EATS HIMSELF TO DEATH

The Indians Dying Off on Account of Gluttony.

ELK GALL A CONDIMENT

Time of Plenty is Fatal-For Buck to Gorge Himself with Twenty Pounds of Meat in One Night is No Unusual Thing Among the indians.

I Thomas A. Edison referred to American Indians when he said that people were eating themselves to death, he could find plenty corroboration of his theory on the reservations. Overeating is doing more to bring about the extinction of the Stoux and Yankton Indians than race suicide, firewater and all the diseases which haunt the wigwam of the red

The great tribe of Sloux Indians is disappearing. The members, it is declared, are literally eating themselves to death on account of the plenty about them. If corroborative evidence was not easily obtained, it would scarcely be accepted as true that in the course of a night of feasting, dancing and story telling the average Indian will consume from ten to fifteen pounds of meat, and if he has an abundance of food and can make his own selection of the parts to be eaten he will swallow without inconvenience not less than twenty pounds of most in a single

Car loads of canned meats are consumed by the overfel Sioux Indians, and some canned foods have become almost as sacred a dish with the red men as the fat don stew of old for which the Sloun tribe is famous. Among the varieties of canned goods eaten to execut, the oyster holds first place. A hungry Indian will eat half a dozen cans and drink the liquor.

Besides the harm done by eating excessive amounts of fooi, the fact that it is not properly prepared makes it the more injurious. There is no variety of style about Sloux Indian cookery, no French methods, no necessity for stimulating appetites already overkeen.

A pot full of meat and water is put on the fire by the squaw and allowed to heat, but there is no defito time for the meal to cook and point in the cooking process when in done. The dinner is ready en ever her lord comes in and ints about being hungry.

If the Indian is especially hungry he may begin on the contents of the kettle by the time the meat is fairly warm. There is never any fault finding about the way in which the meat is prepared, and whether it is half raw or done to rags, no objection is made by the head of the family.

The Indian knows the choicest tidbits of every animal and how to cook them. The hunt at this time of the year gives the Sioux Indian the fullest enjoyment of his appetite, and during the next three months the average buck will devour enough meat to satisfy four ordinary men.

Condiments are in great demand by the Indians, and the Stoux Indians probably consume more black and red pepper per capita than any other people in the United States. Their former favorite condiment was the gall of an elk.

The Sloux Indians are responsible for the reputation which nearly all tribes have of eating dog meat, but there are few other tribes which ever served dog meat, even at the feast of important ceremonies. The Cheyennes, Shoshones and Arapahoes, contrary to reports, never touch dog meat.

To remedy the gluttony of the Indians and prevent them eating themselves to death, the Indian Bureau is trying to make good housekeepers of the Indian girls. Ten times as much wheat flour is used by the Stoux to-day as fifteen years ago. It is said by the agents that, where cereal and wheat flour are used by the Indians, there is some hope of civilizing them and curing them of gluttony.

At the schools, among the first things in their course, the girls are taught to make bread. But these lessons have not reached the wigwam on the reservations to any marked degree. The Indian cares little for wheat bread anyway. Cereals don't interest him.

Crocodile Worship.

It was in the very ferocity and terribleness of the crocodile that the **Lyptians** found the inspiration for the cult they devoted to him. They were mightily afraid of the monster, and therefore instituted in his honor, the supposedly appeasing worship, as though they had said, "Be good enough not to eat us up and we will build temples to you and bow down to you as to a god." The students of early history have clearly proved that the earliest worships of every sort took the shape of offerir gs intended to appease the elementary forces of nature, or the real or imainary beings of whom men were afraid.

Special Occasions.

It is only when they are nominated for office that some men care whether anybody knows which church they

ELECTION PROCLAMATION.

