STRONGEST BANK IN THE COUNTY

SIOO, OOO.

\$150,000.

First National Bank,

OF BLOOMSBURG, PA.

MAKE NO MISTAKE BUT DEPOSIT YOUR SAV-INGS IN THE STRONGEST BANK.

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Joseph Ratti, S. C. Creasy, H. V. Hower,

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All communications should beaddressed THE COLUMBIAN, Bloomsburg, Pa.

THURSDAY, NOVEMBER 9, 1905.

LET WHOLE NATION PRAY SAYS, PRESIDENT.

Names Nov. 30 As Day.

The President has issued his proclamation naming Thursday, November 30 next, as a day for thanksgiving.

BY THE PRESIDENT OF THE UNITED STATES OF AMERICA

A PROCLAMATION

When, nearly three centuries go, the first settlers came to the untry which has now become this at republic, they fronted not Ilv hardships and privation, but rrible risk to their lives. In those im years the custom grew of setag apart one day in each year for a special service of thanksgiving to the Almighty for preserving the people through the changing sea-

The custom has become national and hallowed by immemorial usage. We live in easier and more plentiful times, than our forefathers, the men who, with rugged strength, faced the rugged days; and yet the dangers to national life are quite as great now as at any previous time in our history.

year our people should set apart a day for praise and thanksgiving to thankfulness for the abundant mercies received, should manfully acknowledge their shortcomings and pledge themselves solemuly and in good faith to strive to overcome them.

During the last year we have been blessed with bountiful crops. Our business prosperity has been great. No other people has ever stood on as high a level of material well-being as ours now stands. We are not threatened by foes from without.

The toes from whom we should pray to be delivered are our own passions, appetites and folly.

Against these there is always need that we should war.

Therefore, I now set apart Thursday, the 30th day of this November, as a day of thanksgiving for the past and of prayer for the future, and on that day I ask that throughout the land the people gather in their homes and places of worship, and in rendering thanks unto the Most High for the manifold blessings of the past year, consecrate themselves to a life of cleanliness, honor and wisdom, so that this nation may do its allotted work on the earth in a manner worthy of those who founded it and of those who preserved it.

In witness whereof I have hereunto set my hand and caused the seal of the United States to be affixed.

Done at the city of Washington this second day of November, in the year of our Lord one thousand nine hundred and five, and of the independence of the United States the one hundred and thirtieth.

(Seal) THEODORE ROOSEVELT. By the President,

ELIHU ROOT, Secretary of State. ABOUT FOOD POISONING.

Absolute Cleanliness in Handing of Foods Essential-Turn Out Canned Goods on Opening.

There are many ways in which food-stuffs may give rise to more or less serious disturbances of health. Official examinations are constantly revealing how widespread is the practice of adding preservatives or adulterants to viands of all sorts and though it must be admitted that in many instances these substances are by their nature or the smallness of the quantities used comparat vely harmless, still in the majority of cases the conditions are such as to render their presence extremely undesirable.

But entirely apart from these, severe illness not infrequently follows the use of certain common foods. In animal foods, extremely poisonous principles called ptomains easily appear as the result of bacterial activity, and may cause wholesale illness.

Dairy products are especially prone to such changes, and if not properly cared for may develop tyrotoxicon, or cheese poison, a substance that is not rare in ice cream, while botulism is a serious form of ptomain poisoning, following the eating of tainted meat or sausage.

Fish and shellfish yield similar products, a specially vicious poison named mytilotoxin having been isolated from muscles, and canned things are also often offenders in this way.

The symptoms produced by these substances may be extremely se vere, and comprise intense gastric pain, vomiting, intestinal disturbances, burning thirst, construction of the throat, and oftentimes dis turbance of sight, such as hazy and double vision. In marked cases in the limits of said city or borough there is great prostration and weakness of the heart, which may last

rom a consideration of these poss bilities is the necessity for scrupulous care in the handling of all It is eminently fitting that once a things intended for table use. All perishable foods must be consumed as quickly as possible, and must the giver of good, and, at the same never be left out of the ice chest time, that they express their longer than is absolutely necessary. Canned goods should be entirely removed from the tin as soon as opened, and nothing that is intended to be eaten should ever be allowed to stand unprotected from the dust. The air is constantly swarming with bacteria and mold spores, which find admirable conditions for growth in the dishes prepared for the human stomach, and often give what form), rise to the production of the poisons Typhus Fever, Whooping Cough in question. Lastly, every article of food, tinned or otherwise, that is at all abnormal in appearance, taste or odor, should be discarded. - Youth's Companion.

