

Your Health

THE FIRST CONCERN.



MIRACLES OF HEALING

In our country more than 100,000 people every year are hit by lobar pneumonia, Type I. Their doctors try to be very cheerful at their bedside. Their families are told to be brave and wait. For the doctor watching faces darkly feverish and turning a sinister tinge of blue it has been a largely helpless, grimly mathematical waiting for the crisis.

Such was Type I lobar pneumonia when Russell Cecil began his experiment with human beings in 1924. To Bellevue hospital, New York City, came the usual forlorn folk with racking coughs bringing up ominous rusty sputum teeming with lance-shaped pneumonia microbes. Were they Type I, or II or III? Healthy, beady-eyed white mice sickening, then dying to give the answer. Type I? Yes; all right, another patient for Cecil's experiment.

Each Type I case was given a number. To all even-numbered ones Cecil and his coworker, Plummer, gave the new Felton pneumonia serum. In the laboratory this remarkable new serum had saved mice from billions of fatal pneumococci. Type I. All odd-numbered folk, no matter how sick, were left without this serum, with out any serum. A grim business.

The point was that from year to year pneumonia has ups and downs of deadliness. There had been the remarkable mouse-saving Type I pneumonia serum discovered by the German Neufeld, popularized in this country by a famous doctor, who'd given great shots of this horse serum to all his Type I patients in a certain year. That year many less had seemed to die than in the old pre-serum days. Great hopes, and then disappointment when searchers gave this serum to alternate threatened ones, found the death rates of the odds and evens no different.

So Cecil treated his folks, in laboratory records, as numbers. In 1925 he got those numbers together. It is remarkable. Out of hundreds of untreated odd-numbered ones, 26.8 percent had died. Of those even-numbered and getting Felton serum, only 11.7 percent had passed away. Thus for folks getting to hospital within three days of the onset of their pneumonia.

The Felton serum is easy to give, even in homes, by doctors alert up-to-date enough to make quick diagnosis. And now brilliant young Doctor Sabin has invented a short-cut way of telling pneumonia type within 24 hours. No excuse now for not getting Felton serum early.

A short while ago a young Bellevue hospital doctor came down terribly sick with lobar pneumonia, diagnosed Type I that day, and while his parents in Texas were being wired to come, got his shots of Felton serum. The very next day—six days ahead of Nature—the crisis was reached, and when his parents got to New York he was well.

Used in time, no specific in all medicine is more striking. Today in our country there are more than 30,000 people dying every year from lobar pneumonia, Type I. Last year of the 100,000 threatened with death from it, less than three percent had serum. Figure for yourself the lives saved if doctors can only get Felton serum into folks' veins on time.

ALBUMINURIA

By Dr. Morris Fishbein
The term "albuminuria" does not describe a disease but a symptom. Whenever the kidneys fail to function properly so far as relates to the elimination of protein substances, some protein passes out of the blood through the kidneys and the excreted fluids. Under normal conditions protein does not appear, only water, salts and various other waste products being found in the fluid. There are, of course, conditions in which the body tissues in the urinary tract itself are damaged and the by-products of these tissues which might appear in the fluid are also responsible for the appearance of "albumin."

In some cases exceedingly hard muscular work, exposure to severe cold, or overeating of meats may temporarily result in the appearance of some albumin, but these conditions are rare and not permanent. The presence of albumin is detected by a simple chemical test. The simplest test is to allow the fluid to come into contact with concentrated nitric acid. Under these circumstances a white ring forms between the fluid and the acid. In case any albumin is present. There are occasions, particularly in cold weather, when the excreted fluids seem cloudy, under which circumstances the suspicion may arise that albumin is present. In such cases the warming of the fluid or the addition of a little acetic acid will cause the development of a clear appearance. This clearness does not occur if the cloudiness is due to the presence of albumin.

The presence of albumin in the urine, or so-called albuminuria, is usually due to an inflammation of the kidney. This inflammation of the kidneys is called nephritis. It may be present in an acute form, due to the action of some poison or through by-products of fever or to the toxins of bacteria. It may also be present due to a gradual breaking

JAZZ IS SCOTCH SNAP SAYS NOTED COMPOSER.

The most famous of all ragtime songs isn't ragtime at all. Geoffrey O'Hara, composer of "K-K-K-Katy" and "Give a Man a Horse He Can Ride," said yesterday at the Bellevue-Stratford after he had addressed the Rotary Club at luncheon, on "Putting the Muse into Music." "Alexander's Ragtime Band," traditionally is regarded as the cornerstone of the modern ragtime melodies. But Mr. O. Hara declared that instead of being ragtime it's schottische time, and that what is mistaken in it for syncopation really is "the Scotch snap."

