

WHAT TO WEAR AND HOW TO WEAR IT

Special Correspondent of This Paper Writes Entertainingly to Women.

LATEST FROM THE METROPOLIS

The Jumper Waists Have Come to Stay — A Bandanna Effect — A Shirtwaist that is Neat and Pretty — A Pretty Idea in the Trimming of Little Girls' Dresses.

BY JULES THEROW.

That the "Jumper" waists and dresses have come to stay is evident from a glance at this season's most fashionable garments. The ease with which the home dressmaker can make a really attractive costume by using this style of waist has never been equalled by any previous mode.

The one illustrated here is a "one piece" waist made of bordered voile, the edge coming on the edge of the sleeves. A box pleat is made



In the back to take up the unnecessary fullness and the garment is slipped on over the head. A bow tie is made of the same material as the waist and fastened to the front, at the top. The gumpie worn with this jumper has the new high linen collar with the wide frill of plain net around the top.

For neatness and smartness of outline the waist like the one pictured here can hardly be improved upon. The material is white linen with hand embroidered collar and cuffs. The wreath design being used worked out in delft blue.

At each side of the box pleat in front where the garment closed, are two tucks turning toward the front and near the shoulders are two more



turning in the opposite direction, giving the effect of wide box pleats. The back is tucked in the same way, the tucks on the shoulders meeting those on the front and the other two turning toward each other and meeting at the center of the back.

When the waist is put on the fullness, at the back is pushed under the shoulder tucks which leaves the back perfectly smooth between the tucks. The cuffs are the new wide kind turned back over a broad sleeve band and having buttonholes through both band and cuff. Worn with this is a delft blue bow and a white girde fastened by a gold enamelled square buckle.

The use of several differently figured materials in the same garment extends to children's clothes as well



as those of older people and opens the way to innumerable pretty effects.

Stripes and checks, polka dots and plaids, and even flowered goods com-

blined with stripes or checks are all seen and with care in selection can be made into very attractive frocks. A pretty idea is shown in the trimming of the little girls' dress illustrated here. The dress itself is simply made of printed challis. The figure being a blue ring on a white ground. Two forward turning tucks extend over the shoulders stitched with blue silk and ornamented with button-moulds, covered with blue and white checked silk. The silk is used also for bands around the neck, sleeve caps, and lower edge of the skirt. This would also be pretty made of dark blue and white striped flannel and trimmed with a bright plaid ribbon about an inch and a quarter wide.

Economy in Dress.

There are three dangerous rocks in the beginning of a season which a woman who must practice economy is likely to founder; the first, cheap novelties; the second, advertised bargains which are sold cheap because discriminating buyers will not pay for wearing apparel a season old; and, third, hasty buying of the very new in fabrics, color or shape. New shades of standard colors are especially dangerous unless the person selecting them is a prophet. Not very many are, and even astute tailors go slowly in purchasing until this or that dress or color has "made good."

Never buy a tailor suit of last year's cut, because it is cheap, and because you think it can be recut at home and brought up-to-date. In 19 cases out of 20 this cannot be done. If it were possible tailors with their workrooms full of people at their disposal would themselves make changes and reap the benefit. When such garments are worked over at home they usually end in a home-made appearance, and, all counted, will cost more than a new season's gown.

Some Uses of Hot Water.

Hot water is far more of a medicinal property than many believe or know. The uses of hot water are many. There is nothing that so promptly cuts short congestion of the lungs, sore throat or rheumatism as hot water when applied promptly and thoroughly. Headache almost always yields to the simultaneous application of hot water to the feet and back of the neck. A strip of flannel or napkin folded lengthwise and dipped in hot water, wrung out and then applied round the neck of a child that has the croup, will bring relief sometimes in ten minutes. Hot water taken freely half an hour before bedtime is helpful in the case of constipation, while it has a most soothing effect upon the stomach and bowels. A goblet of hot water taken just after rising, before breakfast, has cured many of indigestion, and is widely recommended by physicians to dyspeptics.

The Much-Used Kitchen Table.

My zinc covered kitchen table is such a convenience to me that I want to describe it for the benefit of other workers. It is so simple that any one can duplicate it at small expense.

Take any ordinary table and carefully cover the surface with sheet zinc, being careful to smoothly adjust the edges. These should be turned under and securely tacked down. It is best to have the hardware man do the work, unless there is a "handy man about the house" who knows how to use a hammer with judgment and precision.

Once accomplished, you will wonder how you ever got on without your zinc table. It is so easily cleaned I wash mine daily with soap and occasionally with a cloth dipped in kerosene to keep it polished. Hot dishes can be placed upon it with never a thought of their burning through and spoiling the usual oilcloth. It is a sanitary table, too, for it is so scrupulously clean.

Try These Useful Hints.

