

Your Health

THE FIRST CONCERN.



ANAL TROUBLES

Where a case of simple rectal type of constipation is allowed to exist, sooner or later a diseased condition is produced in the anus.

The forcing of hardened feces through this organ injures the delicate tissues, produces fissures, infections in the crypts resulting in ulcers, or causes a dilation of veins producing hemorrhoids (piles which may become infected and eroded.)

Sometimes the muscles become so tight that it is almost impossible for the feces to pass unless softened or liquefied.

It is appalling how many people are sick for no other or greater cause than ulcerated hemorrhoids, fissures in the anus and cryptitis.

It is a common experience to see the most severe cases of chronic constipation completely cured by removing the diseased condition of the anus.

Almost all of these anal diseases, such as hemorrhoids or piles, infected crypts and fissures, can now be safely and painlessly cured by ambulatory methods which eliminate the necessity of being confined in a hospital or the taking of anesthetics.

Regular and complete evacuation of the bowel is essential to life and health. Many people have fasted for thirty days and lived, but few have gone a similar time without the bowel movement and survived.

Every sufferer from constipation should have a thorough examination in an effort to determine the cause of his trouble before starting to treat himself empirically, and the rectum or last gate should never be neglected in this study.

"Are we undertaking in the preparation of physicians, to produce a brand of professional attainment which we shall not be able to use because of the cost?" asked Dr. Rosco Genung Leland, director of the A. M. A. bureau of medical economics at last month's Congress on Medical Education, Medical Licensure & Hospitals.

That proud introspective body, the American Medical Association frankly calls it "the popular lay revolt against the costs of medical care." How to lay that "revolt" in the A. M. A.'s great current problem, as it is the problem of the committee on the Cost of Medical Care.

The solution must equate the doctor's cost of getting his prolonged education, the cost of supporting himself and family, the cost of nursing, the cost of running hospitals and the patient's income.

The American Nurses Association, for example, is striving to discourage girls from entering their vocation. Last week Dr. May Ayres Burgess of the A. N. A. complained: "Any nurse, to make a reasonable income in her field at the present time, must either be unusually competent, unusually lucky or more skillful in personal competition than are the rank and file."

John Hopkins Hospital's gestures at economy last week was to cut wages of everyone receiving \$500 or more a year. Calculated as part of wages were the cost of full maintenance of employees.

Some hospitals in other cities are attacking the "lay revolt" with fixed fees for all services. The doctor need not decide whether to charge his patient nothing to \$25 for an office visit, nothing to \$10,000 for an operation.

Manhattan's Sydenham Hospital last week announced it would charge: Surgical operations: difficult majors \$100 to \$150; ordinary majors \$75 to \$100; minors \$10 to \$50.

Medical fees: 1st week \$25; 2nd week \$20; 3rd week and after \$15; but not more than \$150 for the entire time in the hospital.

Normal child births: \$50, including one pre-natal examination; instrumental deliveries, including consultation, not more than \$150 on any one case.

Operating room or delivery room and anesthesia: \$15. Nurse: \$3 a 24-hr. day (she attends up to four patients).

Laboratory fees: \$5 to \$10. Basal metabolism or cardiographs: \$5. X-ray: \$5 to \$35.

Parallel to those moderate charges are the fees of 60 years ago, when doctors lacked X-rays, cardiographs basal metabolism machines, laboratories, when three years of study made a boy a physician, when there was no Johns Hopkins University School of Medicine.

In a Doctor of 1870 and 80's, recently published, Dr. William Allen Pusey, 1924-1925 president of the A. M. A., reports that at Elizabethtown, Ky., his father, Dr. Robert Burns Pusey, used to charge: Visits in town and office calls; \$1. Country trips: 1st mile \$1; each subsequent mile 50 cents.

Consultation: \$5 to \$25; usually \$10. Child births: \$10. Operations: Minor \$5 to \$25; major, chiefly amputations, \$25 to \$100.

Dislocations and fractures: \$10 to \$25. Between 1870 and 1886 Father Pusey's income averaged \$5,200 per year. That, estimates Son Pusey, was equivalent to about \$13,000 in the same small town today.

Rather, his bill was usually paid with thanks. He did not make entries on his books of less than \$1 and his accounts were settled on a cash basis. He would take in credit on a bill a calf, a young mule or horse that he could use and, if he wanted something, he would buy it by preference from one of his patients and credit to his account.

The father, according to the son, "was a rather effective business man who looked after his affairs in a quiet way that in the end got results. I surmise that only a few people in the community had a larger income; certainly his father lived as liberally as any other. He was indeed too generous with his expenditures, for like most doctors he did not make sufficient provision for an unproductive old age."