> Charles A. Stillings of Boston, as public printer. He entered upon The election of William H. Berry public printer. He entered upon his duties the 1st of November.

You can depend on Ayer's Hair Vigor to restore color to your gray hair, every time. Follow directions and it never fails to do this work. It stops

falling of the hair, also. There's great satisfaction in knowing you are not going to be disappointed. Isn't that so?

My hair faded until it was about white. It ck just one bestle of Aver's Hair Vigor to store it to its former dark, rich color. Your silv Vigor certainly does what you claim for "-A. M. BOUGAN, Rockingham, N. C.

itite Department of Lealth Rules and Regulations Governing the Report of Communicable Diseases

Under the provisions of the Act of Assembly of the twenty-seventh day of April, A. D. one thousand nine hundred and five, to protect | held a Sunbury next month the life and health of the people of the State of Pennsylvania.

Section 1. All physicians practicing within the limits of the State shall make an immediate report of every case occurring in their practice of the diseases hereinafter specified, if occurring in a city or borough, to the Secretary of the Board of Health of such city or borough, and if occurring within the limits of a township, to the County Medical Inspector of the county in which said township may be located, and also to the Department of Health at Harrisburg.

Section 2. The report of each and every case of any of the hereinafter enumerated shall be upon a standard form and shall contain the following information: Date of report full name of patient, occupation (if any), nativity, age, sex, color and address of patient, including, if in a city or borough, the name of the street and house number, the name of the city or borough and county, and if in a township, the post office address of the patient, name of township and county, the name of the disease, date of onset of the disease, name and occupation of the householder in whose family the disease may have occurred, number of children in said household attending school, name of school or schools and name and address of the physician making the report. In the case of townships the above required reports shall be made upon a standard duplicate postal card, furnished by the Department of Health.

Section 3. Each and every case of small-pox occuring in the practice of any physician, and which may be located in a township outside of a city or borough, shall be reported immediately by telephone or telegraph, by the physician in attendance, to the County Medical Inspector of the county in which the disease may be located, giving the name and address in full of each patient; this notification to be followed by a report in writing upon the regular postal card blanks provided for this purpose

Section 4. It shall be the duty State, through its Secretary, Health Officer or other duly authorized official, to make a report in writing at the end of each week to the Department of Health upon the forms prepared and supplied by said Department of all cases of the followduring said week. A report shall also be made for any fraction of a physical and moral deterioration. The practical lesson to be drawn month, so that the first weekly re- Americans shoot over these great week occurring at the end of a port in any month shall begin with the first day of the month.

Section 5. The diseases referred to in preceding sections of this circular, and of which report is required to be made by physicians and health authorities are as follows: Actinomycosis, Anthrax, Bubonic Plague, Cerebro-Spinal Meningitis, Chicken-pox, Cholera, Diphtheria, Epidemic Dysentery, Erysipelas, German Measles, Glanders, Hydrophobia, Leprosy, Malarial Fever, Measles, Mumps, Pneumonia (true), Puerperal Fever, Relapsing Fever, Small-pox, Tetanus, Trachoma, Trichiniasis, Tuberculosis (specify what form), Typhoid Fever, and Yellow Fever.

THE ELECTION

Pennsylvania has been rescued from the hands of the most iniquit-The President has appointed ous gang of corrupt leaders that to the office of State Treasurer is not a Democratic victory, but the result of an uprising of honest citizens of all parties who are tired of the political methods that were invented by M. S. Quay, and which have dominated the state for many years but which now in the absence of their inventor have come to grief under the leadership of less astute politicians and grafters.

The state treasury has been in the hands of the gang for many years, and that the state funds have been used by them for their personal gain is beyond any question, and no one but a few hide bound gang organs has had the temerity to deny it. The candidate for state treasurer has been elected by the machine term after term, so that there has been no opportunity for investigation, but now Mr. Berry will lift the lid and there are likely to be some interesting developments. Just watch and see what happens.