Burn dried orange peel throughout the house frequently, it purifies the atmosphere, dispels any musty odors and leaves a dainty fragrance that nothing can surpass.

White clothes that have become yellow from age may be restored by soaking in butter-milk for several days, changing the milk each day.

Never pour sugar over the whites of eggs while beating them, but add from the side of the platter, a little at the time, in order not to break the air cells.

An excellent remedy for sore throat is pineapple syrup, taken a teaspoonful at the time.

If a painful of lime is kept in the closet with preserves and jellies, it will prevent them from moulding.

Salt water will clean bamboo furniture, Chinese and Indian matting and will prevent it from turning yellow.

For Sweeping and Dusting.

Remove chairs and all other movable articles out of the room. Pour a little household ammonia into a basin of water; take an old newspaper and crumple in water; scatter the wet paper over carpet, then begin to sweep. The wet paper collects the dust.

If you have a carpet sweeper, use sweeper first, then use broom. Carpets swept in this way have a nice clean look.

Dust plane, table tops, etc., with an old piece of velvet; the dust clings to the nap. For other articles use cheesecloth, as it is soft and nice. When dusted in this way there is no lint.

LILITH WIFE OF ADAM

Legend Says She Still Haunts Night as a Spectre.

WHY SHE HAD LEFT PARADISE.

According to the Talmudists Eve was the First Man's Second Helpmate — Fable Invented to Reconcile Genesis I. with Genesis II.

The Talmudists say that Adam had a wife before Eve, whose name was Lilith or Lilith. Refusing to submit to Adam, she left Paradise for a region of the air. She still haunts the night as a spectre, and is especially hostile to newborn infants. The fable of Lilith was invented to reconcile Genesis I. with Genesis II. Genesis I. represents the simultaneous creation of man and woman out of the earth, but Genesis II. represents that Adam was alone and Eve was made out of a rib and was given to Adam as a helpmeet for him. Of the three Assyrian demons, Lilith, Lilith and Ardat Lilith, the second is referred to in Isaiah xxxiv, 14. She is said to have been worshipped by the Jewish exiles as a goddess of night. Lilith is more fully described in post-Biblical literature, where she appears as a demon of the night. Three classes of spirits are mentioned—spirits, devils and "lilin." The first have neither body nor form, the second appear in complete human shape, the third in human shape but with wings (Rashi to Sanh., 19A). Adam procreated all the spirits while he was under a spell. Similarly, Eve bore demons to male spirits for the space of 130 years. Lilith is a seductive woman with long hair; she is the Queen of Zemargad; Abriman is her son. She goes about at night, fastening herself upon any one sleeping alone in a room. "The Lord will protect thee" (Numbers vi, 24) means, according to Talmudic comment . . . from "lilin." The meteor stones is her arrow, and is a remedy against disease. King Solomon, who commanded all spirits, had the "lilin" dance before him.

Some identify "Lilith" with the Parsee Bushyantsa, while the Arabic translators render the word in Isaiah xxxiv, 14, by "ghul," which is identical with the "lamia" of the Vulgate. In the Talmud, however, there is nothing to indicate that "Lilith" is a vampire. The Arabians, on the contrary, are said to regard her under the form of "Lalla," as a "holy dame."

In the later Middle Ages the mystics systematically amplified demonology on the basis of the traditions and the current European superstitions, and they also assigned a more definite form to "Lilith." The superstitions regarding her and her nefarious doings were, with other superstitions, disseminated more and more among the mass of the Jewish people. She becomes a nocturnal spirit, flying about in the form of a night owl and stealing children. She is permitted to kill all children which have been sinfully begotten, even from a lawful wife. "Lilith" likewise appears to men in their dreams; she is the bride of Samael. It is said in a Judaeo-German book ("Hambagat ha-Hasidim"), published in the beginning of the eighteenth century, that "Lilith" deceives men and has children by them, and inexact mortality is regarded as a consequence of this miscegenation. In a certain legend she appears as the Queen of Sheba, who in the guise of a beautiful woman seduced a poor Jew of Worms. As she was eager to seize new born infants, mothers and child were provided with amulets—coins, with labels on which the names of Adam and Eve were inscribed, with the words, "Avaunt thee Lilith!"—which since early times were regarded as an efficient protection against magic and demons. The name "Lilith" occurs also in non-Jewish superstitions. The conception that she was Adam's wife appears to have spread through Buxtorf's "Lexicon Talmudicum," where the subject is dealt with. "Lilith" is a clear instance of the persistence of popular superstitious beliefs.

Yeomen's Homes.

The housing problem in Elizabeth's day may have left the laborer in very primitive dwellings, but it gave noble mansions to the great and to farmers and country craftsmen pleasant homes of such durability and such charm that many of them stand to-day to shame us into a less contemptible mode of building than that which the nineteenth century produced.—Country Life.

