

LET THE PEOPLE RULE

APPEAL TO DEMOCRATS

for Bryan and Kern Campaign Fund, from the Democratic National Committee.

To Geo. E. Elwell, Editor of the COLUMBIAN.

There are no secrets in this Campaign. Strictly practicing what he preaches, Mr. Bryan will not win victory with tainted money paying the election expenses.

Not a dollar is to be accepted which requires any promise, either express or implied, other than for HONEST, IMPARTIAL GOVERNMENT.

Mr. Bryan will enter the White House absolutely free from entangling alliances, free to serve all classes of honest citizens alike, or he will not enter at all.

Hence the course is plain. The campaign of Bryan and Kern must be conducted by the people.

The people must pay the necessary campaign expenses if they want public servants who will serve their interests.

Special interests and favored classes, having secured "SWOLLEN FORTUNES" by purchasing favors in the past with MILLIONS CONTRIBUTED TO CONTROL ELECTIONS, stand ready to give MILLIONS MORE FOR CONTINUED FAVORS. But that class never gives a dollar unless it buys a pledge.

Mr. Bryan says, from March 4th, 1909, "LET THE PEOPLE RULE."

This can come only if the people pay their own bills, and control their own elections.

"BEWARE OF THE TRUSTS BEARING GIFTS."

That policy of the favored few buying a mortgage on the Government meant that the Candidate for President knew a few people only in an entire State.

Bryan says, "We will take the cause of PEOPLE'S RULE home to the people and will know people in every county."

You can serve the grand cause of popular government.

Your paper reaches the fireside of the patriot who loves his country for his country's GOOD; as distinguished from the greedy possessor of swollen fortunes who loves his country only for his country's GOODS.

Asking every one who favors Government by the people to pay you, at once, as many dollars as he can spare to aid the Campaign for BRYAN, KERN AND PEOPLE'S RULE. You forward these gifts of honest hearts and home every two weeks to the Treasurer of the Democratic National Committee, with the name of each contributor and amounts given. The Treasurer will forward you a certificate for each one, asking you to deliver these certificates.

Once more, you should be a part of the Great Organization bearing the Lamp of Light to every nook and corner of Free America.

Our Country is for the People; its Government must be by the People.

Sincerely, NORMAN E. MACK, Chairman Democratic National Com. M. C. WETMORE, Chairman Finance Committee. C. N. HASKELL, Treasurer.

SEND IN YOUR CONTRIBUTIONS.

In accordance with the above the COLUMBIAN will receive subscriptions to the Democratic National Campaign Fund and urges all loyal Democrats to send in their contributions. The COLUMBIAN will transmit them weekly to Gov. C. N. Haskell, treasurer of the Democratic National Committee, who will issue to each contributor a beautifully executed acknowledgment printed in three colors as a souvenir of their devotion to the cause of Democracy and the principles of Government by the People.

When sending in your contribution money use the accompanying remittance blank, and, unless otherwise requested, your name will be printed in THE COLUMBIAN together with the amount given.

REMITTANCE BLANK. Cut out this Coupon and send it together with your contribution to the Columbian. Enclosed please find... dollars (\$.....). This is my contribution to the Democratic National Campaign Fund for 1908. Name..... Town..... Address..... Money should be sent by check, draft, express or money order. A fine new line of Wedding invitations just received at this office.

No Man is Stronger Than His Stomach



A strong man is strong all over. No man can be strong who is suffering from weak stomach with its consequent indigestion, or from some other disease of the stomach and its associated organs, which impairs digestion and nutrition. For when the stomach is weak or diseased there is a loss of the nutrition contained in food, which is the source of all physical strength. When a man "doesn't feel just right," when he doesn't sleep well, has an uncomfortable feeling in the stomach after eating, is languid, nervous, irritable and despondent, he is losing the nutrition needed to make strength.

Such a man should use Dr. Pierce's Golden Medical Discovery. It cures diseases of the stomach and other organs of digestion and nutrition. It enriches the blood, invigorates the liver, strengthens the kidneys, nourishes the nerves, and so GIVES HEALTH AND STRENGTH TO THE WHOLE BODY.

You can't afford to accept a secret nostrum as a substitute for this non-alcoholic medicine of known composition, not even though the urgent dealer may thereby make a little bigger profit. Ingredients printed on wrapper.

GOES THROUGH A MOUNTAIN.

Colorado School Teacher's Route on Stormy Days.

Getting to and from school in some parts of this country isn't as easy as it is in New York. There is one teacher in Colorado who on stormy days makes the trip through a mountain, travelling nearly four miles underground before she reaches her school.