Dildine Gratified With Preparations

Says Grangers Will Swarm to Sunbury Like Bees

Charles H Dildine has sent the dlowing letter relating to the Grange convention that will be

Rohrsburg, Pa., Nov. 1, 1905. Dear Sir:-It is gratifying to see how willing the people of Sunbury are to take lodgers. I will arrive in your city Monday, December tith, a day before the convention, and open headquarters and a bureau of information in the Armory. The Grange will have a committee to meet all trains and escort the delegates and visitors to the Armory, when they will be given their lodging place and everything will work like clock work.

Dinner, on Tuesday, December 12th, will be the first meal. I just heard from a number of county Granges throughout the state, and they say they will swarm into your city like bees. All the officers will arrive on the 11th, but the Grange Train will not arrive until Tuesday the 12th. Tell your chief of police that he will not need an extra force

as everything will be harmonious. Did you stop to think of the amount of money that the Grange convention will leave in Sunbury? In four days they will spend n ar y \$10,000 for board and lodgings alone. And each will spend from \$1 to \$10 for merchandise, presents, etc. The State Grange gives the delegates the money to pay their car tare, and the county Granges supply the money for the meals and lodgings.

You say there are a number of old Grangers in your city? Nine men and four ladies can organize a local Grange. If that number is secured I will come and organize them. When we met at Erie last year, Judge Wallig said he would join and he did, and he is now one of our most earnest workers.

I send all your letters and the articles the various newspapers so kindly publish in the interest of the convention to State Headquar-

CHAS. H. DILDINE, Member Executive Board.

The Yew Shoot While the Millions Starve.

A news item says that Mrs. Leiter, the American mother of Lady of each and every Board of Health Curzon, has rented Tullock Castle of any city or borough within the in Rosshire. Scotland with 7,000 acres of land for grouse shooting.

There are many such great game preserves in England and Scotland, many of them made from lands formerly under culitvation. Meanwhile hundreds of thousands of English farmers with their wives and children have been driven to the great cities, into idleness and vice with the inevitable resultant mental

preserves, there are eight millions inhabitants of the United Kingdom constantly in danger of starvation and twenty millions more who are not comfortable, in the simple and clean sense of the word.

There 28,000,000, who are either on the borders of want or in danger of starvation, out of a total population of 47,000,000, are huddled in the cities.

A similar tendency to leave the country and go to the cities is every where apparent in America and if it goes on unchecked, is bound here as it has done in England, to cause a gradual degeneration of the race. How to overcome this tendency

is a problem deserving the best efforts of statesmen, philanthropists, and churchmen as well as the great captains of commerce and railway magnates who make railway rates that favor the great cities at the expense of the rest of the country thus attracting to the cities hundreds of thousands who for their own good and that of their children ought to stay in the country and in the smaller towns .- Patriot.

Envelopes

75,000 Envelopes carried in stock at the COLUMBIAN Office, The line includes drug envelopes, pay, coin, baronial, commercial sizes, number 6, 614, 614, 9, 10 and 11, catalog, &c. Prices range from \$1.50 per 1000 printed, up to \$5.00. Largest stock in the county to select from. Entrance through Roy's Jewelry



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Step into our Store Today and try on one of our Three Quarter Length Overcoats. You'll say you've never put on an easier

Wearing Coat

since you have been wearing overcoats.

In them you'll find arm holes of sufficient largeness to enable you to move your arms without straining at every seam in the coat; the collar lies snug and fast to your neck-and we warrant it will stay that way at all times, and lastly but not least, you'll admire the fabrics we've put into these coats, fabrics which are strictly all wool.

MELTONS, VICUNAS, FREIZE.

TOWNSEND'S

A SPECIAL SALE OF Mens Underwear.

They are heavy fleeced Shirts and Drawers. Not all sizes, and there are more shirts than drawers. There are 7 dozen.

Worth 5oc. each to sell at 29c.

These Jersey Ribbed

Shirts and Drawers for men. are the best, softest, and decidedly the nicest Underwear we ever sold. We have them in Blue, Brown, and flesh color at 50 cents each.

This Merino Underwear

for women, in white and gray is the best that money can buy. It is an extra quality and the goods cannot be bought again at this money. \$1.50 per garment. Union suits of the same at \$2.98,

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for children are shown by us. A most complete line of them.

Want a Ruben's Vest

for the children? Best thing made. Ask us us about them.

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BLOOMSBURG,

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Jayne's Expectorant
For 75 years the favorite family medicine for throat and lungs.