National Conversations.

If you see three men standing together on the sidewalk in any given country, you can guess the subject of their conversation. In Germany it is the army; in Russia the bureaucracy; in France, women; in the United States, business; in England, sport, and in Turkey, nothing at all.—La Derniere Heure, Brussels.

Stopped Fraudulent Coffee Sales.

There is not one-twentieth as much Mocha coffee sold in New York city, according to the label, as there was before we had a pure food law. Now coffee sellers must tell the truth about their wares and only coffee grown in Yemen, in the southern part of Arabia, can be called "Mocha."

HOW FLOWERS HIDE HONEY.

Pits Where Sweets Are Stored in Lily—Concealed Nectar.

Before "the bee sucks," as Arbel put it, he must find the wonderful places where the flowers hide away their honey, to be found like the priests' hiding holes in ancient mansions, by the right sort of visitor, and to keep away all intruders.

In the recesses of the crown imperial lily at the centre can be seen six large honey pits, one on every floral leaf, and each is brimming over with a big drop of honey and glistening like a tear drop. Shake the flower and it "weeps" as the big drops fall from it, soon to be replaced by other tears in the rapidly secreting flower. The simple folk call the flower "Job's tears."

The snowdrop is literally flowing with honey, for in swollen veins traversing its fragile whiteness are rivers of nectar. The petals of the columbine are ingeniously and elaborately designed with a view to providing good places of hiding for the honey. Each is circular, hollow, shaped like a horn. In each the honey is secreted in a round knob at what would be the mouthpiece end of the horn, and the five are arranged in a ring side by side with the honey knobs aloft. Though the honey store is obvious from without, yet the insects who would sip it must creep into the flower and penetrate with a long nose up the curving horn to the knob.

Sometimes the petals are all joined together into a tube and the sweet nectar simply exudes from the inner side of the wall and collects at the bottom. This is the case in the dandelion, the tube of which forms so toothsome a morsel that some children call it "suckles." The honey-suckle is similarly planned, and its sweetness is so striking as to have furnished its name.

The monkhood has quaint nectaries. If the hood be drawn back there suddenly spring into sight two objects on long stalks which are sometimes like a French horn, sometimes like a cowl, or, looked at sideways, not unlike a pair of doves. Their presence within the hood has provided the nicknames "Adam and Eve" and "Noah's Ark." Thus the honey bags are carefully tucked away and protected.

County Larger Than State.

Although the New England states are small, the average size of the counties is greater than in most of the middle, western and southern states. Worcester county, in Massachusetts, is an example of an eastern county that is at the same time large in area and very populous. It is larger than the adjoining state of Rhode Island.

Dishonest Heroines.

The steady increase of crime among stage heroines is beginning to get serious. It used to be the men who did all or most of the dreadful things in plays—I mean the picking and stealing the forging and embezzling and offenses of that kind. Now it is the women—and it is all the fault of the late Henrik Ibsen. Heaven rest his soul, notwithstanding.—M. A. P.

Pine Language.

As a rule the educated native of West Africa like his Indian brother, loves high-flown language. A clerk some time ago sent a report complaining that the carabines of the police at his station often misfired; this is how he put it: "It is ridiculous to report that the firearms of the police, when pointed at the firmament, refuse to give explosive sound."

Sticking to Facts.

Little Miss Margaret is nothing if not literal. To her, a well-known sound upon her ear, a simple sound is unto her, and it means nothing more. Consequently when she was asked in a store whether she and another small friend had been taken for a treat, "Will you have a chocolate sundae?" Miss Margaret replied with decided emphasis: "No'm, I'll have it now!"

Southern California Fish.

The shellfish known as abalone abounds in southern California water in quantities sufficient to export at the rate of hundreds of tons per annum. A market for any amount could easily be found in China, where the natives consider it a great delicacy. It used to be dried for the market, but is now being canned.

Scarcity of Humor.

It is to be feared that if the papers reserved a special corner once each week for the witicism of the week it would be often left blank. There is no wit to speak of to-day, only a feeble imitation of it which people are fond of calling the saving sense of humor.

Had Small Brain.

A healthy, regularly-formed brain of 24 ounces, scarcely half of the normal average, seems to have been the smallest ever recorded for an adult. It was recently found in Daniel Ryan, a New York coachman, who died suddenly at the age of 46.

Tea a Germ Destroyer.

Tea is now elevated to the dignity of a germ destroyer. Dr. McNaught, the medical investigator, has found that typhoid bacilli placed in cold or lukewarm tea are greatly diminished at the end of four hours, and have completely disappeared at the end of 24 hours.

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—Hoax— "The tugboat captain always has his business well in tow." Joax—"So has the chiroprapist."

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