I. C. B. ENT, High Sheriff of Columbia County, Commonwealth of Penn-sylvania, do hereby make known and give notice to the electors of the county aforesaid, that a general election will be held in the said county of Columbia, on

TUESDAY, NOVEMBER 3, 1908,

(being the Tuesday next following the first Monday of said mouth) for the purpose of elect-ing the several persons hereafter named: Thirty-four persons for Presidential One person for Judge of the Superior

One person for Representative in Congress for the Sixteenth Congressional District.

One person for Representative in the General Assembly of Pennsylvania.

One person for Prothonotary and Clerk of the Courts. One person for Register and Record-

One person for District Attorney. One person for County Treasurer, Three persons for County Commis-

Three persons for County Auditors, One person for Mine Inspector. The qualified voters of Columbia county are hereby authorized and required to vote by ballot printed, written, or partly printed and partly written, for such of the following named persons as they see fit:

FOR PRESIDENT AND VICE PRESIDENT.

REPUBLICAN. For President and Vice President TAFT AND SHERMAN PRESIDENTIAL ELECTORS [Mark 34]

Benjamin Franklin Jones, Jr. Morris Lewis Clothier. Howard Attee Davis, Frederick Taylor Chandler, Ellis A Gimbel, George Jay Elliott, Edward Wagner Patton, George Christian Hetzel, Joseph de Bennevine 2000 John Watts Baer Bausman, deBenneville Abbott, Reese Albert Phillips, Theodore Leonard Newell, ohn Isett Mathias, dam Hain Miller. William John McCabe, George Wallace Williams. David Jewett Waller, Ir. William Strode Settle, Robert Christman Neal acob Croyle Stineman, Thomas Shipley, William Frederick Reynolds, Andrew White McCullough. ohn Timothy Rogers, Edward League Dawes, lerome Francis Downing. Herman Simon. Theophilus Lowry Wilson, Perry Clifford Ross, Oscar Schulze, Oscar Holmes Babcock,

DEMOCRATIC. For President and Vice President BRYAN AND KERN [Mark 34]

Alexander Roland Peacock,

Homer David Williams,

Joseph P. McCullen, Albert J. Barr, Daniel F. Carlin, Edward B. Seiberlich, Aaron G. Krause, Clarence Loeb, James T. Nulty, Michael J. Howard, John C. Ferron, ohn Howard Danenhower, Louis N. Spancer. Alexander W. Dickson, John T. Flannery, Oliver Perry Bechtel, Charles A. McCarty, John Franklin Stone, ohn I. Welsh. Cyrus C. Gelwicks, George Derr Krause. Samuel M. Hoyer, Henry Wasbers. I. Hawley Baird. ohn K. Holland, John F. Pauley, Howard S Marshall. Robert X, Brown. Howard Mutchler William Lewis Neal, Fred A. Shaw, Henry Meyer, Wesley S. Guffey, Dennis J. Boyle, Casper P. Mayer,

PROHIBITION. For President and Vice President CHAFIN AND WATKINS PRESIDENTIAL ELECTORS

[Mark 34] Elisha Kent kane, John Duff Gill Lewis L. Eavenson. Samuel K. Felton. Irving Woods Huckins, Roland M. Eavenson, Jonas K. Schultz, Daniel G. Hendricks, Howard Leopold, Daniel S. Von Neida, Wm. H. Richmond, W. B, Bertels, William H, Malerry, John Peter Schneller, ustus F. Warner, ames Mansel, Franklin P. Johnson, Jeremiah S. Vaukey, Silas C. Swallow. John L. Edwards, Cyrus S. Griest, A. McAlpin, Lewis Cass Wick, John O. Stoner, Milton S. Marquis, George F. Kline, W. G. Freeman, James P. Knox, Knox C. Hill, Thomas P. Herschberger.

