THE COLUMBIAN, BLOOMSBURG, * -

SEPTEMBER TRIAL LIST.

A Human Match Factory.

The body of the average man contains

phosphorus sufficient to make 483,840

matches, enough to fill about 6,000 boxes,

allowing eighty matches to the box.

Phosphorus is one of fourteen elements

entering into the composition of the body. It is divided among the bones, flesh, nerv-ous system, and other organs. Without phosphorus the brain would be weak, the

body feeble, and the bones would disin-

tegrate leaving man a squidy inverte-

brate squirming in the dust. The perfect

health of the human body requires a per-

fect balance of the constituent elements

of which it is composed. The carbon,

fron, lime, sulphur, sodium, etc., must all

be replaced as they are used up in human

energy. Take all the iron from the blood and the circulation stops. That's death. Change the proper proportion of these

substances to each other, destroy their

natural balance in the body, and you de-

THE FOOD WE EAT.

health? Put the stomach and organs of digestion Put the stomach and organs of sound

There is no alcohol in "Golden Medical

stroy the balance of health.

Trial list for week beginning Monday, October 5th:

John Atherholt and Lillie Atherholt, vs. Charles Hughes; assumpsit; defendant pleads non assumpsit. E. D. Tewksbury, administrator, vs. The Philadelphia and Reading Railway Company; trespass; defendant pleads not guilty. Wm. Yohe, Daniel F. Yohe, Na-

omi Kirkendall, Mary Davis and Hannah Smith vs. The Pennsylvania Railroad Company; trespass; defendant pleads not guilty.

W. P. Vanderslice, Claza Van-derslice and H. L. Vanderslice vs. Susquehanna, Bloomsburg and Berwick Railroad Company; appeal from the assessment of viewers; defendant pleads not guilty.

Charles Tritt vs. The Philadelphia and Reading Railway Company; trespass; defendant pleads not guilty.

Where do these essential elements of vital force come from? From the food we cat. How are they extracted and dis-tributed to the several organs they sus-tain? The are extracted and distributed tributed to the several organs they sus-tain? The are extracted and distributed by the stomach and other organs of di-gestion and nutrition. What happens when the stomach is "weak"? The food is only partly digested and assimilated. And then what? Then the balance of health is destroyed and there's blood "trouble," nerve "trouble," lung "trouble," heart "trouble," or some other "trouble," with the vital organs of the body. Pain is the hunger cry of the starved organs. What then is the logical first step to health? Thomas M. Mensch vs Sunbury, Wilkes-Barre and Hazleton Railway Company and Pennsylvania Railroad Company, lessee; trespass; defendant pleads not guilty.

John Mourer vs The P. & R. Ry, Co.; trespasss, defendant pleads not guilty.

Len Blass vs. The P. & R. Ry. Co.; trespass; defendant pleads not guilty.

Catharine Carr vs. The Lehigh Valley Coal Company; trespass; defendant pleads not guilty.

Lydia A. Smith vs. The American Car and Foundry Company; trespass; detendant pleads not guilty Allen B. Ridge vs. Hawley, Slate

Furniture Co. Inc.; trespass; defendant pleads not guilty.

John F. Derr vs. Alfred Kelsey and Clara E. Kelsey; ejectment; defendant pleads not guilty.

health? Put the stomach and organs of digestion and nutrition into a condition of sound health. That is just what is done by Dr. Pierce's Golden Medical Discovery and that is just the secret of the many mar-velous cures effected by this remedy. No medicine can make fat or flesh. Food alone can make them. Only the stomach and its allied organs can ex-tract from the food the elements that make flesh and fat and sustain life. "Nerve foods," blood-making "medicines, are mere fads and fallacles. The stomach and organs of direction and nutrition pre-pare and distribute the food. Dr. Pierce's Golden Medical Discovery is not a cure-all. It does one thing. It cures diseases of the stomach and organs of digestion and nutrition. The rest Na-ture does. Nature feeds the nerves, en-riches the blood, heais the lungs and re-stores the failing vital powers. "Golden Medical Discovery" only removes the obstructions disease has put in Nature's way. There is no alcohol in "Golden Medical Jessie Smith intermarried with Frederick Smith vs. Pennsylvaniv R. R. Co., lessee of N. and W. B. Ry. Co.; trespass; defendant pleads

