

Your Health

THE FIRST CONCERN.



MAY DAY HEALTH ADVICE

Every town and community in Pennsylvania could easily plan to have its children who will enter school next autumn, given physical examinations during the "May Day Health Day Observance," according to Dr. Mary Ruggs Noble, State chairman of this celebration, the chief of the pre-school division, State Department of Health.

This action would result in the discovery of all defects which should be corrected during the months that elapse before school opening next fall, thus forestalling possible loss of time from illness after school has opened. Missing school because of sickness is an expensive practice, and interferes with progress in preparation for passing the grades.

Scores of towns should plan to immunize every baby against diphtheria who has reached its sixth month. If there are other children in the community under school age who have not yet been protected, this is the time to attend to it, while attention is centered on health.

In addition to this, every baby upon reaching its first birthday, should be vaccinated against smallpox. Consult the dental hygienist in your public schools, because she always has fine plans for May Day, and will be interested in the pre-school child as well," advises Dr. Noble.

Counties, district and group chairmen throughout the Commonwealth, will give local direction to the State wide program for the celebration.

The daily milk consumption at the three tuberculosis sanatoria of the State Department of Health, at the present time totals about 4500 quarts.

PENN STATE GIRL LAUREL TIME QUEEN

Governor Pinchot has announced the appointment of Miss Barbara Vincent, to be Queen of "Laurel Blossom Time" in the Pocono Mountains. Miss Vincent, the daughter of Lewis Vincent, of Beaver, and a junior in the School of Liberal Arts at Pennsylvania State College, is to be the leading figure in the annual celebration of Laurel Blossom Time in Pennsylvania's famous mountain resort in Monroe county beginning June 17 and continuing until June 26.

A brilliant program has been arranged for the celebration with a climax on Friday evening, June 24, when a grand ball will be held at the Wolf Hollow Country club, Delaware Water Gap, in honor of Queen Barbara. On the following day, Saturday afternoon, June 25, at the "Arena in the Clouds" at Mount Pocono, a brilliant coronation pageant will be held in which several hundred persons will participate.

Governor Pinchot selected Miss Vincent to be Queen on account of her high standing in collegiate activities at Penn State. She was graduated from the Rockford High school, Rockford, Ill., in 1929. At Penn State she was manager of the Women's Athletic Association board. She is also a member of the women's track team, and has been prominent in "Players," the dramatic organization of the College.

Her court of honor is now in the process of selection by 13 eastern colleges and her eight pages have been selected from the eight most popular girls in the high schools of Monroe county.

To satisfy complaints of damage caused by beaver, expert trappers of the Game Commission have removed twenty-seven of them from various parts of Union, Snyder, Centre and Potter counties. The trappers now are confining their activities to Jefferson, McKean, Luzerne, Clearfield and Dauphin counties. Beavers so trapped are released in more desirable sections of the State.

The name "silhouette" comes from Etienne de Silhouette, French minister of finance in 1758. He strove by severe economy to remedy the evils of a war which had just terminated, leaving the country in great exhaustion.

Eisteddfod Goes Back to Eleventh Century

The eisteddfod is an annual Welsh national festival, accompanied by competitions in the musical arts most associated with the history of the Welsh people. Music competitions of a similar nature and under the same name are now also held chiefly among people of Welsh origin or descent, in the United States and some of the British dominions.

The Welsh word means literally "sitting" or "session." It was applied of old to the Welsh assemblies of bards, whose meetings, traditionally, go back to the Fifth and Sixth centuries. The eisteddfods of definite record, however, begin much later than that. The earliest actual account of one of these festivals is of the one held in 1170 by Lord Rhys at his castle at Aberfeld.

During the next century the custom seems to have lapsed entirely, but it was revived in the Nineteenth century, and restored to its importance in Welsh life. The eisteddfod is now held every year, in North and South Wales alternately, and is attended by many thousands.

Wilhelmina Stitch expresses "the beauty of words," in the following: "Words are such precious things! They laugh and dance and shout with glee! and some have golden wings; others are quiet and friendly like a tree. There is a word that sings; another croons most tenderly or with high courage rings. Some are arrayed so gorgeously; others wear gentle colors, like a nun; or full of vigor like a noonday sun.

All parts of the moon are bathed in direct sunshine at some time or other, and as each part is thus exposed for nearly two weeks at a time the surface temperatures must get very hot at such times. Astronomers have computed that when the sun is shining the surface lava rises to a temperature of about 216 degrees Fahrenheit, that is, several degrees higher than the temperature of boiling water.

The village of Waterloo in Belgium celebrated for the great battle of June 18, 1815, is naturally full of memorials of that great day, and the visitor may make a visit to Mont St. Jean and the two monuments on the old battlefield, the Lion and the farms of La Haye Sainte and Hougomont.

Why Electric Current Makes Way Along Wire

How does a current of electricity flow along a wire? The answer to this question which has long baffled scientists, has been found after nine years of intensive work by Prof. John McLennan, director of the physics laboratory of the University of Toronto.

An electric current consists of a stream of electrons, particles of electricity so tiny that billions of them could find ample room upon the point of the sharpest needle. When an electron enters a wire it charges into an atom, drives out one of its electrons, and takes the latter's place.

Zulu superstition holds inviolate the secret of the location in Natal of rich deposits of cinnabar, the ore from which mercury is extracted. The earth has a brilliant red color. Ernest King, a well-known prospector, heard a legend that it was once used exclusively by the wives of one of the Zulu kings, to color their hair.

Scientists, who spent several years studying the disappearance of the storms which once graced the Alsace landscape, have decided that they left because of the abundance of food in North Africa. Formerly the African native scratched the soil with a pointed piece of wood. Now they plow deep with steel pointed plows and the birds find plenty to eat.

Rubric is from a Latin word meaning red. Formerly items which it was specifically desired to stress were written or later printed in red ink. The early missals had the commandments, the beatitudes, matins, lauds in red, and in the liturgy the directions for the performance of the service were also red.

Snow is white because the crystals are so minute that each cell of the retina receives a combination of impression produced by the combination of different wave lengths reflected from insubstantial minute facets.

The bushmaster is said to be the most dangerous of South American snakes. Its venom is less deadly than some, but it is able to inject a larger amount of the poison into its victims than other poisonous snakes.

AUTOMOBILES A BOOM TO THE UNDERTAKERS

The motor car has killed 25,150 people in Pennsylvania in the past twenty-six years. The bureau of vital statistics, State Department of Health, made its first record in 1906, when a total of nineteen lives was taken by automobiles during that year.

The following explanation is given of the reasons why electricity flows along a wire: An electric current consists of a stream of electrons, particles of electricity so tiny that billions of them could find ample room upon the point of the sharpest needle.

The abuse of the automobile has resulted in a number of deaths since 1906, that would entirely depopulate cities the size of Butler or Lebanon, and if concentrated in Wayne county would have destroyed every man woman and child in that political subdivision, officials pointed out.

First Chorus Girl—"Did you ever have a pair of garters that would really hold up your stockings?" Second Girl—"No, dearie; but I have a pair that held up traffic for three blocks today."

Germany, Peru, and many other countries hold their national elections on Sunday for reasons of convenience and industrial economy. Having a national election on that day enables the largest number of voters to take part with the least interruption of business.

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Game birds can eat with impunity grain poisoned with strychnine, not because they are immune to the poison but because it does not pass through the walls of the intestine.

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Home Each Week

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