The school which this teacher teaches is on top of a mountain near Idaho Springs, Col. Idaho Springs is a bustling place for that part of the world, but around it on all sides are the Rocky Mountains and many wild places.

The school law of the State prescribes that wherever there are ten children there must be some sort of school. Up on top of this mountain a little settlement of miners has grown up, Gilson's Gulch.

The mountain underneath it is honeycombed with mines. To tap these mines there was driven what is known as the Newhouse tunnel. It runs into the base of the mountain nearly four miles, is wide enough for two tracks for electrically propelled trolleys and carries the ore and the men working in the various parts in the mountain.

It is a six mile ride on horseback from the town of Idaho Springs where the teacher of the school lives up to the top of the mountain where her school is. It isn't a bad ride in nice weather for a Colorado girl used to the saddle, but it's tough in winter.

State the opening of the tunnel the teacher gets into one of the little ore cars at the foot of the mountain whenever the weather is bad. The ore train takes her into the mountain about three miles. Then she gets out at one of the mines, the Com. transfers to a bucket and is hoisted up a shaft 2,100 feet.

When she gets out of the shaft she is on top of the mountain, fifty feet from her school house. It takes her about an hour to make the trip. The school has fourteen pupils and they never know whether their teacher is coming up from the bowels of the earth or over the mountain.

A Gigantic Joke.

The love of animals is deeply implanted in the Magyar character, and most of the peasant farmers of Hungary own valuable horses and high-bred live stock. They are well to do, although they live in a primitive manner, have a keen sense of humor, and are ready to make trouble to put the laugh on some one else. In "The Whirlpool of Europe" this story is told of one of the Magyar farmers.

A typical peasant farmer, a man of considerable wealth, was well known for his adherence to old clothes and customs. On one occasion, a young farmer, new to the district, who had taken a small holding not far from that of the old man, perceived a shabby figure leaning against the gate on the edge of his property and said, "Hi, old man! Do you want some work?"

The wearer of a shabby sheepskin took his long pipe out of his mouth and nodded gravely.

"Well, you can come along to-morrow and look after some of my sheep. Bring any of your bits of plenty of room on my farm."

The next day, as the young farmer walked across the field, he saw a cloud of dust coming up the road. Presently there emerged from it a herd of cows, horses and sheep—hundreds of animals with their driver. The cavalcade swept past the astonished man. Behind it came a huge wagon croaking and groaning, laden with heavy furniture, in the front of which sat his shabby acquaintance of the day before.

"You told me to bring my animals and bits of things," said the old man, "and here we are."

How to Tell Rabies in a Dog.

Here are the symptoms and progressive stages of rabies, given by Dr. George C. Rumbaugh of the Pasteur Institute, by which owners of dogs may know the diseases in their pets. The symptoms appear in this order.

- 1. Change in the disposition of the dog.
2. Unusual show of attachment to its master.
3. Disappearance from its home for several hours to two days.
4. Change in the bark or total absence of barking, even on provocation.
5. Lack of appetite, difficulty in chewing and swallowing solid food.

Excitement and nervous conditions.

The dog snaps at imaginary objects and may attack its master. It is excited by the sight of another dog though this stage may be absent in the dumb form of the disease.

7. The dog eats its own bedding, fears cushions, carpets, &c.

8. It seems to be unable to eat. The dog takes food into the mouth but the food drops out after one or two attempts to swallow it. Denial, however, is interfered with very little, or not at all, and there is no hydrophobia ("water fear") in the strict sense of the word.

9. Unsteady gait, which shows the beginning of paralysis in the hind quarters. The pupils of the eyes are dilated.

10. Later, there are paralysis of the lower jaw, shown by the drooping of the jaw, general paralysis and death.

VALUE OF CHEWING FOOD.

Results of Professor Fisher's Experiments With Yale Students.

The claims of Horace and Professor Chittendon of Yale University, in regard to the effectiveness of thorough mastication of food in restoring perverted appetite to normal instincts are corroborated by Prof. Irving Fisher of Yale University in a report recently issued describing one of a series of experiments he is conducting. This report shows that nine healthy Yale students who participated in the experiment doubled their working power physically and increased their mental capacity by strict attention to thorough mastication of their food and obedience to the dictates of appetite. Under the chewing regime the appetite gradually called for less and less meat and other high-protein foods.

