

EXPLOSION KILLS MANY

More Than Sixty Persons Dead in West Virginia Mine Disaster.

RESCUING PARTIES AID

Two Hundred Were in Shaft at Time of Accident and Most of Them Have Perished—Explosion Probably Caused by Igniting Dust—Pathetic Scene Around Mine.

Charleston, W. Va., Jan. 31.—More than sixty persons are known to be dead as a result of an explosion in the Stewart mine, near Fayette county. Forty bodies have been found and identified while over twenty more bodies await identification.

At the time of the explosion there were about two hundred men in the shaft, and there is grave apprehension that most of them perished.

Organized effort is being made to get to the men in the mine and volunteers are plentiful. The scene about the mine is a pathetic one, men, women and children crying for their dear ones and imploring those on the ground to go to their rescue.

The Stewart mine is a shaft fifty-eight feet deep. The development is in the Sewall seam, which ranges in thickness from four to five feet. The mine is located on the White Oak Fuel Company's private land, connecting with the Chesapeake and Ohio Railroad at Carlisle. It is located about four miles from Fayetteville, and seven miles from Thurmond. The mine has been in operation for about three years or more, but has not been fully developed.

The accident happened shortly after 5 o'clock, just before the men were to quit work. At that hour the shots which bring down the coal are fired and it is presumed that when some of the shots were fired the flash ignited the dust and caused the explosion.

SWETTENHAM NOW SORRY.

Formally Withdraws His Letter to Rear Admiral Davis.

London, Jan. 31.—Governor Swettenham, of Jamaica, has formally withdrawn his letter to Rear Admiral Davis, ordering the American war ships withdrawn from Kingston and has expressed his regret for having written it, thus closing the international phase of the incident.

Gov. Swettenham's withdrawal of his letter, and his apology followed voluminous telegraphic communications to him from the Colonial Office. The despatch which has now closed the incident was sent by the Governor to the Colonial Office, whence it reached the State Department, through the Foreign Office and Charge d'Affaires Howard, in the usual course.

Blow Makes Blind Man See.

Baltimore, Md., Jan. 30.—The Rev. Samuel H. Cummings, a Methodist clergyman and totally blind for twenty-five years, has had his sight partly restored by a blow. Last week he slipped on the icy pavement and fell face downward. A bit of projecting ice struck his eye with painful force, but when he got up he found that the blow had shocked one eye into seeing, although indistinctly.

He believes that the veil which obscured his eye was shattered by the fall and that he is seeing through little rifts in it, which reflect objects abnormally and curiously. He lost one eye in an accident while a boy, and the other became blind in sympathy.

Bureaus to Stop Suicide.

St. Louis, Mo., Jan. 30.—Following the plans of General Booth in London, an anti-suicide bureau is to be founded in St. Louis by the Salvation Army. It is said that the London bureau in the first month saved eighty persons from self-destruction. The plan of Colonel Eddy, who is to have charge of the local establishment, is to give practical and friendly advice to distressed persons. This advice will be given daily, free of charge to all who need it. Letters will be individually treated. Absolute secrecy is to be maintained in all cases and no inquiries are to be made.

Bureaus will be established later in other cities.

Lehigh Men Mustn't Drink.

Wilkesbarre, Pa., Jan. 31.—It is reported here that in a few days the Lehigh Valley Railroad will issue a formal order for every employe in the telegraph department and on trains to take the pledge of total abstinence and to keep it in force during the time of employment by the road. Having for some time encouraged employes to be total abstainers, and having observed the steady and reliable work of such employes, the officials have decided to make the total abstinence order obligatory.

Governor of Caracas Slain.

Willenstad, Island of Curacao, Jan. 31.—According to advices from Caracas, Dr. Luis Mata, Governor of the Caracas District, at the head of a body of troops, surprised a secret political meeting. Governor Mata and several others were killed and a number, including the commander of the troops, were wounded.

A SANDY DISH-WASHER.

A New Idea in This Line Which Should Do Its Work Well.

There are countless of dish-washing machines on the market. Most of them are large tubs or tanks in which the dishes are placed and rotated by mechanical means until they are supposed to have been cleansed. The new idea is constructed on a different principle. At the extremity of a hollow handle are two brushes, each circular in form, and one contained within the other. To the handle is attached a tube leading from a water faucet. A dish is held in one hand by the person doing the washing



and the brushes are pressed against the several surfaces to be cleansed. A spring pressed by the thumb allows a stream of water to be thrown against the dish through the brush and the washing process thus becomes simple and effective.

About the Dish Cloth.

