

EATS HIMSELF TO DEATH

The Indians Dying Off on Account of Gluttony.

ELK GALL A CONDIMENT

Time of Plenty is Fatal—For a Buck to Gorge Himself with Twenty Pounds of Meat in One Night is No Unusual Thing Among the Indians.

Thomas A. Edison referred to the American Indians when he said that people were eating themselves to death, he could find plenty corroboration of his theory on the reservations. Overeating is doing more to bring about the extinction of the Sioux and Yankton Indians than race suicide, firewater and all the diseases which haunt the wigwam of the red man.

The great tribe of Sioux Indians is disappearing. The members, it is declared, are literally eating themselves to death on account of the plenty about them. If corroborative evidence was not easily obtained, it would scarcely be accepted as true that in the course of a night of feasting, dancing and story telling the average Indian will consume from ten to fifteen pounds of meat, and if he has an abundance of food and can make his own selection of the parts to be eaten he will swallow without inconvenience not less than twenty pounds of meat in a single night.

Car loads of canned meats are consumed by the overfed Sioux Indians, and some canned foods have become almost as sacred a dish with the red men as the fat dog stew of old for which the Sioux tribe is famous. Among the varieties of canned goods eaten to excess, the oyster holds first place. A hungry Indian will eat half a dozen cans and drink the liquor.

Besides the harm done by eating excessive amounts of food, the fact that it is not properly prepared makes it the more injurious. There is no variety of style about Sioux Indian cookery, no French methods, no necessity for stimulating appetites already overkeen.

A pot full of meat and water is put on the fire by the squaw and allowed to heat, but there is no definite time for the meal to cook and no point in the cooking process when it is done. The dinner is ready whenever her lord comes in and eats about being hungry.

If the Indian is especially hungry he may begin on the contents of the kettle by the time the meat is fairly warm. There is never any fault-finding about the way in which the meat is prepared, and whether it is half raw or done to rags, no objection is made by the head of the family.

The Indian knows the choicest tidbits of every animal and how to cook them. The hunt at this time of the year gives the Sioux Indian the fullest enjoyment of his appetite, and during the next three months the average buck will devour enough meat to satisfy four ordinary men.

Condiments are in great demand by the Indians, and the Sioux Indians probably consume more black and red pepper per capita than any other people in the United States. Their former favorite condiment was the gall of an elk.

The Sioux Indians are responsible for the reputation which nearly all tribes have of eating dog meat, but there are few other tribes which ever served dog meat, even at the feast of important ceremonies. The Cheyennes, Shoshones and Arapahoes, contrary to reports, never touch dog meat.

To remedy the gluttony of the Indians and prevent them eating themselves to death, the Indian Bureau is trying to make good housekeepers of the Indian girls. Ten times as much wheat flour is used by the Sioux to-day as fifteen years ago. It is said by the agents that, where cereal and wheat flour are used by the Indians, there is some hope of civilizing them and curing them of gluttony.

At the schools, among the first things in their course, the girls are taught to make bread. But these lessons have not reached the wigwam on the reservations to any marked degree. The Indian cares little for wheat bread anyway. Cereals don't interest him.

Crocodile Worship.

It was in the very ferocity and terrible nature of the crocodile that the Egyptians found the inspiration for the cult they devoted to him. They were mightily afraid of the monster, and therefore instituted in his honor, the supposedly appeasing worship, as though they had said, "Be good enough not to eat us up and we will build temples to you and bow down to you as to a god." The students of early history have clearly proved that the earliest worshipers of every sort took the shape of offerings intended to appease the elementary forces of nature, or the real or imaginary beings of whom men were afraid.

Special Occasions.

It is only when they are nominated for office that some men care whether anybody knows which church they attend.

ELECTION PROCLAMATION.

I, C. B. ENT, High Sheriff of Columbia County, Commonwealth of Pennsylvania, do hereby make known and give notice to the electors of the county aforesaid, that a general election will be held in the said county of Columbia, on

TUESDAY, NOVEMBER 3, 1908,

(being the Tuesday next following the first Monday of said month) for the purpose of electing the several persons hereafter named:

Thirty-four persons for Presidential Electors.

One person for Judge of the Superior Court.

