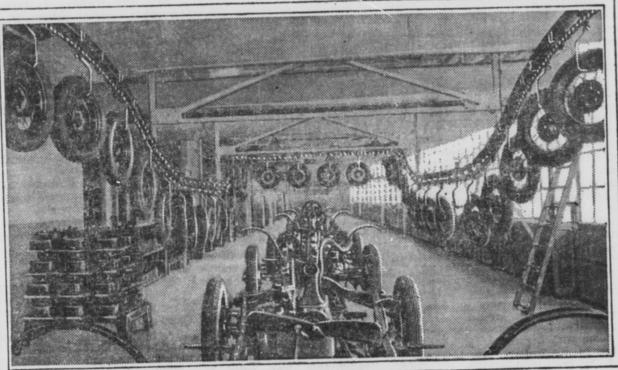


joints. Apparently the blood supply in the rheumatic person is not up to nor-mal standard. The fact that there is a decreased blood flow in the parts of the body affected may ex- ing a child in bed will help to pre- THE DEMOCRATIC DONKEY parts of the body anected may ex-plain the added discomfort express-ed by people with rheumatism when there are changes in the weather. Dr. Pemberton has emphasized for the vent such a heart complication. If you find these symptoms you should get the advice of a compe-tent physician. ed by people with rheumatism when who hive many years the relationship which the food intake of the body bears STOMACH STUFFING BRINGS ON the to rheumatic disorders. If the gas-GOUT. tro-intestinal function is improved, By R. S. Copeland, M. D. and the burden lowered by cutting In some form gout is almost as down the intake of food, particular-ly substances which are difficult to common today in America as it used to be in England. It is due, digest, there comes not infrequently not so much to excessive beef eatimprovement in the rheumatic coning as to overeating in general. As a matter of fact, any diet dition. It is thus obvious that there is rich in foods containing what scienno single cure for arthritis to be found in a bottle of any kind of tists call "purines" may be harmful to a person who has a tendency to medicine, but that every patient to a gout. The purines are chemical lished in Harper's Weekly for Janunit and treated according to compounds found in the tissues of the condition which exists in him plants and animals. Uric acid is an example. Cafeine, as an individual rather than in all present in tea and coffee, and the human beings with rheumatism. obromine, found in tea and cocoa, are other forms. Beef extract, liver, RHEUMATIC SYMPTOMS sweetbreads, brain and kidneys are By R. S. Copeland, M. D. rich in purines. Beef contains less Not so very long ago there than half as large a percentage of



Trains unload in the plant.

Bodies starting through the shop.



onveyors carry wheels with mounted tires over a line on which cars pass to completion.

The highly important part played by conveyor systems n all Ford Motor Company manufacturing and assembly plants is graphically shown in the above three pictures taken in the recently opened Edgewater, N. J., plant. One of the pictures shows how parts may be unloaded from freight cars within the plant only a few feet from the various assembly lines. Another picture shows auto the various assembly lines. Another picture shows autotobile bodies starting their trip on a conveyor while

Every year the women of the THE G. O. P. ELEPHANT. United States fasten down their position as the most beautiful women Thomas Nast, a fomous cartoonist, in the world by using 2,000 tons of the lived from 1840 to 1902, was rouge, 4,000 tons of face powder he originator of both the donkey and 50,000 tons of cold cream.

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the third view is of the conveyor system used to bring wheels to the chasses which are also moving on a con-veyor. As indicated in the picture, a constant flow of wheels on which the tires have already been mounted moves around and over the chassis assembly line. As a chassis enters the section, workers, in groups of four, each take a wheel from the hooks and fasten it to the chassis.

be directly related to pains in the

was very little accurate knowledge purines as liver. about rheumatism and its causes, It was generally supposed to afflict only the aged, and to be caused by exposure to wet and cold.

Today, physicians know that it attacks even the youngest children, and that it is a sign of some in-fection in the system. What used to be known as "growing pains" in children are now recognized as symptoms of rheumatism.

Rheumatism is an inflammation of the muscles or joints. In any form it is an uncomfortable ailment. Indeed, it can be the most painful of ailments.

of rheumatic lever is an acute form pain quite terrible, but there is denger of the pain quite terrible, but there is much to ease the pain danger of the heart being involved. This is what makes rheumatic fever dangerous for a child.

One eminent physician has said that half the ailments of mankind come from bad teeth. Well, this may be true, but sinus trouble, the poisons of the intestinal tract, diseased tonisls and adenoids exact their penalty in ill health. Rheumatism is a common symptom of any of the troubles which produce poisons in the system.

A recent health survey was made in Rochester, N. Y., of a group of 20,000 children between the ages of five and fifteen years. These children had had their tonsils removed, and only 399 of them developed acute rheumatic fever.

In children the symptoms of rheumatism vary a good deal. If the trouble is in the joints the symptoms are mild. A slight redness appears in the region of one joint, and this may be accompanied by a little fever.

Even in mild attacks, children should be kept in bed and warmly covered. There is much more danger of the heart being affected in the case of a child than that of an adult. Sometimes even mild panied by inflammation of the delicate membrane lining of the heart. not to tell anybody what I told you This is called "endocarditis." Keep-about Dorothy and Dick."

In the acute attack of gout patient should be put to bed and kept quiet. The foot with the inflamed joint should be elevated and kept warm.

Simple diet, rest and quiet are the particular things which will give relief. A doctor should have overeight of the sufferer. There are certain kidney troubles

which are traced to gout. Skin and eye troubles are among its complications.

