

FOR THE YOUNG GIRL

SCENTED TOILET - PREPARATIONS SHOULD BE AT HAND.

A Variety of Simples That are Efficacious—Powdered Orris Root, Lavender Oil, Sweet Almond Oil, Are Dressing Table Necessities.

It is a matter of wonder that girls do not have more toilet preparations on their dressing tables.

For instance, every girl knows that hard water is ruinous to the skin, and that which is soft is not always obtainable. Bicarbo-nate of soda will improve the quality, and the addition of a little powdered orris root will scent the water at the same time.

Orris root, the Florentine variety, is among the most valuable and at the same time, cheapest of sweet odors. It is never cloying, but the scent lasts, particularly if the root is bought in pieces; instead of powdered. There is nothing worn or used that is not improved by it, for instance, a piece in the box of ties, collars, or handkerchiefs will scent them nicely.

Lavender oil is another sweet that should be used more often. In full strength it is most unpleasant, but diluted with deodorized alcohol it becomes singularly refreshing. It should be bottled and used freely for cleansing the face or for wiping over the flesh after a wash.

Nothing is more softening or nourishing to the skin than sweet almond oil. Its odor which is not pleasant, though inoffensive, may be concealed by adding a few drops of oil of lavender. It may be massaged into the pores at any time, and when the hands are being treated the beneficial effect is more rapid if they are thickly dusted with powdered French chalk and encased in gloves.

Some Household Dangers. Never fill an oil lamp or a paraffin lamp either, for that matter, while it is alight. It is quite easy for the vapor to catch fire and set the spirit or oil in the bottle ablaze, and an explosion will most likely follow.

After filling a lamp, too, be careful to wipe the outside dry, for any trickle of oil on its sides might easily catch fire. Don't allow the oil to stand in the lamp for very long. If it is not burned it should be thrown away. It gathers impurities and increases the risk of an explosion.

Don't put clothes around the fire to dry and then go to bed and leave them. A spark may easily fly out of the fire and set them alight. Never leave a wood fire unguarded. Always put a metal fire screen or something of that sort in front of it to prevent the sparks flying.

Don't try to make a fire draw by holding a newspaper in front of it. If it doesn't set fire to the mantle piece or your own clothes, it may fly blazing up the chimney and set that alight.

Catarrh Cannot be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces.

F. J. CHENEY & Co., Props., Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for constipation.

HUMPHREYS'

Veterinary Specifics cure diseases of Horses, Cattle, Sheep, Dogs, Hogs and Poultry by acting directly on the seat of the disease without loss of time.

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D. D. WORMS, Bots, Grubs, Cures Diarrhea, Dysentery.

E. E. COUGHS, Colds, Influenza, Inflamed Lungs, Pleuro-Pneumonia.

F. F. COLIC, Bellyache, Wind-Blown, Cures Diarrhea, Dysentery.

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H. H. KIDNEY & BLADDER DISORDERS, Cures Diarrhea, Dysentery.

I. I. SKIN DISEASES, MANGE, Eruptions, Cures Diarrhea, Dysentery.

J. J. BAD CONDITION, Starving Cows, Cures Diarrhea, Dysentery.

60c. each; Stable Case, Ten Specifics, Book, 50c. At druggists, or sent prepaid on receipt of price, Humphreys' Medicine Co., Cor. William and John Streets, New York.

FOR BOOK MAILED FREE.

GLOSSY WAVY LOCKS.

Depends Upon Kind of Shampoo Given and Method of Drying. Glossy wavy hair should be the lot of every woman, but how is it to be made glossy and wavy? To this it may be replied that all hair is different and that each variety of hair requires its own treatment.

Hair that is dry is almost always filled with dandruff. This lies next to the scalp and is unpleasant to see. It does not really injure the scalp, but it sifts down and is not nice or well groomed. Yet, how can it be helped where the hair is dry? Here is a cure and, while using it the hair is benefited greatly.

"Shampoo the hair in a good egg shampoo. Then rinse it a thousand times"—to quote a London hair dresser. "And, when it is all rinsed, dry it well."