And Irving Berlin, the king of ragtime, seldom uses more than a mere dash of syncopation, for flavor, asserted Mr. O'Hara.

As to plagiarism in music, there is ground for complaint, he holds, when classic masterpieces of music are "jazzed up" into poor travesties of themselves. But he insisted that a composer has a perfect right to use a theme that has been used before—that innumerable themes "have been used since the beginning of time."

"It isn't so much the tune as what you do with it," he said. Liszt took his theme from Hungarian Gypsy music. Chopin from Polish melodies, Weber from German folk songs.

With utmost frankness he told the Rotarians his own case in point. In his college days he rejoiced in Blanche Ring's singing of "Yip! I Adee! I Aye! I Aye!" He said to himself that some day he was going to use that theme. Years passed. He wrote "Give a Man a Horse He Can Ride!" It achieved world-wide fame.

Sitting down at the piano Mr. O'Hara sang that song of his own and asked his hearers to note how it grew out of the theme Blanche Ring set ringing round the world.

His "K-K-K-Katy" sold 1,750,000, said Mr. O'Hara, twice as many copies as were sold of "The Lost Chord" up to the time its copyright ran out. Great as was that sale, it was by no means a record—some popular songs have gone beyond the 2,000,000 mark.

But that's far less likely today, regretfully remarked the composer. First came the phonograph to cut down the sale of scores. And nowadays it's the radio.

And besides, he said, this is an age of quantity production of popular songs, with new ones crowding so fast on the heels of their predecessors that there is little chance for one's songs to set all America singing, thrumming, whistling, humming or howling the same ditty, as in the days of "After the Ball."

TOURISTS TO SEE STAZE FROM FOREST TOWERS

An invitation to Keystone State tourists to visit the fire observation towers scattered throughout Pennsylvania was extended recently by Secretary Lewis E. Staley, of the Department of Forests and Waters.

One hundred and twenty forest fire towers, comprising the most extensive fire tower system maintained by any State, now watch over Penn's Woods, Secretary Staley announced. These towers offer exceptional opportunities for a u s u a l scenic views of the mountains and forests in 47 counties of the Commonwealth. Thirty-three of them are located in the State Forests and 87 are on private lands.

Panoramic views covering several hundred thousand acres are frequent, and in many cases these towers provide the only vantage points for the surrounding country. All towers are equipped with short series of steps, platforms and guard rails, that make climbing easy and safe.

Enclosed cabins at the top of the towers contain circular maps and range finders used to locate forest fires during fire seasons, when observers are continually on duty. Telephone lines connect the towers with foresters, rangers and fire wardens. In addition to the value of the towers in forest protection, they are beacons of service to the public. The thrill of ascending fire towers is attracting 100,000 visitors annually.

In Tioga county are the Baldwin Run, elevation 2,334 feet; Goodall, 2,300 feet; Lee, 2,500 feet; Maple Hill, 2,085 feet; and Rarick, 2,287 feet.

Cherry Springs tower, elevation 2,499 feet, on the turnpike in Potter county, is widely known.

A newly married woman was shopping, and was determined that the grocer should not take advantage of her youth and inexperience. "Don't you think these eggs are very small?" she said very critically. "I do," answered the grocer, "but that's the kind the farmers send me. They are fresh from the country this morning."

"Yes," said the shopper that's the trouble with those farmers. They're so anxious to get their eggs sold that they take them off the nest too soon."

down of the kidney, in which case it is called chronic nephritis or, as is commonly known, Bright's disease. The disease was named for Bright, an English physician, who first classified it and described its symptoms.

In the case of acute inflammation of the kidney, the control of the fever, the stopping of the drugs, the elimination of the poisons of the bacteria that cause the irritation will bring about healing, provided too much damage has not already been done to the kidney. If, however, the damage has been too great, if the kidney has lost its functions, thereafter the person suffers from chronic kidney disease. Under such circumstances, great care is necessary in the diet, in exercise, in the control of life generally in order to prevent further damage and in order not to overtax the weakened tissues.

REINDEER HERDS CAUSE TROUBLE IN ALASKA.

Uncle Sam is in the reindeer business in a big way and has had to take measures accordingly. Nobody quite knows how many of these useful creatures, imported originally from Lapland, roam the tundras of Alaska, but the number runs now well into the millions—all derived from a few hundred reindeer that the Government established in its great Arctic outpost as a kind of reserve food supply for the natives.

