THE COLUMBIAN, BLOOMSBURG, PA.


Bow to Make Sanerknat.
For the benentit of those who are
fo familiar with the making of ater.
 "Sauerkraut is cabbage preserved
by fermenting. At the begnning of
winter or when cold weater has bee
come assured cabbage it cut fine and
placed in a barrel or other suitable
 rammer the cabbage is well pounded.
to compress the mass . More cabbage
and satit and more stamping so con.
 prepared for the table by either boil
ngo of frying. It has the advantage
over plain bioted cabbae in being
much more digestible, agd has also a peculiarly pleasant, flavor. Sauer
kraut is now to be purchased anl ove
the United States, at least wherever the United States, at least wherev
there are Germans, and it is comno
ly served in city restaurants. Danville Asylum Wiill Get An Appro-
prition.

Member of the State Board of | Charitie |
| :--- |
| $\begin{array}{l}\text { Danvile } \\ \text { trustes }\end{array}$ | pration of $\$ 75$,ooo for the purpose

of erecting a mee infrmary, and
and making improvements in. Mre water
supply ot the institution. Mr.
will make known the needs of the
trustees to the Boardy of Charities, which meets in Philadelphia on Fr
day and will recommend the appro
priation. The institution is over crowded.
This is the way some one thinks Ohm mother, please mother, come
homee with me now, the afternoon's
slipping by fast you soid slipping by fast; you shid you were
coming right home from the poll as
soon as your ballot was cast. Poor
 The Scranton Tribuune says: The
transpotration of reight and coal
oover the
the coakanal strike was declared off hince
thas been the largest in the history of
the company, and the work has
been handut without been h
dent.
thousa Scranton every dusyand west from addition to the immense amount of passenger
handled. shiver when you approach? Does
your dog drop its tail between its legs and sneak away when it hears
your voice? Does your boy drop his play when he sees you enter the
house. II you are that kind of a
mane, then don't expect your boy his help. Instead of putting food into the
oven to keep warm for late comers, ry covering it closely with a tin
and setting it over a basin of hot
water. This plan will keep the $\frac{\text { vent it from dyying. }}{\text { Defrness Cansot be Curbo by }}$ local applications, as they cannot
reach the diseased portion of the car.
There is only one way to cure deat. ness, and that is by constitutional remedies. Deafness is caused by an in-
flamed condition of the mucous lining of the Eustachian tube. When
this tube gets inlamed you have a rumbling sound or imperfect hearing,
and when it is entirely closed deafness tion can be taken out and this tube
 cases out on ten are caused by catarn We the mucous suraces.
for anyin give one hundred dollars atarrh) that cannot tes (cansed by Catarth Cure. Send for circulars, free. Sold by drugists, 7 yc. Tho ece
Halls Family Pills are the best.


When you can't eat breakfast, take Scott's Emulsion. When you can't eat bread and butter, take Scott's
Emulsion. When you have been living on a milk diet and want something a little more
nourishing, take Scott's Emulsion.
To get fat you must eat fat. Scott's Emulsion is a
great fattener, a great strength giver.

Those who have lost flesh want to increase all body tissues, not only fat. Scott's Emulsion increases them all,
bone, flesh, blood and  For invalids, for convalescents, or consumptives,
for weak children, for all who need flesh, Scott's Emulsion is a rich and comfortable food, and a natural Scott's Emulsion for bone, fiesh, blood and nerve.



Anaimed survivors of
Aomori disaster. when zoo Japane
soldiers were frozen to death.

| bill which passed the Senate and it is hoped |
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$\left|\begin{array}{l}\text { Bliss is authorized to grant a conces. } \\ \text { sion of 25 per cent, it necessart from } \\ \text { the o Ding } \\ \text { Tingey rates on tupprts, from } \\ \text { Cuba. }\end{array}\right|$


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