MAS. BRYAN & WHEELWOMAN.

She Believes the "Bike" Promotes Freedom From Nervous Disorders.

The wives of American statesmen are apt to be interesting women, and the public likes to know all about them. When a woman rises to a position of prominence nowadays almost the first question asked is, "Does she ride a question asked is, "Does she ride a bike?" Perhaps the woman most prominent before the public at this time is Mrs. William Jennings Bryan, of Lincoln, Ncb. It will please thou-



Mrs. Bryan and her Wheel,

goods of wheelwomen to learn that Irs. Bryan favors the wheel. She beliaves that many of the nervous disorders to which women are subject can se avoided through a judicious use of the bicycle. For herself she prefers a spin just about sundown, when the cares and worries of the household are The Bryans juniors are also OTET. crelists, William Jennings the second being quite an adept.

Restless Convalescents.

Some excellent suggestions are made by a writer in one of the magazines, who recommends various ways of beconvalencement. Mention is made of a L the boy who found great and lasting amusement in cutting out figures from a bunch of long, slender radishes, by carving them into a wonderfully close imitation of any animal he fancled. With a penknife he cut eyes, nose and mouth, using wooden toothplcks, cut into proper lengths, for ears, legs and tails. This same laddie also made a very interesting lot of animals some possessed of wonderful character and expression, from small, sweet potatoes, which are well shaped for this purpose, and the dearest wee turtles imnginable he manufactured from raisins, with cloves for feet. If the convalescent is a little girl

she may not take kindly to the knife, but with a little help from her elders paper dolls may be made companionable and the sick bed will be looked back upon as the most fascinating playground of her life.

Veranda Cosies.

The wide veranda that sweeps about a summer home in the mountains shows what can be done with rustic



The newest bicycle belt is made with a little pocket at the side.

have gained a great popularity for street wear and for summer calling gowns.

A full skirt with a perfectly smooth front-gore is an acceptable mode for transparent fabrics.

Sallor collars are variously made with tripple-pointed backs and slash-ed backs, the same idea being carried out in front.

Smart wheelmen are now copying the Parisian fashion of providing a collar of silver bells for the handle bars of their machines.

Conspicuous for the beauty of its design is a hair ornament that blends fine scroll work with light feathery sprays of single small stones.

Numbered with imported novelties is a silver toast rack which can be adjusted to the ordinary coffee cup. It accommodates two slices of toast.

Every plumage that can possibly be utilized for the purpose will appear in bons, which will be made of cut ostrich feathers, of the irridescent breast plumage of the Poland duck, of black rand feathers, and of anything else that any variety of bird may suggest.

It seems to be quite certain that the jardinlere effect in ribbons will be superseded by moire ribbons in plain colors, and by velvet ribbons. Many of these latter will have broad central stripes of one color and inch wide border stripes of strong contrasting shades.

Green will be popular, particularly the moss tones. Gray will be much worn, especially the silver grays. Deep violet will be a great favorite, and marine blues and neutral lilacs will be used, but black and white, separately and combined, will make the strongest appeal for approval.

Fashions in cycling hats follow closely upon the masculine modes. Pure white alpine shapes, made in strongly ribbed canvas and in soft felt, will be the fad par excellence. A white quill and a white galloon band will be the only trimming permitted. It is well to add here that these delicate hats may be kept clean with a free use of French chalk, rubbed well into the felt, all the loose powder being afterward rubbed off.

For some time jet ornaments have been eclipsed by showy crystals, mock rubies, emeralds, topazes, pearls, etc. But they threaten to return in the fall in a series of new devices, taking the form of buckles, brooches, slides, and in numberless ways, declaring themselves quite the most useful and becoming millinery ornamentation. French cut steel, too, will be in high invor, both as buckles and as a setting for mock precious stones.