> SOCIALIST. For President and Vice President DEBS AND HANFORD PRESIDENTIAL ELECTORS [Mark 34]

Edward I Cook. Edward J. Higgins, George Fitch, Robert M. Green, R. Barclay Spicer, George Nau, John Zellhorn, August Mahieu, Martin J. Plyzik, William C, Price,

Charles Herwegh. George Lodge, Charles O. Alter. Henry Peter, Emil Guwang, Joseph M. Achhammer, Percy Vize
Fred W. Whiteside,
Martin J. Brennen,
George Davies,
Jerome F. Buck, esse W. Green, Andrew Hunter, Cornelius F. Foley George W. Guthrie, Angus McRae, Arthur J. Dennis, Frederick G. Rother, E. Howard Deal, Daniel K. Young, Iulius Weber. Thomas Thatcher,

Simon Libros, Howard P. Hunter.

INDEPENDENCE For President and Vice President HISGEN AND GRAVES. PRESIDENT: AL ELECTORS [Mark 34]

John L. Barrett, William Boughter, Robert G. Cathcart, Jr. Charles B. Connolly, Joseph M. Crouch, John P. Correll, William F. Craig, Jr. Edwin B. Depuy, homas Dolan, Herman L. Dubring, Jr. Theodore Eichhorn, James A. Fulton, James P. Gaffney, Jesse Willis Galbreath, William J. Griffith, John L. Harding. Samuel M. Heiligman. George F. Hildebrand, Edmund W. Kirby, John W. Lafferty, William La Fontaine, Owen E. Laliv, George V. McDonald, Edward J. Maher, James Frederick Martin, Newell, H. Motsinger, Joseph F. O'Neal, Stanley J. Oram. Wheeler H. Phelps, John A. Phillips, Robert Miles Robinson, Silas Edgar Trout, Samuel F. Wheeler,

SOCIALIST LABOR. For President and Vice President GILHAUS AND MUNRO PRESIDENTIAL ELECTORS [Mark 34]

Herman Spittal, J. G. Gardner, L. M. Laepple, John Drugmand, W. H. Thomas, Thos. Wielding. Amido Mori August Clever, George Pearse. Grant Hughes, George Snyder, Otto Marowsky, Chas. Rupp. L. B. Barhydt, J. A. McConnell,

William H. White,

Jas. A. Gray, P. H. Grunagle, Arthur Losey, W. I. Marshall, Wm. Peak, Fred. Uhl. Wm. Cowan, Wm. Crum, P. Rowan, Wm, Staley. Peter Auiler, Ernest Hildebrandt. James Clark,

Wm. Hughes, Chas. A. New. George Staley. John Handlors, Geo. Ohls, Chas. Durner.

JUDGE OF THE SUPERIOR COURT. (Mark one) William D. Porter, Webster Grim, Daniel Sturgeon, Thomas H. Kennedy, Luther S. Kauffman,

> REPRESENTATIVE IN CONGRESS. (Mark one) Republican

Republican

Democratic

Prohibition

Democratic

Democratic

Republican

Democratic

Prohibition

Independence

Socialist

Edmund W. Samuel John G. McHenry I. E. Wolf,

Prohibition REPRESENTATIVE IN THE GENERAL ASSEMBLY. (Mark oge) Republican

C. E. Kreischer W. T. Creasy W. W. Skerry

Prohibition PROTHONOTARY AND CLERK OF THE COURTS.

(Mark one) Clarence M. Yocum, Freeze Quick, Edward A Doty.

REGISTER AND RECORDER. (Mark one) John A. Fortner, Frank W. Miller, Democratic

Edward Buck, Prohibition COUNTY TREASURER. (Mark one) Jacob L. Wolverton, Republican

John Mourey, Democratic M. P. Lutz, Prohibition COUNTY AUDITORS. (Mark two) W. W. Shannon, Republican

Harry B, Creasy, C. L. Hirleman, Democratic. F. B. Hartman, Prohibition DISTRICT ATTORNEY.

(Mark two)

Lewis C. Mensch,

Christian A. Small,

C. Fred. Lenhart.

Elisha Ringrose,

Jerry A. Hess,

C. A. Small,

(Mark one) Republican Democratic Prohibition

COUNTY COMMISSONERS.