One person for Representative in Congress for the Sixteenth Congressional District.

One person for Representative in the General Assembly of Pennsylvania.

One person for Prothonotary and Clerk of the Courts.

One person for Register and Recorder.

One person for District Attorney.

One person for County Treasurer.

Three persons for County Commissioners.

Three persons for County Auditors.

One person for Mine Inspector.

The qualified voters of Columbia county are hereby authorized and required to vote by ballot printed, written, or partly printed and partly written, for such of the following named persons as they see fit:

FOR PRESIDENT AND VICE PRESIDENT.

REPUBLICAN.

For President and Vice President TAIT AND SHERMAN

PRESIDENTIAL ELECTORS

[Mark 34]

Benjamin Franklin Jones, Jr.

Morris Lewis Clothier,

John Burt,

Howard Atlee Davis,

Frederick Taylor Chandler,

Ellis A. Gimbel,

George Jay Elliott,

Edward Wagner Patton,

George Christian Hetsel,

Joseph deBonneville Abbott,

John Watts Baer Bausman,

Reese Albert Phillips,

Theodore Leonard Newell,

John Issett Mathias,

Adam Hain Miller,

William John McCabe,

George Wallace Williams,

David Jewett Walker, Jr.,

William Strode Settle,

Robert Christian Neal,

Jacob Croyle Stineman,

Thomas Shipley,

William Frederick Reynolds,

Andrew White McCullough,

John Timothy Rogers,

Edward League Dawes,

Jerome Francis Downing,

Herman Simon,

Theophilus Lowry Wilson,

Perry Clifford Ross,

Oscar Schulze,

Oscar Holmes Babcock,

Alexander Roland Peacock,

Homer David Williams,

DEMOCRATIC.

For President and Vice President BRYAN AND KERN

PRESIDENTIAL ELECTORS

[Mark 34]

Joseph P. McCullen,

Albert J. Barr,

Daniel F. Carlin,

Edward B. Seiberlich,

Aaron G. Krause,

Clarence Loeb,

James T. Nulty,

Michael J. Howard,

John C. Ferron,

John Howard Danenbower,

Louis N. Spencer,

Alexander W. Dickson,

John T. Flannery,

Oliver Perry Bechtel,

Harry D. Schaeffer,

Charles A. McCarty,

John Franklin Stone,

John I. Welsh,

Cyrus C. Gelwick,

George Derr Krause,

Samuel M. Hoyer,

Henry Washers,

J. Hawley Baird,

John K. Holland,

John F. Pauley,

Howard S. Marshall,

Robert X. Brown,

Howard Mutchler,

William Lewis Neal,

Fred A. Shaw,

Henry Meyer,

Wesley S. Guffey,

Dennis J. Boyle,

Casper P. Mayer,

PROHIBITION.

For President and Vice President CHAPIN AND WATKINS

PRESIDENTIAL ELECTORS

[Mark 34]

Elisha Kent Kane,

John Duff Gill,

John B. Heston,

Lewis L. Evenson,

Samuel K. Felton,

Irving Woods Hucksins,

Roland M. Evenson,

Jonas K. Schultz,

Daniel G. Hendricks,

Howard Leopold,

Daniel S. Von Neida,

Wm. H. Richmond,

W. B. Bertels,

William H. Malerry,

John Peter Schneller,

Justus F. Warner,

James Mansel,

Franklin P. Johnson,

Jeremiah S. Yaukey,

Silas C. Swallow,

John L. Edwards,

Cyrus S. Grist,

A. McAlpin,

Lewis Cass Wick,

John O. Stoner,

Milton S. Marquis,

Isaac Monderau,

George F. Kline,

W. G. Freeman,

Edwin J. Pithian,

James P. Knox,

Knox C. Hill,

Robert S. Glass,

Thomas P. Herschberger.

SOCIALIST.

