by carelessly opening the oven door too wide, or jamming it in any way. It is very nice when made into small cup cakes, leaving out the raisins and citron, of course. Ice the little cake all over with chocolate icing or with a heavy white icing.—N. Y. Tribune.

THE NEW CHEMISETTE.

Something About the Manish Little Vest Which is Worn with the Summer Jacket.

Summer chemisettes, to the delight of the summer girl and despair of the laundress, are very elaborate this year, and are developed in every imaginable material.

A very stylish mode has the bosom of plain linen with sides of Scotch madras.

For outing wear too much cannot be said in commendation of the little chemisette. The neck is finished with



THE POPULAR CHEMISETTE.

A neat, linen collar, pointed at the ends and the collar in turn is finished with a narrow tie and bow of washable material.

The broad pique tie is also a dainty accompaniment for the chemisette; a charming little vest but not made of an Eton or tailor jacket.

How to Make Ice Cream.

Where cream alone is used in making ice cream one-half or one-third of the quantity used should be scalded, the cream dissolved in the scalded portion, and when cool added to the remaining quantity of cream. When cream is not available, milk may be used enriched by the yolks of eggs, allowing four to each quart of milk. Scald the milk in a double boiler; beat the eggs and sugar together; add to the hot milk, cook for a moment; then strain into the ice cream mold and freeze.—Ladies' Home Journal.

Apple Sauce with Cloves.

Pare one dozen apples, cut into quarters and remove the cores. To them add about a dozen cloves and a cup of boiling water. Cook over a hot fire until the quarters begin to break in pieces, then remove the cloves and press the pulp to the fire with one cup of sugar and a teaspoonful of butter and stir and cook until the sauce boils throughout.

Cleaning Frail Laces.

Delicate white laces may be cleaned by laying them smooth on wrapping paper and covering them with magnesia; put another paper over this and place them between the leaves of a book for several days. Brush out the white powder and the lace will be found to be as fresh as when new.

FASHIONABLE SHOES.

Some of the Styles of Footwear One Sees at the Swell Seaside Summer Resorts.

Slowly, but with undeniable sureness, the plain leather shoe is being ousted from its high place as a feature of fashionable footwear. The fancy tie, conspicuous for its originality, and admired for its becomingness is taking its place. And though revolutions in footwear are accomplished without the aid of logic, the fancy tie has many points in its favor.

It is made mostly of cloth materials; that makes it comfortable; and when it



SHOES FOR HOT WEATHER.

matches the gown there is at least a shade of opportunity for the home-made product and the saving of a shoemaker's bill.

Ties are extensively trimmed with ribbons this year. A novel black satin design was stitched in white gros grain silk ribbon, and the effect was indeed charming. The tongue was slipped through a silver buckle and was so deep as to completely cover the instep.

Another pretty tie has a vamp of white suede stripped with very narrow bands of black cloth. The laces are of ribbon and the back of the shoe is made of black and white striped felt.

The third design is developed in embossed felt with blue figures upon it. Long strings of blue silk are tied in a full bow, and very fastidious women have the eyelets in their shoes made of solid gold and silver.

AMERICA FOR BOYS.

New York Woman Gives Some Excellent Reasons for Not Educating Her Son in Europe.

"I have come home solely on account of my boy," said a New York widow of moderate means, who to the astonishment of her friends suddenly reappeared in America after a prolonged residence in Europe.

"As far as I am concerned, I am much more comfortable abroad, where my little income goes twice as far and life is much easier. The girls, too, I can educate cheaper and better on the other side, but there is no doubt about it, American boys should be educated at home in order to be successful men in their own country. I have watched the results quite closely, and in nine cases out of ten it is like fitting a square patch to a round hole when they come home and go to work. For young men of property who intend living a life of leisure it is all well enough, but for those who have their own way to make it is, in my opinion, a fatal mistake to educate them there. They lose the power of assimilating themselves, so to speak, and, what is more, they form no early friendships with their own countrymen. So, after thinking it over, I made up my mind that my boy's future was worth a sacrifice, and here I am, although it means to me skimping and striving in New York, when I might be living in ease and plenty on the continent.

"I shall send my boy to a good boarding school and afterward to a home college, and I shall then feel I have done my best for him."—N. Y. Press.

For Stout Women.