R. R. Co., lessee of N. and W. B.
Ry. Co.; trespass; defendant pleads not guilty.
Rathbone, Sard & Co., vs. Berwick Consolidated Gas Co.; assumpsit; defendant pleads non assumpsit.
The Fairbanks Company vs. Berwick Consolidated Gas Company; assumpsit; defendant pleads non assumpsit.
Archer Averill vs. The Borough of Berwick; appeal from award of viewers.
George F. Craig vs. P. & R. Ry.
Co.; trespass; defendant pleads not guilty.
Clark H. Hower et al. vs. P. & R. Ry.
Co.; trespass; defendant pleads not guilty.
A. B. Croop vs. The P. & R. Ry.
Co.; trespass; defendant pleads not guilty.
A. B. Croop vs. The P. & R. Ry.
Co.; trespass; defendant pleads not guilty.
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Co.; trespass; defendant pleads not guilty.
A. B. Croop vs. The P. & R. Ry.
Co.; trespass; defendant pleads not guilty.
A. B. Croop vs. The P. & R. Ry.
Consolidated Gas Company; assumpsit; defendant pleads not guilty.
A. B. Croop vs. The P. & R. Ry.
Consolidated Gas Co. ws. Berwick
Consolidated Gas Co. susumpsit; defendant pleads not guilty.
A. B. Croop vs. The P. & R. Ry.
Co.; trespass; defendant pleads not guilty.
Goldsmith Accountants vs. Berwick Consolidated Gas Co. assumpsit; defendant pleads not guilty.
Freas Kistler vs. The S. B. & B.
R. R. Co.; trespass; defendant pleads not guilty.
J. W. Kirkendall vs. C. R. Wood

MUSIC ON THE BRINY DEEP.

Custom of Band Playing On Vessels

Originated by Germans. The custom of band playing en merchant ships originated on the Gaman liners, says Shipping Illustrate 1. Afternoon concerts were given by improvised bands, generally recruited in the steward's department, and the same Hans who had split sauon the lapel of one's coat at breakfast could be seen carnestly blowing the trombone while the band was murdering "Hell dir in Sigeskranz," or a selection from "Freischutz." These primitive musical attempta have progressed like everything else, and today professional orchestras are by no means uncommon on passenger steamers.

The most conservative of British lines has been obliged to follow suit, and very soon it will be impossible to escape from this flood of harmony on the broad Atlantic as it is now to find actual rest and for a week at least remain out of the reach of Wall street news. Whether this evolution of the steamship into a floating hotel, with all the discomforta of the latter, as well as its advantages, constitutes a real improvement remains as yet to be proved. The question may be asked in all seriousness whether steamship companies are not now giving their patrons more than they really expect for their money, and certain it is that there are many-and among these genuine lovers of music-who would prefer to eat their dinner in peace and silence.

It is said that music as a feature of the dining room has become in vogue owing to the prevailing dullness of the present age. Conversa-tion is a lost art and nothing better than music could be found to enliven the atmosphere while all are maintaining an awkward silence. To the few, however, who need the spice of agreeable talk to facilitate digestion music at table is a positive nuisance. The man making a trip to banish unpleasant memories from his mind will not take kindly to the heart-rending notes of "I Pagliacci!" or to Schubert's "Serenade." The flighty music of Puccini may become perfectly abhorent to him who has just been apprised by wireless of enormous financial losses, while the inexperienced, making his first trip, who may be thinking of "the girl he left behind him," will become unnerved when the orchestra unfeelingly reminds him that la donna e mobile. In short music should be restored at sea to what it originally was. Nothing is better than an open-air concert on the boat deck on a calm afternoon, but let the atmosphere of the dining room at least remain free from all melody sive that produced by the clinking of glasses the popping of corks and the soft murmur that rises over an assemblage of well-bred folks gently conversing.

New Life-Saving Appliance,

An apparatus for life saving at sea has been invented by Mr. R. Lavachery, a Belgian engineer restding at Chapultepec. Mexico. It consists of a rifled cannon from which a projectile is fired; to the projectile are attached a cable, an anchor, and a rocket. The mechanism is said to be very simple, and for humanitarian reasons the inventor has not pateuted it.