Chaperonage in Dixle. The American chaperon is, as a cule, a much loved object, and particularly is this so with the Southern woman. Attentions are always showered upon the youths and gallants of the South, and she remains always a desirable addition to any party. All phases of a woman's social life pale into misty insignificance beside the duties of a chaperon at a house party, Nothing short of an inspiration can be relied upon in selecting the guests. One must know all the events of the past that are of importance in the lives of the people concerned, lest several enemies, or two men in love with the same woman, or two women with one man, creep unawares to the party. Then the daily plans, what to do with them, etc. I asked one young wife, who has a lovely home, and is justly famous for her entertaining, how she managed it all so happily. "Well," she said, "the house is large, we have a good library and plenty of hammocks, so I just let them all alone until evening, when I have something of special interest arranged for." This is the ideal life of the English house parties-perfect freedom in a charming homa.

It is a Local Paper-

THE COLUMBIAN, BLOOMSBURG, PA.

B. F. SHARPLESS, Pres.

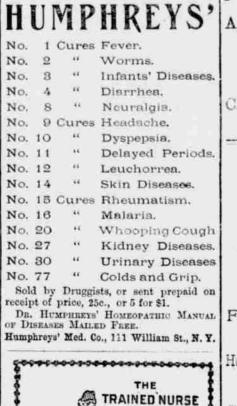
When a pastor wants an announcement he goes to the local paper. When the ladies want a notice of a White plque shirt waists are smart when worn with linen or crash skirts. The old-fashioned slik Irish popling have gained a great popularity for street wear and for summer calling for publicity. When an obituary of some loved one is wanted in print the local paper is called on. Society in general turn to the local paper for a written detail of all its movements. In fact, a thousand other things are expected of the local paper, and yet we find many citizens so selfish that they will hesitate and often refuse to spend a small mite to support it, or give their job work in return for the many free notices they receive during a year's time.

Secretary of the Navy, Herbert, on his return from Europe, said that in his visit to the foreign gun and steel works he had seen nothing to excel American manufacture, and he was convinced that the vessels of the American navy were second to none in the world.

Biliousness Is caused by torpid liver, which prevents dige

tion and permits food to ferment and putrify in the stomach. Then follow dizziness, headache

Hoods if not relieved, billous fever or blood poisoning. Hood's Pills stimulate the stomach, use the liver, cure headache, dizziness, pation, etc. 25 cents. Sold by all drug stipation, etc. 25 cents. Sold by all druggists. The only Pills to take with Hood's Sarsaparilla.



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There is more than one food which will cause the body to increase in weight. A free supply of sugar will do this; so will the starchy foods; cream, and some other fats. But to become fleshy, and yet remain in poor health, is not what you want. Cod-liver oil increases the weight because it is a fat-producing food. But it does far more than this. It alters, or changes, the processes of nutrition, restoring the normal functions of the various organs and tissues.



of Cod-liver Oil with hypophosphites, is pure cod liver in a digested condition. So that when a person gains in weight from taking Scott's Emulsion, it is because of two things: First, the oil has acted as a fat-producing food; and, second, it has restored to the body a healthy condition. Such an improvement is permanent; it comes to stay. so cts. and \$r a bottle.

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C. H. CAMPBELL, TREAS

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N. U. FUNK, Sec.

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Plotted property is in the coming business centre of the town. It includes also part of the factory district, and has no qual in desirability for residence purposes.

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Butter per 1b \$,20
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Flam per pound.	.13
Pork, whole, per pound	.06
Beef, quarter, per pound	.07
Wheat per bushel	.80
	32
Rye Wheat flour per bbl	.50
Hay per ton	400
Potatoes per bushel,	
Turning if if	.30
Onions " "	.25
Sweet potatoes per peck	.20
Tailow per lb	-41
Shoulder " "	4.10
Side meat " "	.10
Vinegar, per qt	.07
Dried apples per lb	.05
Dried cherries, pitted	.10
Raspberries	.12
Cow Hides per lb	-31
Steer " " "	.05
Calf Skin	.80
Sheep pelts	.75
Shelled corn per bus	.50
Corn meal, cwt	2.00
Dially	.90
C100	-90
Middlings "	-90
Chickens per lb new	.10
" " " old	09
Turkeya	.12
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1746K3 **********	.08
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No. 6, delivered..... 2.60 4 and 5 " 3.85 " 6 at yard 2.35 " 4 and 5 at yard 3.60

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All the furniture, ing the table, is made of wood with the bark left on. The floor is painted green. A tree growing against the corner has had its branches bent and trained to stretch close against the posts on either side, thus forming a natural screen of living green. Here the cages of several pet birds are hung, to whom come as visitors the wild denizens of the forest, the birds eager for the seeds which are scattered on the rims of the trays, and even bright-eyed squirrels condescending to make a call for the sake of the nuts which are placed purposely in their way.