Republican Republican Democratic

Charles L. Pohe, Democratic

MINE INSPECTOR.

(Mark one) James A. O'Donnell, Democratic

i also hereby make known and give notice that the places of holding the aforesaid election in the several wards, boroughs, districts and townships within the county of Columbia are as follows, viz.

Heaver township, at the public house of John Ert'sine.

Benton Borough, at the Town Hall in the Borough of henton.

Benton township, at the grist mill of Edwards Bros.

Benton township, at the grist mill of Edwards Bros.

Berwick, N. E., at the Defender Fire Compa-ny Hall on 8th street in the Borough of Berwick. Berwick, S. E., on Front street be-tween Pine and Chestnut streets at Rangers Hose Co, building, in the Borough of Berwick.

Berwick, N. w., at the band room of Harry
Grozier, on the easterly side of the alley between Third and Jackson stree s, in the Borough of Berwick.

Berwick, S. W., on Mulberry street,
south of Front street at Reliance Fire

Co. building, in the Borough of Berwick,
Bloom, 1st Precinct, at the Court House, in
Bloomsburg.
Bloom, 2nd Precinct, at the store building
northeast corner West and Fifth Sts., Bloomsburg.
Bloom, 3rd Precinct, at the Town Hall, in

Bloom, and Freeinct, at the Rescue Hose Bloom, th Precinct, at the Rescue Hose House Kest Fifth street, Bloomsburg. Briarcreek Eastat the Jessup Street school Briarcreek West at the Martz school house. Briarcreek South, at the school house

Briarcreek South, at the school house in the village of Briarcreek.
Catawissa Borough. In Town Hall, Third Street, abore Main.
Catawissa township, in the public house of J. W. Adams.
Centralia, 1st Ward, at the public house of Thomas Madden, in Centralia.
Centralia, 2ad Ward, at the public house of Authony T Consay, in Centralia.
Centre township horth, at the public school house, near Lanyette Creasy's,
Centre township south, at F.O. S. of A. Hail,
Lime Ridge.
Cleveland Twp., at Centre school house.
Conyngham, East North district, at the house of Mrs. John Pursell.
Conyngham, west north, at the public house

Conyngham, west north, at the public house of Daniel Roach, Montana.

Conyngham, S. E. district, at the pub-Conyngham, S. E. district, at the public house of Thomas Mohan.
Couyngham, Southwest, at the public house of Chas. H. Horbach, in Locustdale.
Conyngham, West District, No. 1, at Midvalley school house.
Conyngham, west district, No. 2, at the public school house in said district.
E. Fishingcreek, at the house of John Wenner, at Fendertown.
W. Fishingcreek, at the Savage school house.
Franklin township, at the Lawrence school house.

Greenwood, East, at the house of

Henry S. Thomas, in Robrsburg.

Greenwood, West, at the shop of Samuel Miller, in Greenwood, demilock North at the barber shop of G. W. Hartman, in the town of Euckhora.

Hemlock, South, at the storehouse of Mr. C. R. Hadaria, the shop of E. Mrs. G. B. Hosler in the village of Fern-

Ville.

Jackson township, at the house of Eivira Hirleman, in Jackson.

Locust township south, at the public house of Yeager & Son, in Numidia.

Locust township north, at Yeager's Hotel, in the village of Roaringcreek.

Madison township, at the public house of A.M. Hervarian Locust in the public house.

of A. M. Harvey, in Jerseytown.