"Now comes the final touch. Part off the hair in the middle, making a long parting right from the middle of the forehead down to the nap of the neck. Take a little almond oil, moisten the finger tips with it, shake them to take off the superfluous drop and gently 'spat' the parting. Go over it lightly but thoroughly until the scalp shines a little."

"Part off the hair again and go over the next parting in the same manner. Do not use more than a suspicion of oil, not enough to drip from the finger tips, and do not, on any account, get a particle upon the hair. This is the best known treatment for the scalp. "Dry hair will never shine, but after the scalp is treated it will begin to be oily and it will gradually take on a little gloss. Repeat and it will be positively lustrous."

A Nation of Housekeepers.

A favorite fling of the French at the English has always been that the latter are a nation of shopkeepers. An English woman has now called Americans "a nation of housekeepers." During a recent visit to this country she was struck by the fact that so many American women of means and refinement either "do their own work" or actively superintend the domestic arrangements, taking a pride in this duty, says Robert Webster Jones in the Housekeeper. Our friend was surprised to learn that "an American woman will spend the forenoon in cooking, or dusting, or cleaning, then dress herself like a duchess and sally forth to the meeting of a fashionable club where she is to read a learned paper, like as not, or else call a carriage and make a round of social calls. And her standing does not seem to be impaired in the least, by the fact that during part of the day she has done the work of a menial, nor has it affected her own personal attractiveness."

Cheap Living in Switzerland.

A cotton mill in Zurich has among its employees 125 Italian girls, for whom a special lodging house has been built. It is looked after by six Catholic nuns, who are paid by the firm. Each girl pays 90 centimes a day (17.4 cents) for food and lodging.

Mexico's Mines.

Throughout the Mexican State of San Luis Potosi about 13,000 miners are employed. The products are gold, lead, mercury, zinc, cinnabar, copper and silver.

Poetry Worth Reading.

Back to 'Lindy's.

I want to go back to 'Lindy's—back to the old farm place. Where the friends I knew were true as blue and poverty no disgrace; I want to forget the sighing, the rush and the rattly-bang, The whistle's toot, the rumbly cart, and the car bell's noisy clang.

I'd like to go back a-roving in the drowsy afternoons, And down the sounds of the grimy town in an ocean of clover blooms.

I want to go back to 'Lindy's—back to the "Stubbs Land." Where it didn't take much of learning to make folks understand; Where the grasp of a hand was rugged, but the clasp was firm and true,

And the eyes of the man behind them looked honest and frank at you.

I want to steal off at twilight, as I did when the sun sank low, And dream the dreams that were mine to dream in the hazy afterglow.

I want to go back to 'Lindy's—back thro' the stretch of years, I want to go back to the boyhood track beyond the doubts and fears;

It seems but a step back yonder to the fields and the rose leaf rain, A step in miles, but, ah! the years—linked in an endless chain! What little of spoil I've garnered, what little the world has doled, I would barter it all thrice over, to live in its sweet unfold.

I want to go back to 'Lindy's—where the white road winds away O'er valley and hill and dale and rill to the rim of distant gray;

I want to get out in the open, where a fellow has elbow room—Where he's never afraid to cross the street for fear he will meet his doom.

Back to the fragrant orchard and the cool of the grateful sod—For that was as near, I reckon, as ever I've been to God.

—Will F. Griffen.

The Scarecrow.

Behold the scarecrow; see him stand Upon the newly planted land; A figure ragged and forlorn, The silent watcher of the corn.

His dangling legs, his arms spread wide, The lone man of the countryside; Uncouth, the butt of pen and tongue, Unheralded, unfamed, unsung.

To you, old scarecrow, then this lay, To cheer you on your lonely way; Would that all men their whole lives through Served some good purpose, e'en as you.

—Joe Cone.

Ebb.

The tide is out and on the bar, The short waves beat a harsh tattoo, While, etched upon the farther blue, A patch of foam lies like a star.

Upon the mud before my feet, The surf has carved fantastic forms; The wreckage of a hundred storms Is bedded where the currents meet.

And here a flushing flock of gulls, A dervish crew, swings to and fro, Or swoops to pluck its prey and go Phishing through the sunken hulls.

—James Owen Tryon.

Ups and Downs on the Road.