Professor Fisher appears to show in this report that one of the principal causes of excessive fatigue is hurry at meals, which induces the excessive use of high-protein foods (that is, meats, fish, eggs, and other "hearty" foods), which are stimulating in their effects. This stimulation the stomach craves when food is not properly prepared for it by thorough mastication. If excessive use of high-protein foods is the primary cause of early fatigue, while at the same time the high price of these very articles of food helps hold the laboring man in poverty, the importance of this discovery to the laboring man is immeasurable. It would seem, from the report of investigation, that other normal physiological conditions the laboring man should not experience at the end of the ordinary day's labor such fatigue as would hinder his spending some time in improving himself and in trying to lift himself in the economic scale.

The report of another experiment, which was with forty-nine flesh-eaters and flesh-abstainers, has previously been made public, and showed that those who either abstained from meat altogether or ate it sparingly, had greater endurance than those who ate meat in the ordinary quantities.

Professor Fisher is an economist and not a physiologist, and is making these studies solely to get at the practical truth as to what the factors are which induce fatigue, for it is fatigue which sets the limit to the day's output of a man. He is still engaged in his investigations.

Death of James R. Branch and Charges It Involved.

The most famous case of hazing in the history of the Naval Academy was what is known as the "Meriwether case," so called, on account of the fist fight between Midshipman Minor Meriwether and Midshipman James R. Branch. As a result of this fight it was alleged that Branch received injuries from which he died on Nov. 7, 1905, and Meriwether was court-martialed on three charges, viz., manslaughter, violation of the third clause of the Eighth Article for the government of the navy, and conduct to the prejudice of good order and discipline.

Meriwether was acquitted of the first charge, but found guilty of the second, which was that he insulted and subsequently assaulted a fellow-midshipman, and also of the third clause, to the prejudice of good order and discipline. In regard to the charges of manslaughter it was stated by the medical witnesses that the injuries alleged to have caused Branch's death might have been caused by a fall, several having occurred during the fight. Meriwether was sentenced to be reprimanded and confined to the limits of the naval academy for a period of one year.

"The Philadelphia Record" Actively Supports Bryan



A. M. ...

A Presidential contest that will undoubtedly be waged with the utmost vigor on both sides of the line dividing the great national parties is now in full swing. Politics will be the principal topic of discussion wherever men congregate until the claims of the rival candidates shall be settled at the ballot-box in November. It goes without saying that accurate information of all the important moves on the campaign chess-board will be indispensable to every wide-awake voter.

Democrats turn naturally to "The Philadelphia Record" for such information. It is the only Democratic newspaper in Philadelphia recognized the country over as one of the leading exponents of Democratic opinion on this edge of the Continent. It is fair, though partisan; it chronicles the telling blow, no matter who is hit. Suppression and misrepresentation are weapons that have no place in its armory. "Square deal" Democrats and Republicans will find the daily budget of "The Record" essential to an intelligent understanding of the progress of a lively Presidential canvass.

No newspaper ever achieved popularity on the strength of its political attitude alone. "The Philadelphia Record" is an exception to the rule. It is lifted above the common level by many distinctive features that appeal to the varied interests of every member of the household. It prints the news—all the news—in a concise, brisk form that has come to be known, even among its contemporaries, as Record style. A proper sense of perspective dictates its thorough presentation of happenings in its own immediate field—Pennsylvania, New Jersey, Delaware and Maryland. Its editorial treatment of the questions of the day is at once well-balanced and aggressive.

"The Philadelphia Record"

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MAY SEE THE STAGE. Ladies Must Remove Obstructing Headgear in Paris Theatres. Paris, France.—New police regulations concerning theatres, published this morning, prohibit categorically the toleration by the management of any conditions that may prevent the public from seeing or hearing a performance. The ordinance says, "If complaint is made by a spectator that because of the headgear of any one before him that he cannot see, the cause of complaint must be removed."

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Columbia & Montour El. Ry. TIME TABLE IN EFFECT June 1, 1904, and until further notice.

Table with columns for train names, departure times, and arrival times. Includes routes like Bloomfield, Catowissa, and Berwick.

WM. TERWILLIGER, Superintendent. Bloomsburg & Sullivan Railroad. Taking Effect Feb'y 1st, 1908, 12:05 a.m.

Table with columns for destinations (BLOOMSBURG, CATOWISSA, BERWICK, etc.) and departure/arrival times for various trains.

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PARKER'S HAIR BALM Cleanses and beautifies the hair. Promotes a healthy growth. Never Fails to Restore Gray Hair to its Youthful Color. Cures scalp diseases & dandruff. 25c and 50c at Druggists.

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