"The Philadelphia Record" **Actively Supports Bryan**

A known, even among its contemporaries, as "Record style." A proper sense of perspective dictates its thorough presentation of happenings in its own immediate hold—Pennsylvania, New Jersey, Delators and the day is at the sense well-balanced and aggressive. The Philadelphia Record "exploits no fads and rides no hobbles, but it is pre-formed in the special departments. It is the recognized anthority in the field of aports and the turf. Farmers and shippers swear by its market reports, which are always complete, accurate and wholly prise swear by its market reports. Which are always complete, accurate and wholly private science are entertaining and helpful; the practical man its columns of popularized science are entertaining and helpful; the nearest to her heart treated amply—and samely—in a department devoted to the home, dress and the world of contine achievement. There is a corner in "The Record" for boys and giels; a weekly column of condensed, up to date information for the farmer; a daily bonquet of breezy anecdotes—"The Record" for boys and side is a work and reprinted by newspaper and same provide the farmer; a daily bonquet of breezy anecdotes." The Record for boys and the provide and reprinted by newspaper and same provide the farmer. There is a corner is a more an envery meridotes is throughout the country. "The presence and the provide and reprinted by newspaper and bondered place in the home." The provide a theorem is a country. "The presence and the provide and the private and the provide and the private and the prevented by the prevente an A Presidential context that will indoubtediy be waged with un-wonted vig or on both sides of the line dividing the great national par-tics is now in full swing. Politics will be the principal conte of discussion be the principal topic of discussion wherever men con-gregate until the claims of the rival candidates shall be settled at the bal-to-box in Novem-ber. It goes with-out snying that ac-of all the important wes on the campaign chess-board will indispensable to every wide-awake etc.

Democrats turn naturally to "The Phil-adelphin Record" for such information. It is the only Democratic newspaper in Phil-adelphin recognized the country over as one of the leading exponents of Demo-cratic opinion on this edge of the Continent. It is fair, though partisan; it chronicles the telling blow, no matter who is hit. Suppression and misrepresen-tation are weapons that have no place in its armory. "Square deal" Democrats and circle— If you want a live newspaper without a streak of yellow in its make up— If you want a stalwart Democratic newspaper that will keep you thoroughly posted on every phase of a stirring ma-tional enupaign— If you want a family newspaper the profit and pleasure of reading which will be shared by others, no matter how di-verse their tastes and inclinations— You want "The Philadelphin Record." It is the only paper that fills the bill. its armory. "Square deal" Democrats and Republicans will find the daily budget of "The Record" essential to an intelligent understanding of the progress of a lively Presidential canvass.

No newspaper ever achieved popularity on the strongth of its political attitude alone. "The Philadelphia Record" is no exception to the rule. It is lifted above the common level by many distinctive features that appeal to the varied inter-ests of every member of the homehold. It prints the news-all the news-in a metse, brisk form that has come to be



WE MAKE THE EXCEPTIONAL OFFER OF Two for the Price of One: THE COLUMBIAN

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Columbia & Montour El. Ry.

TIME TABLE IN EFFECT June 1 1904, and until Surther tice

Carsleave Bloomfor Espy, Almedia, Lim e Ridge, Berwick and intermediate points as follows

A. M. ¶5:00, 5:40, 6:20, 7:00, 7:40, 8:20, 9:00, 9:40, 10:20, 11:00, 11:40.

P. M. 12:20, 1:00, 1:40, 2. 20, 3:00, 3:40 4:20, 5:00, 5:40, 0:20, 7:00, 7:40, 8:20, 9:00 *(9:40) 10:20 *(11:00)

Leaving depart from Berwich one hos from time as given above, commencing 6:00 s. m

Leave Bloom for Catawissi A. M. 1990 6:15, 17:00, 18:00, 9:00, 10:00, 117:0 12:00

P. M. 1:00, 72:00, 3:00, 4:00, 5:00, 6:00, 7:00, 8:00, 9:00, 10:20, *(11:00) Cars returning depart from Catawissa 20

minutesfrom timeasgivenabove.

First carfleaves Market Square for Berwick on Sundays at 7:00 a. m. First cartfor Catawissa Sundays 7:00 a. m

First car from Berwick for Bloom Sundays eaves at S:00 a. m.

First car leaves Catawissa Sundays at : 30 a. m.

From Power House.

•Saturday night only. †P. R. R. Connection.

WM. TERWILLIGER, Superintendent.

Bloomsburg & Sullivan Railroad.

Taking Effect Feb'y 1st, 1908, 12:05 a.m.

NORTHWARD.