Main township, at the public house of
William Fenstermacher, in Mainville,

William Fenstermacher, in Mainville,
Mifflin township, at the public house
of Clymer M. Creasy, in Mifflinville.
Millylle Borough, at the public house of Mrs.
Heller, in Millylle.
Montout township, at the public house of R. B. Lytshaw, at Rupert.
Mt. Pleasant township, at the election house
of Robert C. Howell.
Orangeville Boro, at the public house of
Hiram Shaffer, in Orangeville.
Orange township, at the Bowman grist milk,
in said township.
N. Pine, at the house of William H. Lyons.
S. Pine, at the house of Elijah Shoemaker.
Roaringcreek township, at the house of Albert Leiby.
Scott, East, at Ood Fellows' Hall, in Espy.
Scott, West, at the P. O. S. of A. Building, in
Lightstreet.
Stil water, at the store house of A. B. McHenry, in said borouga.
North Sugarloaf, at the public house of Jacob
Steen, in C. ntral.
South Sugarloaf, at the old school house, at
Cole's Creek.
West Berwick, 1st ward at the Town Hall in
said borough.
West Berwick, 2nd ward, at Hutton's Livery

said borough. West Berwick, 2nd ward, at Hutton's Livery

wast nerwick, and ward, at Hutton's Livery Stable in said borough.

Polls shall be opened at seven o'clock a.m., and shall continue open, without interruption or adjournment, until seven o'clock p. m., when the polls will be closed.

That every person, excepting Justices of the Peace and Aldermen, Notaries Public and persons in the inilitia service of the State, who shall hold, or shall within two months have held, any office or appointment of profit, or trust, under the United States, or of this state and city, or corporated district, whether a commissioned officer, or otherwise, a subordinate officer or agent, who is, or shall be employed under the Legislative, Executive or Judiciary bepartment of this State, or of any city, or of any incorporated district, and also, that every member of Congress, and of the State Legislature, and of the Select or Common Council of any city, or Commissioners of any incorporated district, is by law incapable of holding, or exercising at the same time, the office or appointment of Judge, inspector, or Clerk, of any election of this Commonwealth, and that no Inspector, Judge, or other officer of such election shall be eligible to any office to be then voted for, except that of election officers.

The Inspectors and Judge of the election shall meet at the respective places appointed for holding the election, in the district to which they respectively belong, before seven o'clock in the morning, and each of those Inspectors shall appoint one clerk, who shall be a qualified voter of such district.

C. B. ENT. Sheriff. NOTICE IS HEREBY GIVEN

C. B. ENT. Sheriff. Sheriff's office, Bloomsburg, Pa.,

An Island of Massacres,

Hayti, the West Indian Island, has been the scene of more massacres than any other place on earth.

October 12th, 1908.

They began with the coming of Columbus and the rabble rout that followed him. In a few years its 3,000,000 of gentle, brown-skinned inhabitants had perished utterly, exterminated by fire and sword and by forced labor in the mines Next the buccaneer seized the unhappy island and wreaked vengeance on the Spanlards. Presently came the French, and for a brief space there was some semblance of peace. But in 1793 the negroes revolted and murdered practically all the whites. On account of these atrocities, frightful reprisals took place when France, in due course, reconquered the island. But the negroes bided their time. and presently rose again under a ruffian named Desselimes. This time they did the thing thoroughly. Not only were all the Europeans put to death, but all having any admixture of white blood in their veins, suffered a like fate. In all it is computed that 5,000,000 men, women and children have met with violent deaths on this island of massacres since the intruding white man first set foot on its palm-fringed strand. -Pearson's Weekly.

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The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of

Infants and Children-Experience against Experiment What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregorie, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotis substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea-The Mother's Friend.

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KNEW WHEN HE WAS HAPPY.

The soul of an editor who had died of starvation was being conducted to the Elysian fields. As they passed the portals of the infernal regions, he asked his guide if he might not go in and look around. The guide consented, but warned him to stay but a few minutes, as he could not wait long.

A long time passed, and the editor had not returned; so the guiding angel went in search of him. He found him before a cage in which a number of doomed wretches were being toasted on red-hot griddles. Over the cage was the sign "Delinquent Subscribers." "Come," said the guide; "we must be going."

'Don't wait for me," replied the editor. "I'm not coming. This is Heaven enough for me!"

-November Lippincott's.

A Great Novel in the November Lip pincott's.

