

**LOYALTY TO IDEALS**

**THEY ARE NOT DEPENDENT ON CHANGES OF FORTUNE.**

**They Make Us Independent of Environment, and Have Power to Bring the Calm and Peaceful Country Into the Bustling Town.**

Ideals are the true life of man and woman—the way we live by them an index to our character. They are our true possessions for they are our own; created by our brains, warmed by our hearts, breathed into life by our faith and hope. They are not dependent upon the changes of fortune, ill-health and adversity. They make us independent of environment, they have the power to bring the calm and peaceful country into the hot, bustling streets of the town, and they have many a time sustained the drooping spirits of a worker who has no communion with one of a like calibre, and whose monotonous or commonplace pursuit carries no joy with it. They contain some grand elements; they have something of the make-believe, and yet of the eternally true and real about them. But whilst the realities do not become ideals, the ideals become realities—they are like souls waiting for bodies; how careful we should be of them, how we should cherish them, how we should prevent them from getting chilled and perishing!

What would work at its best be without ideals? I wonder how many women workers have seen their cherished ideal of home life realized? That ideal might be adapted to some of the exigencies of modern life, for there is no doubt that the position of women is altering so much that the hard-and-fast ideals of our grandmothers are not sufficiently elastic for our needs; monotony of existence and its attendant evils were not much regarded in their days. Women were not encouraged to think for themselves on any subject outside the home, whereas now the modern ideal would certainly embrace the happiness and progress of the race as well as of the family.

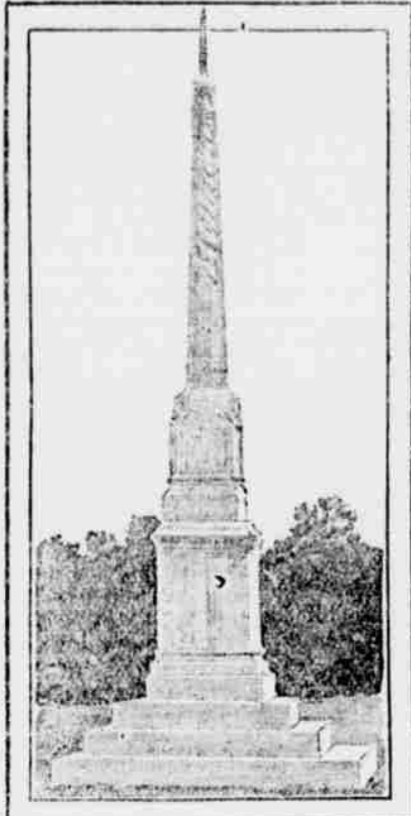
A woman may now dream of an atmosphere of exceeding peace which is not stagnation, of discussion conducted with perfect freedom; of that rare delicacy in speech which knows when and how to refrain; of an intimacy that never degenerates into vulgar familiarity; of reserve that never leads to chill indifference; of complete harmony of purpose that yet admits of unimpaired individuality. Such an ideal of home life is not an illusion and can be fully realized in married life.—By Lady Battersea.

That our American forests abound in plants which possess the most valuable medicinal virtues is abundantly attested by scores of the most eminent medical writers and teachers. Even the untutored Indians had discovered the usefulness of many native plants before the advent of the white race. This information, imparted freely to the whites, led the latter to continue investigations until to-day we have a rich assortment of most valuable American medicinal roots.

Dr. Pierce believes that our American forests abound in most valuable medicinal roots for the cure of most obstinate and fatal diseases. If we would properly investigate them; and in the possession of this conviction, be bold with pride in the almost marvelous cures effected by his "Golden Medical Discovery," which has proven itself to be the most efficient stomach tonic, liver invigorator, heart tonic and regulator, and blood purifier known to medical science. Dyspepsia, or indigestion, torpid liver, functional and even valvular and other affections of the heart yield to its curative action. The reason why it cures these and many other affections, is clearly shown in a little book of extracts from the standard medical works which is mailed free to any address by Dr. R. V. Pierce, of Buffalo, N. Y., to all sending request for the same.

Not less marvelous, in the unparalleled cures it is constantly making of woman's many peculiar affections, weaknesses and distressing derangements, is Dr. Pierce's Favorite Prescription, as is amply attested by thousands of unimpaired testimonials contributed by grateful patients who have been cured by it of catarrhal pelvic drainage, painful periods, irregularities, prolapsus and other displacements, caused by weakness, ulceration of uterus and kindred affections, often after many other advertised medicines, and physicians had failed.