The reindeer business has grown so big, in fact, that Secretary Wilbur, of the department of the Interior, the department that runs Alaska, has directed that a "reindeer council" of five members be installed to regulate and supervise generally the great herds; oversee slaughtering and take charge of the marketing.

The Secretary based his action on a report made by the "Reindeer Committee" that spent five months in Alaska investigating conditions in the reindeer industry. One of the members was former United States Senator John B. Kendrick, of Wyoming, an old-time cattleman, with the experience that goes back to the old trail days; Representative Scott Leavitt, of Montana, for years a forest ranger in the Government service; and Charles P. Sisson, Assistant Attorney General.

After checking up on the reindeer and general conditions this committee advised that it would be a good thing for the Government to set up a Control Committee, consisting of the Governor of Alaska, the chief of the Alaska division of the Bureau of Indian Affairs, the superintendent of reindeer in Alaska, a member to be chosen by and from the Eskimo reindeer owners and a representative of the Lomen interests, which own the largest individual herds in the Territory.

Alaska has turned back the clock of history, the investigating committee found. Conditions having to do with the reindeer there are not unlike the conditions that existed in Texas following the Civil War, when there was great confusion in the cattle industry.

The native Eskimos have been careless in marking or branding their animals, and many of these thousands, possibly—have been picked up as "mavericks," branded and claimed by white men possessing herds. This has made trouble just as a similar state of affairs caused gun play in Texas in the old days. They rustle reindeer now instead of longhorns.

Also, a big market for reindeer meat has been developed. The meat is sent to this city and to New York, among many other places, and is already becoming a familiar item of the bill of fare. One of the jobs of the Reindeer Council will be to see that the natives receive a fair price for the reindeer they supply to the shippers, and they probably will fix a price the Eskimo owners can accept or reject. The whole program of supervision will be administered in five districts with a superintendent responsible to the council in authority in each district, a superintendent who actually will administer the range.

It is probable that a great reindeer roundup will be held throughout the Seward Peninsula at an early date. Its purpose will be to collect the thousands of unbranded mavericks and fix ownership and award them to their proper owners. That's a job that is going to start for a lot of diplomacy or somebody may start a reindeer war in Alaska, precisely as aggrivated cattlemen used to start a cattle war back in the '70s and '80s.

NOTED WEATHER MAN SAYS ST. SWITHIN IS A FAKE.

Wednesday, July 15th, was St. Swithin's day, the one on which Mary is supposed to have gone over the mountain. There is a tradition that if it rains on that day there will be rain for forty days thereafter.

According to the records of the United States Weather Bureau the St. Swithin proverb is "all wet," since there is nothing recorded that would indicate that that day has anything to do with old J. J. P. Eluvius and his rain making machine.

George S. Bliss, in charge of the observatory in Philadelphia, says that the following little poem is the "bunk":
St. Swithin's Day, if thou dost rain,
For forty days it will remain;
St. Swithin's Day, if thou be fair,
For forty days 'twill rain no more."
Now, that, said Bliss, is "all wet," and his daily precipitation record from 1825 to 1929, a period of 104 years, bears him out.

"During that period," said Mr. Bliss in his office in the Federal building, "it rained on St. Swithin's Day, July 15, only forty-four times. On eighteen days of the forty-four, it did not rain the following day, and only four days straight, including St. Swithin's day."

Mr. Bliss pointed out that no period in the United States has ever recorded a rainfall of forty successive days.
"During July, 1919, it rained on St. Swithin's day and daily thereafter to July 25, inclusive, nine successive days. But, don't forget," he added, "it had rained four days prior to St. Swithin's day."

Even in the tropics, during the heaviest rainy season, it does not rain for forty days straight. There is always a let-up, Mr. Bliss said. However, there is one place in the world where it might do that, he added.
"The rainiest spot is Cherra Punji, India, about 300 miles northeast of Calcutta," he said. "The season of rain begins in May and continues until August, with an average rainfall of 100 inches for the season."

The Panama Canal Zone also has a heavy rainy season, beginning in May and continuing until the end of the year. November, the rainiest month, records an average fall of 20.7 inches.



Mary Brown Gets A Permanent

Mary is a charming girl from a farm that is not yet electrified. But does that keep her from looking her best? Not in this day and age.

Mary is getting a permanent. And dozens of times today electricity will be of service to her . . . drying her hair, running the fans, heating the irons.

This invaluable service, available in all progressive communities at all times is just one of the many ways electricity comes to you cheaply, certainly, because dozens of electric generators in many stations are interconnected.

You can depend upon an interconnected system and the experienced men behind it.

WEST PENN POWER CO.