It has often been urged, but it seems well to emphasize by much repetition that women of generous proportions should invariably renounce all of these round waisted styles, no matter how beautiful they appear on some other slender figure, or how universally the rage for them increases. Adopting these waists is not a matter of age, for the young, the mature and the elderly find them comfortable and useful. It is simply a matter of figure, and, for women inclined to stoutness, there are many close, trim and attractive models which make them look better and slender than any of the "round" styles, festooned with net, draped with lace, and finished with circling ribbon, bells and bows, which cut off the apparent length of the waist by two or three inches.—N. Y. Post.

To Sterilize Jars and Tops.

Wash jars thoroughly and fill with cold water. Place in a large vessel with straw to keep them from touching the bottom of kettle; surround with cold water. Heat gradually to boiling point; remove from water; empty and fill with fruit while hot. Place the covers in boiling water five minutes. Dip rubber bands in but do not allow them to stand. New rubbers should be used every year and care must be taken that rims of covers are not hurt, as that prevents sealing hermetically.

English Carrot Pudding.

Mix one pound of grated carrots, three-quarters of a pound of chopped suet, half pound each of raisins and currants, four tablespoonfuls of sugar, eight teaspoonfuls of sugar, eight tablespoonfuls of flour and spices to taste. Boil for four hours, then bake in the oven for 20 minutes and serve with sauce.

Remember Last Spring.

Bear in mind how the roads were last spring and fix them before another spring comes.

We would rather take a long rest at midday even if we have to start early and work late to make a full day.



HEMMEED IN BY MUD.

Salutary Effect of Good Roads on the Home and Social Life of Rural Communities.

It is not uncommon for agricultural writers and lecturers who wish to make farmers contented with their lot to say that farmers have to go to town when they like and attend churches, societies, lectures, farmers' clubs, granges, history clubs and Chautauqua circles, for study and entertainment. This is all true to some extent, and is excellent—except during the two to four months of fall, winter and spring when a large part of the farmers living remote from any village are practically "mud-bound." There is something romantic, beautiful and poetic in being snow-bound in the way described by our beloved poet Whittier in his delightful



AN UNPAVED CITY STREET.

poem; but there is neither beauty, poetry nor romance in being mud-bound. The first step in civilization is the step up and out of the mud. We know a town that has furnished its full share of inspiring agricultural literature for press and platform in which some of the families and neighbors even of those who furnish such literature are practically mud-bound a part of the year—cut off from church, lectures, social life, by very deep and very unpoetic mud.

At a certain farmers' club, recently, one member by previous assignment discussed the influence of electric roads upon the value of the farm and its products. After speaking of their influence on the cash values, he said in substance: "But there are other values than the cash ones. The farm's best products are its human ones, and whatever makes these human products more happy, intelligent and useful enhances the value of the farm and its products in the highest and best of all ways. Evening lectures and entertainments? Yes, but they close at ten or later and three miles of mud roads and cleaning the horses afterwards take all the fun out of it. Church? Why, I actually lose more religion going and coming than I get while I'm there! The only time my wife is discontented with farm life is when we're mud-bound. If we had an electric road past us farm life would be ideal." Another member thought really good gravel or stone pikes would solve the difficulty even better.

We know a town from which several hundred gallons of milk are shipped to the city daily the year round. Some of the milk is hauled three miles or more to the station, rain or shine, mud or dust, and as much more goes to cheese factories. There are beds of fairly good gravel in three parts of the township or just across the line. It is sandstone, quartz and granitic gravel with very little shale. It is not so good or durable as limestone gravel, but is better far than clay. In the township there are thousands of tons of "nigger-heads," that is, granitic boulders brought by glacial action, from the size of your fist up to the size of a large hay-cock. They either obstruct farm work badly, or have been gathered into huge piles in fence corners and elsewhere, where they are useless and a nuisance. A good steam-power crusher would make the very best "road metal" of them. Eight feet wide and eight inches deep of such broken granite on a properly graded roadbed, and covered with four inches of gravel well rounded up, and with proper drainage, would make solid roads the year round, and the roads would last for many years, provided very heavy loads were forbidden on them in wet times. Such roads would actually cost the farmers less, if the hauling of material were done by themselves, than it now costs them to wallow through the deep mud daily with their milk to station and to factory, several months each year, year after year, as they now do. And what an uplift to the intellectual and social life of the whole community! There are hundreds of such towns in Ohio and neighboring states, outside of the parts underlain by limestone and in which limestone gravel abounds and in which the mud roads are already superseded by hundreds of miles of splendid stone and gravel pikes in each county. In such regions the worst features of the isolation of farm life are a thing of the past. They should be everywhere even if road metal must be shipped in by railway. Free rural mail delivery will give hand in hand with such roads in relieving our farms of their isolation the whole year round.—Ohio Farmer.