When a marble dealer who sells monuments and tombstones is liable for a mercantile tax under certain conditions, Reist said. By a recent ruling of the Attorney General, he stated, merely polishing, finishing or carving designs or letters or figures on a tombstone is not in the nature of manufacturing.

Marble dealers doing this are liable for a tax on all sales except sales of monuments they make of stones which they actually cut out of a formless piece of rock fresh from the quarry.

Sales of cigars, cigarettes, candy and chewing gum by a restaurant proprietor makes him liable for two licenses, Reist said. He must have an eating house license covering the meals sold and a retail mercantile license for the other articles.

A butcher who buys calves, steers and hogs and dresses them and sells the meat to customers must have a retail mercantile license covering all dressed meat sold even though it was bought alive. Should he sell a live calf or hog to another butcher in his town, he is not liable for a mercantile tax.

When a Belgian or French secret service agent was taken by the Germans, he was, in nine cases out of ten, left to the mercies of the "Blond Lady." Her "interrogation" followed none of the orthodox lines; it was the witchery and fascination nature had given her were employed to the full.

When the Japanese delegation to the London naval conference visited the State department they were so impressed with Eddie they sent a diamond and platinum pin. Japanese Ambassador Debuchi made the presentation himself.

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MERCANTILE TAX AFFECTS VARIOUS BUSINESS PLACES

With mercantile appraisers now in the field many persons engaged in small businesses are unaware of their obligations under the mercantile tax law.

A tourist house that displays in a window the sign—"Lodging—Meals Served"—is liable for an eating house license, Reist said.

Barbers are not required to report to the mercantile appraiser money taken in from hair cutting and shaving and the lotions used by them in that connection.

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PRETTY GERMAN SPY DYING IN MADHOUSE

"Blond Lady of Antwerp" Prisoner in Asylum.

Berlin.—Formerly one of the cleverest and most beautiful spies the world has ever seen, a haggard, wild-eyed woman, whose name is given as Bertha Heinrich, lies in the great asylum for the insane at Wittenau, near Berlin, awaiting her rapidly approaching end.

An entry in the books of the institution indicates that she was a hopeless drug addict, when, more than two years ago, she was first admitted, but behind that simple entry lies the story of one of the most amazing personalities of the war years.

Known as the "Blond Lady of Antwerp," she was one of Germany's most successful spies, and betrayed countless allied secret service men.

Her victims, however, were by no means confined to that field, for one of her duties was the appointment of hundreds of German agents, and these, without being in the least aware of the fact, were in turn spied on by members of a special corps which she had organized.

It has been averred that in this way she was responsible for the shooting of a number of spies in the pay of Germany who were suspected of playing their paymasters false.

At the height of her power she was a tall, slim, graceful creature, possessing an irresistible allure. In a pale oval face of delicate mold were set two big blue eyes, luminous and appealing.

Little more than a girl when she first entered Germany's spy service, she soon revealed such brilliant qualities that it was not long before she was left with a free hand.

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OIL TURNS \$500 TO MILLION FOR GIRLS

"Worthless" Land Left by Father Brings Fortune.

San Francisco.—Old Dame Fortune has her sentimental moments. She bestowed a \$500,000 dowry on a bride of less than two months, it has developed here—and just to keep things even, poured another half million into the lap of a married sister.

The two lucky women are Mrs. Louise W. Dessauer, who became the wife of a local stock broker recently, and Mrs. Cora Nathan Michaels, both of this city.

Ten years ago upon the death of their father, Louis D. Nathan, a promoter, they inherited an estate considered virtually worthless.

The estimate was made in the court of Superior Judge Thomas F. Graham when W. D. Kelley, trust officer for the Wells Fargo Bank and Union Trust company, presented an accounting of the Nathan estate.

The property is located in the Kettleman Hills oil district, a development barely dreamed of in Nathan's day.

Kelley told the court a half interest in the 160 acres was recently leased to a large oil company for \$8,000,000, and should bring the two sisters royalty rights approximating \$1,000,000.

Mrs. Dessauer, in their summer home at Belvidere following the honeymoon, laughingly intimated that the "wedding present" was highly appreciated.

Doorkeeper Witness to 50 Years U. S. History

Washington.—Eye-witness to a half century of diplomatic history is Edward Augustine Savoy, famed colored messenger of the State department, who has just completed 50 years of service as diplomatic doorkeeper for secretaries of state from Hamilton Fish to Edward Stimson.

Next month Eddie will be obliged officially, to leave his job. But Secretary Stimson, who last year got the civil service commission to grant Eddie a 12-month extension, has promised him he can stay around the State department "as long as I have anything to do with it."

Eddie knows all the diplomats at Washington; and they all like him. When Sir Esme Howard, former British ambassador, retired last year he sent Eddie an autographed photograph of himself in full diplomatic dress.

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