

A NATION OF DYSPEPTICS.

From the Mountaineer, Waltham, N. Dak. The remembrance of a guilty stomach is what a large majority of the people are suffering with to-day. Dyspepsia is a characteristic American disease and it is frequently stated that "we are a nation of dyspeptics."



The Doctors Disagree.

"I became seriously ill three years ago. The doctor gave me medicine for indigestion, but I continued to become worse. I had several physicians at intervals who gave me some relief, but nothing permanent."

PITYING THE POOR.

A Tramp Who Would Not Take the Crust from a Needy Woman's Mouth.

Sometimes the tramp gets the better of the thrifty housewife. The mistress of a pretty little cottage at Sausalito—she only inherited about \$50,000, and so is obliged to be frugal—is the object of a little criticism from her friends because of her reputed parsimony.

"We are very poor ourselves," she said, in muttered apology. The outcast received the crust with a courteous "Thank you," and turned away.

Go South This Winter.

For the present winter season the Louisville & Nashville Railroad Company has improved its already nearly perfect through service of Pullman Vestibuled Sleeping Cars and elegant day coaches from Cincinnati, Louisville, St. Louis and Chicago, to Mobile, New Orleans and the Gulf Coast.

Always—Little Robbie—"Pa, what's a man of the people?" Pa—"A candidate for office before election day."—Cleveland Leader.

Many People Cannot Drink coffee at night. It spoils their sleep. You can drink Grain-O when you please and sleep like a top. For Grain-O does not stimulate; it nourishes, cheers and feeds. Yet it looks and tastes like the best coffee.

Metropolitan Ornithology. Teacher—Miss Street, can you tell me what is most peculiar in the hatching of the cuckoo? Miss Street (doubtfully)—It generally builds its nest in a clock.—Jewelers Weekly.



BAKER'S CHOCOLATE

Celebrated for more than a century as a delicious, nutritious, and flesh-forming beverage. Has our well-known YELLOW LABEL on the front of every package, and our trade-mark "La Belle Chocolatiere" on the back.

WALTER BAKER & CO. Ltd. DORCHESTER, MASS. ESTABLISHED 1780.



FACTS ABOUT VEILS.

Some of the Mistakes Made by Buyers Who Are Very Careful in Other Things.

Let a word be said here with regard to veils, comments the Philadelphia Inquirer. The counters offer many temptations to a woman to buy at haste and repent at leisure over the ring-streaked and striped tissues that flutter before their eyes.

After her twenty-fifth birthday a woman should buy her veils thoughtfully, and matrons can scarcely be too painstaking in this respect. Nothing so contributes to the weaving of little wrinkles about the eyes as a veil with many and small spots.

Put a pair of the most lustrous eyes constantly behind a veil of chiffon thickness and the result will be a slow but none the less sure extinction of that liquid bright quality a healthy pair of orbs should possess even to old age.

Too many women buy the first good and inexpensive veil that is offered, with a reckless indifference as to whether color, spot or mesh is becoming.

A moment later he returned and handed the young heiress the crusts and also a nickel.

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FASHIONS IN SHOES.

Here Are the Latest Designs of All Descriptions and for Every Occasion.

These are the very latest designs in shoes for the present season. The first one in the illustration is the correct slipper for evening dress and is made of black patent leather.



SHOES FOR EVERY OCCASION.

the needle she will embroider the tops with heavy gold and colored silk threads, so that they can be worn with any house gown.

Then comes the slipper for driving. Ladies who are very exact in matters of dress have kid slippers to match their driving costumes; but with any gown the black kid slipper is becoming, and unless you have a very dainty foot, it is the only appropriate shoe.

The laced shoe is worn on rainy days and on occasions when a great deal of walking is necessary. Unless the weather is very warm this lace shoe is also very comfortable for cycling.

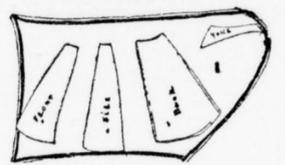
The last shoe illustrated is the ever-useful and popular patent leather one. For tailor-made suits and best wear there is no article of footwear as becoming as the patent leather boot, and the wardrobe of the up-to-date woman is considered incomplete without a pair of these shoes.

DAINTY UNDERSKIRT.

It Can Be Easily Made Out of Almost Any Pretty and Suitable Material.

Here is the way a perfect-fitting underskirt should look before it is sewed together. If you have patience, from this very little model, you can cut newspaper patterns, making each one a size larger than the other until you will have one that will fit yourself.

To make a skirt like this you will need six yards of moreen. This goods is not very expensive and wears for years without losing its color.



PATTERN FOR UNDERSKIRT.

gether for about eight inches it is very nice to insert a panel of fancy silk or other figured material, to give additional width and beauty to the skirt.

For those who do not care to make a skirt, an easy plan is to purchase a cheap one, rip open the seams and then put in the fancy panel.

CLEANING FUR GOODS.

Professionals Use Sawdust and Corn-meal and Then Beat the Furs with a Switch.

"Furs become very much soiled and need renovation as much as any other part of a woman's wardrobe," says Emma M. Hooper in the Ladies' Home Journal.

As to the adjustment of the little face masque, let it be known that a bow at the back must be avoided. Draw the tissue terminals into the smallest possible knot and tuck that neatly out of sight.

Have you a good rasp for the feet of the colts? The old saying "no foot, no horse," is not only a true one, but should teach the farmer to take the best of care of the feet of all colts.

There is not a single article of diet of such great value in the treatment of intestinal inactivity or constipation as fruits.

There is no doubt that stewed fruit is a most wholesome addition to ordinary diet. There are, however, many persons who cannot eat it, either on account of the acidity of the fruit or of the large quantity of sugar required to make it palatable.

Stewed Fruit Is Healthy.

There are three varieties of dogs that never bark—the Australian dog, the Egyptian shepherd dog and the "Bon-headed" dog of Tibet.

Cloth in Turkish Turban.

The Turkish turban of the largest size contains 20 yards of the finest and softest muslin.



CHEAP STOCK SHELTER.

Archway Under or Through a Straw Stack is an Inexpensive Device for Protection.

To keep stock warm and dry in cold weather is no less a matter of economy than to keep them well fed. When properly sheltered they require less food.

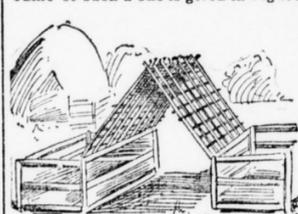


FIG. 1

It consists of two pens of the ordinary sort, for the bottom of small stacks. Place near enough together so that an archway of poles can be made between them.



FIG. 2

the structure nail some 1x3 strips or any old boards that are handy. Over this structure the straw stack is built, and when finished has the appearance as shown in Figure 2.

THE HORSE'S HOOF.

If You Want Healthy Animals Keep Their Feet Rasped Off and Level as Possible.

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