The dishcloth in many homes is a breeding place for microbes and contains more disease germs than almost anything else of the same size. Cheese-cloth bags, in which salt and sugar come, make good dishcloths. It is a good plan to have two sets for constant use. They should be thoroughly washed every morning in hot water, to which has been added ammonia, soda or washing powder, then rinsed and hung in the air to dry. Use them on alternate days. Besides it is well to rinse them each time after using and boil them once a week. If they acquire an odor burn them.

Reading for Children.

Children should be first taught to read, how to read, what to read and to love reading as a means of enriching their minds. School work should center in reading. It is the key of all learning, since human thought is concentrated therein. A great variety of reading should be provided, even for the little children, since the day of one reader in the lower grades is past. Inasmuch as the great majority of pupils never reach the higher grades it is necessary to inculcate the reading habit in the lower ones.

Buttons on Wrong Side.

Attention was drawn by Dr. James Shaw at the Ambidextral Culture society to the singular fact that the buttons of feminine clothes are on the wrong side—or, rather, since women may maintain that it is men's buttons which are wrong, that men's buttons are on the right side of the wearer and women's on the left. This peculiarity Dr. Shaw ascribed not to feminine perversity but to the fact that those who set women's fashions were supposed to have maids to dress them, for whom this position was more convenient.

Time For Fitting Shoes.

It is well to remember that the feet are apt to spread a little after the exertions of the day and so are a little larger at night than in the morning. If new shoes bought early in the day feel uncomfortable when they are put on at home that is the trouble. This spreading of the feet should always be taken into consideration when trying on new shoes. Also the feet are larger in summer than in winter, as they expand when much heated.

The Matchmaker.

It is a common thing to deprecate a woman for being what is called in common parlance "a matchmaker," but if she possesses the necessary qualifications of discretion and tact she is an almost indispensable adjunct to social intercourse and may prove the greatest boon to lovers who lack time and opportunity to bring their affections to a successful issue.

Don't Sweep Invalid's Room.

Do not try to sweep an invalid's room, but bring a clean cloth out of cold water to which a few drops of ammonia have been added and carefully wipe the carpet, matting or floor, turning and rinsing the cloth and changing the water as it gets dirty.

Hot Baths Weakening.

Very hot baths are usually found to be weakening and should be taken at rare intervals. Moreover, hot water used on the face frequently will make the complexion yellow and the flesh flabby.

Charcoal for Burns.

Powdered charcoal, if laid thick on a burn, causes the immediate abatement of the pain. A superficial burn can thus be healed in about an hour.

It is well to have two or three pairs of shoes, at least, on hand, and to change them as often as possible. Shoes changed in this way will last longer than those worn constantly.

Women waste many words when they try to explain in writing what they mean.

Never leave medicine, drink or food uncovered in the sick room.

CHINESE BABY.

What Happens in a Celestial Home When Child is Born.

On the evening of the first day after the baby has arrived the paternal relatives, according to the Chinese custom, prostrate himself before a joss, and, bowing his head to the floor, voices thanks to the gods and to the ancestors for the small son who was sent perfect of body and full of health.

On the evening of the second day the ceremony is repeated, and on the third day the voice of the wife joins that of the husband in thanksgiving. Also on the third day a limited number of relatives and friends are called in to witness the first head-shave. The rooms of the home are decorated for this occasion with green branches of either fir, cedar or spruce, to insure fueng-suey, or good luck, to the house.

Other ornamentalations in honor of the baby are long silk threads, bearing little circles, squares and hearts of gold and scarlet paper. These are festooned from the walls and are hung from the ceiling.

A few feet away the threads are invisible and the gay scraps of paper appear to be floating in the air. For the head-shaving the guests are seated in a semicircle before the joss. The mother is carried to a seat of honor to the right of the joss, and the baby, swathed in yards of scarlet and purple silk, is brought in on an elaborate pillow.—Leslie's Weekly.

A Work-Basket Made of a Hat.

Any little girl who wishes to surprise mamma with one of the prettiest work-baskets she ever saw, can easily do so by following these directions. First, get a grass straw hat, as seen



In figure 1, it will cost five or eight cents. Soak it in warm water, turn it inside out, when it will appear as shown in figure 2; face that part of the rim that is turned up with pink satin, holding on the top and bottom, sew a cord over this to conceal the stitches, divide the rim into four parts, bend it half way up and sew it in the four parts designated, firmly to the crown to form the four pockets; the stitches can be made invisible with a little pains. You will need just a half a yard of satin for the facing. A bow of pink ribbon is fastened on one side with three long ends. A little needle-book, thimble-case and emery made of the ribbon, are attached to these.

Twelve "Don'ts."