			- 44
A. M.	F.M.	P.M.	A. N;
Bloomsburg D L & W 9.00 Bloomsburg P & H	22555555555555555555555555555555555555	6 6 6 6 6 6 6 6 7 7 7	6 00 6 28 6 50 7 15 7 40 8 10 5 20
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SOUTHWARD	s		

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Central.	5 53	10.51	4 38	7 03	11 4	
Grass Mere Park	16 01	111 00	Pi 47	17.12	- 2010	
Laubachs		111 02	11 48	17 18	11 57	
Coles Creek		111 06	74 58	17 22	12 01	
Edsons		111 00	F4 56	17 94	12 16	
Benton		11 13	5.00	7.28	12 80	
stillwater		11 21	5.08	7 38	12.44	
Zaners		f11 29	15 17	17 45	12 55	
Forks		11 38	5 21	7 49	1 00	
O' ngeville		11 42	5 31	8 00	1 30	
Joht Street		11 50	5 19	8 10	14	

Trains No 21 and 22 mixed, second class, † Daily except Sunday, 1 Daily † Sunday only, f Flag stop. W. C. SNYDER, Supt.

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CHICHESTER'S PILLS

not guilty.

J. W. Kirkendall vs. C. R. Woodin; trespass; defendant pleads not guilty.

Katie Cain vs. Conyngham Township School District; assumpsit; defendant pleads non assumpsit.

Jacob H. Maust vs. Creasy & Wells; trespass; defendant pleads not guilty.

M. Mellet vs. H. P. Aurand; assumpsit; defendant pleads non assumpsit with leave, etc.

Sarah Sterner vs. Town of Bloomsburg; trespass; defendant

pleads not guilty. John A. Grosch, parent, and Norman G.osch, by his father and next friend John A. Grosch vs. The Lehigh Valley Railroad Co.; trespass; defendant pleads not guilty.

Lillie Michael vs. The Lehigh Valley Railroad Co.; trespass; defeudant pleads not guilty.

Dodge and Day vs. Avery Clinton Sickles; assumpsit; defendant pleads non assumpsit.

Mary McManamin vs. The Le-high Valley Railroad Company;

Isaac M.Vought et al. vs. The Berwick Electric Light Company; trespass; defendant pleads not guilty.

Catawissa Borough Poor District vs. Columbia County; assumpsit; defendant pleads non assumpsit; statute of limitation, etc.

Roman Risewick vs. American Car and Foundry Co., trespass, defendant pleads not guilty. John Brophy vs. The Township

of Cleveland; trespass; defendant pleads not guilty.

Envelopes

75,000 Envelopes carried in stock at the COLUMBIAN Office. The line includes drug envelopes, pay, coin, baronial, commercial sizes, number 6, 6½, 6¾, 9, 10 and 11, catalog, &c. Prices range from \$1.50 per 1000 printed, up to \$5.00. Largest stock in the county to select from.

Every poor man feels that he should give a rich man pointers on how to en-joy his money.

matic innummation and clergyman sore throat." American Dispensatory says of Blood root, "stimulates digestive organs, in-croases action of heart and arteries-stimulant and tonic. Very valuable as a cough remedy-acts as a sedative-fur-ther valuable as an alterative." The People's Common Sense Medical Adviser is a valuable work for frequent consultation and is free from technical terms. It contains over one thousand pages. It is sent post paid, on receipt of sufficient in one-cent stamps to pay cost of mailing only. 21 stamps for a copy in flexible paper covers, or 31 stamps for a cloth-bound copy. Address Dector R. V. Pierce, Buffalo, N. Y.

Reforming the Head Hunters. A curious development is in steady progress in the Solomon Islands, the group of the South Pacific which lies to the West of New Guinea, whose people have carned such unenviable The notoriety as head hunters. young men of the tribes in three fertile and beautiful islands are abandoning the historic pursuit which has made them dreaded for centuries in the Youth Seas and are taking to the covra industry. Copra, which is the dried interior of the cocoanut, is valued commercially for the oil which can be pressel from it, and some of the young Solomon Islanders trespass; defendant pleads not are now accumulating considers lie guilty. of er generation to whom head hunting is still the only profession for a gentleman, are seld to look down upon them as

No goods can be landed in Turkey which bear a trademark at all resembling a crescent.



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C. C.) SORE THROAT, Quinsy, Epizootic.

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E E. | COUGHS, Colds, Influenza, Inflamed

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G. G. Prevents MISCARBIAGE.

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J. K. | BAD CONDITION, Staring Cost, CURES Indigestion, Stomash Staggers,

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