Both the above mentioned medicines are wholly made up from the glyceric extracts of native medicinal roots. The processes employed in their manufacture were original with Dr. Pierce, and they are carried on by skilled chemists and pharmacists with the aid of apparatus and appliances specially designed and built for this purpose. Both medicines are entirely free from alcohol and all other harmful, habit-forming drugs. A full list of their ingredients is printed on each bottle-wrapper.



The Soldiers' Monument in the cemetery of Tipton, Mich., was the first monument erected in honor of the soldiers killed in the Civil War raised in the United States. It was erected in 1866, and was dedicated on July 4, of that year.

**The Value of Expectation.**

A popular New England preacher says that if his sermon ever stretches beyond the twenty minutes to which he means always to limit it the words of his little daughter ring in his ears and he reflects that some of his congregation are doubtless feeling as she did on a memorable occasion.

The occasion was the little girl's sixth birthday, which chanced to come on Thanksgiving Day.

She went to church with her mother and sat quietly through the service. The sermon was unusually good, the minister could not help thinking; he had plenty to say, and he said it fluently.

"How did you like my sermon?" he asked his young critic as they walked home together, her small hand in his big one.

"You preached awful long father," said the little girl, "but I bore it because I love you, and I knew I'd have a nice dinner when I got home and forget what I'd been through." —Youth's Companion.

**A Cure for Seasickness.**

A chat with a hardy Breton fisherman brought forth this novel cure for seasickness. While the old man told of the storms that he had been through, the narrow escapes he had had, and the long journeys he had taken, he was interrupted by the question, "And seasickness? Were you ever sick?" "Never," replied the old man, "and I'll tell you the reason if you like to hear—I never went on any ship without taking a little mirror in my pocket. As soon as I felt the sickness coming on I looked in the glass, and all symptoms passed away. I got the cure from my father, and I never knew it to fail." The receipt is easily tried, and if it does not convince the skeptical there is the consolation that no loss need be entailed in giving it a chance.—P. T. O.

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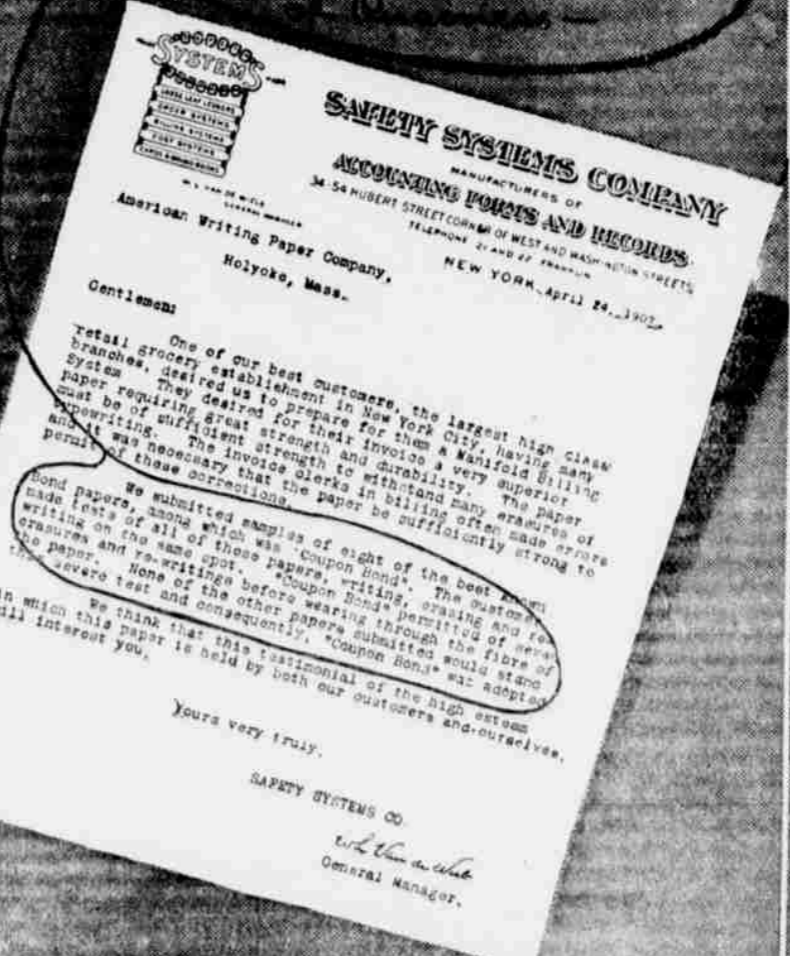
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