

Our Health
THE FIRST CONCERN.



Maggot Cures Bone Disease.—The why maggot today was cast as humanity's savior from bone diseases. Dr. William S. Baer, chief of the orthopedic section of the "Second Army" of the A. E. F., and with the Johns Hopkins hospital, Baltimore, has used this lowly bit animal life to cure 120 patients osteomyelitis, or bone disease. This was revealed last night when he told Legionnaires here of his "find" and of its cure. As a result plans are being made to bone specialists from Mt. Alto Veterans hospital to study under him. Eventually, it is hoped to make a cure available to the 10,000 war veterans suffering from osteomyelitis. On the battlefield of France, Baer observed a strange phenomenon. Wounded soldiers who lay for days in the battlefield often recovered, when given prompt treatment, of a kind not known. Baer found that those quickly treated frequently developed inflammation. Others, whose wounds had come infested with maggots, seemed strangely immune. After the war Baer read how ants had used maggots to clean wounds of patients whose bones had been fractured. He incubated maggots from eggs in house-flies, and placed them in ne-wounds of guinea pigs. The wounds healed. Then came his daring step. He led the maggot cure on a human who had no chance to live anyway. It was successful. Other experiments on humans followed, until 120 had been cured. One patient had undergone 79 unsuccessful operations. Today he is well. There are 10,000 war veterans suffering from osteomyelitis. In 1927 there were 1,240 deaths from the disease. Thousands of civilians suffer from it. It is increasing rapidly due to bone fractures in accidents. —When the first hot days come and it won't be long now you are seated to a free Turkish bath by a combination of humidity and at. Perhaps you wonder if anything could be more uncomfortable. Or many such a day may prove fatal. How it will affect you depends upon whether you are in proper physical condition. On such a sweltering Summer day you often hear the remark, "It isn't the heat, it is the humidity that's so awful." As a matter of fact, the discomfort is the effect of both heat and humidity, plus the high pulse rate caused by both of them. What happens when a person is "sunstruck" or heatstruck? The heat causes the temperature of the body to rise, as well as the temperature of the blood. If the heat is continued long enough the blood vessels become paralyzed. The blood accumulates in the dilated veins and lungs. The pumping action of the heart is lessened, not being enough to drive the blood all around the body. The attack may begin with headache, faintness, weakness and dizziness. The pulse becomes quite rapid. Usually the skin is hot and dry. Delirium may follow. Let there be no delay in treating the patient, for death may result unless speedy help is given. The temperature must be lowered and the heart stimulated. First, loosen or remove the clothing and sprinkle or sponge the body with cold water. If possible the patient should be put into a bathtub of cold water, making sure that cold bandages are applied to the head. Should the patient be conscious let him inhale either ammonia or camphor, or he may swallow water containing a few drops of the aromatic spirits of ammonia or camphor. Make no effort to pour fluid down the throat of an unconscious person. Rub the body and the feet and hands to keep the circulation going. When the patient is able to take it, give him a cup of hot, strong coffee or hot milk. Scientists are endeavoring to find methods by which to combat heat prostration. Dr. W. J. McConnell, of the Metropolitan Life Insurance Company, recently made experiments to determine the effects of heat on human beings. These tests were carried out with persons confined in corklined heat chambers. Dr. McConnell explains how the pulse rate acts as a barometer. By this means an expert can tell whether the heat sufferer is near the danger point. As heat and humidity increase the circulatory organs try to keep the temperature constant. The blood is pumped to the surface by the heart and the skin becomes flushed. As the struggle within the body increases, so does the pulse rate increase. It was found that 90 degrees Fahrenheit, when the air is saturated and still, is the highest temperature to which the body can safely adapt itself.

Friend—Is that play finished?
Writer—It certainly is.
Friend—Has it been produced yet?
Writer—Yes, that's what finished it.

REAL ESTATE TRANSFERS.

