THE COLUMBIAN, BLOOMSBURG, PA.
BIRTH OF OUR FLAG. uts origin wraperoin m

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The origin of the flag of the United
States is wrapped in historical mystery,
but there is good reason to
but there is good reason to believe that
it was designed and adopted largely
 was a member of the committee which
accepted the design, and it is a curious
coinctdence coinctdence that his shield consist-
od of the same pteces and figures that
the flag is composed of. Washington' the metal of hagle, coat and the also tors and prin-
cipal colors in the flag, namely, red and cipal colors in the flag, namely, red and
white. Washington's object in this
may have ben the laudatele desire to
perpetuate himself seeing that he had
po direct posterity. He may have been
 inspired by the fact that in giving us a
free country he was also entitled to in-
fuence the features of its flag. Accord.
tigly instead of the stars which in
heraldry consist of six or more points the United States have adopted instead
the five pointed figures of Washington's
shlild. These are in heraldry called
mallets. The flag thus receives an ad-
ditional lustre from the silent honors $\left\lvert\, \begin{aligned} & \text { er one, was, after the action, found to } \\ & \text { bear the marks of } \\ & \text { chiefly musk-nine shot holes, } \\ & \text { The bear nag. which was ralsed at }\end{aligned}\right.$
THE conving TowER.
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| Sleep Is Onit a Hablt. <br> Mr . Edison has adopted the theory that sleep is only the force of habit, that if they but try, men can get along without sleep precisely as they get along without stimulants. He accounts for the sleep habit as fols habit of "The truth is that this sleeping originated when there was no such thing as a good artiflcial light. People could not read, they had no way of amusing themselves at night, so when darkness came there was nothing left for them to do but lie down and lose themselves in oblivion. <br> Now that we have the electric light and other means of illumination, the world is sleeping less and less every year. By-and-bye, gradually, of course, the time will come when an hour or two of rest will be enough. Then people will fnd that they have been wasting valuable time. It is all right for a sort of diversion, but that is very easy to do by changing work and varying the subject of study." <br> This is precisely in line with the philosophy which holds that men are only what their environment them. In support of his theory Mr. Edison relates that when the phonograph had to be finished in a certain number of hours in order to be in London on a certain day, he worked continuously for seventy-two hours without a minute of sleep, and so did all of his assistants but one or two. <br> His chief assistant says that Mr. Edison has gone on for years, working hard with little rest, merely dropping down occasionally for a rest of an hour, or, perhaps, only for ten minutes, and then coming up again, apparently as fresh as if he had had a long hollday. |
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| $\begin{aligned} & \text { live to see them ; but not until the } \\ & \text { millenium may mortals hope for that } \\ & \text { most perfect of squibs-the noiseless } \\ & \text { cracker. } \end{aligned}$ | Hen for reporst ont |
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| lifetime. The honors this time are for the captains of the battleships, and no mistake. |  |
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