

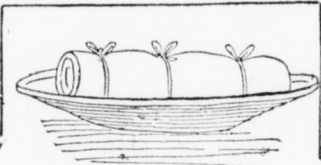


A BREAST OF VEAL.

This Article Tells Exactly How It Should Be Prepared and How to Stuff and Roast It.

In the spring, when lamb and veal are in season, they are not only the cheapest but the most wholesome of flesh food.

The breast of veal is the cheapest portion of the animal. The large portion of the bones are in a semihardened state, when they can be softened by cooking.



ROAST BREAST OF VEAL.

should be removed. Flatten out a breast that has been freed from hard bones, leaving those that are soft and flexible.

The stuffing for this breast of veal is made as follows: Brown over the fire two onions minced fine.

The stuffing for this breast of veal is made as follows: Brown over the fire two onions minced fine. Soak a loaf of bread freed from its crust in cold water for 15 minutes.

Hints About Summer Portieres. The draperies in the summer house have much to do with its effect.

Pretty Window Hangings. White muslin curtains for windows will be much used this year in summer houses.

Celery Salad. Two bunches celery, one 1/2 teaspoonful salad oil, four tablespoonfuls vinegar, one small teaspoonful fine sugar, pepper and salt to taste.

When a Woman Faints. To care for a person who has fainted, lay the person down, keep the head low, loosen the clothing, give plenty of fresh air and dash cold water in the face.

Maitre d'Hotel Butter. Put about six ounces of nice butter on a plate; mix well with a little chopped parsley, pepper and salt and juice of half a lemon.

SECRET OF HAPPINESS.

It Consists in the Acceptance of the Talent and the Tasks God Has Appointed.

"Happiness comes through quiet acceptance of the talent, temperament and task that God hath appointed. Unable to add one cubit to the stature, or make one hair white or black, man is also impotent to alter his birth-gifts."

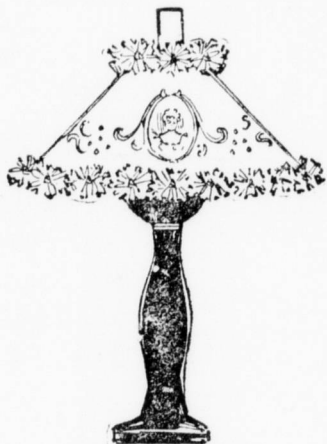
A MOURNING LAMP.

An Eccentric Bit of Furnishing Designed for a New York Society Woman's Room.

In a search for fashion novelties your correspondent has come across a most unique bit of furniture.

Everything in the room is black, save the carpet, which was made to order, and has a violet background with black flowers standing out upon it in somber relief.

But the oddest bit of decoration yet is the lamp—the only light-producing ornament in the room.



A MINIATURE LAMP.

Each year at the anniversary of her relative's death this New York matron has memorial services held in the room, which is the only time that it is ever entered.

Evidence of Indigestion. Coldness of feet and limbs is almost invariably an evidence of indigestion.

Make Your Own Perfume. You can easily make a delicious violet perfume for yourself by putting half an ounce of orris root, broken into small pieces, in a bottle with two ounces of alcohol.

The World's 860 Languages. Statistics gathered by a French geologist show that 860 different languages are used in the world now and that these are subdivided into 5,000 dialects.

The Value of Warmth. Both adults and chicks love warmth. The hens will select the sunny spots, especially if protected against the winds on damp or cold days.

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MOTHER'S CHICKEN PIE.

Our folks have just cleaned up a chicken pie, first we ketch'd a hen that hed her eye.

On settin'—when her egg desires got stale; Of course, we didn't do a thing to her, But chop her head off—she was butter fat, But sorter aged, if you judge her spur.

REMEDY FOR GAPES.

It is Always Effective and Can Be Applied Without Danger to the Youngest Birds.

There are several remedies for gapes, but the difficulty is that sometimes the chicks must be handled.

The complexions of a water color should be studied in the choice of a mat as truly as that of a bride in the selection of the right shade of white for her wedding gown.

When the "good will" of a sitting hen is not wanted, she most generally becomes a nuisance.

Family Duties. Mabel—Wonder what Mrs. Flayabout does to kill time?

Patience is power.—Ram's Horn. Earned His Title.—Mr. C.—"They call him a one-horse lawyer."

Customer.—"How long is this locker for two pictures guaranteed?" Jeweler—"Five years—long enough for three pairs of photographs, usually."

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HOW TO FRAME A PICTURE.

Must be Carefully Studied, and Over-decoration Avoided—Old Styles Thought Hideous Now.

Hints as to the framing of pictures are in place every few years. Taste develops, and the frames that were in general use 25 years ago are now rejected as hideous.

Heavy black walnut moldings were then used for charcoal and crayon drawings at all exhibitions.

The aim of framing is not to exhibit the frame, but the picture; to make the picture look its best.

A good oil painting deserves a rich, elaborate frame. The bright gold of the frame only sets off and becomes the color of the painting.

Water colors should be framed after a more simple fashion, and etchings or engravings more simply yet.

A water color, in distinction from an oil painting, requires a mat to bring out its color, and a glass for protection.

The back paper should be placed under the back boards of the frame to prevent the wood from staining the picture from behind, and paper should be pasted over the back of the frame to keep out dust.

In the choice of mats remember that cream tints turn several shades darker in the course of a year or two, but they are more generally becoming than the blue-white.

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What to Say About the Baby. The wise bachelor who is called upon to compliment the new heir of his wedded friend can make himself popular by declaring with emphasis: "Well, that is a baby."

A Dainty Summer Bath. For a refreshing summer bath use soft water. Make a dozen or more cheese cloth bags. Fill them with oat meal, and finely-shaved Ivory Soap, and a little powdered orris root, mix well, and tie up securely.

Can't Get Allen's Foot-Ease FREE. Write today to Allen S. Olmsted, Leroy, N. Y., for a FREE sample of Allen's Foot-Ease, a powder to shake into your shoes.

Overheard in a Cemetery. Boyle—I am strongly opposed to cremation. I think it is carrying things entirely too far.

When a girl is interested in a man, if he isn't bowlegged and squint-eyed, she says he is as "handsome as a Greek god."—N. Y. Press.

To Cure a Cold in One Day. Take Laxative Bromo Quinine Tablets. All druggists refund money if it fails to cure, 25c.

Friendship is worth more than its gifts.—Ram's Horn.

A Story of Sterility, SUFFERING AND RELIEF.

DEAR MRS. PINKHAM—Two years ago I began having such dull, heavy dragging pains in my back, menses were profuse and painful, and was troubled with leucorrhoea.

"Your Medicine Worked Wonders." "I had been sick ever since my marriage, seven years ago; have given birth to four children, and had two miscarriages.

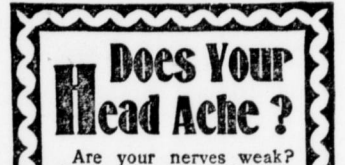
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Does Your Head Ache?

Are your nerves weak? Can't you sleep well? Pain in your back? Lack energy? Appetite poor? Digestion bad? Boils or pimples? These are sure signs of poisoning.

From what poisons? From poisons that are always found in constipated bowels.

If the contents of the bowels are not removed from the body each day, as nature intended, these poisonous substances are sure to be absorbed into the blood, always causing suffering and frequently causing severe disease.

There is a common sense cure.

They daily insure an easy and natural movement of the bowels.

Ayer's Pills

with the pills will hasten recovery. It cleanses the blood from all impurities and is a great tonic to the nerves.

Write the Doctor. Our Medical Department has one of the most eminent physicians in the United States.

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