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Edgar Jodon, et ux, to R. M. Foote, et ux, tract in Millheim; \$1.
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Charles E. Dorworth, et al, to Carl Gomolo, et ux, tract in Snow Shoe Twp.; \$26.68.
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L. L. Smith, Treas., to Irwin Bennett, tract in Union Twp.; \$34.
Irwin Bennett, et ux, to Helen B. Blair, tract in Union Twp.; \$1.
L. L. Smith, Treas., to Milligan Lucas, tract in Union Twp.; \$95.19.
Milligan Lucas, et ux, to Helen B. Blair, tract in Union Twp.; \$1.
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FOR AND ABOUT WOMEN.

DAILY THOUGHT.

They say best men are molded out of faults;
And for the most, become much more the better
For being a little bad. Shakespeare.

—The lingerie blouse, fresh, dainty and very, very feminine, is one of the most new modes. Made of handkerchief linen, eyelet embroidered batiste or organdy, and adorned with the fine handwork on sheer stuffs for which the French women are famous, it perfectly completes the softer woolen suits or relieves the severity of the classic tailleur. A new blouse in cream batiste with rows of narrow lace has an amusing feature in a shirt-bosom front outlined with lace frills. Patou trims his linen blouse with hemstitched bands looped under to form tabs down the front. Many variations on the shirtwaist theme continue to be shown as the ultra-tailored accompaniment to the tailleur. Still a favorite is Chaney's vestee in white pique with double-breasted diagonal closing, a belt widening at the front, and buckles in back. Beside pique the leading fabrics for this type of blouse are satin striped shirting and shantung.

—Real jewelry has returned to put some restraint upon the great vogue of bijoux novelties which have been reigning so long. Fashion rulers predict we shall soon see gems of beauty and good taste. Diamonds are set in platinum, representing perfect harmony with white or white flecked with silver evening gowns, which are worn by the majority of smart women this season in Paris. Pearls also have come back; gray ones and black, as well as creamy white, which make the most exquisite neck trimming for any black or white gown. A lovely white satin gown recently spied at the Ritz was a sharp V decolletage, and is finished with a narrow fichu of the fabric with a border of old lace and caught by a lovely corsage brooch of diamonds set in platinum. Long acorn earrings were worn with the costume, and a slender chain of diamonds fell down in back in tassels. The lucky women who have hidden away their grandmothers' old-fashioned jewelry can rejoice and get it out of the caskets again. Heavy gold bracelets and broad necklets are very chic this year. Coral can be set in diamonds, and nothing is lovelier than real old French blue enamel sets with a design in tiny rose diamonds. Real jade and lapis will also be worn this Spring and Summer. More modern, but always real, is a collar of pearls with triangular groups of green onyx beads and a triangular clasp of the onyx. The angular, modern motifs are of blue enamel, one of dark and the other of light, with blue marbled beads.

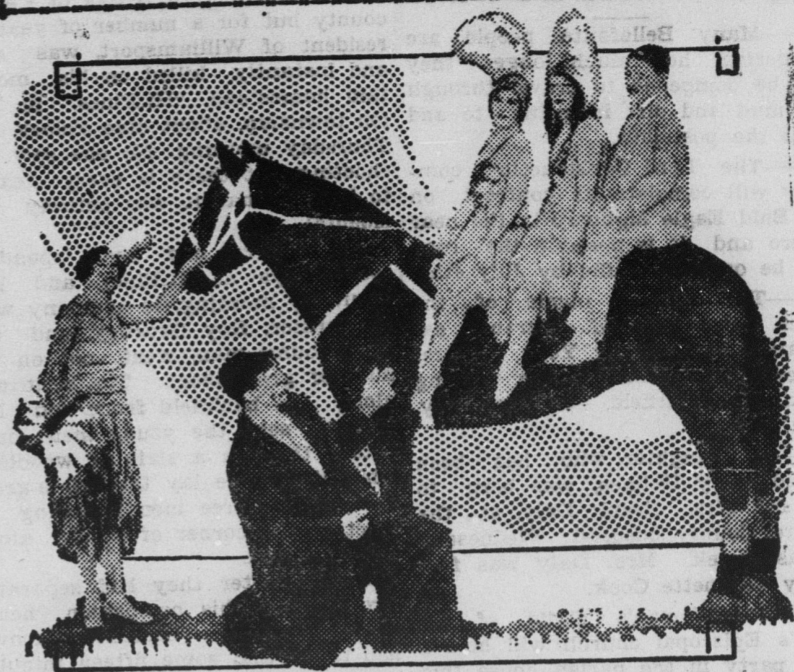
—A good stunt for spring days is to mend and have dry cleaned all the coats and heavy garments in the closets, then pack them away in moth proof bags. You can get these which will hold six or seven garments and hang on one hook in the closet. They close with zippers, or with a groove and which slips over one side, and holds it tight. To make assurance doubly sure, there are moth repellants which can be put into the bags with the garments. Label on the outside, the contents of such bags and this will save opening them so often.