WEEPING WILLOW ANCESTRY

A twig placed in a box of figs which was sent by a traveler in Syria to Alexander Pope, English poet, is said by nursery men to have been the ancestor of all the weeping willows in this country today, reports Better Homes and Gardens.

The twig, from one of the weeping willows beside the river of Babylon, was planted by the Thames and became a tree. During the Revolutionary war, a British officer brought with him a slip from this tree, which he gave to John Curtis of Virginia. Curtis planted it, and the tree which grew from it still stands on the Curtis estate and is said to be the first weeping willow in the United States.

HUNTING LICENSE RULE

All hunting licenses which were issued after May 1, 1930, will be in force until August 31, 1931, which marks the termination of the new hunting license period. After August 31, 1931, all licenses will be issued for the year beginning September 1 and ending August 31 of the following year.

POLITICAL ANNOUNCEMENTS. DEMOCRATS

FOR SHERIFF
We are authorized to announce that Elmer Brown, of Bellefonte borough, will be a candidate for the nomination of the Democratic ticket for the office of Sheriff of Centre county, subject to the decision of the voters as expressed at the primaries to be held on Tuesday, September 15, 1931.

I hereby announce myself a candidate for the nomination of Sheriff of Centre County, subject to the decision of the Democratic voters at the primary election on September 15, 1931.
SINIE H. HOE

FOR SHERIFF
We are authorized to announce that John B. Boob, of Millheim borough, is a candidate for nomination for Sheriff of Centre County on the Democratic ticket, subject to the decision of the voters of the party as expressed at the Primaries to be held Tuesday, September 15, 1931.

COUNTY TREASURER
I hereby announce myself a candidate for the nomination of Treasurer of Centre County, subject to the decision of the voters at the primary election, to be held September 15, 1931.
ROBERT F. HUNTER

PROTHONOTARY
We are authorized to announce that S. Claude Herr, of Bellefonte, Penna., is a candidate for nomination for Prothonotary of Centre County, on the Democratic ticket, subject to the decision of the voters of the party as expressed at the Primaries to be held on Tuesday, September 15, 1931.

FOR RECORDER
We are authorized to announce that D. A. McDowell, of Spring township, is a candidate for nomination for Recorder of Centre county, subject to the decision of the voters of the party, as expressed at the Primaries to be held on Tuesday, September 15, 1931.

COUNTY COMMISSIONER
We are authorized to announce that J. D. Musser, of Spring Mills is a candidate for nomination for the office of County Commissioner, subject to the decision of the voters of the Democratic party as expressed at the Primaries to be held Tuesday, September 15, 1931.

We are authorized to announce that J. Victor Brungart, of Miles township, is a candidate for nomination for the office of Commissioner of Centre County, subject to the decision of the voters of the party as

expressed at the Primaries to be held on Tuesday, September 15, 1931.

We are authorized to announce that O. S. Womer, of Rush township, is a candidate for nomination for the office of County Commissioner, subject to the decision of the voters of the Democratic party as expressed at the primaries to be held on Tuesday, September 15, 1931.

COUNTY AUDITOR
We are authorized to announce that A. B. Williams, of Port Matilda, Pa., is a candidate for nomination for the office of Auditor of Centre County, on the Democratic ticket, subject to the decision of the voters of the party as expressed at the Primaries to be held Tuesday, September 15, 1931.

REPUBLICAN FOR SHERIFF
We are authorized to announce that Li Frank Mayer, of College township, is a candidate for nomination for the office of Sheriff of Centre County, on the Republican ticket, subject to the decision of the voters of the party as expressed at the primary election to be held September 15, 1931.

I hereby announce that I am a candidate for nomination for Sheriff of Centre County on the Republican ticket, subject to the decision of the voters of the party as expressed at the Primaries to be held on Tuesday, September 15, 1931.
MR. R. LAFOREAUX
Phillipsburg, Pa.

COUNTY TREASURER
We are authorized to announce that O. G. Morgan, of Bellefonte borough, will be a candidate for nomination on the Republican ticket for the office of Treasurer of Centre County, subject to the decision of the voters as expressed at the primaries to be held on Tuesday, September 15, 1931.

I hereby announce my candidacy for nomination for the office of Treasurer of Centre County on the Republican ticket, subject to the decision of the voters of the party as expressed at the Primary to be held on Tuesday, September 15, 1931.
C. C. SEWEE, Bellefonte Pa.

We are authorized to announce that Philip E. Womelsdorf, of Phillipsburg, is a candidate for nomination on the Republican ticket for the office of Treasurer of Centre County, subject to the decision of the voters of the party as recorded at the primaries to be held Tuesday, September 15, 1931.