It is doubtful if the development of any of our younger writers has been watched with keener interest, or by a greater number of people, than has that of Will Levington Comfort during the post few years. Mr. Comfort is no literary miniature-painter, but gets his effects with bold strokes. Yet while some of his passages are almost brutal in their strength, their intensity, and their vividness, he can, when he deems it desirable, depict tenderness and love with wonderful delicacy and depth of feeling. Many who know him, and many more who know him only by his work. have prophesied great things for him, and they will surely be deeply interested in his latest novel. "The Viper," which is published complete in the November Lippincott's. He has chosen for his theme the struggle of two country youths who come to a city of the Middle West, to build up their fortunes. Bosom friends at the start, they soon separate, owing to marked differences in character and temperment. Both love the same girl. an this foundation the author has builded a dramatic and forceful rivet the attention of the most blase reader. In the course of the story interesting side-lights are thrown on the shady methods of some promoters of suburban real estate schemes, and it is to be hoped that they will serve as a warning to those contemplating such an investment without thorough investigation. Will Levington Comfort is still a young man, and as his fiction has shown constant improvement, it is likely that he will do

has not done it yet. In addition to the complete novel the November Lippincott's contains the usual complement of clever action by other ingredients such as short stories, special articles, and Stone root. Black Cherrybark, Bloodshort stories, speciel articles, and poems, with the sixteen page humorous department, "Walnuts and Wine," to top off with.

It is a waste of effort to try to heat one's house with hot air. A little less talk and a little more time at the wood pile.

OUT OF THE GINGER JAR.

Put the lid on that peck of trouble. Whiskey straight makes a man crooked.

As the mind is bent so is the t mgue inclined. Some people never run into debt;

they jump into it. Don't expect to find your field of labor full of shade trees.

Many a man's dog can give him lessons in fidelity and integrity. He who abandons the farm will

find too late that good fortune has abandoned him. A girl who can manage to get three engagement rings must have

a circus of her own. Some women never put checks to there purchases. They leave that for their husbands.

Why is a pig in a parlor like a house on fire? Because the sooner it is put out the better.

Landlady:"What's the matter with that pie?" Boarder:"It isn't fit for a pig, and I'm not going to

eat it." A naughty man says that a woman has about the same feeling for logic in an argument as for

cockroaches in the kitchen. Yes, Abram, one can readily afford to get married on an income of \$12 a week, if he will agree to turn it over to his wife every week.

The man who sits down to wait for fortune, too late finds that the fickle creature went around the other way with a more masterful

Don't give your boy a knife un-

less he will first promise not to swap. Swapping leads to cheating. and that is bad for the boy and worse for him when he grows up. Teacher: "You have named all

domestic animals save one. It has bristly hair, it is grimy, likes dirt and is fond of mud. Well. Tom?" Tom (shamefacedly): "That's me." Don't be ashamed to take the

wife's advice She knows a great deal more than she pretends, and narrative, which is pretty certain to has reserves of sense that would astonish you if you could see them. -Farm Journal,

Every ingredient entering into the world-faamed "Golden Medical Discovery" of Dr. Pierce, has the unanimous approval and endorsement of the leading medical authorities of all the several schools of practice. No other medicine sold through druggists for like purposes has any such endorse-

'The "Golden Medical Discovery" not only produces all the good effects to be obtained from the use of Golden Scal even better work than "The Viper;" but it is safe to say that he has not done it yet.

root, in all stomach, liver and bowel troubles, as in dyspepsia, biliousness, constipation, ulceration of stomach and bowels and kindred ailments, but the Golden Seal root used in its compounding is greatly enhanced in its curative root, Mandrake root and chemically

root, Mandrake root and chemically pure triple-refined glycerine.

"The Common Sense Medical Adviser," is sent free in paper covers on receipt of 21 one-cent stamps to pay the cost of mailing only. For 31 stamps the cloth-bound volume will be sent. Address Dr. R. V. Pierce, Buffalo, N. V.

Dr. Pierce's Pleasant Pellets cure constipation, billousness and headache.