A Remedy for Red Hands.

Red hands are often benefited by being washed in oatmeal water-that is, take some fine oatmeal, boil it in water for about an hour, strain, then night and morning use the liquid to wash in; it, however, requires to be made fresh every day, as it so soon turns sour, and smells very disagree-For exceptionally red and harsh able. hands, a few grains of chloride of lime may be safely added to the soft warm water you wash them in, but remember to remove your rings, or they will be tarnished.

For Pillow Cushions.

Japanese crepe is an admirable and inexpensive material for covering pillows. In dark blue, with large white conventional flowers wandering over it, it is most effective. Both chintz and cretonne make pretty pillows, and the pillows covered with plain ging-ham are among the favorites of the season. Saila-covered pillows are still in use. They are made very beautiful as well as coatly by being appliqued with lace designs.

In Canning Time.

At canning time the filling of jars may be greatly expediated by the use of a grocer's funnel, and a small milk dipper is the best thing for ladling out the hot fruit or syrup. Never use a rubher the second season if possible to procure new ones. When old ones must be employed, drop them to seak a few minutes in boiling water previous to using. Set the jars as s contents are cold in a cool and dark place

Green Corn, Maryland Style. Take dia cars of steamed groen corn, when cool snough to handle, and cut off the kernels. Cut one-quarter of a potend of fat bacon in little strips, then in very small dice, and fry them erisp. Take them out of the fat and add the

corn to the hot fat, toss it about a few drivets, and will and cayenne, and turn out on a h a dish, strew the blue of bacon over the top and serve.

Cleaning Woolen Garments.

It often happens that woollen things, when wanted in a hurry ,are found to be soiled. It may be a shawl, blouse, or tennis flannels. What is to be done? Get one pound of fresh bran and put it in the oven on a large flat dish, to get as hot as can be. Spread the article on a bare table. Get some one to hold it firm, then empty half the bran on the soiled parts, and with a stiff, clean brush, and the tips of your fingers, rub it in as quickly as you can while the heat remains. Then shake the article, and if not quite clean give it another dressing with fresh bran.

Chicken Hash or Toust. Boil a chicken the day before, and with the broth prepare chicken soup. Next day cut the chicken into very small pieces. Cut into small dice two raw polatoes; put these into a frying pan with enough of the chicken broth to prevent burning. After ten min-utes' cooking add the cut up chicken and a chopped pepper, and if too dry moisten with more of the broth left from the day before. Season with salt and pepper, amaignmate the ingredi-ents well together, torn out on thin drawal must be given on all in erest-learing allees of crisp teast and serve.

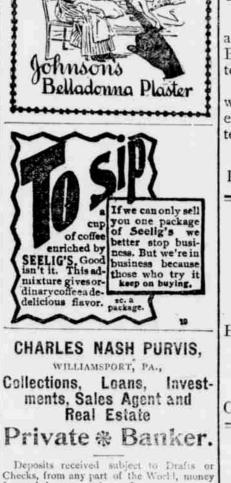
Lettuce and Tomato Salad.

Choose bright, firm tomatoes, peel them and place on ice; select the while inner parts of lettuce; wipe each leaf, fold in a wet napkin and place on ice. When time to serve arrange lettuce in groups of two or three leaves each ic parages, Allays Pain groups of two or three leaves each to and Inflammation, form cups; into each cup formed by form cups; into each cup formed by the leaves put one heaping teaspoonful fits described for the formed by Heals the Sores, Protects the Memof the dressing. Then cut the tomatoes in halves and press the flat side of one half into each spoonful of dressing, so that the latter curls up over the edges of the tomato.

Wrinkled Gloves.

Women who care to preserve the whiteness and beauty of their arms and hands always wear loose gioves. Ellen Terry has a large hand, almost masculine in the strength of its lines. though the fingers are well tapered, but also never seeks to disguise its proportions by compression in any direc-

tion, the state of 1.5



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