I hereby announce that I am a candidate for nomination on the Republican ticket for the office of Treasurer of Centre County, subject to the decision of the voters of the party as expressed at the Primaries to be held on Tuesday, September 15, 1931.
ERNEST E. DEME, Phillipsburg, Pa.

AUDITOR
We are authorized to announce that R. D. Musser, of Spring Mills is a candidate for nomination for the office of Auditor of Centre County, subject to the decision of the voters of the Republican party, as expressed at the primaries to be held on Tuesday, Sept. 15, 1931.

We are authorized to announce that David A. Holter, of Howard borough is a candidate for nomination for the office of Auditor of Centre County, subject to the decision of the voters of the Republican party, as expressed at the primaries to be held on Tuesday, Sept. 15, 1931.

Fire Insurance
Does yours represent the value of your property five years ago or today? We shall be glad to help you make sure that your protection is adequate to your risks.

If a check up on your property values indicates that you are only partially insured—let us bring your protection up to date.
Hugh M. Quigley
Temple Court, Bellefonte, Pa.
ALL FORMS OF Dependable Insurance
76-74.

ATTORNEYS-AT-LAW

S. KLINE WOODRING.—Attorney Law, Bellefonte, Pa. Practices all courts. Office, room 18 Crider Exchange.

J. KENNEDY JOHNSTON.—Attorney Law, Bellefonte, Pa. Prompt attention given all legal business entrusted to his care. Offices—No. 57 East High street.

J. M. KEICHLINE.—Attorney at Law and Justice of the Peace. Professional business will receive prompt attention. Offices on second floor of Temple Court.

W. G. RUNKLE.—Attorney at Law Consultation in English and German. Office in Crider's Exchange, Bellefonte, Pa.

SPECIALISTS

D. R. L. CAPERS. OSTEOPATH. Bellefonte Crider's Ex. 66-11 State College Holmes Bldg

C. D. CASEBEER. Optometrist.—Registered and licensed by the State. Eyes examined, glasses fitted. Satisfaction guaranteed. Frames replaced and lenses matched. Casebeer Bldg High St., Bellefonte, Pa. 71-22

E. VA. B. ROAN, Optometrist, Licensed by the State Board. State College every day except Saturday. Bellefonte, in the Garbrick building opposite the Court House, Wednesday afternoon from 2 to 5 p. m. and Saturdays 9 a. m. to 4:00 p. m. Bell Phone 69

FIRE INSURANCE

At a Reduced Rate, 20%
73-36 J. M. KEICHLINE, Agen

CHICHESTER'S PILL

THE DIAMOND BRAND
Largest and Best
Chichester's Diamond Brand
Pills, made with Blue Ribbon
Bottle, sealed with Blue Ribbon
Corks. Take one or two
Pills, before each meal. For
Constipation, Headache, Biliousness,
Nausea, Indigestion, etc.
Always take
SOLD BY DRUGGISTS EVERYWHERE

FEEDS

We have taken on the line of Purina Feeds
We also carry the line of Wayne Feeds

Table listing various feed products and prices per 100 lbs. including Wagner's 32% Dairy Feed, Wagner's 20% Dairy Feed, Wagner's 16% Dairy Feed, Wagner's Egg Meal, Wagner's Egg Mash, Wagner's Scratch Feed, Wagner's Horse Feed, Wagner's Winter Bran, Wagner's Winter Middlings, Wagner's Standard Chop, Wagner's Starting and Growing Mash with Cod Liver Oil, Wagner's Medium Scratch Feed, Wayne Chick Starter, Wayne Chick Grower, Wayne Calf Meal, Oil Meal 34%, Cotton Seed Meal 43%, Alfalfa Meal, Gluten Feed 23%, Hominy Feed, Meat Scraps 45%, Fish Meal, Fine Stock Salt, Round Grit, Oyster Shell, Lime Grit, Skimmed Milk.

Let us grind your Corn and Oat and make up your Dairy Feed, Catton Seed Meal, Oil Meal, Gluten, Alfalfa, Bran, Midds and Molass

We will make delivery on two t orders.
All accounts must be paid in days. Interest charged over it time.

If you want good bread a pastry use Our Best and Gold C flour.

C. Y. Wagner & Co.

BELLEFONTE, PA.
76-13-12.

Caldwell & Son

Bellefonte, Pa.

Plumbing and Heating

Vapor...Steam
By Hot Water
Pipeless Furnaces

Full Line of Pipe and Fittings and Mill Supplies

All Sizes of Terra Cott Pipe and Fittings

ESTIMATES
Cheerfully and Promptly Furnish
69-18-12.