Certain mineral waters have long been considered useful. Electricity, light and heat, when rightfully em-

The victim should take warning

He from the least touch of gout. should begin at once to avoid those foods which are too rich in purines. Milk and all milk products are Eggs, bread, cereals, fruits good. and vegetables make a foundation diet which contains no purines. Temperance in all things is good for everybody. Temperance in eat-ing and drinking is essential in gout. Alcohol should be omitted in all

cases. Overeating has been the curse of every age. One of the penalties of prosperity is the danger of indulg-ing the palate. Moderate eating should be the rule for everybody.

It is not gout alone that follows excesses. All the organs and tissues of the body suffer. Good sense

demands moderation.

Socialist-"After all, what is the difference between the rich man and the poor man?" Bystander-"The rich man has

acute laryngitis and the poor man has a cold."

A young society bud was bidding adult. Sometimes even mild cases of rheumatism are accom-her hostess goodbye. "And be sure and tell everybody

They also use 6,000 tons of bath and the elephant as symbals of the salts, 9,000 tons of toilet soaps, 25,major political parties. 000 tons of fancy face creams and

The Democratic donkey was the 000 tons of fancy face crean earliest of these symbols—though it 26,000 tons of skin lotions." was not originally intended to represent the party as a whole, but tics. that part of it which was engaged in attacking the memory of Edwin DEPT. OF HIGHWAYS Stanton, Secretary of War, M. even while the funeral cercmonies were being held for him. The cartoon in which Nast first employed the symbol was a small one pubstatement of its chief mail

uary 15, 1870, and which was a reference to that situation. It was reference to that situation. labeled. "A Live Jackass Kicking a Dead Lion," and the jackass was tagged "Copperhead Press."

The elephant originated at a time when a third term for President Grant was an important topic of the It was used in a cartoon by day. Nast published also in Harper's Weekly, but four years later, Nov-ember 7, 1874. Democratic publications were raising arguments against such an event as a third term for Grant, and Nast summed up the situation in a cartoon show-

ing the assembled animals of the forest as representing various pa-States and issues, frightened pers. by a donkey in a lion's skin, crying Caesarism. The elephant, which is labeled "The Republican Vote," is frightened also, and is running toward a pitfall loosely covered with deceptive planks. Under the car-toon is this quotation:

"An ass, having put on the lion's skin, roamed about in the forest, and amused himself by frightening all the foolish animals he naet within his wanderings-Shakespeare or Bacon.

Other cartoonists adopted Nast's symbols, and in a short time they attained their present universal use. The origin of the eagle as a Republican Party emblem is not quite so clear. It is, of course, a common

symbol of freedom and power. The rooster as a Democratic emblem, originated in Greenfield, Hancock county, Indiana, in 1840. It was used as a local allusion to a loyal and boastful Democrat, and then, by gradual extension, to the Indiana Democracy, and ultimately to that of the entire Nation.

FIGURES AND FACES

There is one business that depression can't shake. Steel may slip a point, copper may drop and farm products take another but the beauty industry slump, booms along with a serenity that is little short of the sublime.

In good times or bad we must beauty and all that goes to it's have making.

Even the women in the Communist ranks go into battle with the police well armed with powder, lipstick and rouge. Says Aromatics, trade journal of the perfumers:

tags, etc., handled by the Bureau of Motor Vehicles. More than 1,200,000 pieces of mail were sent out by the department during 1930 and nearly 1,000,000 were received. In addition messengers handled thousands of internal documents within the offices. On a recent pe-

dometer test one messenger walked seventeen miles a d.y.

REAL ESTATE TRANSFERS.

Lizzie Kauffman, et ux, to Carrie R. Owens, et ux, tract in Spring Twp.; \$1.

City of Philadelphia to Commonwealth of Pennsylvania, tract in

Burnside Twp.; \$3,401.29. Robert L. Koch, Adm., to R. R. Randolph, tract in Ferguson Twp.;

\$160. Eliza J. Stump to William H. Homan, tract in Potter Twp.; \$60. C. D. Bartholomew, et ux, to William H. Homan, tract in Gregg

Twp.; \$1,164. Boyd W. Richard, et ux, to George W. Gill, tract in Huston Twp.; \$1. Martha E. Condo, et al, to Alfred Baer, tract in Gregg Twp.; A. Ba \$1,900.

M. D. Kelley, et al, to Harry P. Hassinger, tract in College Twp.; \$1.

\$55.

Peter S. Bierly, Exec., to Wil-liam Kreamer, tract in Miles Twp.;

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Jacob S. Yoder, Charm, Ohio, says, "Have had bladder irritation for 18 years and was bothered 6 to 8 times each night. Tried many medicines but found relief only from Lithiated Buchu (Keller Formula.) Will gladly tell or write my com-plete experience." It acts on bladder as epsom salts do on bowels. Drives out foreign deposits and lessens excessive acidity. This relieves the irritation that causes getting up nights. The tablets cost Sc each at all drug stores, Keller Labora-tory, Mechanicsburg, Ohio or locally at C. M. Parrish's.

Kemedy is Home Made To half pint of water add one ounce bay rum, asmall box of Barbo Compound and one-fourth ounce of glycerine. Any druggist glycerine. Any druggist can put this up or you can mix it at home at very little cost. Apply to the hair twice a week until the desired shade is ob-tained. It will gradually darken streaked, faded or gray hair and make it soft and glossy. Barbe will not color the scalp, is not sticky or greasy and does not rub of. 76-2-10t

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Hominy Feed	2.25
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Tankage 60%	4.00
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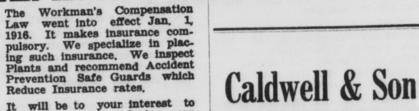
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