—Waxed floors are very beautiful but require more care than the painted or varnished floor. To wax the floor lightens the wear on it, and when the wax is renewed, the waxed floor will look as good as new, after years of wear. Before you wax your floor, it should be sandpapered to make it smooth and remove any former varnish. If the floor has been painted or varnished, it is much easier to hire it cleaned by someone who has a machine especially for this purpose. It is rather an expensive process, but to do it yourself, by hand, is a tremendous task. When the floor is clean, shellac it, to bring out the grain of the wood and fill the pores. A home made floor wax, which will go farther than the commercial preparation, may be made of one pound of beeswax, one pint of turpentine and two table-spoons of linseed oil. Shave the wax, add the turpentine and let it stand overnight. Do not stir the wax vigorously. Apply the wax warm, and polish it with a weighted brush or a brick wrapped with cloth. The more elbow grease you put into the job the more lustrous and rich your floor will become. Waxed floors mar and water spot easily, but these spots may be removed by applying wax and rubbing it in with a cloth.

Fruited Bars.—Cream a cup of shortening and a cup of sugar. Add 2 well-beaten eggs. Sift together 2 cups of flour, 1/2 teaspoon salt, 1/2 teaspoon cloves, 1/2 teaspoon cinnamon, then sift over a cup each of raisins, walnuts and coconut. Combine a teaspoon of soda with a half cup of light molasses and alternate the molasses and a half cup of milk with the dry ingredients. Mix well, pour in buttered pans and bake in a moderate oven. While still warm cut into bars. This dough may be dropped from a spoon and baked in rounds if you prefer.

Prune Fluff.—Wash one and one-half pounds of prunes and let them stand in water about 12 hours or until soft. Strain through coarse sieve. Add one-half cupful of sugar and three cupfuls of prune pulp. Beat the whites of two eggs stiff and fold into prune pulp. Serve with custard sauce.

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Can a Young Man's Future Be Foretold?

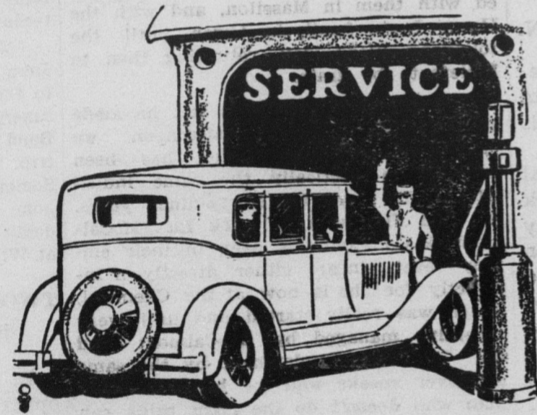
CERTAINLY! If he does not save, he is doomed to failure. Modern life makes money absolutely necessary. Saving is a civilized habit. Savages do not save. They gorge today and starve tomorrow. Even some animals are wiser than they. The squirrel lays up a store of nuts. The bee gathers honey. The dog buries a bone—all for the future use.

Children should have a little fling with their pennies, but the wise young man and woman will

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