It's easy to drive an automobile When everything goes O. K.; When the wind is fair and the road is bare,

And the engine is chugging away, It's easy to steer the ponderous thing, It's easy to start and stop;

But it's hard, I say, when she won't obey, And the engine refuses to stop. It's easy to drive an automobile When she's anxious to sail along;

When she thrills to feel the life in her keel, And is chugging her highway song. It's easy to fly down the boulevard When there's nothing your speed to mar,

But it's hard to bowl when a telegraph pole Runs carelessly into your car. —Joe Cone.

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PENNSYLVANIA RAILROAD

Bulletin. JUNE ON THE GREAT LAKES.

Restful, delightful, interesting, and instructive, there is no trip like that on the Great Lakes; those inland seas which form the border line between the United States and Canada.

For comfort the fine passenger steamships of the Anchor Line have no superiors. As well-appointed as the palatial ocean grevhounds which plow the Atlantic, their schedule allows sufficient time at all stopping places to enable the traveler to see something of the great lake cities and to view in daylight the most distinctive sights of the lakes, and the scenery which frames them.

The trip through the Detroit River, and through Lake St. Clair, with its great ship canal in the middle of the lake, thence through Lake Huron, the locking of the steamer through the great locks at the Soo, and the passage of the Portage Entry, lake and canal, across the upper end of Michigan are novel and interesting features.

The voyage from Buffalo to Duluth covers over eleven hundred miles in the five days' journey. Leaving Buffalo, the steamships Juniata and Tionesta, make stops at Erie, Cleveland, Detroit, Mackinac Island, the Soo, Marquette, Houghton and Hancock, and Duluth.

The 1908 season opens on June 16, when the Steamer Tionesta will make her first sailing from Buffalo.

The Anchor Line is the Great Lake Annex of the Pennsylvania Railroad, and the service measures up to the high standard set by the "Standard Railroad of America."

An illustrated folder, giving sailing dates of steamers, rates of fare, and other information is in course of preparation, and may be obtained when ready from any Pennsylvania Railroad Ticket Agent, who is also prepared to book passengers who may desire to take this trip through the Great Lakes and back.

Columbia & Montour El. Ry.

TIME TABLE IN EFFECT June 1 1904, and until further notice.

Cars leave Bloom for Espy, Alameda, Lime Ridge, Berwick and intermediate points as follows:

A. M. 5:00, 5:40, 6:20, 7:00, 7:40, 8:20, 9:00, 9:40, 10:20, 11:00, 11:40.

P. M. 12:20, 1:00, 1:40, 2:20, 3:00, 3:40, 4:20, 5:00, 5:40, 6:20, 7:00, 7:40, 8:20, 9:00, 9:40, 10:20, 11:00.

Leaving depart from Berwick one hour from time as given above, commencing 6:00 a. m.

Leave Bloom for Catawissa A. M. 5:30, 6:15, 7:00, 7:40, 8:20, 9:00, 9:40, 10:20, 11:00, 11:40.

Cars returning depart from Catawissa 20 minutes from time as given above.

First car leaves Market Square for Berwick on Sundays at 7:00 a. m. First car from Berwick for Bloom Sundays leaves at 8:00 a. m. First car leaves Catawissa Sunday at 7:30 a. m.

From Power House. *Saturday night only. †P. R. R. Connection. WM. TERWILLIGER, Superintendent.

Bloomsburg & Sullivan Railroad.

Taking Effect Feb'y 1st, 1908, 12:05 a. m.

NORTHWARD.

Table with columns: A.M., P.M., P.M., A.M. and rows for Bloomsburg D. L. & W., Bloomsburg P. & R., Paper Mill, Light Street, Orangeville, Forks, Zanders, Stillwater, Benton, Edons, Coles Creek, Laubachs, Grass Mere Park, Central, Jamison City.

SOUTHWARD.

Table with columns: A.M., A.M., P.M., A.M., A.M. and rows for Jamison City, Central, Grass Mere Park, Laubachs, Coles Creek, Edons, Benton, Stillwater, Zanders, Forks, Orangeville, Light Street, Paper Mill, Bloom P. & R., Bloom, D. L. & W.

Trains No. 21 and 22 mixed, second class. *Daily except Sunday. †Daily. ‡Sunday only. †Flag stop. W. C. SNYDER, Supt.

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