FEEDING THE CALF.

How to Care for a Young Animal Destined to Be Raised for Breeding Purposes.

In the first place, take good care of the cow while she is carrying the calf and also when it comes. If we intend to feed the calf from the pail we do not allow the cow to lick it, but take it to a warm well-bedded box stall and rub it off and leave it for three or four hours to get hungry. We then take some milk from the cow (but do not milk her out thoroughly for 48 hours at least after calving, as this is a great safeguard against garget) and give it to the calf. We feed it about two quarts at first and gradually increase the quantity as it requires it. The calf should be fed three times a day the first week, but care should be taken not to overfeed, as scours when once started are very hard to stop. When the calf is two weeks old, says Farmers' Advocate, add a little warm milk to the mother's milk, and increase it so that at four weeks old it is taking skim milk entirely. To the skim milk add a little meal, corn meal, middlings, ground oil cake, in the order named in proportion to four, four, and two. It is not good to mix too much coarse meal, such as oat chop, in milk; put a tablespoonful or two in at first, and increase the quantity as the calf seems to relish it. When the calf is about three weeks old put some oat chop in a manger where it can get it; a very little at first and as it licks it up clean keep giving more, also let them have access to salt and fine, well-saved clover hay and pulped roots. Do not allow the feed to become stale before them, but keep the manger clean and put in fresh feed each time. There is nothing that helps them to eat better than teaching them to leave a clean plate. Be careful to feed regularly, both as regards time and quantity. Continue along these lines, changing the food at times to increase the appetite, and in summer when the flies are bad let them have a moderately dark, well-ventilated place to stay in through the day and a good pasture to feed in at night. When they are weaned from milk in the fall, a run on rape for a month or two puts their stomachs in fine shape to take hold of the coarser fodder in winter quarters. Calves fed in this way will generally grow well and have a good amount of flesh, which should be increased until they are finished. A great deal depends upon the attendant, whether he likes the calf and the work.

ONE STRIKE AT GOLF.

Good Man—Do you know what becomes of little boys that use bad words when they are playing marbles? Bad Boy—Yep! They grows up an' plays golf.—Chicago Evening News.

TO CURE A COLD IN ONE DAY.

Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure. 25c.

POWER OF A WOMAN.

In five minutes a woman can clean up a man's room in such a way that it will take him five days to find out where she put things.—Berlin Herald.

I AM ENTIRELY CURED OF HEMORRHOGE OF LUNGS BY PISO'S CURE FOR CONSUMPTION.

Louisa Lindaman, Bethany, Mo., Jan. 8, '94.

BUDGEY'S NOSE.

"Mamma, 'What is it, dear?' 'Isn't the pineapple on papa's face almost ripe enough to pick?'—Puck.

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Mother—"My dear, that reminds me; I forgot to ask him for any money."—Boston Traveler.

FRUIT TO BE AVOIDED BY BATHERS—CURRANTS.

—Punch.

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—Atchison Globe.

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—St. Louis Republic.

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Mr. Pepper—"And it was the truth, I certainly didn't have the gift of second sight, or I never would have done it."—Philadelphia North American.

MRS. COL. RICHARDSON SAVED BY MRS. PINKHAM.

[LETTER TO MRS. PINKHAM No. 72,869]

"You have saved my life, snatched me from the brink of the grave almost, and I wish to thank you. About eighteen months ago I was a total wreck, physically. I had been troubled with leucorrhoea for some time, but had given hardly any attention to the trouble.

FACTS FOR DAIRYMEN.

The first dairy commandment is, get good cows.

Prize the calf with a good mother, or go miles for the one with good grandmothers also.

Cow keeping is no Klondike, but the dairy may be counted upon to do its full share in making the farm pay.