- Don't worry the children.
Don't worry about them. Guardian angels still exist, even in the twentieth century.
Don't lose your temper with the children.
Don't give way when you have decided on any plan for them.
Don't leave them too much with the servants.
Don't repel their little confidences.
Don't get impatient at their most unanswerable questions.
Don't indulge them foolishly.
Don't forget to encourage them and praise their little efforts to please you.
Don't show favoritism, says Woman's Life.
Don't disagree about them. Their father and mother should always be in unison in their training.
Don't forget that they are God's children, lent to you for a season.

Love and Marriage.

Love and marriage have naturally deep and abiding influence over the thoughts of woman. When the last century was young early marriages were very common and a young girl was frequently a wife and mother several years before reaching the age of 20. Now it is an unusual occurrence for a girl to assume such responsibilities until well on in her twenties, or perhaps thirties, and a wise change it is, for upon considering girls of 15 and 16 at the present day it would be an open question as to whether they would be willing to forego all the joy and happiness which comes at no other period of life and settle down into the house mother. Let the girls play golf and tennis, let them row and dance, let them read and study and fit themselves for the greater work which comes with later years. Let their judgment mature and there will be fewer mistakes made in choosing a life partner and less cause for divorce.

Where Girls are Cheap.

China is the great slave country of the world. Of a population of 400,000,000 there are slaves to the number of 10,000,000. Every family of means keeps its girl slaves, and a man's position is usually gauged by the number he keeps. At any age from three to fifteen girls are sold, eight being the age at which most change hands. The girls are supposed to do housework, it being cheaper to buy than to hire. Slaves vary in price; \$10 is about the average, but much depends on the girl's appearance. A good looking girl will fetch \$20 or even \$40.—Detroit Tribune.

INFLUENCE OF FOODS

ZOROASTER'S THEORY OF PHYSICALLY AND MENTAL POWER.

The Hand That Makes the Menu.

Not the Hand That Rocks the Cradle, May in Future Rule the World—Values of Fruit.

That a person may so feed himself as to be able to do any given kind of work with ease and efficiency and without fatigue is the contention of Dr. T. J. Betiere, a New York teacher of the philosophy of Zoroaster, says the New York Sun. He believes that the inclinations and powers of the human mind and body have their source largely in the vibrations resulting from the chemical action set up by food.

This conclusion, he says, is based on verified statements found in the old wisdom books. At different times he and others have confined themselves to foods which are said by these old books to stimulate various centers of activity in the body and have carefully noted the results.

These results in a general way indicate that a generous meat diet invariably increases the inclination and ability to show physical activity. Also that it imparts for the time being characteristics of animal life, modified and refined, of course, but still essentially the same.

Rice was found to produce much the same vibration as meat, though more subtle and persistent, and in addition to stimulating physical activity it furnished pabulum for those centers of control which direct the finer, less obvious and more potent forces.

The two foods, rice and meat, it is explained, might be compared to steel and iron, rice representing as a food steel, and meat iron; but, it is added, to get this result from rice it must be prepared properly and also combined with certain other foods.

Fruits in a general way stimulate sentiments of religion; certain kinds turn the mind to considering the spiritual side of life. For instance, a mother desiring to direct a child's mind into these channels would be able to accomplish her purpose with much greater ease if a generous part of the child's diet was of peaches, oranges and grapes or raisins.

As there is no age limit when the controlling power of food ceases, it might seem that a wife could manage her husband as well as her children by feeding him properly. As fruits stimulate the affections as well as religious sentiments, a double advantage might be scored by making them a large part of her husband's diet.

But here lurks a danger. It is not asserted that this diet has any directing power. Therefore should wives feed their husbands in such a way as to increase the sentimental tendencies they might not personally reap the reward of their effort.

All sugars, so it is said, have a tendency to increase the activity of those centers of vibration which augment the affections. It is also set forth that foods opposed to sweets, as those that are sour or bitter, stimulate the will, making those who eat them determined, persistent and less subject to the sway of the emotions.

In confirmation of this assertion; it is pointed out that men take sour wines in preference to sweet wines, are fond of acid condiments; in fact, as a rule use strong foods that are not sweet and do not care for those which are sweet and that they are stronger of will, more forceful and not so easily moved by sentiment as women.

In speaking of the foods suited to different kinds of work it was said that those who would devote themselves to intellectual pursuits should switch off the material vibrations by eschewing meat, pastry and all heavy, rich foods. Having done this, to put in commission those centers which control the vibrations pertaining to the mind they should eat pears, maize, breads, birds, fowls, fish and all kinds of sea food, but not more than three or four different kinds at one time. In general it is held that alkaline and saline flavors relate to and stimulate vibrations which make for intellectual activity.

It is confidently asserted that when a knowledge of the power of food vibrations become general women will teach their children what to eat to secure certain results. Then, it is affirmed, it will be no longer the hand that rocks the cradle but the one that makes the menu which will rule the world.

