

Your Health

THE FIRST CONCERN.



High lights in the weekly bulletin of May 30 from the State Health Department are:

One of the boys, Mike Basarab, aged 17, in the State Sanitorium at Cresson, won a prize of twenty dollars offered by a Pennsylvania newspaper for the best letter, setting forth the outstanding issues in the approaching presidential campaign.

Now that a satisfactory definition has been approved by the Secretary of Health for pasteurized A milk, the Bureau of Milk Control has turned its attention to the establishment of a like definition for "Grade A Raw Milk."

Influenza went right to the front in the March mortality statistics. A total of 735 lives were taken by this disease, which was greater than February and January combined.

The sanitary survey is emphasizing a program known as "Common Sense Sanitation" for rural communities. Among the important phases of the program is the very earnest solicitation concerning the common house fly.

Having determined by tests that farming on the mountain top at the site of the Cresson Sanitorium is impractical it has been decided to plant groves of evergreen which will, in a few years, make this one of the most beautiful sights along the highway.

The revelation recently made, that 5 per cent of all the high school students tested at a prominent Pennsylvania High School, were actively tubercular, and that 37 per cent responded positively to a tuberculin test, is food for thought for all health workers, school executives and parents in the Commonwealth.

At the time this announcement was made, it was the cause of grave concern. The most recent information on the subject showing the tendency of our supposedly best group of youth from a health standpoint, to have tuberculosis, adds to the gravity of the situation.

For those who did not show active tuberculosis, but only the presence of the disease in quiescent

HIGH RATING IS ENTRANCE NEED

Applicants for admission to the State Teachers Colleges of Pennsylvania who cannot show ranking in the upper half of their high school classes are to be admitted on probation if they can present further evidence of fitness.

Interpretations of new admission standards have been made by the board of presidents of the State Teachers Colleges and were announced by the chairman, Dr. James N. Rue, State Superintendent of Public Instruction.

Four general standards have been set up for admission to the teachers colleges; general scholarship, character and personality, health and physical vigor, and personal interview with faculty members at the colleges or places designated by the presidents of the respective colleges.

Dr. Rue says the new admission requirements will create a selective process by which it is hoped enrollments in the colleges will not only be limited, but that "they will bring to the teaching service those young men and women in the high schools best qualified to prepare themselves for teaching."

Applicants who rank in the upper half of their graduating class in high school will be admitted on certificate without further evidence of general scholarship. Those who do not rank in the upper half may be admitted on probation, provided they are recommended by their high school principal as being able to do creditable college work.

The second entrance requirement to be met by all successful applicants calls for "integrity and appropriate personality as shown by an estimate by secondary school officials of the candidate's trustworthiness, initiative, industry, social adaptability, personal appearance and sympathy."

Successful applicants also must have "health, physical vigor, emotional stability, absence of physical defects that would interfere with the successful performance of the duties of a teacher, and absence of predisposition toward ill health as determined by a medical examination at the college."

The fourth of the series of new entrance requirements calls for a personal interview with an examining committee of the colleges with "particular attention to personality, speech habits, social presence, expressed interests of the applicant and promise of professional development."

BONES OF PRISONERS FOUND IN OLD DUNGEON AT DOVER

An ancient dungeon in which prisoners of early Delaware were incarcerated, and in which many were left to die, has been unearthed under the old Kent county building on Dover Green.

Between moldering brick walls broken only by small slits to admit air, but constructed in such a manner to exclude light, workmen discovered a number of skeletons.

It is believed they are the bones of prisoners of the early Governors of Delaware—men who were "forgotten" after the cell doors clanged behind them.

SENSITIVE

A passenger on a tramcar noticed that the conductor was behaving strangely. At each stop he ran to the front of the car and dangled a piece of string in front of the driver, who swore roundly. Finally the passenger asked: "What's the idea of this little game you're playing with the driver?"

form, care will be taken to avoid excessive athletic and other activity, nutrition and rest will be adequately supervised, and danger may be avoided.

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FARM NOTES

Weeding out low-producing cows, always a desirable practice, is especially important now. Such cows destroy profits made by good cows.

Weed and bush growth that over-tops and shades seedling pines and spruces should be cut or cleaned away from the trees during the late June or early July.

Manure on pasture will often give as great return as anywhere. Late spring and summer manure must be moved away from the barn and often there is no crop land available on which to put it.

Replant missing hills of sweet corn, lima beans, cucumbers, melons and squash early in order to have all the crop mature at the same time.

Careless handling of strawberries at picking time and hauling to market always decreases the price several cents a quart.

Separate the young cockerels and pullets as soon as their sex can be determined.

Orchard cover crops should be sown immediately. Legumes are considered best in most cases. Where legumes cannot be grown to advantage, millet, sudan grass, oats, and rye are better than no cover crop at all.

Thin vegetable plants as soon as they show signs of being crowded and give the remaining plants a chance to mature.

The bark slips easily in June and July. To save time, fell the trees, trim and peel them, and allow them to season in the "cu."

Plant supplementary crops to help carry the dairy cows through the short pasture season, which is almost inevitable during late summer and early fall.

Tomorrow's dairymen depends on today's calves. Raise calves from the very best cows and from a sire whose ancestry is known to be good.

Lime is much more efficient if well spread and thoroughly mixed with the soil. Burned lime should be carefully slaked and then spread

REAL ESTATE TRANSFERS.

Thomas Charlton to Gustave J. Turick, et ux, tract in Rush Twp.; \$150.

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Andy Swabick to William D. Gordon, Sec'y., tract in Snow Shoe Twp.; \$1.

F. Steels Heverly, et ux, to Harriet Poorman, tract in Spring Twp.; \$40.

Ida M. Groe, et al, to Kathleen Hancock, tract in Snow Shoe; \$1.

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