Breed and select with the grain. Don't try to educate oats to produce walnuts, nor to induce beefy Herefords to rival the Jersey for cream and butter.—American Agriculturist.

HE WAS REJECTED.

But He Stuck to His Job and by a Lucky Hit Won the Coveted Prize.

"It was such a good joke on me," said the girl in the gray velvet toque to the girl in the blue velvet shoulder cape, as they stirred their hot chocolate, "that I must tell you."

"You know how John has been proposing to me at regular intervals ever since he was out of knickerbockers. Well, he did it again the other night, and, with his usual facility, chose an occasion when I was very cross."

"He did it a little more awkwardly than usual, too, deliberately choosing the old-fashioned method of offering me 'his hand and heart.'"

Here she paused to drink some chocolate, and the girl in blue asked breathlessly what she said.

"Oh!" remarked the other, in the tone of one relating an event of no importance, "I told him that I believed I was already provided with the full quota of bodily organs, and that I wouldn't deprive him."

"And what did he say?" "Well, Belle, that's the funny thing. He seemed to brace up, and said, politely, that at any rate there was no doubt about my having my full share of cheek! And I was so delighted to find a man capable of even that much repartee on being rejected—that I accepted him."

Ladies Can Wear Shoes. One size smaller after using Allen's Foot-Ease, a powder for the feet. It makes tight or new shoes easy. Cures swollen, hot, sweating, aching feet, ingrowing nails, corns and bunions. At all Druggists and shoe stores. 25c. Trial package FREE by mail. Address Allen S. Olmsted, Le Roy, N. Y.

Corrupt. The corruption among public officials is shameful. Boggs—I should say so. I had to tip the custom house inspector five dollars just to bring a few diamonds in without paying duty.—N. Y. Journal.

The Nickel Plate Road, with its Peerless Trio of Fast Express Trains Daily and Unexcelled Dining Car Service, offers rates lower than via other lines. The Short Line between Chicago, Buffalo, New York and Boston.

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"At last inflammation of the womb and ovaries resulted and then I suffered agonies, had to give up my profession (musician and piano player), was confined to my bed and life became a terrible cross. My husband summoned the best physicians, but their benefit was but temporary at best. I believe I should have contracted the morphine habit under their care, if my common sense had not intervened.

"One day my husband noticed the advertisement of your remedies and immediately bought me a full trial. Soon the pain in my ovaries was gone. I am now well, strong and robust, walk, ride a wheel, and feel like a girl in her teens. I would not be without Lydia E. Pinkham's Vegetable Compound; it is like water of life to me. I am very grateful and sincerely your well-wisher, and I heartily recommend your remedies. I hope some poor creature may be helped to health by reading my story."—MRS. COL. E. P. RICHARDSON, RHINELANDER, Wis.

Lane's Family Medicine. Moves the bowels each day. In order to be healthy this is necessary. Acts gently on the liver and kidneys. Cures sick headache. Price 25c and 50c. Eggs and the Drama. "After mature reflection," wrote the editor of the Louisville Star of the West and Voice of Truth, "we have decided not to publish any more notices of extraordinary large eggs. We find that the notices tend to create the impression that Louisville is not a good theater town."

Does Your Head Ache? Are your nerves weak? Can't you sleep well? Pain in your back? Lack energy? Appetite poor? Digestion bad? Boils or pimples? These are sure signs of poisoning. From what poisons? From poisons that are always found in constipated bowels. If the contents of the bowels are not removed from the body each day, as nature intended, these poisonous substances are sure to be absorbed into the blood, always causing suffering and frequently causing severe disease. There is a common sense cure.

AYER'S PILLS

They daily insure an easy and natural movement of the bowels. You will find that the use of Ayer's Sarsaparilla with the pills will hasten recovery. It cleanses the blood from all impurities and is a great tonic to the nerves. Write the Doctor. Our Medical Department has one of the most eminent physicians in the United States. Tell the doctor just how you are suffering. You will receive the best medical advice without cost. Address: DR. J. C. AYER, Lowell, Mass.

Biliousness. "I have used your valuable CASCARETS and find them most effective without them. I have used them for some time for indigestion and biliousness and am now completely cured. Recommend them to every one. Once tried, you will never be without them in the family." EDW. A. MARK, Albany, N. Y.

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