It is predicted that when this comes to pass men will live to a great age, many things now eaten will not be thought fit for food, illness will be rare and all work will be done with so much greater ease that leisure will be at the command of all.

BACHELOR GIRL SPENDTHRIFT.

Her Tastes Those of a Man—Outdoor Sports Her Passion.

How much of a bachelor girl a girl can be if she has a lot of money may be judged when one hears that Miss Norma Munro of New York city, spent \$1,500,000 in a great deal less than a decade, was virtually bankrupt and accused by her erstwhile friend, Mrs. Leslie Carter Payne, of fleeing to France to defraud and avoid creditors, says the New York American.

Lots of real bachelors have made quite a spatter in New York and come financial croppers without sowing the wind with an eighth of what Miss Munro did.

But bachelor girls are not suffi-

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The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

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cently rare or conspicuous nowadays to attract the attention they did a few years ago, when it first became the fad for society girls to have real men valets, live in "chambers," as they say in England, and generally to conduct themselves with a free and easy independence that outmaneuvered masculinity.

Miss Munro, however, did the thing so much better, so much more lavishly than the other bachelor girls did. For instance, the most expensive men's tailor on Fifth avenue—the kind who wouldn't build a blue serge suit for less than \$80—turned out her greatcoats and her tailored gowns.

It was a man's bootmaker, also, who shod her. Her wardrobes were filled with mannish clothing, which was constantly renewed and added to. She had coats for all sorts of wear, frillless affairs with wide sleeves and flaring like sixty, patch pockets, velvet collars and all the rest of it. Plain shirt waists provided foundations for men's collars and neckties, and she was oftener than



Norma Munro.

not seen with a derby on, or a man's Panama. It was all very fitting and proper for her, because that was the way she ordered her life.

Horses were playmates of hers almost before she could toddle, and to the last even when she took up autos tremendously, her stables, her four-in-hands, her tandems, cost her a mint of money.

But all these things vanished when Miss Munro quit America. And in connection with her departure a story of her experience with a cabman was told.

Timing things nicely before her flight, she obtained a carriage and was driven to the pier in Hoboken. She told the carriage driver his account would be settled later and hurried up the gangplank, which was even then being taken in. The account has not been settled.

She gladdened a book agent's heart by an order for books to the value of \$5,000, and the publishers are trying to get the money and the agent his commission.

She paid thousands of dollars for flowers and left unpaid bills for bushels of them.

Whose Say-so is Best.

With nearly all medicine put up for sale through druggists, one has to take the maker's say-so alone as to their curative value. Of course, such testimony is not that of a disinterested party and accordingly is not to be given the same credit as if written from a disinterested motive.

Dr. Pierce's medicines, however, form a striking exception to this rule. Their claims to the confidence of invalids does not rest solely upon their makers' say-so or praise. Their ingredients are matters of public knowledge, being printed on each separate bottle wrapper. Thus invalid sufferers are taken into Dr. Pierce's full confidence. Scores of leading medical men have written enough to fill volumes in praise of the curative value of the several ingredients entering into this well known medicine.

Amongst these writers we find such medical lights as Prof. Finley Ellingwood, M. D., of Bennet Medical College, Chicago; Prof. Hale, of the same city; Prof. John M. Scudder, M. D., late of Cincinnati, Ohio; Dr. Grover Coe, of New York; Dr. Bartholow, of Jefferson Medical College, of Pa. Prof. John King, of Cincinnati, Ohio, and scores of others equally eminent.

Dr. Pierce's Favorite Prescription cures the worst cases of female weakness, prolapsus, anteversion and retroversion and corrects irregularities, cures painful periods, dries up disagreeable and weakening drains, sometimes known as pelvic catarrh and a multitude of other diseases peculiar to women.

Small talk has been known to develop into some pretty big scandals.

You Have Often Seen Women With marked blueness or paleness of face, vitiated appetites and a craving for unwholesome food. These are signs of disordered liver, and the trouble must be corrected or worse results are sure to follow. Dr. Kennedy's Favorite Remedy dispels liver disease. Husbands and fathers cannot afford to treat this matter lightly.

It doesn't take a college education to make fools of some fellows

MANY SUFFERERS from nasal catarrh say they get splendid results by using an atomizer. For their benefit we prepare Ely's Liquid Cream Balm. Except that it is liquid it is in all respects like the healing, helpful, pain-allaying Cream Balm that the public has been familiar with for years. No cocaine nor other dangerous drug in it. The soothing spray relieves at once and cure is certain. All druggists 75c., including spraying tube or mailed by Ely Bros., 56 Warren Street, New York.

Trespass Notices. Card signs "No Trespassing" for sale at this office. They are printed in accordance with the late act of 1903. Price 5 cents each. If