For President and Vice President DEBS AND HANFORD

PRESIDENTIAL ELECTORS

[Mark 34]

Edward J. Cook,

Edward J. Higgins,

George Fitch,

Robert M. Green,

R. Barclay Spicer,

George Nau,

John Zellhorn,

August Mahan,

Martin J. Flyzik,

William C. Price,

Charles Herwegh, George Lodge, Charles O. Alter, Henry Peter, Emil Guwang, Joseph M. Aehhammer, Percy Vize, Fred W. Whiteside, Martin J. Brennan, George Davies, Jerome F. Buck, Jesse W. Green, Andrew Hunter, Cornelius F. Foley, Angus McKee, Arthur J. Dennis, Frederick G. Rother, E. Howard Deal, Daniel K. Young, Julius Weber, Thomas Thatcher, Simon Libros, Howard P. Hunter.

INDEPENDENCE For President and Vice President HISGEN AND GRAVES.

PRESIDENTIAL ELECTORS

[Mark 34]

John L. Barrett,

William Boughter,

Robert G. Cathcart, Jr.,

Charles B. Connolly,

Joseph M. Crouch,

John P. Correll,

William F. Craig, Jr.,

Edwin B. Deputy,

Thomas Dolan,

Herman L. Duhring, Jr.,

Theodore Eichhorn,

James A. Fulton,

James P. Gaffney,

Jesse Willis Gairbreath,

William J. Griffith,

John L. Harding,

Samuel H. Heiligman,

George F. Hildebrand,

Edmund W. Kirby,

John W. Lafferty,

William La Fontaines,

Owen E. Lally,

George V. McDonald,

Edward J. Maher,

James Frederick Martin,

Newell, H. Molsinger,

Joseph F. O'Neal,

Stanley J. Oram,

Wheeler H. Phelps,

John A. Phillips,

Robert Miles Robinson,

Silas Edgar Trout,

Samuel F. Wheeler,

William H. White,

SOCIALIST LABOR For President and Vice President GILHAUS AND MUNRO

PRESIDENTIAL ELECTORS

[Mark 34]

Herman Spittal,

J. G. Gardner,

L. M. Laepple,

John Drugmand,

W. H. Thomas,

Thos. Weidling,

Amido Mori,

August Clever,

George Pearse,

Grant Hughes,

George Snyder,

Otto Marowsky,

Chas. Rupp,

L. B. Barnydt,

J. A. McConnell,

Jan. A. Gray,

P. H. Grunagle,

Arthur Losey,

W. I. Marshall,

Wm. Peak,

Fred. Uhl,

Wm. Cowan,

Wm. Crum,

P. Rowan,

Wm. Staley,

Peter Auiler,

Ernest Hildebrandt,

James Clark,

Wm. Hughes,

Chas. A. New,

George Staley,

John Handlors,

Geo. Ohls,

Chas. Durner.

JUDGE OF THE SUPERIOR COURT.

(Mark one)

William D. Porter, Republican

Webster Grim, Democratic

Daniel Sturgeon, Prohibition

Thomas H. Kennedy, Socialist

Luther S. Kauffman, Independence

REPRESENTATIVE IN CONGRESS.

(Mark one)

Edmund W. Samuel, Republican

John G. McHenry, Democratic

J. E. Wolf, Prohibition

REPRESENTATIVE IN THE GENERAL ASSEMBLY.

(Mark one)

C. E. Kreischer, Republican

W. T. Cressy, Democratic

W. W. Skerry, Prohibition

PROTHONOTARY AND CLERK OF THE COURTS.

(Mark one)

Clarence M. Yocum, Republican

Freze Quick, Democratic

Edward A. Doty, Prohibition

REGISTER AND RECORDER.

(Mark one)

John A. Fortner, Republican

Frank W. Miller, Democratic

Edward Buck, Prohibition

COUNTY TREASURER.

(Mark one)

Jacob L. Wolverton, Republican

John Mourey, Democratic

M. P. Lutz, Prohibition

COUNTY AUDITORS.

(Mark two)

W. W. Shannon, Republican

Harry B. Cressy, Democratic

C. L. Hirtleman, Prohibition

F. B. Hartman,

DISTRICT ATTORNEY.

(Mark one)

Lewis C. Mensch, Republican

Christian A. Small, Democratic

C. A. Small, Prohibition

COUNTY COMMISSIONERS.

(Mark two)

C. Fred Lenhart, Republican

Elisha Ringrose, Republican

Jerry A. Hess, Democratic

Charles